

Presentation to the House Appropriations Committee

January 25, 2021

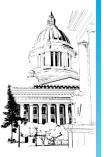
Prepared by Mary Mulholland Office of Program Research



ALTSA serves many kinds of clients

...older adults, adults with a disability, families, caregivers





How do clients qualify for services?

...clients must be both functionally and financially eligible

1. Functional Need

- Activities of Daily Living (i.e. eating, bathing, toileting)
- Instrumental ADLs (i.e. shopping, laundry, meal prep.)
- "CARE assessment"
- "Nursing Facility Level of Care" (NFLOC)



- State Plan = Depends on Medicaid group
 - <100% of SSI for ABD/CN (\$794/mth)
- Waivers = 300% of SSI (in most cases)
- "Client Participation"
- "Income Disregard"



- < \$2,000 for individual</p>
- < \$58,075 if married*</p>
- "Estate Recovery"
- "Spend Down"

Where do clients receive services?

.Institutions, community settings, and in their own homes

Medicaid State Plan

Institutional **Nursing Homes**

Facility-based 24-hour "convalescent or chronic" care for 3+ individuals; may include rehabilitative services. Medicaid rate methodology is in statute.

(179 Nursing Homes w/Medicaid contracts)

In-home

Personal and respite care provided by: **Individual Providers (IPs)** = approx. 30,800 Client handles many employer functions.

Agency Providers (APs) = 47 contracted homecare agencies Licensed agency whose employees provide personal/respite care *IP are collectively bargained; AP have "parity" with IP

Community Settings

Adult Family Homes (AFHs) = 3,009 Medicaid contracts Personal care, special care, room & board to up to 8 adults AFH owners are collectively-bargained.

Assisted Living Facilities (ALFs) = 319 Medicaid contracts Housing, basic services, and may provide personal care to 7+ adults.

Adult Residential Care (ARC)/Enhanced ARC = 228 Medicaid contracts

Form of Assisted Living that may provide personal care and nursing services

This slide is illustrative and is not all-inclusive of ALTSA care settings or services.



How do clients access ALTSA services?

...Medicaid (State Plan or Waiver), State Only, Federal Only

Medicaid State Plan

- "Entitlement"
- **Mandatory Services**
- **Optional Services**
- Statewide
- No cap & no targets
- ~77% of FY20 spending

Nursing Home

Community **First Choice**

Medicaid **Personal Care**

Medicaid Waiver

- **Optional Services**
- Not an "entitlement"
- Can be capped/targeted
- ~5% of FY20 spending

COPES

New

Medicaid **Transformation**

Resd.

Support

Freedom

Other

- State Only
- Federal Only
- ~4% of FY20 spending

Family Caregiver Support

Senior Citizens Services Act

Older Americans Act

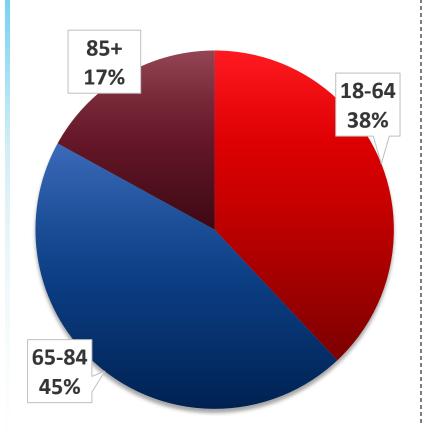
^{*}Percentages do not total to 100% because not all of ALTSA's budget can be classified in one of the three groups here. In FY 2020, 2% of ALTSA spending was of federal CARES Act funding.



Client Demographics*

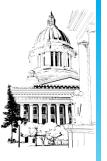
....distribution by age, gender, and race/ethnicity

Est. Client Distribution by Age



ALTSA Clients		
Age	Clients	%
18-64	33,000	38%
65-84	39,200	45%
85+	14,900	17%
Gender	Clients	%
Male	31,200	36%
Female	56,000	64%
Race Ethnicity^	Clients	%
White	60,500	72%
Asian/Pac. Islander	10,900	13%
Amer./Alaskan Native	2,300	3%
Afr. American/Black	6,200	7%
Unreported or Other	4,000	5%

^{*}Reflects percentages for non-NH clients with a complete assessment in 2020 plus NH clients with a paid claim in June 2020. Demographic categories on this slide are taken from the DSHS data, and were not determined by legislative staff.



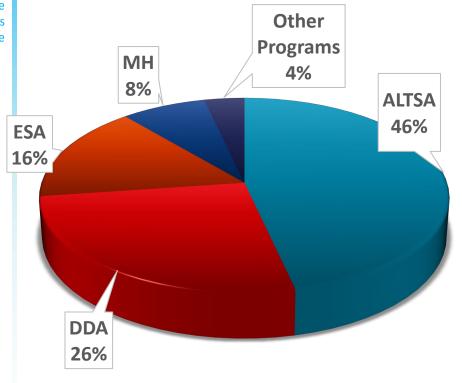
Budget Overview

ALTSA Budget in Context
Budget Overview by Area
FTE Overview
Biennial Budget History



ALTSA is the <u>largest</u> DSHS program

....46% of DSHS' total budget in 2019-21, and 6% of the state operating budget.*



*2019-21 budget after the 2020 Supplemental. Does not include the impact of funding provided through the UAR process for Covid-19.

^Other Programs = SCC, DVR, Admin, Payments to other agencies

^^ Avg. FTE allotment for 2019-21 as of the enacted 2020 Supplemental budget.

DSHS Budget* (2019-21, total funds)

TOTAL = \$13.9 billion

DDA = \$3.7 billion

ALTSA = \$6.5 billion

ESA = \$2.2 billion

MH = \$1.1 billion

Other Programs^{= \$0.5} billion

ALTSA Budget 2019-21 (at a glance)

\$6.5 billion total

\$2.8 billion GF-State

\$3.6 billion other funds (~98% federal Medicaid)

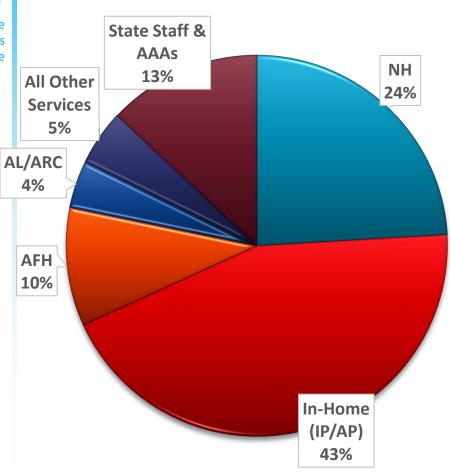
~87,200 clients

~2,430 FTE^^



Budget Overview*

...The majority of the ALTSA budget (87%) goes towards client services.



FY 2020 Actuals + FY 2021 Allotments (Total Funds, \$ in Millions)

	Budget	% Budget	Clients**
Nursing Homes	\$ 1,600	24%	8,870
In-Home (IP/AP)	\$ 3,030	44%	45,780
Adult Family Homes	\$ 700	10%	7,670
Assisted Living/ARC^	\$ 300	4%	6,760
All Other Services	\$ 360	5%	5,300
State Staff & AAAs	\$ 870	13%	-

*This slide shows FY 2020 actuals + FY 2021 allotments, not the enacted budget as of the 2020 Supplemental.

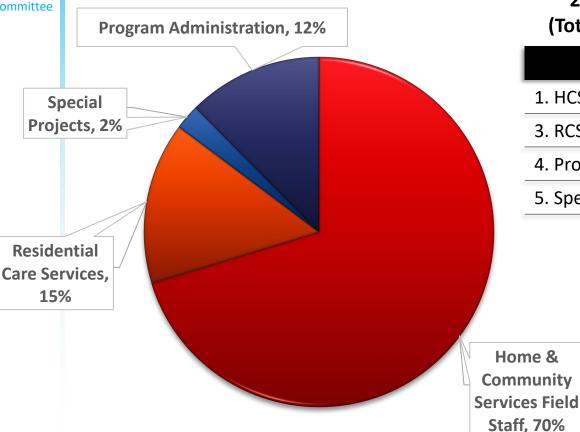
** Client counts generally show the avg. monthly caseload for the 2019-21 biennium as of the November 2020 forecast.

^ARC = Adult Residential Care



FTE Overview:

...70% of ALTSA FTEs work in the field on Home & Community services.



2020 Actuals + 2021 Allotments (Total Funds, \$ in Millions, Rounded)

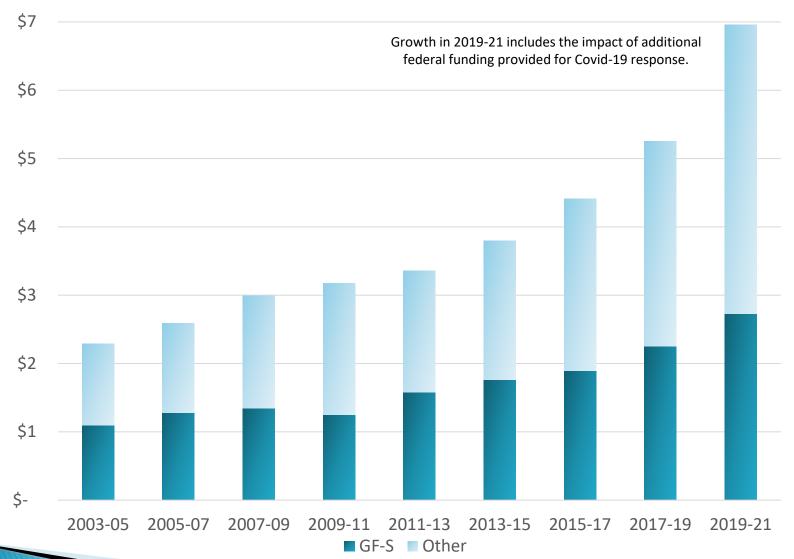
	Budget	FTE
1. HCS Field	\$370	1,700
3. RCS Field	\$110	360
4. Program Admin	\$160	300
5. Special Projects	\$140	60

*Proportions in pie chart represent relative share of ALTSA FTEs.

^{*}This slide portrays 2020 actuals + 2021 allotments, and differs from the enacted budget as of the 2020 Supplemental.

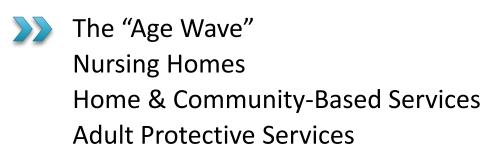
Biennial Budget Change:

...Growth averages 15% per biennium (on a nominal basis).





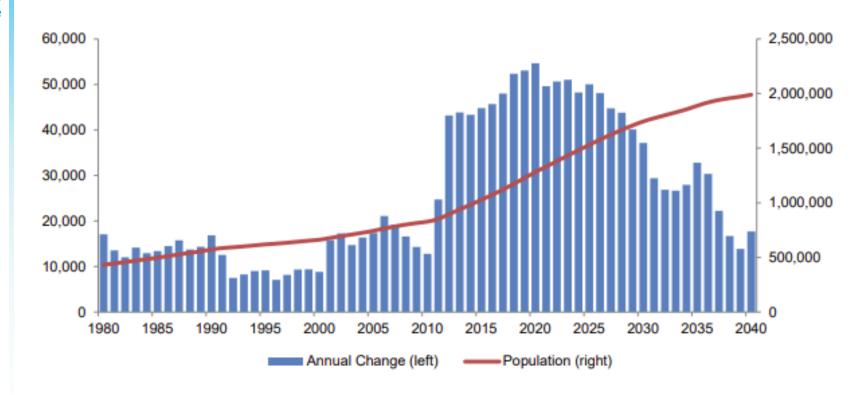
Clients and Services





The "Age Wave": Growth in the older adult population

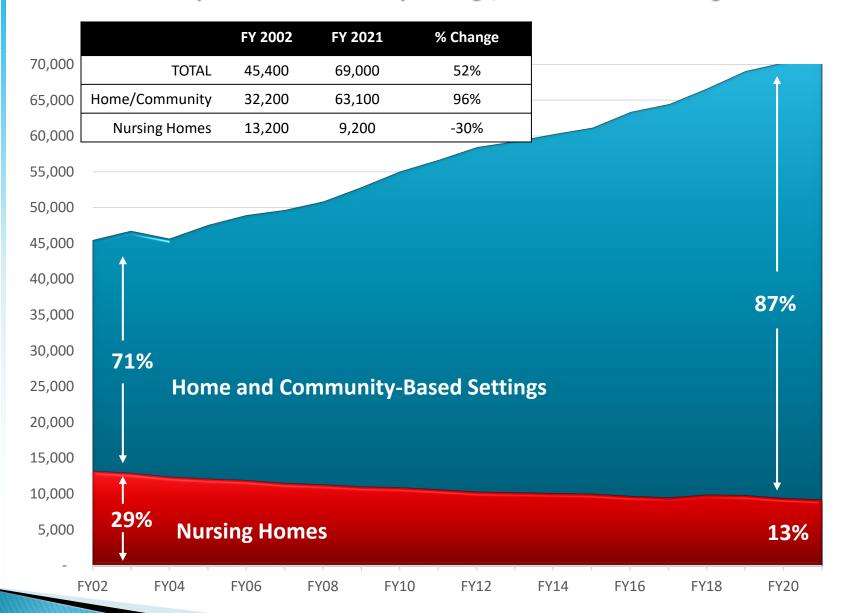
....Seniors age 65+ are expected to represent 22% of the state population by 2040.



OFM state population forecast (November 2020).

How has the residential caseload changed over time?

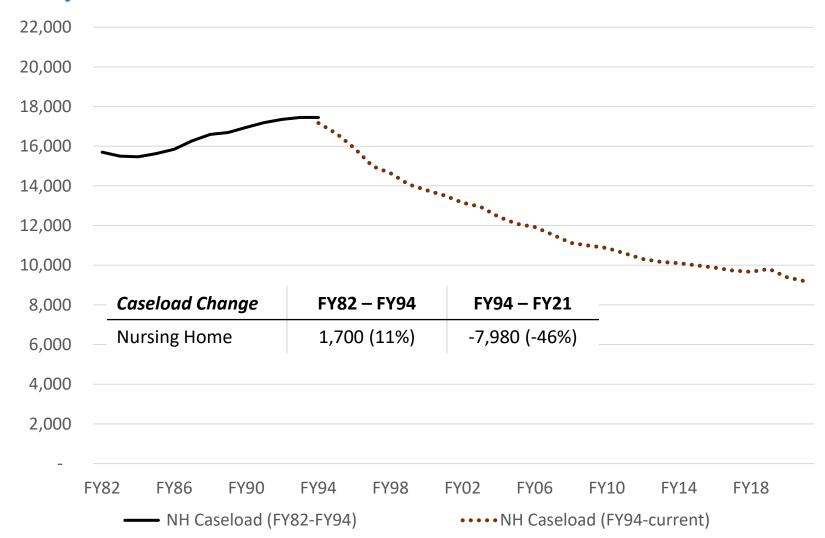
...Growth driven by home & community settings, and decline in nursing homes





The Nursing Home Caseload: An Extended View

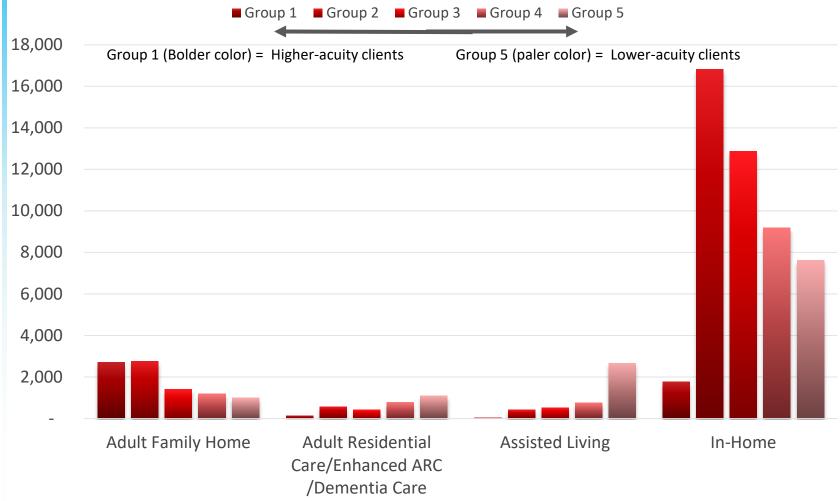
....major shift in the mid-1990s...~46% caseload decrease since 1994



Data extends through the FY 2020 and FY 2021 caseload forecasts as of November 2020.

A declining NH caseload....why?

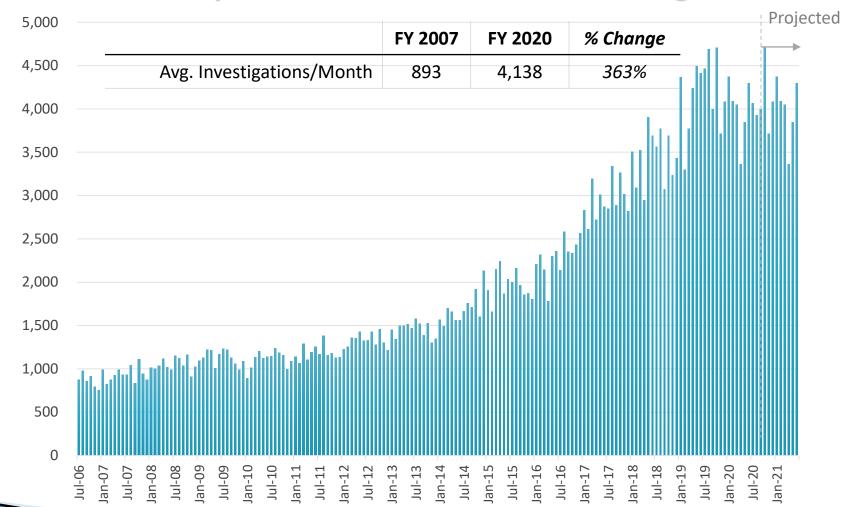
...high-acuity clients served in all home and community settings*



^{*}Nursing Homes are not shown in this chart because they do not use the same measure of client acuity as other settings.



Adult Protective Services: Investigation have increased significantly due to more screened-in reports of older adult abuse and neglect.





COVID-19 & Long-Term Care





What are the major fiscal impacts on the provision of long-term care services during the COVID-19 pandemic?*

- Revenue loss (fewer clients)
- Increased PPE needs
- Staff time spent reviewing guidance from federal, state, and local authorities
- Quarantining and responding when a client or staff member tests positive for COVID-19
- Staffing issues
- Enhanced infection control practices
- Coordinating visits
- Equipment for virtual work
- COVID-19 testing

^{*}While COVID-19 has impacts on LTC services regardless of payor source, this presentation focuses on the impact to Medicaid providers & services. The list is not all-inclusive. Additional detail on the impact of COVID-19 is available upon member request.



What are the major COVID-19 response activities funded to date?*

COVID-19		(2	Total Funding 019-21 Biennium)	
Response	Fund Source**		\$ in 000s	Description
	Coronavirus Relief Fund (FY 2020 – Q2 FY 2021)			Provides rate add-ons, and in some cases PPE, to contracted providers to help address
COVID-19 Rate	Enhanced Federal/GF-S			increased costs related to COVID-19. Table
Enhancements	(Q3 FY 2021)	\$	341,500	shows estimated funding through 3/2021.
Transitional Care Center of				Purchased a former nursing facility to provide additional capacity for clients. Operated by EmpRes, a provider under contract with the
Seattle				state. May ultimately serve up to 150
(TCCS)	Coronavirus Relief Fund	\$	13,500	residents. Current census is 16 residents.
COVID- Dedicated Nursing Home Contracts	Coronavirus Relief Fund	\$	4,300	Provides 268 beds for COVID-positive seniors in 'cohorted' facilities that meet special requirements in areas such as air flow and separation from non-COVID-positive residents. As of 1/21/2021, 160 beds are occupied. Table shows funding through 12/2020.

^{*}This slide is <u>not</u> all-inclusive of funding provided to ALTSA for COVID-19 in the unanticipated receipts (UAR) process, nor does it include relief funds that contracted service providers may apply directly to the federal government for. Additional detail is available on member request.

NOTE: This slide does not include funding proposed in the Governor's 2021 Supplemental or 2021-23 budgets, or in any other proposed legislation.

^{**}This slide reflects fund sources at the time of this presentation. Some fund sources may be subject to change.



What funding have the state and federal governments provided to address Covid-19 in long-term care services?

		Total Est. Funding (2019-21 Biennium)		
COVID-19 Response	Fund Source	\$ in 000s		Description
				Provides enhanced rates to incentivize
	Coronavirus			contracted providers to accept clients
"Hospital Surge" Project	Relief			being discharged from acute care
(FY 2020)	Fund	\$	16,900	hospitals through 12/2020.
				Provides one-time incentive payments of
				up to \$6,000 for 250 individuals dually-
Nursing Home	Coronavirus			eligible individuals over age 65 to
Transitions	Relief			transition from acute care hospitals to
(through 12/2020)	Fund	\$	1,600	nursing homes through 12/30/2020.
				Purchases 6 teams of 8 staff to provide
				emergency staffing in care facilities that
				have staff/caregiver Covid-19 outbreaks.
	Coronavirus			Table includes funding for strike teams
Strike Teams	Relief			that serve both ALTSA and DDA-
(through 12/2020)	Fund	\$	1,200	contracted facilities.
				Distributed to AAAs in spring 2020 for
				meals for seniors and related services like
Home-Delivered Meals	Federal Grant	\$	15,500	nutritional counseling.

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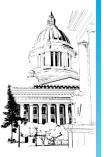
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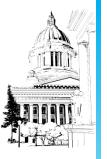


Four key takeaways...

- Clients must meet functional and financial eligibility criteria to access Medicaid services through the state plan or waiver. Most ALTSA clients receive services through the state plan (Community First Choice Option).
- A continuum of care providers in various settings, some of which are collectively-bargained, serve the Medicaid ALTSA population.
- As the ALTSA budget has grown over time, along with growth in the older adult population, a shift towards home- and community-based settings has occurred.
- Going forward, growth in the older adult population is expected continue to increase demand for ALTSA services.







Appendix



Medicaid State Plan & Waivers
Terminology
Avg. Client Per-Capita Costs by Setting
Budget Detail
FTE History

Proposed 2021-23 IP Collective-Bargaining Agreement/AP Parity Provider Rate Basics
Covid-19 Rate Enhancements



Appendix A: Medicaid State Plan & Waivers

Medicaid State Plan: Medicaid Personal Care (MPC)....approx. 600 ALTSA clients

- Client lives in community setting...does not exhibit nursing facility level of care
- Typical service(s): personal care
- CARE assessment determines need for services

Medicaid State Plan: <u>Community First Choice Option</u> (CFCO)....approx. 58,300 clients

- Client lives in community setting...exhibits nursing facility level of care
- > Typical service(s): personal care, Personal Emergency Response System (PERS), skill development training, training on how to manage personal care providers
- CARE assessment determines need for services

Medicaid Waiver: Community Options Program Entry System (COPES)...approx. 38,500 clients

- Client lives in community setting...exhibits nursing facility level of care
- > Typical service(s): Personal Emergency Response System (PERS), specialized medical equipment, Adult Day Health, home modification
- CARE assessment determines need for services

Medicaid Waiver: Medicaid Transformation (1115) Waiver...3,447 clients as of March 2020

- 100% Federally-funded waiver for a five-year period
- Medicaid Alternative Care (MAC)...serves clients currently eligible for Medicaid services but who choose not to receive them
- > Tailored Support for Older Adults (TSOA)....serves clients at risk of becoming Medicaid-eligible in the future
- > Both MAC and TSOA support client receivers and their unpaid family caregivers

Medicaid Waiver: <u>New Freedom</u>....approx. 423 clients

- Client lives in community setting...exhibits nursing facility level of care
- > Typical service(s): personal care, home modification, specialized medical equipment, home delivered meals, therapeutic treatment
- Individual budget & spending plan that client may use for personal care, home modifications, & more
- CARE assessment determines need for services; provides basis for calculating budget
- Currently only available within King County and Pierce County

> Medicaid Waiver: Residential Supports....approx. 2,100 clients

- Client lives in a community setting
- > Typical services: behavioral supports, supervision related to mental health/chemical dependency disorders
- CARE assessment determines need for services

*Client counts may include duplication; for example, many clients receive both CFCO and the COPES waiver.

Client counts are provided by ALTSA fact sheets and agency staff (1/15/2021)



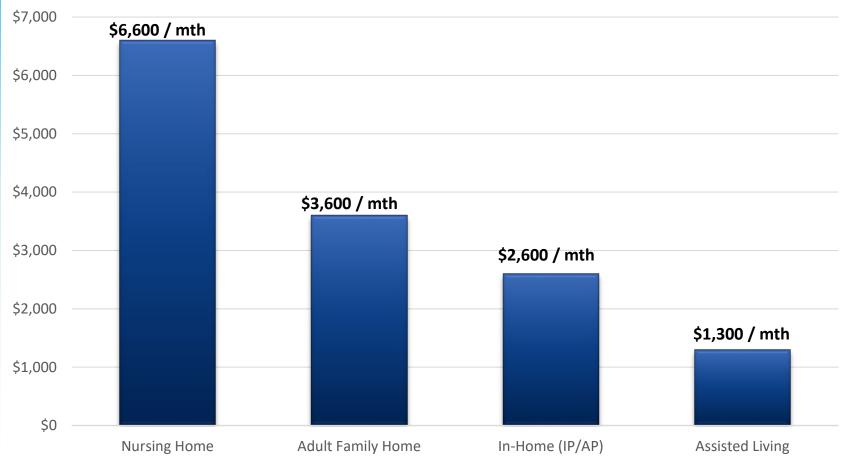
Appendix B: Brief descriptions of frequently-used terms

- Activities of Daily Living (ADL) = Examples include bathing, personal hygiene, eating, & dressing (<u>WAC 388-106-0010</u>).
- Instrumental Activities of Daily Living (IADL) = Routine activities performed around the home or in the community such as meal preparation, ordinary housework, & travel to medical services (WAC 388-106-0010).
- Nursing Facility Level of Care (NFLOC) = Functional eligibility standard for institutional settings and for Community First Choice (a Medicaid State Plan service) and ALTSA Medicaid waivers. Requires that the client has a daily need for Registered Nurse or Licensed Practical Nurse services, or a higher level of need (assistance with 3+ ADLs; cognitive impairment and hands-on assistance with 1+ ADLs; or hands-on assistance with 2+ ADLs). (WAC 388-106-0355).
- Nursing Homes = Facilities that provide 24-hour convalescent or chronic care for 3+ patients. This may include medicine administration, preparation of special diets, and treatment from licensed medical practitioners (<u>RCW 18.51.010</u>).
- Individual Provider = A person who is contracted with DSHS to provide personal care or respite care to eligible individuals (RCW 74.39A.240). The care receiver handles most employer functions but there are exceptions (for example, the state is the employer for collective bargaining and has established policies regarding overtime). A shift to providing IP services through a Consumer-Directed Employer model is underway.
- Agency Provider = Similar to an IP, but the provider is employed by a licensed agency. The agency is the provider's employer and the agency contracts with the state.
- Adult Family Home = A residential home in which a person or persons provide personal care, special care, and room & board to 1-8 adults not related by blood or marriage to the service provider (RCW 70.128.010).
- Assisted Living Facility = A facility that provides housing, basic services (i.e. housekeeping, meals), and assumes general responsibility for the safety and well-being of 7+ residents. May also provide domiciliary care such as assistance with Activities of Daily Living or health support services (RCW 18.20.020).
- Adult Residential Care = A package of services provided by a specially licensed Assisted Living Facility that has a contract with DDA to provide personal care. Serves 7+ adults. WAC 388-110-020.
- Enhanced Adult Residential Care = A package of services provided by a specially licensed Assisted Living Facility that has a contract with DDA to provide personal care, intermittent nursing services, and medication administration. Serves 7+ adults. WAC 388-110-020.



Avg. Monthly Per-Capita Cost (Total Funds)

Appendix C: Avg. Monthly Per-Capita Cost by Setting



^{*}Client per-caps vary by individual needs as well as setting and may not be represented by the average per-cap.

Not all care settings have equal levels of client acuity, and high-acuity clients tend to have higher costs regardless of setting.

Graph represents the average monthly per-capita cost by setting as of the Fall 2020 forecast.



Appendix D: FY 2020 Actuals + FY 2021 Allotments

Activity/Service	GI	-State	Total	Clients**	FTE	% of Total \$
TOTAL	\$	2,800	\$ 6,900		2,390	
1. Nursing Homes	\$	705	\$ 1,626	8,870	-	24%
2. In-Home (IP/AP/other in-home services)	\$	1,160	\$ 3,029	45,780	-	44%
3. Adult Family Homes	\$	280	\$ 703	7,670	-	10%
4. Assisted Living	\$	50	\$ 127	3,780	-	2%
5. Adult Residential Care	\$	75	\$ 177	2,980	-	3%
6. Adult Day Health	\$	8	\$ 19	720	-	0%
7. Private Duty Nursing	\$	26	\$ 57	130	-	1%
8. Managed Care	\$	31	\$ 73	970	-	1%
9. AAA Federal Grant Programs	\$	1	\$ 74	See Note	-	1%
10. AAA State-Only Programs	\$	54	\$ 54	See Note	-	1%
11. Medicaid Transformation Waiver	\$	-	\$ 85	3,447	-	1%
12. Home & Comm. Svcs/APS Field Staff	\$	213	\$ 368	See Note	3,667	5%
13. Area Agencies on Aging (AAAs)	\$	93	\$ 189	See Note	-	3%
14. Residential Care Services	\$	22	\$ 111	See Note	380	2%
15. Headquarters	\$	58	\$ 132	-	343	2%
16. All Other	\$	11	\$ 67	-	-	1%

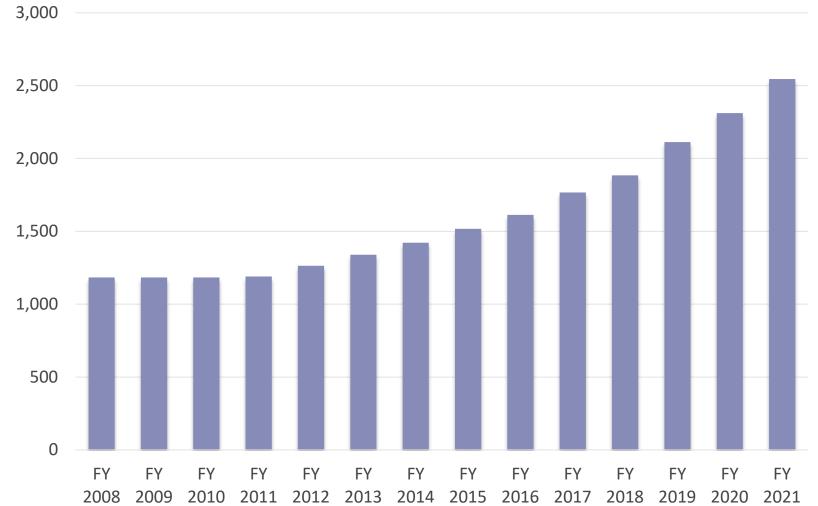
Source: AFRS data provided by agency staff on 1/20/2021

^{*}Table includes the impact of COVID-19 response funding and differs from the appropriation in the 2020 Supplemental budget.

^{**}Client counts represent average monthly caseloads for all rows except for #11-Medicaid Transformation Waiver. The #11 client count represents the caseload as of March 2020, and is taken from a November 2020 DSHS Research & Data Analysis report.



Appendix E: FTE History



Source: LEAP report H0040, 1/9/2021



Appendix F: Proposed 2021-23 IP Contract Fiscal Impact

(includes all funding for both ALTSA and DDA clients)

Dollars in Millions

	2021-23			2023-25			
IP	GF-State		Total		GF-State		Total
Wages	\$ 20.2	\$	46.0	\$	35.3	\$	80.3
AP Experience Inclusion	\$ 2.4	\$	5.4	\$	5.9	\$	14.5
Increased Holiday Pay	\$ 1.6	\$	3.7	\$	3.5	\$	8.0
Training Contribution	\$ 0.3	\$	0.6	\$	0.3	\$	0.7
Comprehensive Health Benefit	\$ 15.1	\$	34.3	\$	22.0	\$	49.5
Retirement Contribution	\$ 0.1	\$	0.3	\$	0.2	\$	0.4
All IP	\$ 39.7	\$	90.3	\$	67.2	\$	153.4
AP Parity	\$ 10.4	\$	23.6	\$	17.5	\$	39.7
Admin & IT*	\$ 0.3	\$	0.8	\$	0.1	\$	0.2
Total Estimated Impact	\$ 50.4	\$	114.7	\$	84.8	\$	193.4

^{*} The Governor's budget does not fund the administrative and IT costs associated with the CBA and parity.



Appendix G: Proposed 2021-23 IP Contract: Base Wage Scale

			FY 2	2022			FY 2	2023	
Cumulative Career Hours	Current	July 2	021-Dec 2021	Jan 2	022-June 2022		July 2022-Dec 2022	Jan 2	2023-June 2023
0-2000	\$ 16.72	\$	16.85	\$	16.98		\$ 17.11	\$	17.24
2001-4000	\$ 16.87	\$	17.00	\$	17.13		\$ 17.26	\$	17.40
4001-6000	\$ 17.02	\$	17.15	\$	17.28		\$ 17.41	\$	17.54
6001-8000	\$ 17.20	\$	17.33	\$	17.46	[\$ 17.60	\$	17.73
8001-10000	\$ 17.40	\$	17.53	\$	17.66	!	\$ 17.79	\$	17.92
10001-12000	\$ 17.65	\$	17.78	\$	17.91		\$ 18.04	\$	18.18
12001-14000	\$ 17.90	\$	18.03	\$	18.17		\$ 18.31	\$	18.45
14001-16000	\$ 18.55	\$	18.69	\$	18.83		\$ 18.97	\$	19.11
16000-20000	\$ 18.80	\$	18.94	\$	19.08	[\$ 19.22	\$	19.36
20001+	\$ 19.07	\$	19.21	\$	19.35		\$ 19.50	\$	19.65



Appendix H: ALTSA Provider Rate Basics (as of January 2021)

	NH	ALF	AFH	IP	AP
1. Hourly or Daily	Daily	Daily	Daily	Hourly	Hourly
2. Client or Facility	Facilty	Client	Client	Client	Client
3. Collectively Bargained	N	N	Υ	Υ	N (parity w/IP
4. Location-based	Υ	Υ	Υ	N	N
5. Client Acuity	Υ	Υ	Υ	Υ	N
6. Minimum Occupancy	Υ	N	N	N	N
7. Safety Net Assessment	Υ	N	N	N	N
8. Rate Range (low)	\$186.18	\$ 66.13	\$ 80.25	Seniority-based	-
9. Rate Range (high)	\$313.86	\$ 178.76	\$ 192.59	Seniority-based	-
10. Avg. Rate	\$ 249.83	\$ 76	\$ 116	\$ 23	\$ 29
11. License Fee (annual)	\$359/bed	\$116/bed	\$225/bed	-	-
12. License Fee (initial)	-	-	\$2,750/home	-	-

- Reflects basic rates as of 1/1/2021. Does not include the impact of COVID-19 rate add-ons or the impact of proposed 2021-23 contracts or other rate increases in the Governor's budget.
- NH avg. rate shows weighted avg. daily rate (budget dial). High rate range excludes the exceptional rate paid to Bailey-Boushay House for specialized services.
- ALF/AFH avg. rate show estimated weighted avg. based on caseload distribution information from the ALTSA rates unit. ALF figures exclude ALFs licensed as ARCs/EARCs.
- IP avg. rate shows fully-loaded weighted avg. compensation including benefits & pro-rated overtime impact for FY 2019.
- AP shows hourly rate for home care agencies as of 7/1/2020.

NH = Nursing Home
AFH = Adult Family Home
ALF = Assisted Living Facility

IP = Individual Provider

AP = Agency Provider



Appendix I: COVID-19 Rate Enhancements in Major ALTSA/DDA Service Areas

	_	
Provider Setting or Service	Q2 FY 2021 COVID-19 Rate Add-On	s Q3 FY 2021 COVID-19 Rate Add-Ons
Nursing Homes	\$7.50/day	\$8.30/day
DDA Supported Living/Comm. Residential	11.5% increase/day	11.3% increase/day
Adult Day Health	Retainer payment	Retainer payment
Adult Family Homes	\$13.54/day + Retainer payment	\$13.05/day + \$1.1M for N95 masks + \$1.0M for N95 mask fit-testing + Retainer payment
Assisted Living	\$4.79/day + Retainer payment	\$4.79/day + Retainer payment
Enhanced Service Facility	\$54.66/day + Retainer payment	\$54.66/day + Retainer payment
Individual Providers	\$2.56/hour + \$10.2M for PPE + \$1.8M for DSHS staff time and warehousing associated with acquiring and storing PPE	\$2.54/hour + \$11.6M for N95 masks and fit-testing
Agency Providers	\$4.48/hour	\$4.35/hour, including \$0.78 for N95 masks and fit-testing, plus \$0.50/hour for AP administration
PACE (Program of All-Inclusive Care for the Elderly)	Retainer payment	Retainer payment
Community Choice Guides	\$0.99/15 mins.	\$0.99/15 mins.
Supportive Housing	6% increase/unit	6% increase/unit
Behavior Support	\$1.59/15 mins.	\$1.59/15 mins.
Nurse Delegation	\$0.69/15 mins.	\$0.69/15 mins.
Private Duty Nursing	\$1.50/15 mins.	\$1.50/15 mins.

*COVID-19 rate enhancements were also provided in the latter half of FY 2020 and in Q1 FY 2021. The most recent quarters are shown here. Additional detail is available on member request. Not all services receiving a rate enhancement are shown in this slide.