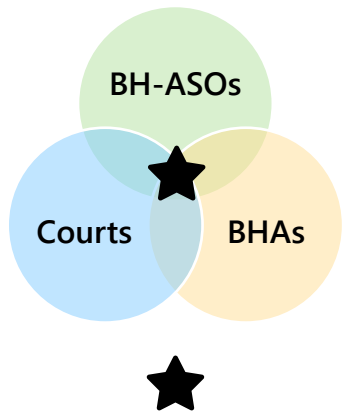


Assisted Outpatient Treatment implementation

Senate Law & Justice Committee

December 4, 2025

Essential elements of Assisted Outpatient Treatment (AOT)



Courts, BH-ASOs, and BHAs work together to support successful AOT implementation.

Courts

- Dedicate a court docket to AOT as a quasi-therapeutic court
- The judge, prosecutor, and defense work collaboratively for the benefit of the participant
- Work collaboratively with the treatment team holding them accountable to the treatment plan
- Develop how they will accept participants whose AOT order was filed in the county of the hospital discharging

Behavioral Health Administrative Service Organizations (BH-ASOs)

- Gain support of all stakeholders in the community
- Contract with BHA to assess, assist petitioning process, and provide treatment
- The BH-ASO establishes a referral system that allows all parties to identify those in need of AOT

Behavioral Health Agencies (BHAs)

- Assess potential participants
- Assist in petitioning process including psychiatric assessment
- Well trained in evidenced-based practices for treating people with lack of insight
- Support individuals in court
- Work collaboratively with the courts
- Work actively to transition to appropriate treatment upon graduation from AOT

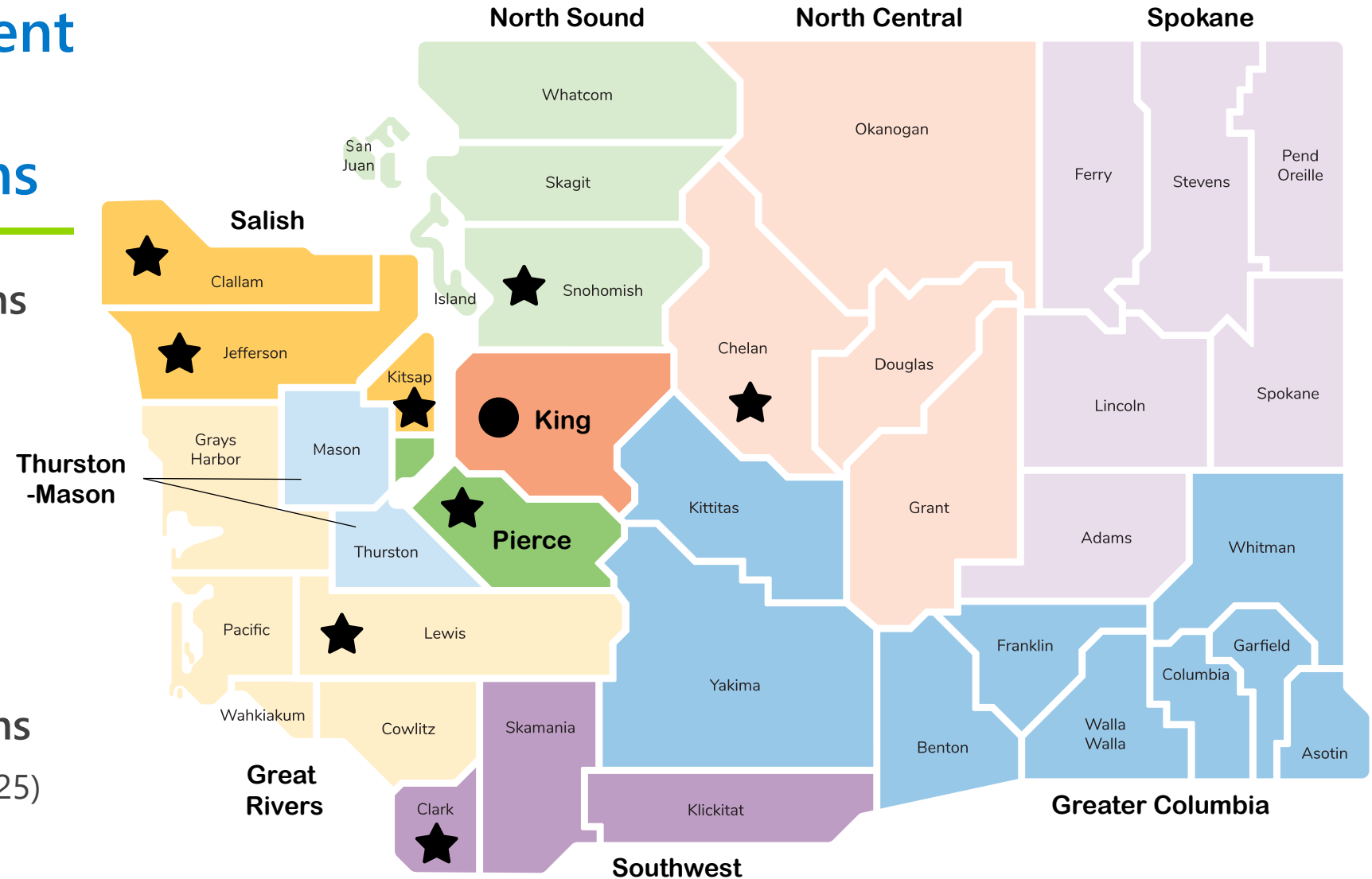
Assisted Outpatient Treatment (AOT) program locations

★ Active AOT programs

- Chelan
- Clallam
- Clark
- Jefferson
- Kitsap
- Lewis
- Pierce
- Snohomish

● Future AOT programs

- King (active December 2025)





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