

**WAC 388-107-0160 Behavioral support plan.** The enhanced services facility must ensure that each resident's person-centered service plan has interventions for behavioral support that are used immediately when a resident's behavior escalates in the ESF or community. The behavioral support plan must include, at the minimum the following:

(1) Resident strengths that support strategies for prevention and intervention;

(2) Specific indicators that may signal a potential crisis for the resident or led to a behavioral crisis in the past, which may include the resident's typical challenging behavior he or she displays during escalation, the resident's typical actions before a behavioral outburst, and words or phrases that the resident has used in the past during escalation;

(3) Specific interventions and precrisis prevention strategies for each of the indicators identified above;

(4) Steps to be taken by each of the facility staff if the prevention or intervention strategies are unsuccessful in diverting the resident from a behavior or action that leads to crisis;

(5) A description of holding techniques that are safe and effective for the resident;

(6) A plan to ensure coordination with community crisis responders in regard to each resident's person-centered service plan as part of a regular, routine protocol for crisis prevention and intervention; and

(7) A statement that the resident may not be secluded or isolated as part of the behavior support plan.

[Statutory Authority: RCW 70.97.230 and HCBS Final Rule 42 C.F.R. WSR 16-14-078, § 388-107-0160, filed 7/1/16, effective 8/1/16. Statutory Authority: Chapter 70.97 RCW. WSR 14-19-071, § 388-107-0160, filed 9/12/14, effective 10/13/14.]