

Implementation update: transition of care from state hospitals to the community

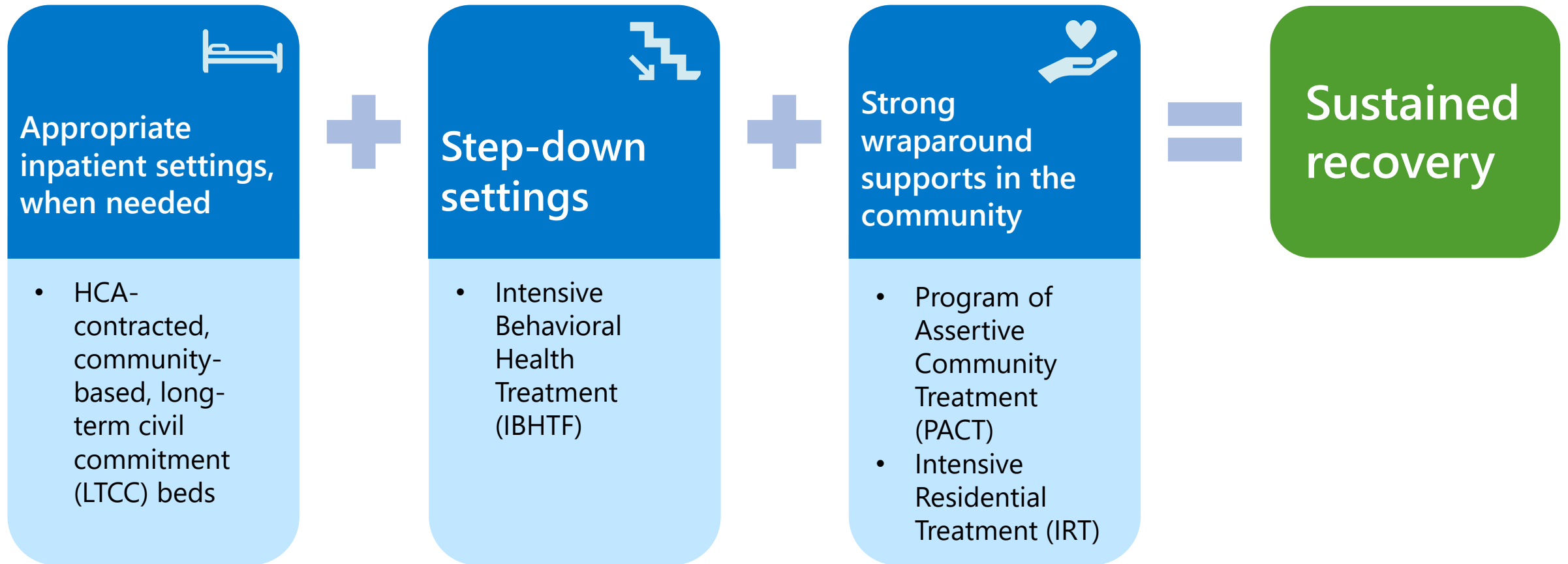
House Appropriations Committee

Teesha Kirschbaum, Assistant Director Division of Behavioral Health and Recovery

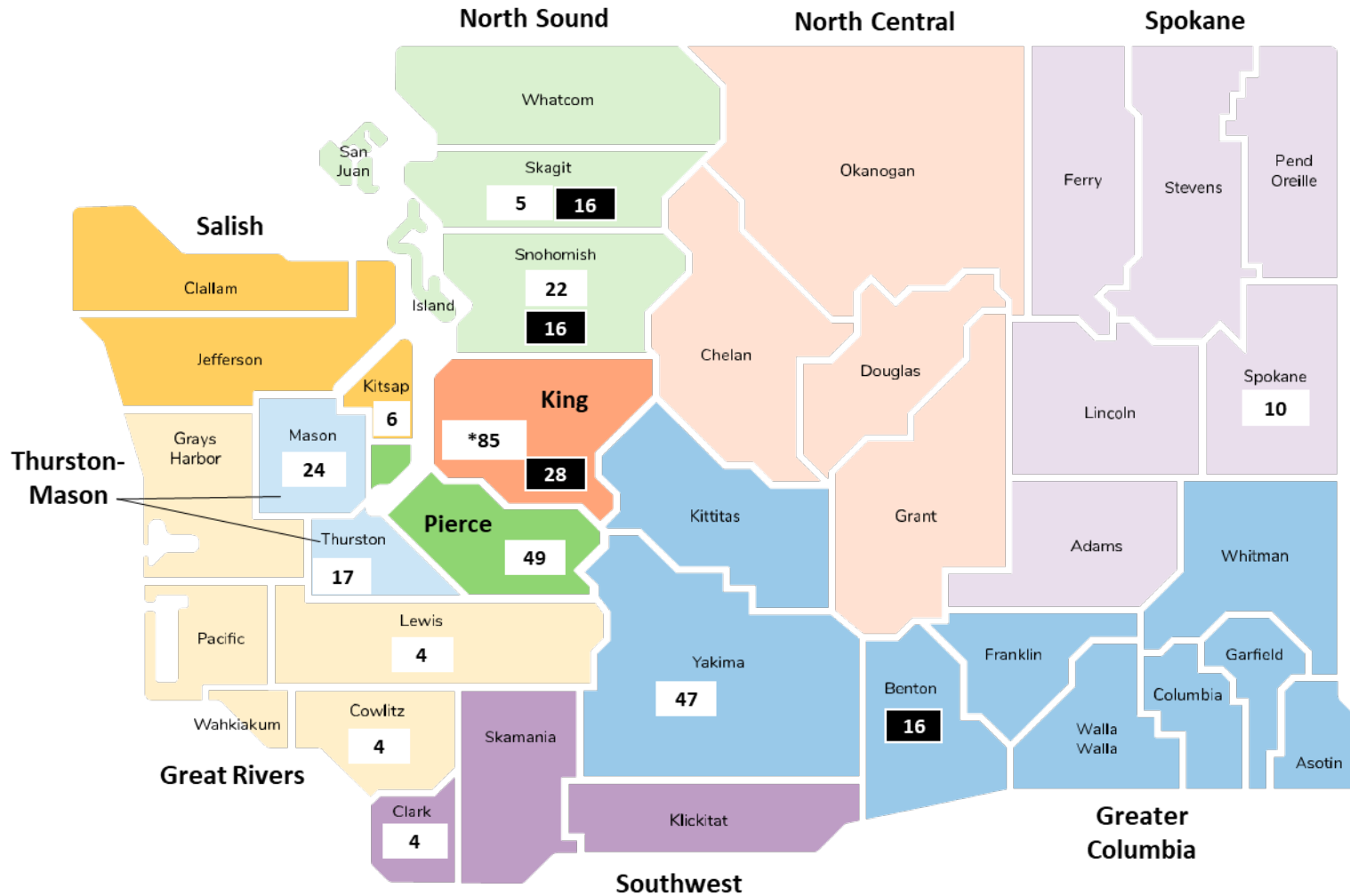
December 4, 2025

Washington State
Health Care Authority

Building blocks for sustained recovery



HCA 90- or 180-day civil commitment beds



Location and number of beds per county, effective October 2025

304

Current contracted beds

- For FY 2026
- *116 beds may be used for civil conversions at select sites

76

HCA projected contracted future beds

Projected future total = 380

*As of 12/2025, 47 of UW's 75 beds are available for admission

Counties in need: Spokane, Benton, Chelan, Whatcom, Kitsap, Grays Harbor, and Clark

Estimates are based on available data.

University of Washinton (UW) Center for Behavioral Health and Learning Update

- ▶ FY 2026 General Funds-Federal (GF-F): \$81 million
- ▶ Barriers to census and staffing
- ▶ Expansion plan
 - ▶ 41 beds currently available
 - ▶ 47 beds by the end of December 2025
 - ▶ 59 beds in April 2026
 - ▶ 75 beds in July 2026

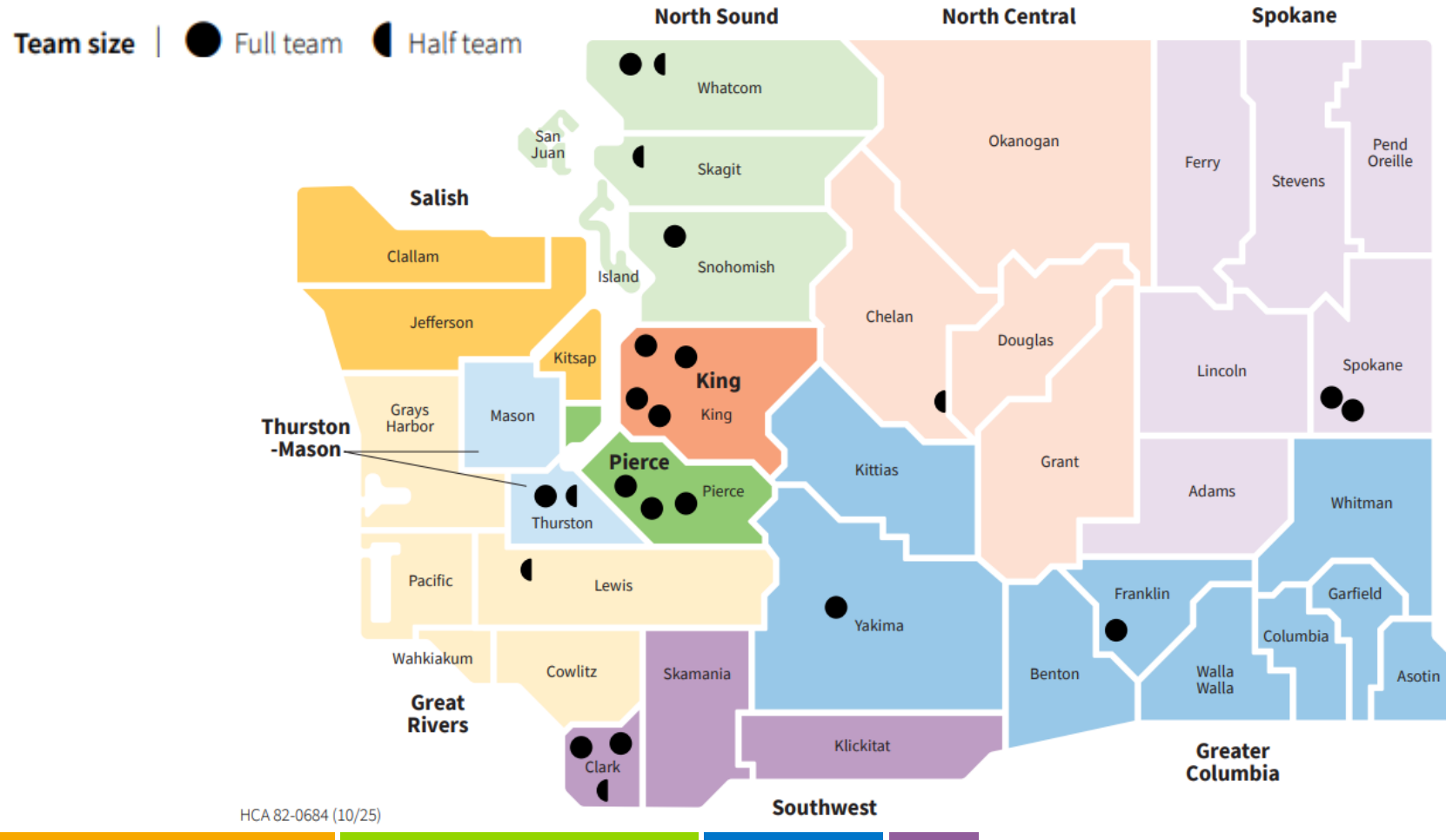
Intensive Behavioral Health Treatment Facilities (IBHTF)

- ▶ Creation of a new facility type and model that provides a pathway for discharge from the state hospitals and long-term civil commitment beds.
 - ▶ Provides an intermediate, residential level of care from long-term involuntary hospitalization
 - ▶ 16-bed facilities providing intensive behavioral health treatment on-site
- ▶ Budget for FY 2026
 - ▶ General Fund – State (GF-S): \$1,401,000
 - ▶ GF-F: \$3,201,000
- ▶ Department of Commerce behavioral health facilities grants are providing capital funding for nine projects statewide
- ▶ HCA provided startup and ramp-up funding and technical assistance

Program of Assertive Community Treatment (PACT)

- ▶ Budget for FY 2026
 - ▶ GF-S: \$18,891,000
 - ▶ GF-F: \$20,531,000
- ▶ Evidence-based, multidisciplinary approach to serving people with extensive histories of hospitalization and complex behavioral health needs in their community.
 - ▶ Team -based
 - ▶ Outreach-based
 - ▶ Frequent clinical contacts
 - ▶ 24/7, 365 — “a hospital without walls”
- ▶ When utilized, it reduces future hospitalizations and reduces need for crisis and emergency services.

PACT stabilization and supports



- ▶ 22 PACT programs
- ▶ Partnership with UW
 - ▶ PACT state hospital peer liaison
 - ▶ PACT statewide trainer

Intensive residential treatment (IRT) teams

- ▶ Budget for FY 2026
 - ▶ GF-S: \$1,423,000
 - ▶ GF-F: \$2,954,000
- ▶ Pilot programs: five IRT teams serving six counties
 - ▶ Pierce, King, Lewis, Mason, Spokane, and Thurston counties
- ▶ Wraparound behavioral health services like PACT, but at Home and Community Living Administration (HCLA) facilities.
- ▶ Specialized team based in King County serving individuals in King County and Snohomish County with intellectual or developmental disability (I/DD) focus.

Conclusion



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