

Washington Thriving

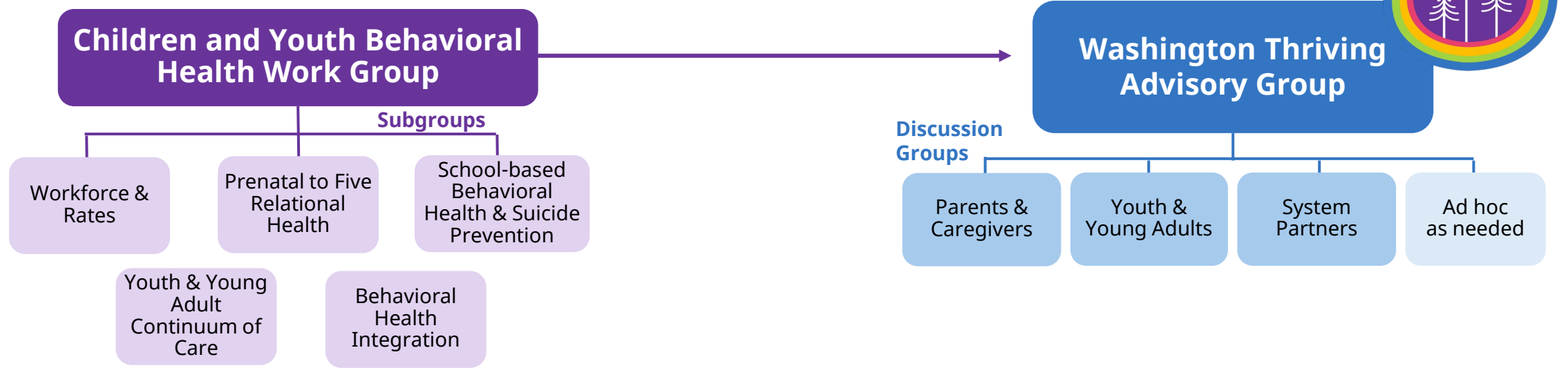
House Early Learning & Human
Services Committee Work Session –
CYHWG Recommendations and
Washington Thriving



Washington
Thriving

Statewide strategic plan for
prenatal through age 25
behavioral health

The CYBHWG and the Washington Thriving Advisory Group



MANDATE

Identify barriers to and opportunities for accessing behavioral health services for children and their families and advise the legislature.

COMPOSITION

Around 40 members: young people and parents/caregivers with lived experience, legislators, agency representatives, advocates and others.

MANDATE

Develop a statewide behavioral health strategic plan for children, youth, young adults from before they are born through age 25, and their families and caregivers.

COMPOSITION

Around 30 young people and parents and caregivers with lived and living experience, agency and system partners.

Children and Youth Behavioral Health Work Group Recommendations

CYBHWG Recommendations



Primary Recommendation

Washington Thriving Strategic Plan

Overarching Recommendations

Implementation of Certified Community Behavioral Health Clinics (CCBHCs)

Restore Partnership Access Line (PAL) Funding Cuts

New Priority Recommendations

Strengthen statewide guidance on school behavioral health and establish technical assistance and training network

Department of Health decision package to maintain 988 program operations

Authorize Department of Health to charge a fee for accreditation of Opioid Treatment Programs

Additional Recommendations

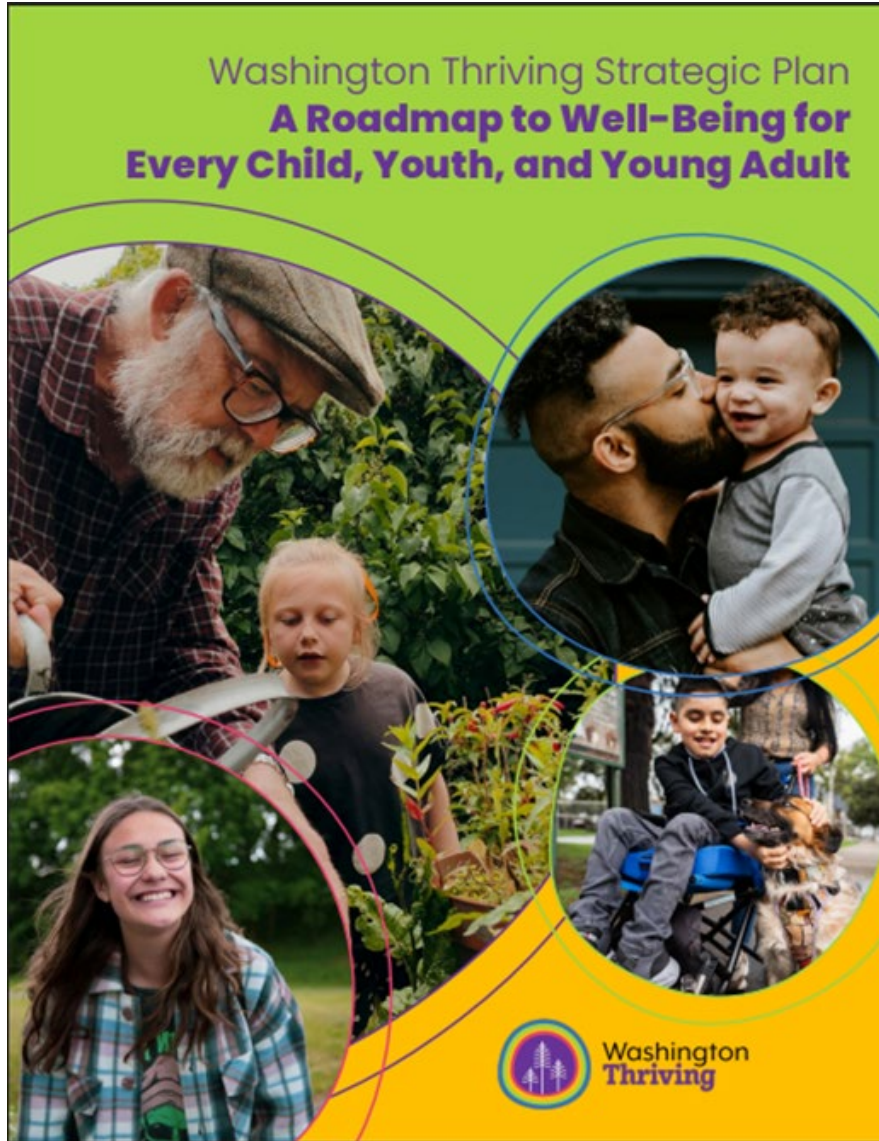
Protect and build on legacy recommendations

Suspend consideration of legislation that impacts healthcare and facility regulation work at Department of Health

Mandatory training for Wraparound with Intensive Services (WISe) for working with youth with autism spectrum disorder/intellectual and developmental disabilities

Convene an Advisory Group to improve Family Initiated Treatment (FIT) and Involuntary Treatment Act (ITA) implementation

Washington Thriving Strategic Plan



- **Co-developed with lived and living experience voices**
- Focus on the behavioral health for individuals from the **prenatal stage through age 25** and their parents and caregivers.
- Shares a **vision for a future behavioral health system** where every pregnant person, baby, child, youth, and young adult is **thriving and supported across the care continuum – from prevention to recovery supports**

Behavioral Health Delivery: State Agency Landscape

Health Care Authority (HCA)

- Medicaid, Apple Health for Kids, and CHIP programs
- Funds, trains and provides technical assistance to community-based behavioral health providers

Department of Social and Health Services (DSHS)

- Administers and oversees a variety of programs that incorporate behavioral health
- provides specialized services for youth with developmental disabilities and runs the Child Study and Treatment Center psychiatric hospital for children and youth

Department of Children, Youth, and Families (DCYF)

- Oversees early learning, juvenile rehabilitation, and child welfare programs
- Behavioral health supports within many of these programs

Department of Health (DOH)

- Licenses behavioral health professionals and facilities
- Manages the School-Based Health Center program

Office of Superintendent of Public Instruction (OSPI)

- School districts and ESDs contract with Medicaid to provide behavioral health services in school settings
- School-Based health centers

Office of the Insurance Commissioner (OIC)

- Regulates health insurance to a significant portion of Washington's P-25 population including coverage for a range of BH services

Department of Commerce's Office of Homeless Youth (OHY)

- Authorizes and administers grants to develop housing options for adolescents experiencing homelessness and organizations that connect youth with needed behavioral health services

Current State



Strengths and Assets

Dedication across state agencies

Regional delivery systems and networks

Community assets and organizations

Tribal wisdom and traditions

Innovation and philanthropy

Technology and private sector

Gaps, Barriers, and Challenges

Fragmentation and complexity

Barriers to prevention and early intervention

Financing and insurance-related issues

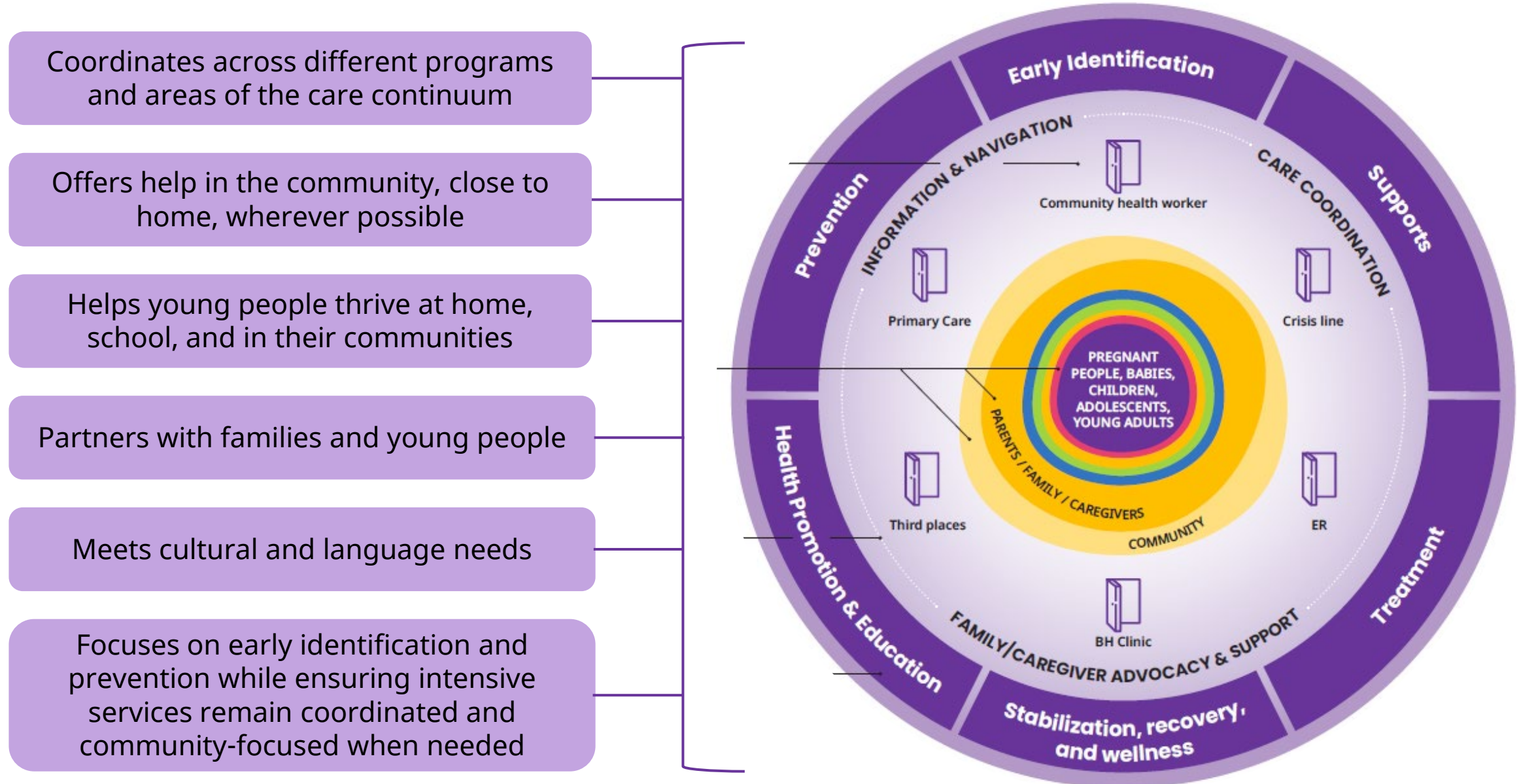
Unmet needs for young people and families

System design flaws

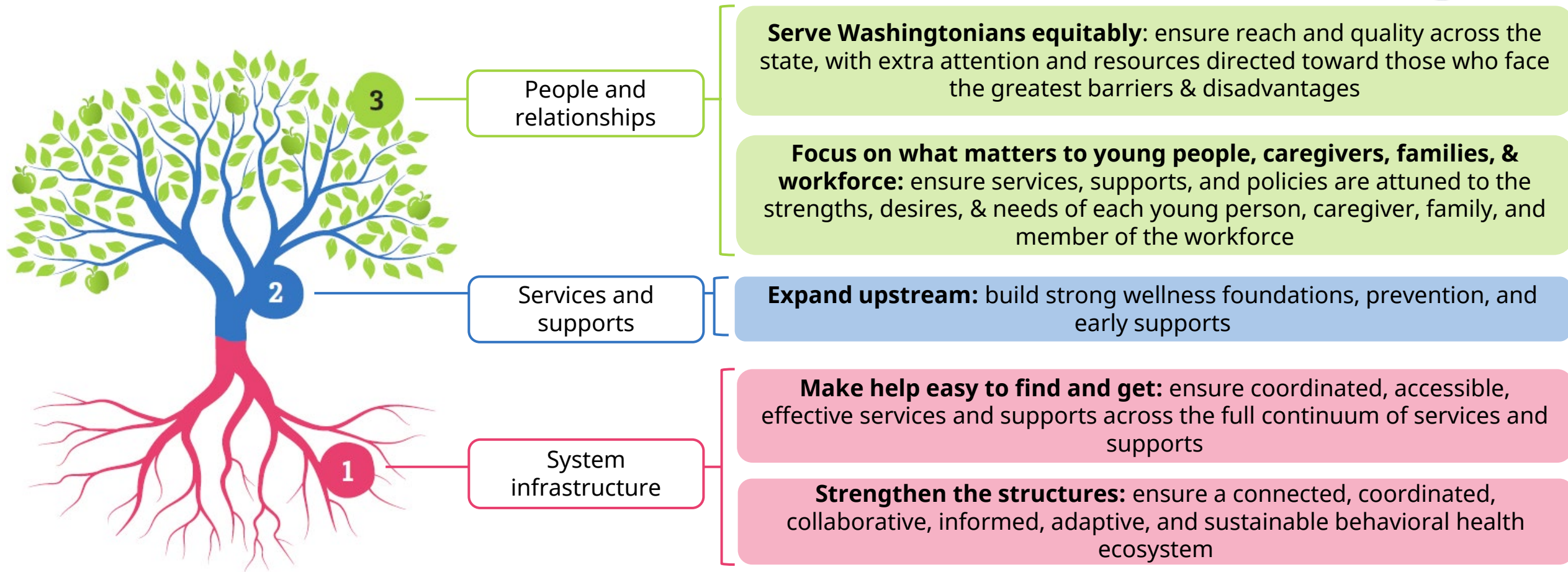
Workforce shortage

Cultural and historical factors

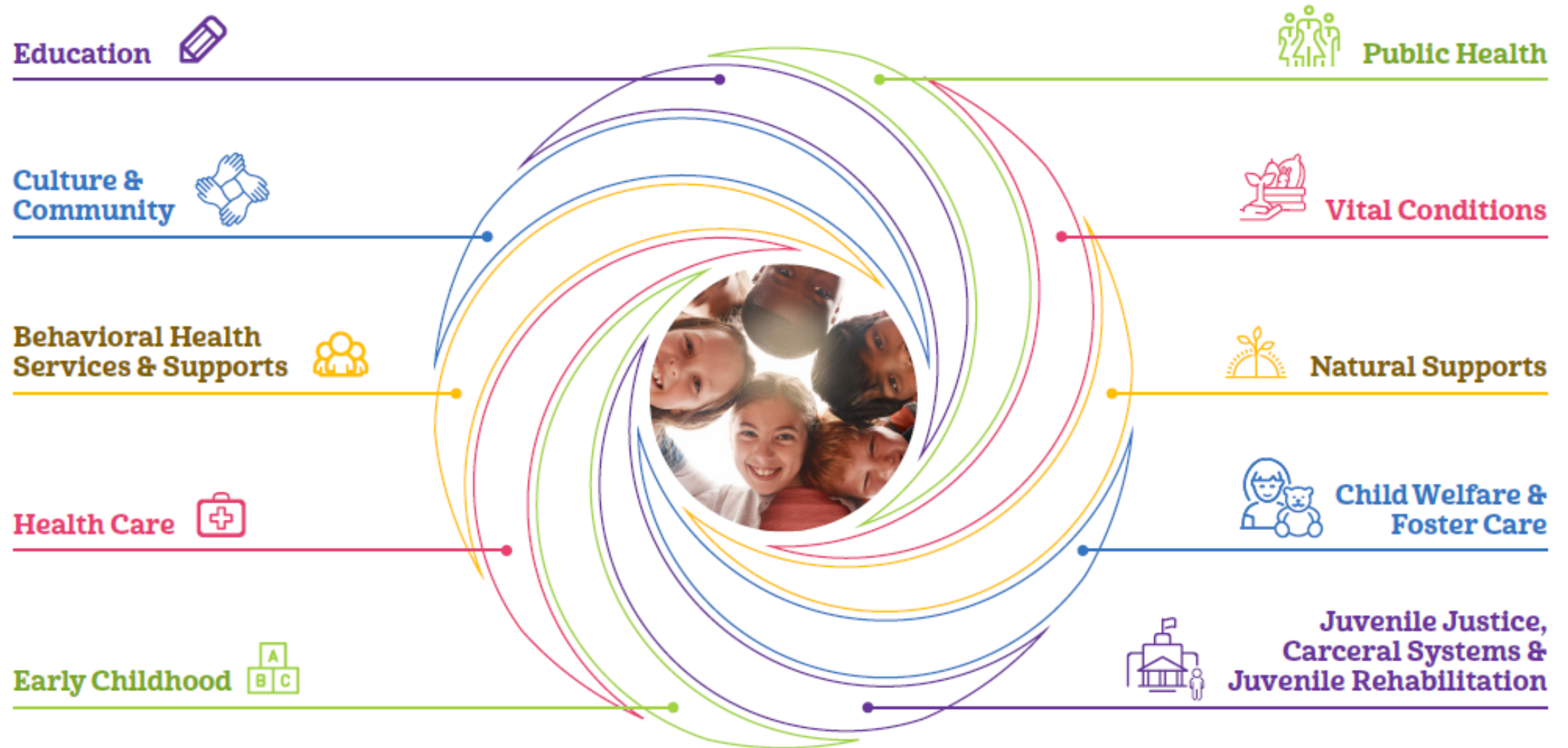
Washington's envisioned System of Care



Washington Thriving Goals



Holistic Cross-System Approach to Wellbeing



A System of Care: Supporting children, youth, young adults and parents and caregivers for a better Washington



Washington
Thriving

Statewide strategic plan for
prenatal through age 25
behavioral health

Questions?

- ▶ Evan Klein

- ▶ Special Assistant for Legislative and Policy Affairs



- ▶ Shawn O'Neill

- ▶ Legislative Relations Manager
- ▶ Shawn.Oneill@hca.wa.gov



Washington
Thriving

Statewide strategic plan for
prenatal through age 25
behavioral health