

June 9, 2022

Dear Members of the Joint Select Committee on Health Care Oversight:

#### SUBJECT: Quarterly Report on the Medicaid Transformation Project Demonstration

Pursuant to ESSB 5092, Sections 211 (2)(a)&(b), (3) and (4), enclosed please find three documents reporting on the activities, outcomes, financial status, and expenditures of the Medicaid Transformation Project Demonstration. The first is a copy of our recently submitted report to the federal Centers for Medicare and Medicaid Services (CMS). Under the terms of our agreement with CMS, the state is required to report quarterly on the activities and accomplishments of the Demonstration. Within the report is a quarterly expenditure and FTE report covering all three initiatives of the Demonstration. Given that the information contained in the report is the same as what we believe to be required under ESSB 5092, we respectfully suggest that the same report can fulfill both needs. However, please let us know if there is additional information you require.

The second document is a Medicaid Quality Improvement Program (MQIP) report is now included as a deliverable within our quarterly update. The MQIP report was required in the corresponding budget proviso.

The third document is an Accountable Communities of Health (ACH) activities report. This is also now included as a deliverable within our quarterly update.

If you have questions or require additional information, please do not hesitate to contact us.

Sincerely,

Susan E. Birch, MBA, BSN, RN

Director

Health Care Authority

Jilma Meneses Secretary

Department of Social and Health Services

**Enclosures** 

By email

cc: Senate Ways and Means Committee, leadership and staff
Senate Health and Long-Term Care Committee, leadership and staff
House Appropriations Committee, leadership and staff
House Health Care and Wellness Committee, leadership and staff Joint
Select Committee on Health Care Oversight, leadership and staff Senate
and House, Democratic and Republican Caucus staff Governor's Office,
Senior Policy Advisors
Office of Financial Management, HCA Budget Assistants



Washington State Medicaid Transformation Project (MTP) demonstration

Section 1115 Waiver Quarterly Report (DY6 Q1)

Demonstration Year: 6 (January 1 to December 31, 2022)

Reporting Quarter: 1 (January 1 to March 31, 2022)

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### Introduction

On January 9, 2017, the Centers for Medicare & Medicaid Services (CMS) approved Washington State's request for a Section 1115 Medicaid demonstration waiver, titled "Medicaid Transformation Project (MTP)." The activities are targeted to improve the system's capacity to address local health priorities, deliver high-quality, cost-effective, whole-person care, and create a sustainable link between clinical and community-based services.

In early 2021, Washington State requested an MTP one-year extension because of disruptions from the COVID-19 pandemic. CMS approved the request, and MTP will continue for a sixth year, which ends December 31, 2022.

During the six-year MTP period, Washington will:

- Integrate physical and behavioral health purchasing and services to provide whole-person care.
- Convert 90 percent of Medicaid provider payments to reward outcomes instead of volume of service.
- Support providers as they adopt new payment and care models.
- Improve health equity by implementing population health strategies.
- Provide targeted services to support the state's aging populations and address social determinants of health (SDOH).
- Improve substance use disorder (SUD) treatment access and outcomes.

The state will accomplish these goals through these programs:

- Transformation through Accountable Communities of Health (ACHs) Indian Health Care Providers (IHCPs).
- Long-Term Services and Supports (LTSS): Medicaid Alternative Care (MAC) and Tailored Supports for Older Adults (TSOA).
- Foundational Community Supports (FCS): Community Support Services (CSS), also called supportive housing and Individual Placement and Support (IPS), also called supported employment.
- SUD IMD waiver: treatment services, including short-term services provided in residential and inpatient treatment settings that qualify as an institution for mental diseases (IMD).
- Mental health (MH) IMD waiver: treatment services, including short-term services provided in residential and inpatient treatment settings that qualify as an IMD.

### Vision: a healthier Washington

The Washington State Health Care Authority (HCA) is the lead agency for MTP; however, many agencies and partners play an important role in improving Washington's health and wellness systems. Together, we are working to create a healthier Washington, where people can receive better health, better care, and at a lower cost.

## Quarterly report: January 1-March 31, 2022

This quarterly report summarizes MTP activities from the first quarter of 2022: January 1 through March 31. It details MTP implementation, including stakeholder education and engagement, planning and implementation, and development of policies and procedures.

#### Summary of quarter accomplishments

- The state continued work on a longer-term MTP application for renewal, with submission to CMS anticipated during Q3 of 2022. HCA shared renewal concepts with CMS during Q1 and will continue to engage CMS before and after submission.
- ACHs continued to distribute incentive funds to partnering providers through the financial executor (FE) portal. During the reporting period, ACHs distributed more than \$18 million to partnering providers and organizations. The state distributed approximately \$184,000 in earned incentive funds to IHCPs in Q1 for achievement of IHCP-specific Project milestones.
- As of March 31, 2022, nearly 13,000 clients have received services and supports from the MAC and TSOA programs. New enrollees in LTSS for this reporting period include 36 MAC dyads, 255 TSOA dyads, and 490 TSOA individuals.
- Within FCS, the total aggregate number of people enrolled in services as of March 31, 2022, included 4,757 in IPS and 6,854 in CSS. The total unduplicated number of enrollments at the end of this reporting period was 9,681.

#### MTP-wide stakeholder engagement

During the reporting period, HCA shared an announcement about <u>Washington State's pursual of an MTP renewal</u>. HCA also announced the release of <u>new materials about the MTP renewal</u>. These new materials explain what programs will continue, expand, or begin under the renewal:

- The <u>about the MTP renewal</u> provides in-depth detail on each renewal program. In addition, this
  document shares general information about Medicaid (Apple Health in Washington) and Section
  1115 Medicaid demonstration waivers.
- The <u>snapshot</u> provides a quick summary of the renewal programs.
- The <u>evolution of Initiative 1</u> shares what HCA, ACHs, and other partners will focus on in the renewal.

To reach a wider audience, especially communities where English may be a second language, HCA translated the "about the MTP renewal" and "snapshot" documents. These materials are available in Cambodian, Chinese, Korean, Laotian, Russian, Somali, Spanish, and Vietnamese languages. <u>Visit the MTP renewal page</u> to view these resources.

In addition, staff began planning for and coordinating the formal MTP renewal public comment period, which will occur next quarter. Activities included:

- Scheduling the virtual public hearings and securing presenters.
- Developing an infographic about the renewal application process.
- Creating a high-level PowerPoint presentation geared toward the public.

- Sharing MTP renewal resources and materials with ACHs and asking them to share with their networks and communities.
- Beginning the development of the Washington State Register notice, which will accompany the full
  public notice and other information on the <a href="MTP renewal page">MTP renewal page</a>, once the formal public comment
  period opens.
- Beginning the development of the public comment survey, which will be another option for people to share their feedback with HCA during the public comment period.
- Continuing monthly Tribal meetings to discuss renewal developments ahead of Roundtables and Tribal Consultation.

During the reporting period, HCA also updated several pages within the <u>MTP website section</u> to include updated information about the one-year extension of the current MTP waiver.

## Statewide activities and accountability

#### Value-based purchasing (VBP)

HCA completed a series of strategy meetings to revisit VBP goals for 2022-2025, building on MTP and VBP priorities and focus areas. During these strategy meetings, staff also discussed the original purchasing goal of achieving 90 percent of state-financed health care in value-based payment arrangements by the end of 2021. In Q1 of demonstration year (DY) 6, HCA finalized a set of new purchasing goals and will begin sharing and vetting them internally.

#### Paying for Value surveys

In early February, HCA announced results from the Paying for Value surveys. Later that month, the agency held a webinar on the 2021 Paying for Value survey analysis webinar. Staff presented on survey results from health care plans (including commercial) and health care providers, which included VBP topics like:

- Health plan and provider participation in alternative payment models.
- Enablers and barriers to VBP adoption.
- Health equity programs and data collection.
- Impact of COVID-19 on VBP.

HCA also developed an <u>executive summary</u> of the survey results, which offers a comprehensive look at participation and experience in VBP, barriers and enablers to VBP adoption, 2021 survey conclusions, and more. This executive summary, along with the webinar slide deck and other resources, are available on the VBP website section.

### VBP Roadmap and Apple Health Appendix

The VBP Roadmap describes HCA's VBP goals, purchasing and delivery system transformation strategies, innovation successes to date, and plans to accelerate the transition into value-based payment models. The appendix, in accordance with the special terms and conditions (STCs), describes how MTP supports providers and MCOs to move along the value-based care continuum. The roadmap establishes targets for VBP attainment and related Delivery System Reform Incentive Payment (DSRIP) program incentives for MCOs and ACHs. There were no new activities for the VBP Roadmap or Apple Health Appendix in Q1.

### Validation of financial performance measures

HCA contracts with Myers and Stauffer LC (MSLC) to serve as the independent Assessor (IA) for MTP. In this role, the IA functions as the third-party assessor of financial measures data submitted by MCOs as part of their contracts with HCA. HCA's contracts with the five MCOs establish parameters for the VBP assessment process. These parameters include the financial performance measures, the timelines under which MCOs must submit data, and the review process, which includes third party validation. HCA will meet with MSLC in Q2 to kick-off the 2022 validation process.

#### Statewide progress toward VBP targets

HCA sets annual VBP adoptions targets for MCOs and ACH regions in alignment with HCA's state-financed purchasing goals. To track progress, HCA collects financial performance measure data from MCOs by ACH region through the VBP validation process and from commercial and Medicare payers and providers through an annual survey. HCA completed the analysis of these data in Q4 of 2021 (DY5) and presented the findings in a webinar (stated above under "Paying for Value surveys").

#### Technical support and training

• No new activities in Q1

#### Upcoming activities

HCA will begin preparation for the 2022 survey process and the MCO VBP validation process in Q2 of DY6.

#### **Integrated managed care (IMC) progress**

In 2014, Washington State legislation directed a transition to integrate the purchasing of medical and behavioral health services for Apple Health (Medicaid) clients through an IMC system no later than January 1, 2020. Below are IMC-related activities for Q1.

- Stabilizing the behavioral health provider network has continued to be a challenge because of the COVID-19 pandemic. However, significant behavioral health workforce gaps are now the bigger concern and ACHs and MCOs have been exploring and implementing strategies to mitigate these issues.
- Since April 2021, HCA has maintained focus in two areas specific to measuring clinical integration and bi-directional care, with the assistance of most of the ACHs around the state. Updates for this reporting period include:
  - HCA partnered with MCOs and ACHs to advance these recommendations and ongoing monitoring of these performance measures.
  - HCA, in partnership with ACHs, completed follow-up meetings in all 10 regions and concluded these meetings in the Q1 of 2022. These meetings were facilitated discussions with the regional providers, MCOs, ACHs, and behavioral health administrative service organizations (BH-ASOs). Ongoing monitoring and collaboration will continue to monitor these performance measures and advance improvements across the state.

In 2021, the state completed its research to identify a new clinical integration assessment tool to better support the advancement of bi-directional physical and behavioral health clinical integration in Washington State. The tool, called the Washington Integrated Care Assessment (WA-ICA) will be completed by outpatient behavioral and physical health practices to track progress and to serve as a roadmap for practice teams in advancing integration.

Domains and subdomains (evidence-based elements of bidirectional integration) on the WA-ICA include screenings, referrals, care management, and sharing treatment information. A complete list of the domains and more information about the tool is available on the HCA site.

During Q4 of 2021, the WA-ICA Workgroup in consultation with the HCA, introduced methodology to identify practice cohorts and developed an implementation schedule. The workgroup continued to develop a comprehensive set of strategies for outreach and engagement, including launching a dedicated website section on the <a href="HCA site">HCA site</a> and holding a panel discussion at the 2021 HCA/ACH Learning Symposium.

Implementation will begin in July 2022 with an initial cohort of practices. Additional cohorts will begin to use the tool every six months, through July 2024.

During Q1 of 2022, the state continued to prepare for implementation with the first cohort of practices in July 2022 and planning for subsequent cohorts across the state. This included refinements to the WA-ICA tool and the development of a guidance document, FAQ, and other outreach and support materials.

The <u>WA-ICA portal</u> is available on the Healthier Washington Collaboration Portal for providers and care teams. This portal will provide access to the tools and contain support materials for orientation to the tool as well as additional resources for advancing integration. The workgroup also began working on recommendations for how coaching and technical assistance will be provided to advance integration across the state.

#### Health information technology (HIT)

The Health IT Operational Plan is composed of actionable deliverables to advance the health IT goals and vision articulated in the <u>Health IT Strategic Roadmap</u>. This work supports MTP in Washington State. The Health IT Roadmap and Operational Plan focuses on three phases of MTP work: design, implementation and operations, and assessment.

The activities for the 2022 Health IT Operational Plan include 42 deliverables and tasks in these areas:

- Electronic health records (EHRs)
- MH IMD waiver
- SUD HIT Plan and Prescription Drug Monitoring Program (PDMP) enhancements
- Master Person Index (MPI)
- Provider directory
- Payment models and sources
- Data and governance
- Health information exchange (HIE) functionality
- Registries
- Clinical Data Repository (CDR)
- Tribal engagement

Q1 of 2022 focused heavily on planning for several health IT- related initiatives, including the:

• Nationally required 988 crisis call line and the related, and more expansive, State requirements for a Crisis Call Center Hub System and a Behavioral Health Integrated Referral System;

- Electronic Health Record as a Service (EHRaaS); and
- Electronic Consent Management Solution.

#### Activities and successes

During Q1 of 2022, the Health IT team engaged in the following activities:

- The Health IT team engaged in the following activities in preparation for the implementation of the 988 crisis call line and planning for the enhanced Behavioral Health Integrated Client Referral System:
  - HCA coordinated internally and with the Department of Health (DOH) to support implementation planning for the nationally required 988 crisis call system, and the more expansive state requirements for a Crisis Call Center Hub System and the Behavioral Health Integrated Client Referral System.
  - The draft Technical and Operational Plan required by Washington State law for these systems, developed by HCA in collaboration with DOH, was submitted to the Governor's Office and Washington State Legislature in Q1 2022 following review and comments by the Crisis Response Improvement Committee Strategy (CRIS) Committee and Technical Subcommittee.
  - HCA provided overviews of the Draft Technical and Operational Plan to the CRIS Technical and 988 Tribal subcommittees.
  - HCA gathered information from the following sources in Washington State regarding the technology used and needed to respond to people in crisis:
    - Behavioral health crisis providers
    - BH-ASOs
    - Regional Crisis Lines
    - National Suicide Prevention Lifeline Services
  - o HCA gathered information from other states because of their 988 implementation related activities (e.g., Michigan, Georgia, Colorado, Arizona, Oklahoma, and Indiana.)
  - HCA began identifying the technical functional requirements to support the implementation of the Behavioral Health Integrated Client Referral System required by Washington State law.
  - HCA began interviews with technology vendors and seeing demonstrations of their products that could potentially support the functional requirements for the Crisis Call Center Hub and the Behavioral Health Integrated Client Referral Systems.
- The Health IT team requested proposals for and awarded a contract for a project manager. The project manager will help create a request for proposals (RFP) for the design and implementation of an electronic consent management (ECM) solution. The ECM solution will first focus on the exchange of SUD information, subject to 42 CFR Part 2.
- The Washington State Legislature approved the Governor's budget proposal requesting funds to support the implementation of the health IT requirements for the MH IMD waiver. HCA will begin

- planning for the implementation of some the health IT tasks included in the 2022 Annual HIT Operational Plan.
- The Health and Human Services (HHS) Coalition MPI project completed a high-level design of the MPI integration layer. They are currently in the process of developing the integration layer and establishing integration connections. The state's ProviderOne system will be the first system to connect, anticipated in the fall of 2022. HCA is in the process of developing governance processes and a model for MPI operations. DOH completed their MPI connections to the Washington Disease Registry System (WDRS) at the end of February.
- HCA continues to work with the Apple and Google stores to get the MyHealthButton App published in the provider directory and patient directory Application Programming Interfaces (APIs).
- The state continues to work on the funding needed for licensing and lead organization services for the cloud based EHR solution, called EHRLite. The EHR Lite is a technology tool that provides a limited set of functionality compared to a certified EHR solution. EHRLite will be made available statewide to behavioral health, rural health, Tribal health, and long-term care providers seeking to implement an EHR solution. Pending the availability of funds, the EHRLite Pilot will be expanded.
- HCA, in collaboration with ACHs and MCOs, continued preparing for the initial implementation in July 2022 of the WA-ICA by outpatient primary care and behavioral health providers. During Q1 of 2022:
  - MCOs, ACHs, and HCA identified HealthierHere (an ACH) as the entity to receive and analyze WA-ICA assessment results and generate reports for providers, MCOs, and HCA for clinical integration.
  - The WA-ICA Communication Workgroup continued to develop and refine a methodology to identify the Medicaid-participating outpatient primary care and behavioral health practices that will be invited to complete the WA-ICA.
  - The workgroup continued to coordinate internally to align activities of the WA-ICA with the Multiple Payer Primary Care Initiative.
  - The workgroup continued planning for the initial July 2022 implementation of the WA-ICA
- HCA continued participation and collaboration in the Steering Committee for the Washington Care
  Coordination Workgroup. The Workgroup is comprised of ACHs, MCOs, HCA, and Collective Medical
  (a technology vendor). The Steering Committee explored opportunities and barriers to advance
  health information exchange using Collective Medical tools on behalf of persons who receive
  behavioral health services. The workgroup recommended three webinars for behavioral health
  agencies:
  - o Collective Medical 101 Refresher Training
  - Collective Medical Confidentiality and 42 CFR Part 2
  - o Sustainable Practices for Using Collective Medical

# DSRIP program implementation accomplishments

### **ACH project milestone achievement**

#### Semi-annual reporting

ACHs report on their MTP activities, project implementation, and progress on required milestones. This is outlined in the <a href="Project Toolkit">Project Toolkit</a>. Semi-annual reports are submitted every six months. The most recent set of ACH semi-annual reports (SARs) were submitted on January 31, 2022, for the July 1–December 31, 2021 reporting period. After and independent assessment of performance by MSLC, it was determined that each ACH earned full credit for the SARs. In addition, the DY6 extension includes modified reporting requirements in place of SARs. The first DY6 report template was released by MSLC in February 2022.

#### Next steps

ACHs will submit the first DY6 report in April 2022 using the templated provided by MSLC. Payment for this report is anticipated by the end of Q2 2022.

HCA and ACHs continue to coordinate on the transition from implementation and continuous improvement to scale and sustainability strategies. In addition, HCA and ACHs are partnering closely on the overall transition of DSRIP and the design of new strategies within the longer-term MTP renewal application. Specifically, ACHs are contributing to the design of the Taking Action for Healthier Communities (TAHC) program that will introduce focused strategies on addressing health equity through community-based care coordination and new implementation of health-related services.

#### **Annual VBP milestone achievement by ACHs**

ACHs help assess and support provider VBP readiness and practice transformation by connecting providers to training and resources. ACHs continue to use several strategies to support regional providers in the transition to VBP.

• HCA shared ACH progress in supporting provider VBP readiness through a webinar in Q1 (as stated above in "Paying for Value survey").

#### FE portal activity

ACHs continue to distribute incentive funds to partnering providers through the FE portal. During the reporting period, ACHs distributed more than \$18 million to partnering providers and organizations in support of project activities. The state distributed approximately \$184,000 in earned incentive funds to IHCPs in Q1.

The state's FE, Public Consulting Group, continued to provide direct technical assistance and resources to ACHs as they registered and distributed payments to providers in the portal during this quarter. Attachment B, at the end of this report, provides a detailed account of all funds earned and distributed through the FE portal to date.

HCA will continue to monitor the FE portal to make sure ACHs are distributing funds to partnering providers in a timely manner.

#### **DSRIP** measurement activities

HCA submitted performance measure results to the IA for DY4. The IA will calculate the achievement values and determine the incentive amounts earned by each ACH. Achievement values are anticipated to be released in Q2 of this year.

CMS approved HCA's request for updates to measurement requirements that will apply to DY5 and DY6 performance. The updates impact pay-for-performance (P4P), high-performance pool (HPP), and statewide accountability quality improvement score (QIS) performance measurement.

One of the changes allows the state to adjust performance measurement from a two-year baseline gap to a year-over-year gap (i.e., 2020 will serve as the baseline for 2021 and 2021 as the baseline for 2022). In addition, all metrics for DY5 and DY6 will move from a gap-to-goal (GTG) methodology to improvement-over-self (IOS).

#### Statewide results

The STCs outline DSRIP statewide accountability requirements, and the DSRIP Measurement Guide defines the statewide accountability measurement methodology. Starting in DY3, Washington State committed to improvement and achievement of these core components:

- Quality improvement (QI): improvement and attainment of quality targets across a set of performance metrics.
- VBP adoption: improvement and attainment of defined statewide VBP adoption targets.

The QI model determines the statewide performance across the quality metrics set. To reach achievement satisfaction, the state must score a 0.2 or higher. For DY4, the state scored 1.0, so the state earned 100 percent.

VBP adoption performance (to achieve the Health Care Payment & Learning Action Network (HCP-LAN) categories 2C-4B) is set at 85 percent for DY4. For the state to receive full VBP incentives for statewide accountability, MCOs need to collectively meet that target. If not, the improvement score (IS) methodology will be used to determine total incentives earned for DY4.

In January 2022, after reviewing HCA's <u>2020 statewide accountability report</u>, CMS confirmed that Washington State achieved 100 percent of the at-risk funding. The state earned 100 percent of the quality improvement performance and missed the VBP adoption performance target. This target was set at 85 percent, and the state achieved 82 percent.

### DSRIP program stakeholder engagement activities

During the reporting period, HCA:

- Met with Artemis (a contractor working with all nine ACHs) to begin preliminary planning for the 2022 HCA/ACH Learning Symposium. Next year, HCA and ACHs will call this event the "Learning Collaborative."
- Announced 2020 statewide and regional performance results for ACHs.
- Engaged with and informed ACHs on MTP renewal activities, and asked ACHs to share the resources and materials from the MTP renewal page with their networks and communities.
- Began developing a health equity community outreach strategy, which involves ACHs, for the MTP renewal public comment period. Using their convening and community influence, ACHs are beginning to engage with their communities to seek input on the MTP renewal and its programs. Washington State wants to receive feedback from communities and individuals who may be impacted by the state's transformation efforts, including MTP.
- Began planning Tribal Consultation and Roundtable meetings with Tribal partners.

#### DSRIP stakeholder concerns

Q1 of 2022 included significant stakeholder engagement, in partnership with ACHs, to discuss the upcoming MTP renewal application and public comment process. Stakeholders remain engaged in the

development of the MTP renewal and support or recognize the need for proposing innovative programs and policies that have the potential to improve the health of individuals and communities.

#### **Upcoming DSRIP activities**

Following approval of the DY6 extension, the state will continue to work with CMS on several requested adjustments to reporting, performance, and funds flow. Revised protocols were submitted to CMS and are expected to be finalized in Q2 2022.

The state and ACHs will continue to collaborate on the MTP five-year renewal in Q2 2022. This includes close partnership on community engagement and gathering feedback from the formal public comment period.

Weekly engagement with ACHs will continue and the focus will shift from concept design for the MTP renewal to DSRIP transition and renewal operational planning. HCA envisions convening a workgroup that includes ACH and MCOs to discuss the MTP renewal strategies around SDOH payment and community-based care coordination. The MTP renewal will require closer partnership between MCOs and ACHs, including clear roles that leverage each group's strengths to advance health equity and innovation.

#### Tribal project implementation activities

• **Primary milestone:** Initial development of the concept of a statewide Native Hub for the MTP renewal application.

#### Tribal partner engagement timeline

- January 4: participated in internal meeting regarding MTP renewal application timeline and public engagement
- January 10: met internally to discuss potential funding models under a renewed MTP
- January 10: participated in internal meeting regarding MTP renewal application timeline and public engagement
- January 11: Participated in internal meeting regarding the health-related social needs (HRSN)
- January 12: HCA hosted follow-up consultation on the concept of including Dental Health Aide Therapists in the MTP renewal application
- January 18: participated in internal meeting regarding MTP renewal application timeline and public engagement
- January 19: participated in Community Health Aide Program (CHAP) Board workgroup
- January 20: participated in meeting between HCA and DOH on community-based care coordination
- January 25: participated in internal meeting regarding HRSN
- January 31: participated in an internal meeting regarding Tribes and IHCPs' participation in the evolution of Initiative 1 of MTP
- February 10: participated in internal workgroup on MTP renewal application
- February 14: participated in the Tribal Alignment Committee for North Sound Accountable Community of Health
- February 15: participated in internal meeting regarding MTP renewal application

- February 17: participated in conversation between Washington and Oregon regarding MTP waiver development
- February 24: participated in internal meeting regarding MTP renewal application
- February 28: participated in internal meeting regarding MTP renewal application
- March 1: participated in internal meeting regarding Tribes and IHCPs' engagement in MTP renewal application
- March 16: participated in internal meeting regarding MTP renewal application
- March 17: participated in internal meeting regarding the concept of flexible health equity funding
- March 23-25: participated in multiple meetings about MTP renewal application development, including conversations regarding ACHs and community-based care coordination, health equity and early conversations regarding Native Hub
- March 28-31: participated in internal meetings regarding MTP renewal application, including flexible health equity funding and renewal application development with Manatt

## LTSS implementation accomplishments

This section summarizes LTSS program development and implementation activities from January 1 through March 31, 2022. Key accomplishments for this quarter include:

- As of March 31, 2022, almost 13,000 clients, in addition to their family caregivers, have received services and supports through the MAC and TSOA programs.
- Aging and Long-term Support Administration (ALTSA) in collaboration with HCA, began drafting the MTP renewal application.

#### **Network adequacy for MAC and TSOA**

The state noted continued high utilization of home-delivered meals and personal emergency response systems (PERS) this quarter. The primary need for PERS appear to be supports for medication management and fall prevention.

Some Area Agencies on Aging (AAAs) have been involved in a pilot project for a new service under health maintenance and therapies, called Furry Pets. These are robot companion pets for people who need the companionship of a pet but do not have the physical or mental means to care for a real pet. Other AAAs will continue their efforts next quarter for implementing this new service across the state.

AAAs continue to face the challenge of obtaining home care agency workers to assist and support care receivers and their family caregivers. Home and Community Services (HCS) remains committed to collaborating with AAAs to strategize potential solutions for the home care agency worker shortage.

#### Assessment and systems update

During Q1 of 2022, an electronic "calculator" was developed and integrated into the GetCare assessment tool. This will aid caregivers and case managers who assist care receivers in managing a six-month budget. Final testing is being completed and the state plans to release this new tool and conduct training next quarter on how to use it.

The TCARE evidence-based caregiver assessment is being revised by the owner/developer, TCARE, Inc. HCS has been working with the TCARE staff this quarter to identify the changes and hope to integrate the 5.0 version into GetCare next quarter.

Additionally, the HCS MTP team began to gather business requirements this quarter to develop the electronic interface with the Consumer Directed Employer (CDE) system, used in Washington State for employment of individual providers. When the systems and policy are ready, use of the CDE will provide the state with the ability to implement self-directed care for MAC and TSOA recipients. HCS hopes to complete this development by the end of 2022.

#### **Staff training**

MAC and TSOA program managers for HCS remain committed to providing monthly statewide training webinars on requested and needed topics during 2022. Below are the webinar trainings that occurred during this quarter:

- January: Overview of the Quality Assurance Process and the Performance Measures for 2022
- March: Use of Electronic Forms and Client Notices in GetCare System

Upcoming webinars:

- April: MTD GetCare Desk Manual Orientation
- May: Those Rascally Recipient Aid Categories (RACs) and Other Errors (GetCare, CARE, and ProviderOne)

#### Data and reporting

**Table 1: beneficiary enrollment by program** 

	MAC	TSOA	TSOA
	dyads	dyads	individuals
LTSS beneficiaries by program as of March 31, 2022	230	1425	3445
Number of new enrollees in quarter by program	36	255	490
Number of new person-centered service plans in quarter by program	15*	84**	188**
Number of beneficiaries self-directing services under employer authority****	0	0	0

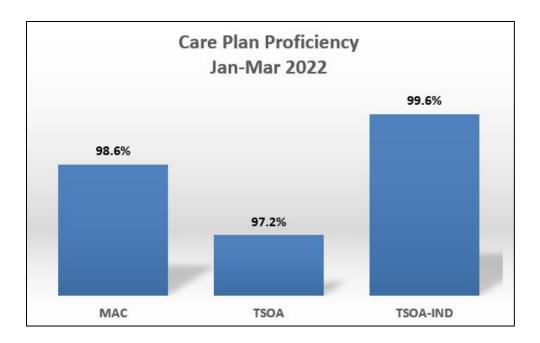
<sup>\*18</sup> of the new enrollees do not require a care plan because they are still in the care planning phase and services have yet to be authorized.

Figure 1: care plan proficiency

<sup>\*\*164</sup> of the new enrollees do not require a care plan because they are still in the care planning phase and services have yet to be authorized.

<sup>\*\*\*301</sup> of the new enrollees do not require a care plan because they are still in the care planning phase and services have yet to be authorized.

<sup>\*\*\*\*</sup>The state will begin using individual providers after the CDE is fully implemented for the 1915c and 1915k programs.



The state is proud to report the AAAs' continued proficiency in timely completion of care plans for enrollees.

#### **Tribal engagement**

ALTSA met with several Tribes to discuss Medicaid services and MTP Initiatives 2 and 3 during the quarter. The meetings included:

- March 8, 2021: ALTSA Region 1 HCS Tribal Liaisons shared LTSS brochures and long-term care/MAC/TSOA application packets with the Yakama Nation Confederated Tribes.
- ALTSA Region 1 HCS Tribal Liaisons discussed bringing a second MAC/TSOA training to Tribal workers.
- Recognizing a need to broaden marketing and outreach materials that are culturally appropriate,
   ALTSA negotiated a contract to increase materials for use in multiple programs, including respite,
   kinship care, and MAC/TSOA.

Washington State continues to be under a declared state of emergency (public health emergency). It has impacted all aspects of state, local, and Tribal government operations.

#### **Outreach and engagement**

The volume and type of outreach activities continue to be impacted by COVID-19 and social distancing requirements.

Table 2: outreach and engagement activities by AAA

	January	February	March
	Number of events held		
Community presentations and information sharing	36	27	23

#### **Quality assurance**

Below are results of the quarterly presumptive eligibility (PE) quality assurance review.

Figure 2: Question 1: was the client appropriately determined to be nursing facility level of care eligible for PE?

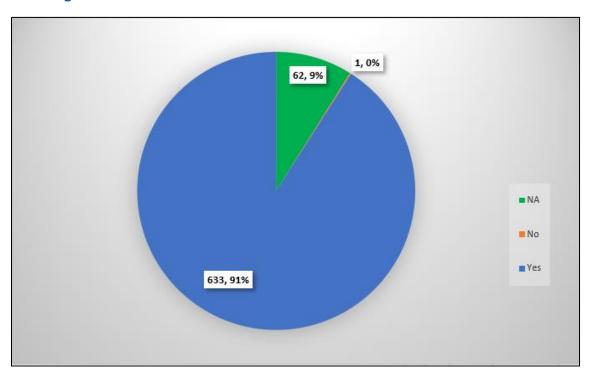


Figure 3: Question 2a: did the client remain eligible after the PE period?

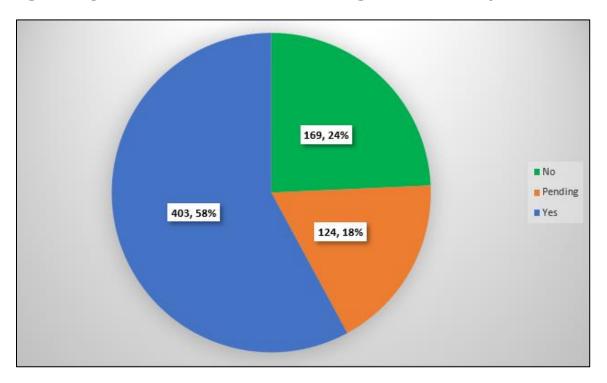
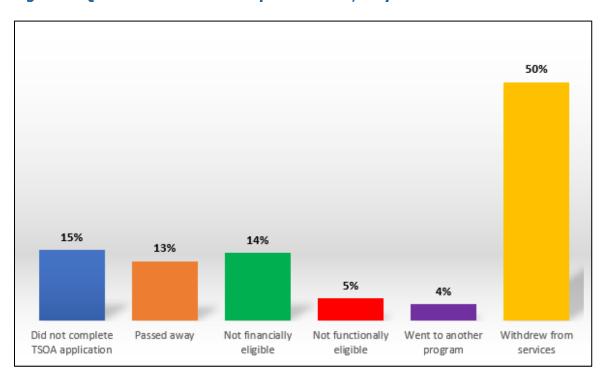


Figure 4: Question 2b: if "No" to question #2a, why?



Note: these percentages represent the "No" population in the previous table (24 percent). For example, the 14 percent of PE clients found to be not financially eligible are 14 of the 24 percent illustrated in Question 2a.

#### 2022 quality assurance results to date

HCS' Quality Assurance unit began the 2022 audit cycle in January this year and will conclude in November. The statewide compliance review of the MAC and TSOA performance measures was conducted with all 13 AAAs. An identical review process was used in each AAA Planning and Service Area (PSA), using the same quality assurance tool and the same 19 performance measures.

The Quality Assurance team reviewed a statistically valid sample of case records. The sample size in 2022 was 355 cases. This methodology is the same one used for the state's 1915(c) waivers and meets the CMS requirements for sampling. Each AAA's sample was determined by multiplying the percent of the total program population in that area by the sample size.

Statewide Proficiency to Date WERE WAIVER SERVICE CLAIMS PAID TO A QUALIFIED PROVIDER 100% (NON-IP) WAS THE ANNUAL AMOUNT AUTHORIZED WITHIN THE CARE 100% RECEIVER'S BENEFIT LEVEL (STEP 1, 2, OR 3)? IS THERE DOCUMENTATION (INVOICES, RECEIPTS, ETC.) TO SUPPORT PAID SERVICE AUTHORIZATION FOR SERVICES/ITEMS. WAS THE GETCARE CARE PLAN LOCKED OR TCARE CARE PLAN 100% COMPLETED PRIOR TO START DATE OF ENROLLMENT/SERVICE... DID THE CARE RECEIVER/CLIENT RECEIVE INFORMATION ABOUT 100% THE IMPORTANCE OF THE FLU VACCINE ANNUALLY? WERE THE CORRECT INSTRUMENTS AND PROCESSES USED TO 100% DETERMINE NURSING FACILITY LEVEL OF CARE? WAS NURSING FACILITY LEVEL OF CARE ASSESSMENT N/A COMPLETED WITHIN THE ANNUAL TIME FRAME? WERE MANDATORY REFERRALS MADE? (APS. CRU AND CPS) 100% DID THE CARE RECEIVER AND CAREGIVER AGREE TO THE CARE 99% PLAN AS OUTLINED IN THE LTC MANUAL? IF THE CARE RECEIVER/CLIENT IS RECEIVING RESPITE SERVICES N/A IN AN ADULT FAMILY HOME (AFH) OR ASSISTED LIVING ... IS THE CARE RECEIVER/CLIENT FINANCIALLY ELIGIBLE FOR THE N/A SERVICES RECEIVED? WERE CARE RECEIVERS/CLIENTS FREE FROM THE USE OF 100% RESTRAINTS OR INVOLUNTARY SECLUSIONS? IS THERE DOCUMENTATION OF CARE RECEIVER/CLIENT CHOICE 98% OF AVAILABLE PROGRAMS/SERVICES, SETTINGS, AND ... IS THERE DOCUMENTATION THAT THE CASE MANAGER 100% DISCUSSED WITH THE CARE RECEIVER/CLIENT HIS/HER... 0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

Figure 5: statewide proficiency to date

#### State rulemaking

HCS began the rule making process this quarter to modify Washington Administrative Code (WAC) related to the upcoming release of TCARE 5.0, the evidence-based caregiver assessment tool used for MAC and TSOA dyads.

#### **Upcoming activities**

The HCS MTP team will continue efforts, in collaboration with HCA, to conduct public hearings, Tribal Consultations, and drafting of the MTP renewal application. Program managers will present an overview of 1915c, 1915k and 1115 LTSS programs to Health Home Coordinators across the state in April 2022.

#### LTSS stakeholder concerns

There were no new stakeholder concerns noted in Q1 of 2022. As reported in Q4 of 2021, stakeholders remain concerned about the lack of available respite and personal care providers across the state. HCS anticipates improvements in this area over the next year as new staff (who are dedicated to recruitment and retention of the direct care workforce) are hired and begin their work. Improvements are also anticipated based on MAC and TSOA collaboration with the CDE vendor to utilize individual providers who will provide personal care and respite care services.

## FCS implementation accomplishments

MTP Initiative 3 provides evidence-based supportive housing and supported employment services to eligible Medicaid clients. This section summarizes the FCS program development and implementation activities from January 1 through March 31, 2022. Key accomplishments for the quarter include:

- Total aggregate number of people enrolled in FCS services at the end of DY6 Q1:
  - o CSS: 6,854
  - o IPS: 4,757
- There were 170 providers under contract with Amerigroup at the end of DY6 Q1, representing 462 sites throughout the state.

**Note:** CSS and IPS enrollment totals include 1,930 participants enrolled in both programs. The total unduplicated number of enrollments at the end of this reporting period was 9,681.

### **Network adequacy for FCS**

**Table 3: FCS provider network development** 

	January		February		March	
FCS service type	Contracts	Service locations	Contracts	Service locations	Contracts	Service locations
IPS	35	73	35	73	37	76
CSS	19	45	19	45	19	45
CSS and IPS	113	337	114	338	114	338
Total	167	455	168	456	170	459

The FCS provider network saw new growth in DY6 Q1with the addition of one provider network delivering both IPS and CSS services, and two new providers offering IPS services only. The growth of the provider network has largely been able to satisfy the needs of the growing enrollee count.

#### Client enrollment

**Table 4: FCS client enrollment** 

Table 41 1 65 cheft enrollment						
	January	February	March			
IPS	2,611	2,787	2,827			
CSS	4,525	4,839	4,924			
CSS and IPS	1,726	1,897	1,930			
Total aggregate enrollment	8,862	9,523	9,681			

Data source: Research and Data Analysis (RDA) administrative reports

**Table 5: FCS client risk profile** 

		Met HUD homeless criteria	Avg. PRISM risk score	SMI
January	IPS	553 (13%)	.91	3,001 (69%)
	CSS	1,371 (22%)	1.18	3,992 (64%)
February	IPS	585 (12%)	.93	3,282 (70%)
	CSS	1,466 (22%)	1.24	4,385 (65%)
March	IPS	587 (12%)	.97	3,186 (67%)
	CSS	1,470 (21%)	1.3	4,239 (62%)

**HUD** = Housing and Urban Development

**PRISM** = Predictive Risk Intelligence System (Risk ≥ 1.5 identifies top 10 percent of high-cost Medicaid adults; Risk ≥ 1.0 identifies top 19 percent of high-cost Medicaid adults)

Table 6: FCS client risk profile, continued

		Medicaid-only enrollees*	MH treatment need	SUD treatment need	Co-occurring MH + SUD treatment needs flags
January	IPS	3,633	3,389 (93%)	2,218 (61%)	2,107 (58%)
	CSS	5,172	4,759 (92%)	3,812 (74%)	3,566 (69%)
February	IPS	3,932	3,647 (93%)	2,385 (61%)	2,261 (58%)
	CSS	5,564	5,088 (91%)	4,108 (74%)	3,829 (69%)
March	IPS	3,990	3,689 (92%)	2,386 (60%)	2,260 (57%)
	CSS	5,664	5,153 (91%)	4,142 (73%)	3,852 (68%)

Data source: RDA administrative reports

Table 7: FCS client service utilization

		Medicaid-only enrollees*	LTSS	MH services	SUD services (received in last 12 months)	Care + MH or SUD services
January	IPS	3,633	378 (10%)	2,685 (74%)	1,391 (38%)	317 (9%)
	CSS	5,172	596 (12%)	3,488 (67%)	2,338 (45%)	481 (9%)
February	IPS	3,932	412 (10%)	2,873 (73%)	1,496 (38%)	345 (9%)
	CSS	5,564	630 (11%)	3,678 (66%)	2,503 (45%)	510 (9%)
March	IPS	3,990	427 (11%)	2,858 (72%)	1,474 (37%)	349 (9%)
	CSS	5,664	644 (11%)	3,639 (64%)	2,476 (44%)	522 (9%)

(Aging CARE assessment in last 15 months)
Data source: RDA administrative reports

**Table 8: FCS client Medicaid eligibility** 

	CN blind/disabled (Medicaid-only & full dual- eligible)	CN aged (Medicaid only & full dual-eligible)	CN family & pregnant woman	ACA expansion adults (nonadults presumptive)	Adults (nonadults presumptive) ACA expansion adults (SSI presumptive)	CN & CHIP children
January IPS	1,294 (30%)	79 (2%)	459 (11%)	1,942 (45%)	444 (10%)	119 (3%)

<sup>\*</sup>Does not include individuals who are dual-enrolled.

<sup>\*</sup>Does not include individuals who are dual-enrolled.

	CSS	2,060 (33%)	298 (5%)	769 (12%)	2,125 (34%)	927 (15%)	72 (1%)
February	IPS	1,400 (30%)	87 (2%)	495 (11%)	2,097 (45%)	478 (10%)	127 (3%)
	CSS	2,219 (33%)	324 (5%)	810 (12%)	2,318 (34%)	988 (15%)	77 (1%)
March	IPS	1,428 (30%)	91 (2%)	508 (11%)	2,111 (44%)	491 (10%)	128 (3%)
	CSS	2,275 (33%)	330 (5%)	826 (12%)	2,333 (34%)	1,010 (15%)	80 (1%)

**ACA** = Affordable Care Act

**CHIP** = Children's Health Insurance Program

**CN** = categorically needy

Data source: RDA administrative reports

#### Quality assurance and monitoring activity

FCS staff worked with the third-party administrator (TPA), Amerigroup, to monitor the implementation of FCS during Q1. No major concerns or issues were identified, and the TPA reported no grievances or appeals during the quarter. The cumulative enrollment increased month-over-month in each program, after seeing slight decreases at the end of DY5.

Significant work focused on identifying processes to reconnect enrollees to FCS because of changes in their health care coverage. Because FCS is not an entitlement benefit, enrollment in the program is a manual process requiring weekly workflows to enroll and re-enroll (or "reconnect") eligible individuals to the program. Reconnecting involves a historical eligibility screening to identify gaps in coverage caused by changes in Medicaid type, incarceration, and other changes in the ProviderOne database that automatically disconnects an individual from FCS.

FCS training staff completed 11 fidelity reviews of contracted FCS providers, six for IPS service providers and five for CSS service providers. These reviews were completed virtually over two or more days with a review team of HCA staff and FCS providers. The FCS training staff are also bringing on fidelity reviewers from other state agencies, such as the Division of Vocational Rehabilitation (DVR) from the Department of Social and Health Services (DSHS) to facilitate more cross-system collaboration.

FCS staff also held two fidelity reviewers training events that teach FCS providers and prospective reviewers the evidence-based practices and help prepare them for participation on review panels. These fidelity reviews use a learning collaborative approach, and FCS providers can receive incentives through Substance Abuse and Mental Health Services Administration (SAMHSA) block grants to become reviewers or host a review.

#### Other FCS program activity

HCA continues to convene a monthly workgroup with ALTSA and RDA staff to develop, discuss, and decide on key policies and practices necessary for the ongoing operation, improvement, and sustainability of the FCS program. The group also continued its bi-monthly meeting series with CSS providers. The meeting series was organized by King County, the most populous county in Washington State. The meetings offer housing providers the opportunity to discuss implementation and learn from fellow providers on best practices when offering CSS or IPS services.

In partnership with DVR, HCA participates in a quarterly workgroup to improve consistency, collaboration, and employment outcomes for DVR customers with a behavioral health condition and who are receiving services from the DVR Supported Employment program and FCS.

#### **Upcoming activities**

 FCS staff will attend and present at the annual Housing First Partners Conference in Seattle in early Q2.

- FCS Transition Assistance Program (TAP) launches May 2, 2022, to provide Washington Statefunded support to CSS enrollees with behavioral health treatment needs who are making housing transitions. The TAP fund, which is being administered by the TPA, will be drawn upon by CSS providers.
- FCS staff will continue to hold monthly workgroup meetings focused on the implementation of CSS services to support individuals transitioning out of inpatient behavioral health treatment settings. This work is largely aligned with MTP Initiatives 4 and 5 and coordinates similar efforts across other supportive housing programs.
- The first of two six-week Medicaid Academies will be offered to potential and current FCS providers in Q2, and then again in Q4. These academies are targeted to executive leads, fiscal/finance leads, programmatic leads, and quality improvement leads within their agencies. Information presented will primarily benefit support agencies who are not yet set up as Medicaid billers, who have been having issues with billing to Medicaid, and those interested in becoming Medicaid billers.

#### FCS program stakeholder engagement activities

HCA continues to receive inquiries from other states and entities about the FCS program. HCA responds readily to these inquiries, usually by teleconference. During the reporting quarter, staff from HCA, ALTSA, and Amerigroup supported a variety of stakeholder engagement activities.

Table 9: FCS program stakeholder engagement activities

	January	February	March
	Number of events held		
Training and assistance provided to individual organizations	40	54	81
Community and regional presentations and training events	2	5	2
Informational webinars	8	7	9
Stakeholder engagement meetings	19	18	19
Total activities	69	84	111

Training and assistance activities to individual organizations continued to increase this quarter. Webinars are intended to inform, educate, and coordinate resources for FCS providers serving people who need housing and employment services, resources, and supports.

#### Q1 topics included:

- Benefit planning overview
- Working with justice-involved individuals
- FCS implementation
- IPS review and sustainability
- Solution-focused discussion of continued job development challenges
- FCS Transition Assistance Program

- Workforce crisis: managing your vocational staff during times of staff shortages
- Case consultation
- SUD incentive funding
- Love yourself: overcoming burnout through resilience
- Fidelity training
- IPS elements and FCS
- Participant engagement and use of FCS
- Professionalism and boundaries for staff
- Fair housing updates
- Homeless services and coordinated entry
- FCS and housing policy
- Shared decision making in health outcomes in supportive housing
- Determining accommodations for job seekers
- Billing efficiency
- Q&A for forms and documentation
- Info exchange for FCS and peer navigators
- Barriers for FCS providers
- Housing resources for young adults

#### FCS stakeholder concerns

FCS program staff fielded various questions from providers around FCS billing in Q1. Changes in the ProviderOne database, which went into effect January 1, 2022, now require all providers to use their National Provider Identifier (NPI) for claims to be processed with MCOs.

Because the TPA is part of one of Washington's five Medicaid MCOs, this change also impacted FCS providers and their billing. In DY3 and DY4, HCA worked internally to create a streamlined enrollment process for providers (who were new to Medicaid billing) to enroll in ProviderOne. The majority of providers in the FCS network have previously enrolled in ProviderOne, which will likely mitigate additional challenges related to enrollment and billing.

# SUD IMD waiver implementation accomplishments

In July 2018, the state received approval of its 1115 waiver amendment to receive federal financial participation for SUD treatment services. This includes short-term residential services provided in residential and inpatient treatment settings that qualify as an IMD. An IMD is a facility with more than 16 beds where at least 51 percent of the patients receive MH or substance use treatment.

This section summarizes SUD IMD waiver development and implementation activities from January 1 through March 31, 2022.

- The Washington State Legislature made additional investments in SUD funding during the 2021 legislative session. Highlights include:
  - o Significant rate adjustments were funded for behavioral health care providers
  - o \$1 million in funding was added for opioid awareness marketing campaigns
  - o \$8.8 million in funding was added for opioid treatment provider rates
  - o \$3.6 million in funding was added for mobile opioid treatment services
  - o \$.5 million in funding was added for contingency management
  - o \$1.7 million in funding for pregnant and parenting individuals
  - \$6 million in funding for overdose prevention/harm reduction efforts

#### Implementation plan

No updates

#### **SUD HIT plan requirements**

During Q1 2022:

- The Washington State Legislature approved the Governor's budget proposal requesting funds to support the implementation of the Health IT requirements for the MH IMD waiver. HCA will begin planning to implement some of the HIT tasks included in its 2022 Annual HIT Operational Plan.
- HCA coordinated internally and with DOH to support implementation planning for the nationally required 988 crisis call system and the Crisis Call Center Hub System and Behavioral Health Integrated Client Referral System required under state law. The Crisis Call Center Hub System and Behavioral Health Integrated Client Referral System includes a focus on persons with SUD and MH needs. The technology systems and tools that are the being considered include tools for support crisis call response and dispatch, and behavioral health referral and follow-up.
- The HIT Team contracted with a project manager, who will help create an RFP for the design and implementation of an ECM solution. The first use case that this solution will focus on is the exchange of SUD information subject to 42 CFR Part 2.

#### **Evaluation design**

No updates

#### **Monitoring protocol**

No updates

#### **Upcoming activities**

No updates

# MH IMD waiver implementation accomplishments

In November 2020, the state received approval of its 1115 waiver amendment to receive federal financial participation for serious mental illness (SMI)/serious emotional disturbance (SED) treatment services. This program, known as MTP Initiative 4, began January 1, 2021. It includes acute inpatient services provided in residential and inpatient treatment settings that qualify as an IMD.

This section summarizes MH IMD waiver development and implementation activities from January 1 through March 31, 2022.

- The Washington State Legislature made additional investments in MH funding during the 2021 legislative session.. Highlights include:
  - \$100 million in behavioral health provider relief to support capacity in the wake of COVID-19 disruptions
  - o \$10.2 million in support of behavioral health jail diversion programs
  - o \$6.4 million in support of crisis stabilization services for jail diversion
  - \$8 million in funding for housing-first opportunities
  - \$5.2 million in funding for assisted outpatient treatment programs
  - \$4.2 million in funding for alternative response teams
  - \$8 million in funding for behavioral health response teams and mobile crisis in King County
  - o \$2.8 million in funding for intensive outpatient and partial hospitalization services
  - \$2.4 million in funding for transition-aged youth services
  - o \$2.3 million in funding for behavioral health personal care
  - o \$1.5 million in funding for homeless behavioral health respite care
  - o \$1.2 million in funding related to wraparound intensive services
  - \$.8 million in funding for housing stabilization teams

#### Implementation plan

The state is required to submit an implementation plan for the MH IMD waiver, incorporating milestones outlined by CMS. At the time of the waiver application, Washington met a number of these milestones, based on its existing provision of MH services. Where the state did not yet meet the milestones, CMS was engaged to confirm appropriate adjustments. These changes, included in the state's MH implementation plan, are described below:

- **Milestone:** "2.a Actions ensure psychiatric hospitals and residential settings carry out intensive pre-discharge planning and include community-based providers in care transitions."
  - **Timeline:** MCO contracts updated to require pre-discharge planning and participation of community providers, effective January 2022.
- **Milestone:** "2.c State requirement to ensure psychiatric hospitals and residential settings contact beneficiaries and community- based providers through most effective means possible, e.g., email, text, or phone call within 72 hours post discharge"
  - **Timeline:** HCA amended its MCO contracts to shorten the contact period to 72 hours, effective January 1, 2022.

#### MH HIT plan requirements

This quarter, HCA initiated contracts related to the MH waiver HIT plan requirements. These contracts include work on:

• See activities under SUD HIT plan requirements.

#### **Evaluation design**

Approval pending

#### **Monitoring protocol**

Approved anticipated in Q2 2022

#### **Upcoming activities**

- Virtual public hearings for the MTP renewal
- Behavioral Health Conference in June

# Quarterly expenditures

The following table reflects quarterly expenditures for DSRIP, LTSS, and FCS during DY6 (2022). In the first quarter, there were no incentives paid out to ACHs or MCOs.

**Table 10: DSRIP expenditures** 

Table 10. DSKI	Q1	Q2	Q3	Q4	DY6 total	Funding
	January 1– March 31	April 1– June 30	July 1– September 30	October 1– December 31	January 1– December 31	Federal financial participation
Better Health Together	\$0					
Cascade Pacific Action Alliance	\$0					
Elevate Health	\$0					
<b>Greater Columbia</b>	\$0					
HealthierHere	\$0					
North Central	\$0					
North Sound	\$0					
Olympic Community of Health	\$0					
SWACH	\$0					
Indian Health Care Providers	\$0					

**Table 11: MCO VBP expenditures** 

	Q1	Q2	Q3	Q4	DY6 total
MCO-VBP	January 1–	April 1-	July 1-	October 1–	January 1-
	March 31	June 30	September 30	December 31	December 31
Amerigroup WA	\$0				

CHPW	\$0		
CCW	\$0		
Molina	\$0		
United Healthcare	\$0		

Table 12: LTSS and FCS service expenditures

	Q1	Q2	Q3	Q4	DY6 Total
	January 1–	April 1-	July 1–	October 1–	January 1–
	March 31	June 30	September 30	December 31	December 31
TSOA	\$1,759,393				
MAC	\$50,791				
MAC and TSOA not eligible	\$0				
FCS	\$3,047,246				

# Financial and budget neutrality development issues

#### **Financial**

Below are the counts of member months eligible to receive services under MTP. Member months for non-expansion adults are updated retrospectively, based on the current caseload forecast council (CFC) medical caseload data. Actual caseload data for non-expansion adults is available through October 2021.

November 2021 through March 2022 member months for non-expansion adults are forecasted caseload figures from CFC. Actual data for those months will be provided once available. Actual member months data for the SUD population is currently available through January 2022. HCA finalized the data criteria for identifying expenditures for the MH IMD waiver and is reporting member months for the first time for this population.

Table 13: member months eligible to receive services

Calendar month	Non- expansion adults only	SUD Medicaid disabled	SUD Medicaid non- disabled	SUD newly eligible	SUD AI/AN	SMI Medicaid Disabled IMD	SMI Medicaid non- disabled IMD	SMI Newly eligible IMD	SMI AI/AN
Jan-17	376,307	0	0	0	0				
Feb-17	375,204	0	0	0	0				
Mar-17	374,734	0	0	0	0				
Apr-17	373,588	0	0	0	0				
May-17	373,132	0	0	0	0				
Jun-17	373,037	0	0	0	0				
Jul-17	372,126	0	0	0	0				
Aug-17	371,860	0	0	0	0				
Sep-17	370,594	0	0	0	0				
Oct-17	370,399	0	0	0	0				
Nov-17	370,228	0	0	0	0				
Dec-17	370,256	0	0	0	0				

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Jan-18	370,295	0	0	0	0				
Feb-18	368,922	0	0	0	0				
Mar-18	368,731	0	0	0	0				
Apr-18	367,472	0	0	0	0				
May-18	367,838	0	0	0	0				
Jun-18	367,118	0	0	0	0				
Jul-18	366,861	5	19	91	113				
Aug-18	366,263	9	17	95	458				
Sept-18	365,267	4	19	80	356				
Oct-18	365,265	4	22	93	401				
Nov-18	364,799	3	27	93	315				
Dec-18	364,252	4	17	96	201				
Jan-19	364,172	36	135	438	417				
Feb-19	362,491	32	120	413	395				
Mar-19	362,125	43	150	426	426				
Apr-19	361,626	57	136	473	526				
May-19	361,078	44	125	483	534				
June-19	360,263	65	150	577	573				
Jul-19	360,674	65	197	680	628				
Aug-19	360,213	66	243	746	482				
Sep-19	359,739	75	214	780	408				
Oct-19	359,188	74	237	886	469				
Nov-19	358,287	82	190	813	574				
Dec-19	358,575	59	213	940	559				
Jan-20	358,991	32	129	533	505				
Feb-20	358,889	24	125	480	441				
Mac-20	360,596	33	133	485	428				
Apr-20	364,087	42	109	383	304				
May-20	366,527	25	97	377	318				
Jun-20	369,311	46	157	553	199				
Jul-20	371,996	25	84	337	32				
Aug-20	374,843	29	107	353	38				
Sep-20	377,066	34	100	333	46				
Oct-20	379,086	26	93	370	43				
Nov-20	380,008	28	87	377	25				
Dec-20	381,502	39	100	444	24	6	5	30	0
Jan-21	382,657	16	57	224	30	5	7	32	1
Feb-21	382,706	25	89	294	18	10	7	42	2
Mar-21	384,048	21	86	315	28	9	14	48	2
Apr-21	385,365	25	98	367	14	7	14	48	1
May-21	386,553	31	85	310	25	15	13	49	1
Jun-21	387,611	17	37	163	20	14	11	37	0
Jul-21	389,200	25	102	366	19	8	10	37	2
Aug-21	391,258	19	90	319	19	7	10	34	4
Sep-21	392,684	17	85	329	15	3	8	27	5
Oct-21	394,012	24	120	406	10	3	6	28	2
Nov-21	395,171	14	76	279	8	4	3	27	1
Dec-21	396,462	5	37	197	3	0	1	19	0

Jan-22	398,300	0	7	33	0	0	0	3	0
Feb-22	399,156	0	0	0	0	0	0	0	0
Mar-22	400,291	0	0	0	0	0	0	0	0
Total	23,511,3 56	1349	4521	16830	10447	91	109	461	21

#### **Budget neutrality**

• HCA adopted CMS's budget neutrality monitoring tool and has been using the Performance Management Database and Analytics system to upload quarterly spreadsheets.

#### Designated state health programs (DSHP)

HCA continues to contract with MSLC to perform an independent audit based on agreed-upon
procedures to validate the accuracy of DSHP claims reported on the CMS-64 for calendar year (CY)
2020. Expected completion of the review is June 30, 2022.

## Overall MTP development and issues

#### **Operational/policy issues**

Within the state, there are several staff transitions occurring at the state and regional levels. There are no identified risks—but there is ongoing commitment from leadership—and program leads continue to coordinate closely as new program staff are onboarded.

#### **Consumer issues**

The state has not experienced any major consumer issues for DSRIP, FCS, LTSS, or the SUD and MH IMD waivers during this reporting period, other than general inquiries about benefits available through MTP.

#### MTP evaluation

- The independent external evaluator (IEE), Oregon Health and Science University's Center for Health Systems Effectiveness (CHSE), continued their active engagement on evaluation activities. The IEE's thirteenth <a href="rapid-cycle monitoring report">rapid-cycle monitoring report</a> was delivered on March 23, 2022, in compliance with the contracted deliverable timeline. This report covers October 1, 2021, through March 31, 2022. It presents findings in these areas:
  - Washington State's Medicaid system performance through December 2020, which
    includes key performance indicators in 10 measurement domains as well as an examination
    of equity and disparities among specific populations within measurement domains.
  - An analysis of the impact of two programs designed to offer older adults and their caregivers supportive alternatives to traditional Medicaid LTSS: TSOA and MAC. This analysis includes current rates of LTSS utilization and forecasts of expected future utilization.

#### Key findings (extracted from the IEE's thirteenth report)

- Most performance measures in this report include data from the first nine months of the COVID-19 pandemic in Washington State, as well as three months of data from the preceding time period.
   Effects of the pandemic are evident in results reported here but may continue to become more pronounced over time as the measurement period shifts to include less pre-pandemic data.
- COVID-19 created some unique barriers to accessing care in 2020. The rate of well-care visits for Medicaid members between the ages of three and twenty-one declined sharply, falling 12.5

percentage points compared with the previous year. Measures of access to oral health care followed a similar pattern, with a continued sharp decline in the fourth quarter of 2020. There have been declining rates of preventive screenings and access to primary care for adults. These declines coincide with the onset of the pandemic in Washington State.

- Rates of care received in emergency departments and acute hospital settings also declined sharply following the start of the pandemic. That downward trend persisted in the most recent quarter. These decreases likely represent barriers to access resulting from the COVID-19 pandemic.
- In contrast, some measures of health care access and quality improved during this period. Measures of access to SUD treatment reported improved. There have been positive trends for types of care that can be delivered virtually, including medication management for MH and chronic conditions.
- Finally, there continues to be notable inequities in health care access and quality among the subpopulations examined in this report. American Indian (AI)/Alaska Native (AN) members experienced markedly worse access to well-child visits, cancer screenings, and care related to chronic conditions. Black members were less likely to receive follow-up care after an emergency department visit for alcohol or other drug use, less likely to receive appropriate treatment for an opioid use disorder, and more likely to be prescribed opioids compared with other groups. Members with an SMI were more likely to be arrested and to experience homelessness.

#### Upcoming IEE activities

- Evaluation efforts are ongoing and future reports will continue to present updates and assessments of MTP in 2022. Washington State has extended MTP for a sixth year, with 2022 to serve as the final year.
- Once the hospital and practice survey has been administered and analyzed, the qualitative team will
  select organizations for interviews based on survey responses. Recruitment, data collection, and
  interview guide development are expected to begin shortly after survey data are cleaned and
  summarized. The qualitative team will also begin coding and analyzing data collected from the last
  round of ACH interviews. Preliminary FCS findings will be presented in an upcoming rapid-cycle
  monitoring report

# Summary of additional resources, enclosures, and attachments

#### **Additional resources**

To learn more about Washington's MTP, visit the <u>HCA website</u>. Receive notifications about MTP-related activities, new materials, and other information by <u>subscribing to HCA's GovDelivery topics</u> listed under "health transformation."

#### **Summary of attachments**

- Attachment A: state contacts
- Attachment B: Financial Executor Portal Dashboard, 01 2022
- Attachment C: 1115 SUD Demonstration Monitoring Report Part B
- Attachment D: 1115 SMI/SED Demonstration Monitoring Report Part B

## Attachment A: state contacts

Contact these individuals for questions within the following MTP-specific areas.

#### **Table 14: state contacts**

Area	Name	Title	Phone
MTP and quarterly reports	Chase Napier	Medicaid Transformation manager, HCA	360-725-0868
DSRIP program	Chase Napier	Medicaid Transformation manager, HCA	360-725-0868
LTSS program	Debbie Johnson	Initiative 2 program manager, DSHS	360-725-2531
FCS program	Matthew Christie	Program administrator, HCA	360-489-2021
SUD IMD waiver	David Johnson	Federal programs manager, HCA	360-725-9404
MH IMD waiver	David Johnson	Federal programs manager, HCA	360-725-9404

#### For mail delivery, use the following address:

Washington State Health Care Authority Policy Division Mail Stop 45502 628 8<sup>th</sup> Avenue SE Olympia, WA 98501

# Attachment B: Financial Executor Portal Dashboard, Q1 2022

<u>View this table on the HCA website</u>, which shows all funds earned and distributed through the FE portal through March 31, 2022.

# Attachment C: 1115 SUD Demonstration Monitoring Report – Part B

1. 1115-SUD-Monitoring-Report-Template-v2.0 Trend Narrative Reporting

*Updated 02/19/2020* 

Section	n Topic	Prompt (check corresponding box)	State Response	Measurement Period First Reported	Related metric (if any)
1.2.1	Assessment of Need and Qualification for SUD for Services tr	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to assessment of need and qualification for SUD services.	The monthly number of Medicaid beneficiaries with an SUD diagnosis has fluctuated slightly and seems to be trending downward slightly in more recent months. It is unknown if this is a true downward trend or not. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 - 06/30/2019	#3: Medicaid beneficiaries with SUD diagnosis (monthly)
			Due to unexpected data infrastructure updates, the state has no metrics trends to report for this reporting topic this quarter. The state anticipated reporting this metric next quarter.	07/01/2018 - 06/30/2019	#4: Medicaid beneficiaries with SUD diagnosis (annual)

			Due to unexpected data infrastructure updates, the state has no metrics trends to report for this reporting topic this quarter. The state anticipated reporting this metric next quarter.	07/01/2018 - 06/30/2019	#5: Medicaid beneficiaries treated in an IMD for SUD
2.2.1	Access to Critical Levels of Care for OUD and other SUDs (Milestone 1)	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to assessment of need and qualification for SUD services.	The monthly number of Medicaid beneficiaries with an SUD diagnosis who received any SUD treatment has fluctuated slightly and seems to be trending downward slightly in more recent months. It is unknown if this is a true downward trend or not. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 - 06/30/2019	#6: Any SUD Treatment
			The monthly number of Medicaid beneficiaries with an SUD diagnosis who received SBIRT has fluctuated slightly and seems to be trending downward slightly in more recent months. It is unknown if this is a true downward trend or not. Research within the state has highlighted some barriers to billing for SBIRT, including but not limited to staff turnover and uncertainty around reimbursement. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 - 06/30/2019	#7: Early Intervention

The monthly number of Medicaid beneficiaries with an SUD diagnosis who received outpatient SUD treatment has fluctuated slightly and seems to be trending downward slightly in more recent months. It is unknown if this is a true downward trend or not. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 - 06/30/2019	#8: Outpatient Services
The monthly number of Medicaid beneficiaries with an SUD diagnosis who received residential and inpatient SUD treatment has fluctuated slightly and seems to be trending downward slightly in more recent months. It is unknown if this is a true downward trend or not. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 - 06/30/2019	#10: Residential and Inpatient Services
The monthly number of Medicaid beneficiaries with an SUD diagnosis who received withdrawal management SUD treatment has fluctuated slightly and seems to be trending downward slightly in more recent months. It is unknown if this is a true downward trend or not. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is	04/01/2019 - 06/30/2019	#11: Withdrawal Management

		unknown. Any changes in trends should be interpreted with caution.
		The monthly number of Medicaid beneficiaries with an SUD diagnosis who received MAT SUD treatment has fluctuated slightly and seems to be trending downward slightly in more recent months. It is unknown if this is a true downward trend or not. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.
		Due to unexpected data infrastructure updates, the state has no metrics trends to report for this reporting topic this quarter. The state anticipated reporting this metric next quarter.
3.2.1	Use of Evidence-based, SUD-specific Patient Placement Criteria (Milestone 2)	The state has no metrics trends to report for this reporting topic.
4.2.1	Use of Nationally Recognized SUD Program Standards to Set Provider	The state has no metrics trends to report for this reporting topic.

	Qualifications for Residential Treatment Facilities (Milestone 3)				
5.2.1	Sufficient Provider Capacity at Critical Levels of Care including for Medication Assisted Treatment for OUD	The state reports the following metric trends, including all changes (+ or -) greater than 2	Due to unexpected data infrastructure updates, the state has no metrics trends to report for this reporting topic this quarter. The state anticipated reporting this metric next quarter.	07/01/2018 - 06/30/2019	#13: SUD provider availability
	(Milestone 4)	percent related to assessment of need and qualification for SUD services.	Due to unexpected data infrastructure updates, the state has no metrics trends to report for this reporting topic this quarter. The state anticipated reporting this metric next quarter.	07/01/2018 - 06/30/2019	#14: SUD provider availability – MAT
Address Opioid Abuse	Comprehensive Treatment and Prevention Strategies to	greater than 2	The state has no metrics trends to report for this reporting topic this quarter.	01/01/2017 - 12/31/2017	#15: Initiation and Engagement of Alcohol and Other Drug Treatment
	Address Opioid Abuse and OUD (Milestone 5)		The state has no metrics trends to report for this reporting topic this quarter.	01/01/2018 – 12/31/2018	#18: Use of Opioids at High Dosage in Persons without Cancer (modified by State)
		SUD services.	The state has no metrics trends to report for this reporting topic this quarter.	01/01/2018 – 12/31/2018	#21: Concurrent Use of Opioids and Benzodiazepines (modified by State)
			The state has no metrics trends to report for this reporting topic this quarter.	01/01/2018 – 12/31/2018	#22: Continuity of Pharmacotherapy for Opioid Use Disorder (modified by State)
7.2.1	Improved Care Coordination and Transitions between Levels of Care	Coordination and following metric trends, including all	The state has no metrics trends to report for this reporting topic this quarter.	01/01/2017 - 12/31/2017	#17(1): Follow-Up after Emergency Department Visit for Alcohol or Other Drug Dependence
	(Milestone 6) gr	greater than 2 percent related to assessment of need	The state has no metrics trends to report for this reporting topic this quarter.	01/01/2017 - 12/31/2017	#17(2): Follow-Up after Emergency Department Visit for Mental Illness

		and qualification for SUD services.			
	SUD Health Information Technology	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to assessment of need and qualification for	Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	07/01/2017 - 06/30/2018	Q1: PDMP Statewide Fatal Drug Overdoses – All, All Opioids, Heroin, Prescription Opioids (excluding synthetic opioids), Synthetic Opioids (not Methadone)
		SUD services.	Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	07/01/2018 – 06/30/2019	Q2: Substance Use Disorder Treatment Penetration Rate
			Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	07/01/2018 - 06/30/2019	Q3: Foundational Community Supports Beneficiaries with Inpatient or Residential SUD Services
9.2.1	Other SUD-Related Metrics	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to assessment of need and qualification for SUD services.	The rate of emergency department utilization for SUD has remained relatively stable over the last 6 months. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 - 06/30/2019	#23: Emergency Department Utilization for SUD per 1,000 Medicaid Beneficiaries
			The rate of inpatient stays for SUD has remained relatively stable over the last 6 months. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is	04/01/2019 - 06/30/2019	#24: Inpatient Stays for SUD per 1,000 Medicaid Beneficiaries

unknown. Any c be interpreted v	hanges in trends should vith caution.	
the receipt of th	the COVID-19 mpact of COVID-19 on ese services is hanges in trends should	
Due to unexpect updates, the state to report for this	ed data infrastructure te has no metrics trends to reporting topic this te anticipated reporting	
updates, the state to report for this	ed data infrastructure te has no metrics trends reporting topic this te anticipated reporting quarter.  07/01/20 06/30/20	
	metrics trends to 01/01/20 eporting topic this 12/31/20	

State	Washington State
<b>Demonstration name</b>	Washington State Medicaid Transformation Project No. 11-W-00304/0
Approval date for demonstration	January 9, 2017
Approval period for SUD	July 1, 2018-December 31, 2022
Approval date for SUD, if different from above	July 17, 2018
Implementation date of SUD, if different from above	July 1, 2018
SUD (or if broader demonstration, then SUD - related) demonstration goals and objectives	Under Washington's 1115 demonstration waiver, the SUD program allows the state to receive Federal Financial Participation (FFP) for Medicaid recipients residing in institutions for mental disease (IMDs) under the terms of this demonstration for coverage of medical assistance including opioid use disorder (OUD)/substance use disorder (SUD) benefits that would otherwise be matchable if the beneficiary were not residing in an IMD.  Under this demonstration, beneficiaries will have access to high quality, evidence-based OUD and other SUD treatment services ranging from medically supervised withdrawal management to ongoing chronic care for these conditions in cost-effective settings while also improving care coordination and care for comorbid physical and mental health conditions.  Expenditure authority will allow the state to improve existing SUD services and ensure the appropriate level of treatment is provided, increase the availability of medication assisted treatment (MAT), and enhance coordination between levels of care. The state will continue offering a full range of SUD treatment options using the American Society for Addiction Medicine (ASAM) criteria for assessment and treatment decision making. Medical assistance including opioid use disorder (OUD)/substance use disorder (SUD) benefits that would otherwise be matchable if the beneficiary were not residing in an IMD.

## 2. Executive Summary

Washington State's 1115 SUD demonstration is proceeding smoothly, and we have aligned our systems with the required milestones. The trend data shows some fluctuations. With the exception of the rate of emergency department utilization and the rate of inpatient stays for SUD, several trends appear to be moving downward, however, these measurement periods coincide with the COVID-19 pandemic and the impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.

Narrative information on implementation, by milestone and reporting topic

Prompt	State response	Measurement period first reported (MM/DD/YYYY - MM/DD/YYYY)	Related metric (if any)
1.2 Assessment of Need and Qualification for	r SUD Services		
1.2.1 Metric Trends			
☑ The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to assessment of need and qualification for SUD services.	The monthly number of Medicaid beneficiaries with an SUD diagnosis has fluctuated slightly and seems to be trending downward slightly in more recent months. It is unknown if this is a true downward trend or not. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 - 06/30/2019	#3: Medicaid beneficiaries with SUD diagnosis (monthly)
	Due to unexpected data infrastructure updates, the state has no metrics trends to report for this reporting topic this quarter. The state anticipated reporting this metric next quarter.	07/01/2018 - 06/30/2019	#4: Medicaid beneficiaries with SUD diagnosis (annual)
	Due to unexpected data infrastructure updates, the state has no metrics trends to report for this reporting topic this quarter. The state anticipated reporting this metric next quarter.	07/01/2018 - 06/30/2019	#5: Medicaid beneficiaries treated in an IMD for SUD
☐ The state has no metrics trends to report for	this reporting topic.		
1.2.2 Implementation Update			
Compared to the demonstration design and operational details, the state expects to make the following changes to:			

$\square$ ii) The clinical criteria (e.g., SUD			
diagnoses) that qualify a beneficiary for			
the demonstration.			
☑ The state has no implementation update to	report for this reporting topic.		
☐ The state expects to make other program			
changes that may affect metrics related to			
assessment of need and qualification for SUD			
services.			
☑ The state has no implementation update to	report for this reporting topic.		
2.2 Access to Critical Levels of Care for OUD			
2.2.1 Metric Trends			
☑ The state reports the following metric	The monthly number of Medicaid beneficiaries with an	04/01/2019 - 06/30/2019	#6: Any SUD
trends, including all changes (+ or -) greater	SUD diagnosis who received any SUD treatment has		Treatment
than 2 percent related to Milestone 1.	fluctuated slightly and seems to be trending downward		
•	slightly in more recent months. It is unknown if this is a		
	true downward trend or not. Note: This measurement		
	period occurred during the COVID-19 pandemic. The		
	impact of COVID-19 on the receipt of these services is		
	unknown. Any changes in trends should be interpreted		
	with caution.		
	The monthly number of Medicaid beneficiaries with an	04/01/2019 - 06/30/2019	#7: Early
	SUD diagnosis who received SBIRT has fluctuated		Intervention
	slightly and seems to be trending downward slightly in		
	more recent months. It is unknown if this is a true		
	downward trend or not. Research within the state has		
	highlighted some barriers to billing for SBIRT, including		
	but not limited to staff turnover and uncertainty around		
	reimbursement. Note: This measurement period		
	occurred during the COVID-19 pandemic. The impact of		
	COVID-19 on the receipt of these services is unknown.		
	Any changes in trends should be interpreted with		
	caution.		
	The monthly number of Medicaid beneficiaries with an	04/01/2019 - 06/30/2019	#8: Outpatient
	SUD diagnosis who received outpatient SUD treatment		Services
	has fluctuated slightly and seems to be trending		
	downward slightly in more recent months. It is unknown		
	if this is a true downward trend or not. Note: This		

	measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.  The monthly number of Medicaid beneficiaries with an SUD diagnosis who received residential and inpatient SUD treatment has fluctuated slightly and seems to be trending downward slightly in more recent months. It is unknown if this is a true downward trend or not. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 - 06/30/2019	#10: Residential and Inpatient Services
	The monthly number of Medicaid beneficiaries with an SUD diagnosis who received withdrawal management SUD treatment has fluctuated slightly and seems to be trending downward slightly in more recent months. It is unknown if this is a true downward trend or not. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 - 06/30/2019	#11: Withdrawal Management
	The monthly number of Medicaid beneficiaries with an SUD diagnosis who received MAT SUD treatment has fluctuated slightly and seems to be trending downward slightly in more recent months. It is unknown if this is a true downward trend or not. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 - 06/30/2019	#12: Medication Assisted Treatment
☐ The state has no metrics trends to report for	Due to unexpected data infrastructure updates, the state has no metrics trends to report for this reporting topic this quarter. The state anticipated reporting this metric next quarter.	07/01/2018 - 06/30/2019	#36: Average Length of Stay in IMDs

2.2.2 Implementation Update		
Compared to the demonstration design and		
operational details, the state expects to make		
the following changes to:		
$\square$ i) Planned activities to improve access to		
SUD treatment services across the		
continuum of care for Medicaid		
beneficiaries (e.g., outpatient services,		
intensive outpatient services, medication		
assisted treatment, services in intensive		
residential and inpatient settings, medically		
supervised withdrawal management).		
$\square$ ii) SUD benefit coverage under the		
Medicaid state plan or the Expenditure		
Authority, particularly for residential		
treatment, medically supervised		
withdrawal management, and medication		
assisted treatment services provided to		
individuals in IMDs.		
oximes The state has no implementation update to r	report for this reporting topic.	
☐ The state expects to make other program		
changes that may affect metrics related to		
Milestone 1.		
☑ The state has no implementation update to r	report for this reporting topic.	
3.2 Use of Evidence-based, SUD-specific Pati		
3.2.1 Metric Trends	,	
☐ The state reports the following metric		
trends, including all changes (+ or -) greater		
than 2 percent related to Milestone 2.		
☐ The state has no trends to report for this rep	orting topic.	
☐ The state is not reporting metrics related to	Milestone 2.	
3.2.2 Implementation Update		
Compared to the demonstration design and		 
operational details, the state expects to make		
the following changes to:		

☐ i) Planned activities to improve providers' use of evidence-based, SUD-specific placement criteria ☐ ii) Implementation of a utilization management approach to ensure: (a) beneficiaries have access to SUD services at the appropriate level of care? (b) interventions are appropriate for the diagnosis and level of care? (c) use of independent process for reviewing placement in residential treatment settings?			
Are there any other anticipated program changes that may impact metrics related to the use of evidence-based, SUD-specific patient placement criteria (if the state is reporting such metrics)? If so, please describe these changes.			
☐ The state has no implementation update to r	enort for this reporting topic.	'	
• •	ic Program Standards to Set Provider Qualifications for	Residential Treatment Faci	lities
4.2.1 Metric Trends			
☐ The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 3.			
☐ The state is reporting metrics related to Milestone 3, but has no metrics trends to report for this reporting topic.			
☑ The state has no trends to report for this rep	orting topic.		
4.2.2 Implementation Update			
Compared to the demonstration design and operational details, the state expects to make the following changes to:  □ i) Implementation of residential			
treatment provider qualifications that meet the ASAM Criteria or other nationally			

recognized, SUD-specific program standards.			
☐ ii) State review process for residential			
treatment providers' compliance with			
qualifications standards.			
☐ iii) Availability of medication assisted			
treatment at residential treatment			
facilities, either on-site or through			
facilitated access to services off site.			
☑ The state has no implementation update to r	report for this reporting topic.		
☐ The state expects to make other program			
changes that may affect metrics related to			
Milestone 3.			
☐ The state has no implementation update to r	report for this reporting topic.		
☐ The state is not reporting metrics related to	<u> </u>		
	evels of Care including for Medication Assisted Treatme	ent for OUD (Milestone 4)	
5.2.1 Metric Trends	<u> </u>	Ì	
☑ The state reports the following metric	Due to unexpected data infrastructure updates, the state	07/01/2018 -	#13: SUD
trends, including all changes (+ or -) greater	has no metrics trends to report for this reporting topic	06/30/2019	provider
than 2 percent related to Milestone 4.	this quarter. The state anticipated reporting this metric		availability
	next quarter.	07/04/0040	".4.4. GYYD
	Due to unexpected data infrastructure updates, the state	07/01/2018 -	#14: SUD
	has no metrics trends to report for this reporting topic	06/30/2019	provider
	this quarter. The state anticipated reporting this metric next quarter.		availability – MAT
☐ The state has no trends to report for this rep	•		MAI
The state has no trends to report for this rep	or trig topic.		
5.2.2 Implementation Update			
Compared to the demonstration design and			
operational details, the state expects to make the following changes to:			
☐ Planned activities to assess the availability			
of providers enrolled in Medicaid and			
accepting new patients in across the			
continuum of SUD care.			

☐ The state has no implementation update to report for this reporting topic.			
☐ The state expects to make other program			
changes that may affect metrics related to			
Milestone 4.			
☑ The state has no implementation update to	report for this reporting topic.		
	ntment and Prevention Strategies to Address Opioid Abu	ise and OUD (Milestone 5)	
6.2.1 Metric Trends	•	,	
☑ The state reports the following metric	The state has no metrics trends to report for this	01/01/2017 - 12/31/2017	#15: Initiation
trends, including all changes (+ or -) greater	reporting topic this quarter.		and
than 2 percent related to Milestone 5.			Engagement of
1			Alcohol and
			Other Drug
			Treatment
	The state has no metrics trends to report for this	01/01/2018 - 12/31/2018	#18: Use of
	reporting topic this quarter.		Opioids at High
			Dosage in
			Persons
			without Cancer
			(modified by
		01 /01 /2010 12 /21 /2010	State)
	The state has no metrics trends to report for this	01/01/2018 - 12/31/2018	#21:
	reporting topic this quarter.		Concurrent Use
			of Opioids and Benzodiazepine
			s (modified by
			State)
	The state has no metrics trends to report for this	01/01/2018 - 12/31/2018	#22: Continuity
	reporting topic this quarter.	01,01,2010 12,01,2010	of
	- aparame copio amo quartor.		Pharmacothera
			py for Opioid
			Use Disorder
			(modified by
			State)
☐ The state has no trends to report for this rep	porting topic.		•

6.2.2 Implementation Update			
Compared to the demonstration design and			
operational details, the state expects to make			
the following changes to:			
$\square$ i) Implementation of opioid prescribing			
guidelines and other interventions related			
to prevention of OUD.			
$\square$ ii) Expansion of coverage for and access			
to naloxone.			
$oxedsymbol{\boxtimes}$ The state has no implementation update to r	eport for this reporting topic.		
☐ The state expects to make other program			
changes that may affect metrics related to			
Milestone 5.			
☑ The state has no implementation update to r	report for this reporting topic.		
7.2 Improved Care Coordination and Transi	· · · · · · · · · · · · · · · · · · ·		
7.2.1 Metric Trends	·		
■ The state reports the following metric	The state has no metrics trends to report for this	01/01/2017 - 12/31/2017	#17(1): Follow-
trends, including all changes (+ or -) greater	reporting topic this quarter.		Up after
than 2 percent related to Milestone 6.			Emergency
			Department
			Visit for Alcohol
			or Other Drug
	ml	01/01/2017 12/21/2017	Dependence
	The state has no metrics trends to report for this	01/01/2017 - 12/31/2017	#17(2): Follow-
	reporting topic this quarter.		Up after Emergency
			Department
			Visit for Mental
			Illness
☐ The state has no trends to report for this rep	orting topic.		
7.2.2 Implementation Update	<u> </u>		
Compared to the demonstration design and			
operational details, the state expects to make			
the following changes to:			
☐ Implementation of policies supporting			
beneficiaries' transition from residential			

and inpatient facilities to community-based services and supports.			
☑ The state has no implementation update to	report for this reporting topic.		
☐ The state expects to make other program changes that may affect metrics related to Milestone 6.			
☑ The state has no implementation update to	• • • • • • • • • • • • • • • • • • • •		
8.2 SUD Health Information Technology (Health Section 1988)	earth 11)		
	N . ml	05 104 10045	04 PPMP
☑ The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to its Health IT metrics.	Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	07/01/2017 - 06/30/2018	Q1: PDMP Statewide Fatal Drug Overdoses – All, All Opioids, Heroin, Prescription Opioids (excluding synthetic opioids), Synthetic Opioids (not Methadone)
	Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	07/01/2018 - 06/30/2019	Q2: Substance Use Disorder Treatment Penetration Rate
	Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	07/01/2018 - 06/30/2019	Q3: Foundational Community Supports Beneficiaries with Inpatient or Residential SUD Services

$\Box$ The state has no trends to report for this rep	orting topic.	
8.2.2 Implementation Update		
Compared to the demonstration design and		
operational details, the state expects to make		
the following changes to:		
$\square$ i) How health IT is being used to slow		
down the rate of growth of individuals		
identified with SUD.		
$\square$ ii) How health IT is being used to treat		
effectively individuals identified with SUD.		
$\square$ iii) How health IT is being used to		
effectively monitor "recovery" supports		
and services for individuals identified with		
SUD.		
$\square$ iv) Other aspects of the state's plan to		
develop the health IT		
infrastructure/capabilities at the state,		
delivery system, health plan/MCO, and		
individual provider levels.		
$\square$ v) Other aspects of the state's health IT		
implementation milestones.		
$\square$ vi) The timeline for achieving health IT		
implementation milestones.		
$\square$ vii) Planned activities to increase use		
and functionality of the state's		
prescription drug monitoring program.		
☑ The state has no implementation update to r	eport for this reporting topic.	
☐ The state expects to make other program		
changes that may affect metrics related to		
Health IT.		
oxtimes The state has no implementation update to r	eport for this reporting topic.	ı

9.2 Other SUD-Related Metrics			
9.2.1 Metric Trends  ☐ The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to other SUD-related metrics.	The rate of emergency department utilization for SUD has remained relatively stable over the last 6 months. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 – 06/30/2019	#23: Emergency Department Utilization for SUD per 1,000 Medicaid Beneficiaries
	The rate of inpatient stays for SUD has remained relatively stable over the last 6 months. Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	04/01/2019 - 06/30/2019	#24: Inpatient Stays for SUD per 1,000 Medicaid Beneficiaries
	Note: This measurement period occurred during the COVID-19 pandemic. The impact of COVID-19 on the receipt of these services is unknown. Any changes in trends should be interpreted with caution.	07/01/2018 - 06/30/2019	#25: Readmissions Among Beneficiaries with SUD
	Due to unexpected data infrastructure updates, the state has no metrics trends to report for this reporting topic this quarter. The state anticipated reporting this metric next quarter.	07/01/2017 - 06/30/2018	#26: Overdose Deaths (count)
	Due to unexpected data infrastructure updates, the state has no metrics trends to report for this reporting topic this quarter. The state anticipated reporting this metric next quarter.	07/01/2017 - 06/30/2018	#27: Overdose Deaths (Rate)
	The state has no metrics trends to report for this reporting topic this quarter.	01/01/2017 – 12/31/2017	#40: Access to Preventive/Am bulatory Health Services for Adult Medicaid Beneficiaries with SUD.
☐ The state has no trends to report for this re	porting topic.		

9.2.2 Implementation Update		
☐ The state expects to make other program		
changes that may affect metrics related to		
other SUD-related metrics.		
☐ The state has no implementation update to r	report for this reporting tonic	
10.2 Budget Neutrality	eport for time reporting topics	
10.2.1 Current status and analysis		
☐ If the SUD component is part of a broader		
demonstration, the state should provide an		
analysis of the SUD-related budget neutrality		
and an analysis of budget neutrality. Describe		
the status of budget neutrality and an		
analysis of the budget neutrality to date.		
oxtimes The state has no metrics trends to report for	this reporting topic.	
10.2.2 Implementation Update		
☐ The state expects to make other program		
changes that may affect budget neutrality		
☑ The state has no implementation update to r	report for this reporting topic.	
11.1 SUD-Related Demonstration Operation	is and Policy	
11.1.1 Considerations		
$\square$ States should highlight significant SUD (or		
if broader demonstration, then SUD-related)		
demonstration operations or policy		
considerations that could positively or		
negatively affect beneficiary enrollment,		
access to services, timely provision of		
services, budget neutrality, or any other		
provision that has potential for beneficiary		
impacts. Also note any activity that may accelerate or create delays or impediments in		
achieving the SUD demonstration's approved		
goals or objectives, if not already reported		
elsewhere in this document. See report		
template instructions for more detail.		
•		
☑ The state has no related considerations to re	eport for this reporting topic.	

11.1.2 Implementation Update			
Compared to the demonstration design and			
operational details, the state expects to make			
the following changes to:			
$\square$ i) How the delivery system operates			
under the demonstration (e.g., through the			
managed care system or fee for service).			
☐ ii) Delivery models affecting			
demonstration participants (e.g.,			
Accountable Care Organizations, Patient			
Centered Medical Homes).			
☐ iii) Partners involved in service			
delivery.			
$\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $	report for this reporting topic.		
$\square$ The state experienced challenges in			
partnering with entities contracted to help			
implement the demonstration (e.g., health			
plans, credentialing vendors, private sector			
providers) and/or noted any performance			
issues with contracted entities.			
☑ The state has no implementation update to r	report for this reporting topic.		
$\square$ The state is working on other initiatives			
related to SUD or OUD.			
☑ The state has no implementation update to r	report for this reporting tonic		
☐The initiatives described above are related	opororor and roper and sopre.		
to the SUD or OUD demonstration (States			
should note similarities and differences from			
the SUD demonstration).			
<u> </u>			
☑ The state has no implementation update to r	· · · · · · · · · · · · · · · · · · ·		
12.1 SUD Demonstration Evaluation Update			
12.1.1 Narrative Information			
$\square$ Provide updates on SUD evaluation work			
and timeline. The appropriate content will			
depend on when this report is due to CMS			

and the timing for the demonstration. See report template instructions for more details.		
☑ The state has no SUD demonstration evaluat	ion update to report for this reporting topic.	
☐ Provide status updates on deliverables related to the demonstration evaluation and indicate whether the expected timelines are being met and/or if there are any real or anticipated barriers in achieving the goals and timeframes agreed to in the STCs.		
oxtimes The state has no SUD demonstration evaluat	ion update to report for this reporting topic.	
☐ List anticipated evaluation-related deliverables related to this demonstration and their due dates.		
☑ The state has no SUD demonstration evaluat	ion update to report for this reporting topic.	
13.1 Other Demonstration Reporting		
13.1.1 General Reporting Requirements		
☐ The state reports changes in its implementation of the demonstration that might necessitate a change to approved STCs, implementation plan, or monitoring protocol.		
☑ The state has no updates on general require	nents to report for this reporting topic.	
☐ The state anticipates the need to make future changes to the STCs, implementation plan, or monitoring protocol, based on expected or upcoming implementation changes.		
☑ The state has no updates on general require	nents to report for this reporting topic.	
Compared to the demonstration design and operational details, the state expects to make the following changes to:		
<ul><li>□ i) The schedule for completing and submitting monitoring reports.</li></ul>		

☐ ii) The content or completeness of submitted reports and/or future reports.			
☑ The state has no updates on general require	ments to report for this reporting topic.		
☐ The state identified real or anticipated issues submitting timely post-approval demonstration deliverables, including a plan for remediation			
☑ The state has no updates on general require	ments to report for this reporting topic.		
13.1.2 Post-Award Public Forum	1 0 1		
☐ If applicable within the timing of the demonstration, provide a summary of the annual post-award public forum held pursuant to 42 CFR § 431.420(c) indicating any resulting action items or issues. A summary of the post-award public forum must be included here for the period during which the forum was held and in the annual report.			
to report for this topic.	g this reporting period and this is not an annual report, so th	ne state has no post-award pul	olic forum update
14.1 Notable State Achievements and/or Int	novations		
14.1 Narrative Information  □ Provide any relevant summary of achievements and/or innovations in demonstration enrollment, benefits, operations, and policies pursuant to the hypotheses of the SUD (or if broader demonstration, then SUD related) demonstration or that served to provide better care for individuals, better health for populations, and/or reduce per capita cost. Achievements should focus on significant impacts to beneficiary outcomes. Whenever possible, the summary should describe the			

achievement or innovation in quantifiable terms, e.g., number of impacted beneficiaries.

☑ The state has no notable achievements or innovations to report for this reporting topic.

Note: Licensee and states must prominently display the following notice on any display of Measure rates:

The IET-AD, FUA-AD, FUM-AD, and AAP measures (metrics #15, 17 (1), and 17 (2), and 32) are Healthcare Effectiveness Data and Information Set ("HEDIS®") measures that are owned and copyrighted by the National Committee for Quality Assurance ("NCQA"). NCQA makes no representations, warranties, or endorsement about the quality of any organization or physician that uses or reports performance measures and NCQA has no liability to anyone who relies on such measures or specifications.

The measure specification methodology used by CMS is different from NCQA's methodology. NCQA has not validated the adjusted measure specifications but has granted CMS permission to adjust. Calculated measure results, based on the <u>adjusted HEDIS</u> specifications, may be called only "Uncertified, Unaudited HEDIS rates."

Certain non-NCQA measures in the CMS 1115 Substance Use Disorder Demonstration contain HEDIS Value Sets (VS) developed by and included with the permission of the NCQA. Proprietary coding is contained in the VS. Users of the proprietary code sets should obtain all necessary licenses from the owners of these code sets. NCQA disclaims all liability for use or accuracy of the VS with the non-NCQA measures and any coding contained in the VS

## Attachment D: 1115 SMI/SED Demonstration Monitoring Report – Part B

1. 1115-SMI/SED Demonstration-Monitoring-Report Trend Narrative Reporting

State	Washington
Demonstration name	Washington State Medicaid Transformation Project No. 11-W-00304/0
Approval date for demonstration	January 9, 2017
Approval period for SMI/SED	November 6, 2020-December 31, 2022
Approval date for SMI/SED, if different from above	November 6. 2020
Implementation date of SMI/SED, if different from above	December 23, 2020
SMI/SED (or if broader demonstration, then SMI/SED -related) demonstration goals and objectives	This demonstration amendment will provide authority for the state to receive FFP for delivering treatment to Medicaid beneficiaries diagnosed with SMI while they are short-term residents in settings that qualify as IMDs, primarily to receive treatment for SMI. The goal of this amendment is for the state to maintain and enhance access to mental health services, and continue delivery system improvements to provide more coordinated and comprehensive treatment for beneficiaries with SMI. With this approval, beneficiaries will have access to a continuum of services at new settings that, absent this amendment, would be ineligible for payment for most Medicaid enrollees.

## 2. Executive Summary

The SMI-IMD Monitoring Protocol appendix contains the current quarter of reporting (tab SMI-SED metrics\_DY6Q1) as well as all the required back reporting to the start of the baseline year (tabs SMI-SED metrics\_JanMar2020 through SMI-SED metrics\_AprJun2021). Per prior discussions with CMS, the state did not include the standardized definition of SMI and state-specific definition of SMI subpopulation reporting. The development of the state-specific definition of SMI is ongoing. The state also identified some reporting issues that are further described in the SMI-SED reporting issues tab. The state anticipates resolving these reporting issues over the next quarter. In addition, caution is advised when looking across quarters due to the impact of the COVID-19 pandemic on access to behavioral health services starting in March 2020.

With approval of the monitoring protocol, this is the first monitoring report submitted for Washington State's 1115 SMI/SED Demonstration.

Trend information will be available once we have all the metrics completed with at least two time periods for each metric. Ideally next quarter.

Narrative information on implementation, by milestone and reporting topic

Prompt	State response	Measurement period first reported (MM/DD/YYYY - MM/DD/YYYY)	Related metric (if any)
	Hospitals and Residential Settings (Milestone 1)		
1.2.1 Metric Trends			
☐ The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 1.			
☐ The state has no metrics trends to report for	this reporting topic.		
1.2.2 Implementation Update			
Compared to the demonstration design and operational details, the state expects to make the following changes to:  □ i) The licensure or accreditation processes for participating hospitals and residential settings □ii) The oversight process (including unannounced visits) to ensure participating hospital and residential settings meet state's licensing or certification and accreditation requirements			
☐ iii) The utilization review process to ensure beneficiaries have access to the appropriate levels and types of care and to provide oversight on lengths of stay			

☐ iv) The program integrity requirements and compliance assurance process		
☐ v) The state requirement that psychiatric hospitals and residential		
settings screen beneficiaries for		
comorbid physical health conditions, SUDs, and suicidal ideation, and facilitate		
access to treatment for those conditions		
$\square$ vi) Other state requirements/policies to		
ensure good quality of care in inpatient and residential treatment settings		
☐ The state has no implementation update to r	report for this reporting topic.	
☐ The state expects to make the following	character are referenced as being	
program changes that may affect metrics		
related to Milestone 1.		
☐ The state has no implementation update to r	<u> </u>	
2.2 Improving Care Coordination and Trans 2.2.1 Metric Trends	itions to Community-Based Care (Milestone 2)	
☐ The state reports the following metric		
trends, including all changes (+ or -) greater		
than 2 percent related to Milestone 2.		
oxtimes The state has no metrics trends to report for	this reporting topic.	
2.2.2 Implementation Update		
Compared to the demonstration design and		
operational details, the state expects to		
make the following changes to:		
☐ i) Actions to ensure that psychiatric hospitals and residential treatment		
settings carry out intensive predischarge		
planning, and include community-based		
providers in care transitions		
$\square$ ii) Actions to ensure psychiatric		
hospitals and residential settings assess		
beneficiaries' housing situations and		

coordinate with housing services providers		
☐ iii) State requirement to ensure psychiatric hospitals and residential		
settings contact beneficiaries and		
community-based providers within 72 hours post discharge		
$\square$ iv) Strategies to prevent or decrease		
the lengths of stay in EDs among beneficiaries with SMI or SED (e.g.,		
through the use of peers and psychiatric		
consultants in EDs to help with discharge		
and referral to treatment providers)		
□ v) Other State requirements/policies to improve care coordination and connections		
to community based care		
oxtimes The state has no implementation update to $oxtimes$	report for this reporting topic.	
☐ The state expects to make other program		
changes that may affect metrics related to Milestone 2.		
☑ The state has no implementation update to n		
3.2 Access to Continuum of Care, Including (	Crisis Stabilization (Milestone 3)	
3.2.1 Metric Trends		I
☐ The state reports the following metric		
trends, including all changes (+ or -) greater than 2 percent related to Milestone 3.		
☐ The state has no trends to report for this rep	porting topic.	ı
3.2.2 Implementation Update	U I	
Compared to the demonstration design and		
operational details, the state expects to make		
the following changes to:		
$\square$ i) State requirement that providers use		
an evidenced-based, publicly available		
patient assessment tool to determine appropriate level of care and length of stay		
appropriate level of care and length of stay		

☐ ii) Other state requirements/policies			
to improve access to a full continuum of care including crisis stabilization			
☐ The state has no implementation update to n	report for this reporting topic.		
$\square$ The state expects to make other program			
changes that may affect metrics related to			
Milestone 3.	amout for this you outing tonic		
☐ The state has no implementation update to a	report for this reporting topic.  Treatment, Including Through Increased Integration (	Milostono 4)	
4.2.1 Metric Trends	i Treatment, including Through increased integration (	Milestolle 4)	
☐ The state reports the following metric			
trends, including all changes (+ or -) greater			
than 2 percent related to Milestone 4.			
☐ The state has no trends to report for this rep	orting topic.		
4.2.2 Implementation Update			
Compared to the demonstration design and			
operational details, the state expects to make			
the following changes to:			
$\square$ i) Strategies for identifying and			
engaging beneficiaries in treatment sooner			
(e.g., with supported education and employment)			
• •			
☐ ii) Plan for increasing integration of			
behavioral health care in non-specialty settings to improve early identification of			
SED/SMI and linkages to treatment			
☐ iii) Establishment of specialized			
settings and services, including crisis			
stabilization services, focused on the			
needs of young people experiencing SMI			
or SED			
$\square$ iv) Other state strategies to increase			
earlier identification/engagement,			
integration, and specialized programs for			
young people			
$oximes$ The state has no implementation update to ${f r}$	report for this reporting topic.		

☐ The state expects to make other program changes that may affect metrics related to Milestone 4.		
oxtimes The state has no implementation update to $oxtimes$	report for this reporting topic.	
5.2 SMI/SED Health Information Technology	y (Health IT)	
5.2.1 Metric Trends		
☐ The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to its health IT metrics.		
oxtimes The state has no trends to report for this rep	porting topic.	
5.2.2 Implementation Update		
Compared to the demonstration design and operational details, the state expects to make the following changes to:  □ i) The three statements of assurance made in the state's health IT plan □ ii) Closed loop referrals and e-referrals from physician/mental health provider to physician/mental health provider and/or physician/mental health provider to community based supports □ iii) Electronic care plans and medical		
records  □ iv) Individual consent being electronically captured and made accessible to patients and all members of the care team □ v) Intake, assessment and screening tools being part of a structured data capture process so that this information is interoperable with the rest of the health IT ecosystem □ vi) Telehealth technologies supporting		

collaborative care by facilitating broader availability of integrated mental health care and primary care		
□ vii) Alerting/analytics		
☐ viii) Identity management		
☐ The state has no implementation update to r	report for this reporting tonic	
☐ The state expects to make the following	eport for this reporting topic.	
program changes that may affect metrics		
related to health IT.		
☐ The state has no implementation update to r	report for this reporting topic.	
6.2 Other SMI/SED-Related Metrics		
6.2.1 Metric Trends		
$\square$ The state reports the following metric		
trends, including all changes (+ or -) greater		
than two 2 percent related to other SMI/SED-		
related metrics.		
☐ The state has no trends to report for this rep	orting topic.	
6.2.2 Implementation Update		
$\Box$ The state expects to make the following		
program changes that may affect other		
SMI/SED-related metrics.		
oximes The state has no implementation update to r	<u> </u>	
7.1 Annual Assessment of the Availability of		
7.1.1 Description Of Changes To Baseline Co	nditions And Practices	
☐ Describe and explain any changes in the		
mental health service needs (for example,		
prevalence and distribution of SMI/SED) of		
Medicaid beneficiaries with SMI/SED		
compared to those described in the Initial Assessment of Availability of Mental Health		
Services.		
Recommended word count is 500 words or		
less.		
oxtimes This is not an annual report, therefore the st	ate has no update to report for this reporting topic.	

□ Describe and explain any changes to the organization of the state's Medicaid behavioral health service delivery system compared to those described in the Initial Assessment of Availability of Mental Health Services. Recommended word count is 500 words or less.		
oxtimes This is not an annual report, therefore the st	ate has no update to report for this reporting topic.	 
□ Describe and explain any changes in the availability of mental health services for Medicaid beneficiaries with SMI/SED in the state compared to those described in the Initial Assessment of Availability of Mental Health Services. At minimum, explain any changes across the state in the availability of the following services: inpatient mental health services; outpatient and community-based services; crisis behavioral health services; and care coordination and care transition planning. Recommended word count is 500 words or less.		
☑ This is not an annual report, therefore the st	ate has no update to report for this reporting topic.	
□ Describe and explain any changes in gaps the state identified in the availability of mental health services or service capacity while completing the Availability Assessment compared to those described in the Initial Assessment of Availability of Mental Health Services.  Recommended word count is 500 words or less.		
☑This is not an annual report, therefore the sta	ate has no update to report for this reporting topic.	
7.1.2 Implementation Update		
☐ Compared to the demonstration design and operational details, the state expects to make the following changes to:		

☐ i) The state's strategy to conduct annual		
assessments of the availability of mental		
health providers across the state and		
updates on steps taken to increase availability		
,		
☐ ii) Strategies to improve state tracking		
of availability of inpatient and crisis stabilization beds		
☐ The state has no implementation update to i	report for this reporting topic.	
8.1 SMI/SED Financing Plan		
8.1.1 Implementation Update		
Compared to the demonstration design and		
operational details, the state expects to make		
the following changes to:		
☐ i) Increase availability of non-hospital,		
non-residential crisis stabilization services,		
including services made available through		
crisis call centers, mobile crisis units, and		
observation/assessment centers, with a coordinated community crisis response that		
involves law enforcement and other first		
responders		
☐ ii) Increase availability of on-going		
community-based services, e.g., outpatient,		
community mental health centers, partial		
hospitalization/day treatment, assertive		
community treatment, and services in		
integrated care settings such as the Certified		
Community Behavioral Health Clinic model		
☐ The state has no implementation update to i	report for this reporting topic.	
9.2 Budget Neutrality		
9.2.1 Current Status and Analysis		
$\square$ If the SMI/SED component is part of a		
broader demonstration, the state should		
provide an analysis of the SMI/SED-related		
budget neutrality and an analysis of budget		

neutrality as a whole. Describe the current status of budget neutrality and an analysis of the budget neutrality to date.			
9.2.2 Implementation Update			
☐ The state expects to make the following			
program changes that may affect budget			
neutrality.			
□ The state has no implementation update to a	report for this reporting topic.		I
10.1 SMI/SED-Related Demonstration Oper	ations and Policy		
10.1.1 Considerations			
$\square$ States should highlight significant			
SMI/SED (or if broader demonstration, then			
SMI/SED-related) demonstration operations			
or policy considerations that could positively			
or negatively impact beneficiary enrollment,			
access to services, timely provision of services, budget neutrality, or any other			
provision that has potential for beneficiary			
impacts. Also note any activity that may			
accelerate or create delays or impediments in			
achieving the SMI/SED demonstration's			
approved goals or objectives, if not already			
reported elsewhere in this document. See			
report template instructions for more detail.			
☑The state has no related considerations to re	port for this topic.		
10.1.2 Implementation Update			
$\square$ The state experienced challenges in			
partnering with entities contracted to help			
implement the demonstration (e.g., health			
plans, credentialing vendors, private sector			
providers) and/or noted any performance issues with contracted entities.			
issues with contracted entities.			
☑ The state has no implementation update to report for this reporting topic.			
$\Box$ The state is working on other initiatives			
related to SMI/SED.			

☑The state has no implementation update to report for this reporting topic.			
$\Box$ The initiatives described above are related			
to the SMI/SED demonstration as described			
(States should note similarities and			
differences from the SMI/SED demonstration).			
•			
oxtimes The state has no implementation update to r	eport for this reporting topic.		
Compared to the demonstration design and			
operational details, the state expects to			
make the following changes to:			
$\Box$ i) How the delivery system operates			
under the demonstration (e.g. through the managed care system or fee for			
service)			
☐ ii) Delivery models affecting			
demonstration participants (e.g.			
Accountable Care Organizations,			
Patient Centered Medical Homes)			
☐ iii) Partners involved in service			
delivery			
$\square$ iv) The state Medicaid agency's			
Memorandum of Understanding (MOU)			
or other agreement with its mental			
health services agency			
$\boxtimes$ The state has no implementation update to r	· · · · · · · · · · · · · · · · · · ·		
11 SMI/SED Demonstration Evaluation Upd	ate		
11.1. Narrative Information			
☐ Provide updates on SMI/SED evaluation			
work and timeline. The appropriate content			
will depend on when this report is due to CMS and the timing for the demonstration.			
See report template instructions for more			
details.			
□ The state has no SMI/SED demonstration ev	raluation undate to report		
M THE State has no smil/sed demonstration ev	aruation apuate to report.		

☐ Provide status updates on deliverables related to the demonstration evaluation and indicate whether the expected timelines are being met and/or if there are any real or anticipated barriers in achieving the goals and timeframes agreed to in the STCs.			
⊠The state has no SMI/SED demonstration eva	aluation update to report.		
☐ List anticipated evaluation-related deliverables related to this demonstration and their due dates.			
⊠The state has no SMI/SED demonstration eva	aluation update to report.		
12.1 Other Demonstration Reporting			
12.1.1 General Reporting Requirements			
☐ The state reports changes in its implementation of the demonstration that might necessitate a change to approved STCs, implementation plan, or monitoring protocol.			
☐ The state has no updates on general require	ments to report for this topic.		
☐ The state anticipates the need to make future changes to the STCs, implementation plan, or monitoring protocol, based on expected or upcoming implementation changes.			
☐ The state has no updates on general require	ments to report for this topic.		
☐ The state identified real or anticipated issues submitting timely post-approval demonstration deliverables, including a plan for remediation.	·		
☐ The state has no updates on general requirements to report for this topic.			
Compared to the demonstration design and operational details, the state expects to make the following changes to:			
☐ i) The schedule for completing and submitting monitoring reports			

☐ ii) The content or completeness of submitted reports and/or future reports			
□ The state has no updates on general require	ments to report for this topic.		
12.1.2 Post-Award Public Forum			
☐ If applicable within the timing of the demonstration, provide a summary of the annual post-award public forum held pursuant to 42 CFR § 431.420(c) indicating any resulting action items or issues. A summary of the post-award public forum must be included here for the period during which the forum was held and in the annual report.			
update to report for this topic.	g this reporting period, and this is not an annual report, so t	he state has no post-award pu	blic forum
13.1 Notable State Achievements and/or Int 13.1 Narrative Information	lovations		
☐ Provide any relevant summary of achievements and/or innovations in demonstration enrollment, benefits, operations, and policies pursuant to the hypotheses of the SMI/SED (or if broader demonstration, then SMI/SED related) demonstration or that served to provide better care for individuals, better health for populations, and/or reduce per capita cost. Achievements should focus on significant impacts to beneficiary outcomes. Whenever possible, the summary should describe the achievement or innovation in quantifiable terms, e.g., number of impacted beneficiaries.  ☐ The state has no notable achievements or in	novations to report for this tonic		
△ THE State has no notable achievements of in	novations to report for tims topic.		

Note: Licensee and states must prominently display the following notice on any display of Measure rates:

The MPT, FUH-CH, FUH-AD, FUA-AD, FUM-AD, AAP, APM, and APC measures (metrics #13, 14, 15, 16, 17, 18, 7, 8, 9, 10, 26, 29, 31) are Healthcare Effectiveness Data and Information Set

("HEDIS®") measures that are owned and copyrighted by the National Committee for Quality Assurance ("NCQA"). NCQA makes no representations, warranties, or endorsement about the quality of any organization or physician that uses or reports performance measures and NCQA has no liability to anyone who relies on such measures or specifications.

The measure specification methodology used by CMS is different from NCQA's methodology. NCQA has not validated the adjusted measure specifications but has granted CMS permission to adjust.

Calculated measure results, based on the adjusted HEDIS specifications, may be called only "Uncertified, Unaudited HEDIS rates."

Certain non-NCQA measures in the CMS 1115 Serious Mental Illness/Serious Emotional Disturbance Demonstration contain HEDIS Value Sets (VS) developed by and included with the permission of the NCQA. Proprietary coding is contained in the VS. Users of the proprietary code sets should obtain all necessary licenses from the owners of these code sets. NCQA disclaims all liability for use or accuracy of the VS with the non-NCQA measures and any coding contained in the VS.



# **Medicaid Transformation Project**

Health Care Authority	SFY 20-21	SFY 20	SFY 21	SFY 20-21	SFY 22	SFY 22
Health Care Authority	Budget	Expenditures to Date	Expenditures to Date	Total Expenditures	Budget	Expenditures to Date
Initiative 1 - DSRIP	\$165,082,000	\$87,954,090	\$34,465,720	\$122,419,810	\$45,125,000	\$2,920,675
Admin (GF-F)	\$17,884,994	\$10,262,223	\$7,670,673	\$17,932,896	\$6,421,000	\$2,920,675
DSRIP Incentives (GF-F)	\$147,197,006	\$77,691,867	\$26,795,047	\$104,486,914	\$38,704,000	
Initiative 1 - DSRIP	\$112,949,000	\$46,270,714	\$26,795,047	\$73,065,761	\$40,844,000	\$964,099
Admin (GF-L)					\$2,140,000	\$964,099
DSRIP Incentives (GF-L)	\$112,949,000	\$46,270,714	\$26,795,047	\$73,065,761	\$38,704,000	
Initiative 2 - DSHS MAC/TSOA**					\$25,891,000	\$270,043
MAC/TSOA (GF-F)					\$12,945,500	\$135,021
MAC/TSOA (GF-L)					\$12,945,500	\$135,021
Initiative 3 - FCS	\$67,896,000	\$19,494,461	\$21,521,525	\$41,015,986	\$27,393,470	\$11,327,277
FCS SE ADMIN (GF-F)	\$1,771,200	(\$321,917)	\$1,314,642	\$992,725	\$517,106	\$832,345
FCS SE ADMIN (GF-L)					\$517,106	\$189,565
FCS SE SERVICES (GF-F)	\$21,428,700	\$8,398,140	\$6,995,349	\$15,393,489	\$6,772,515	\$3,224,272
FCS SE SERVICES (GF-L)					\$2,766,238	\$162,245
FCS SH ADMIN (GF-F)	\$3,243,600	\$1,534,268	\$2,854,111	\$4,388,379	\$907,929	\$1,374,507
FCS SH ADMIN (GF-L)					\$907,929	\$346,210
FCS SH SERVICES (GF-F)	\$41,452,500	\$9,883,970	\$10,357,424	\$20,241,394	\$10,653,299	\$4,952,076
FCS SH SERVICES (GF-L)					\$4,351,348	\$246,058
Agency Admin (GF-F)	\$0	\$0	\$0	\$0	\$0	\$0
Initiative 3 - FCS**					\$384,000	\$26,435
DSHS FCS ADMIN (GF-F)					\$192,000	\$13,217
DSHS FCS ADMIN (GF-L)					\$192,000	\$13,217
DSHS - ALTSA	SFY 20-21	SFY 20	SFY 21	SFY 20-21	SFY 22	SFY 22
	Budget	Total Expenditures	Expenditures to Date	Total Expenditures	Budget	Expenditures to Date
Initiative 2 - MAC and TSOA	\$79,799,000	\$25,173,683	\$37,148,793	\$62,322,476	\$29,292,000	\$25,961,767
Initiative 3 - FCS	\$2,525,000	\$645,823	\$434,702	\$1,080,525	\$624,000	\$350,629
DSHS and HCA (Community Behavioral Health)	SFY 20-21	SFY 20	SFY 21	SFY 20-21	SFY 22	SFY 22
	Budget	Total Expenditures*	Expenditures to Date*	Total Expenditures*	Budget	Expenditures to Date*
Initiative 3 - FCS	\$15,358,000	\$937,419	\$1,334,054	\$2,271,473	\$1,691,000	\$623,365
FCS (GF-F)	\$15,358,000	\$937,419	\$1,334,054	\$2,271,473	\$1,268,000	\$553,022
FCS (GF-L)					\$423,000	\$70,343

<sup>\*</sup>Administrative staff costs only. FCS admin and service expenditures (TPA costs) are paid from HCA's budget. As of SFY19, CBH merged with HCA.

DSRIP - Delivery System Reform Incentive Payment

FCS - Foundational Community Supports

MAC and TSOA - Medicaid Alternative Care and Tailored Supports for Older Adults

Expenditures are reported on a cash basis and include liquidations.

<sup>\*\*</sup>Per ESSB 5092, effective January 1, 2022 DSHS waiver expenditures (for Initiative 2 and 3) are appropriated under HCA's budget.

# Medicaid Quality Improvement Program Report to Joint Select Committee on Health Care Oversight Quarter 1: January 1–March 31, 2022



#### 1. Background

The Washington State Legislature authorized the Medicaid Quality Improvement Program (MQIP) during the 2020 legislative session to support the Medicaid Transformation Project. MQIP allows Washington State to implement quality improvement programs for people enrolled in Apple Health (Medicaid). Under MQIP, Medicaid managed care organizations (MCOs) are responsible for partnering with participating public hospitals to implement certain activities that:

- Reinforce the delivery of quality health care.
- Support community health.

Through MQIP, MCOs will receive incentive funds to share with participating public hospitals when they meet specific milestones.

# 2. Implementation status and results

The Association of Washington Public Hospital Districts (AWPHD) and University of Washington Medicine (UW Medicine) are state public hospitals participating under MQIP, in partnership with MCOs. During the fourth quarter of 2021, AWPHD and UW Medicine continued implementation of projects as outlined below.

AWPHD is working on a project that will:

- Support statewide efforts to prevent opioid dependency.
- Expand access to opioid use disorder treatments.
- Prevent opioid overdose in rural Washington.

UW Medicine is working on an initiative that focuses on care delivery sites, community engagement, and clinical quality. Under this initiative, UW will improve health care access and outcomes for all patients. Some activities in this initiative include:

- Development and expansion of new and existing clinical interventions to support access and whole-person care.
- Improving processes for data collection, analysis, and patient/provider access.
- Sharing guidelines, tools, clinical practice improvements, and other learnings with clinical providers and community partners outside of UW Medicine.

#### 3. Milestones and improvement measures

Reporting periods occur every six months and each reporting period represents a milestone for approval and payment.

As part of achieving a milestone, AWPHD and UW Medicine submit an implementation plan status report, updated work plan, and performance data to the Health Care Authority). This data will reflect selected project-specific measures of success that support program assessment and continuous improvement.

Below are several of the measures selected:



# Medicaid Quality Improvement Program Report to Joint Select Committee on Health Care Oversight Quarter 1: January 1–March 31, 2022

- Breast cancer screening rates for targeted populations.
- Change in access to Drug Enforcement Agency- (DEA)-waivered providers in participating public hospital facilities.
- Change in rate of opioid prescribing for individual providers.

AWPHD and UW Medicine first reported baseline data with Milestone 3. As an example, UW reported a Milestone 3 (2019) baseline of 60.6 percent breast cancer screening rate for targeted populations. Milestone 4 (2020) indicated an increase to 66.7 percent screening rate, and Milestone 5 (2021) indicated no improvement with a screening rate of 62.8 percent. The goal is set at a 75 percent breast cancer screen rate to be achieved over the course of MQIP.

AWPHD and UW Medicine continue to flag COVID-19 impacts and related data collection and measurement challenges that may impact future reporting on certain measures.

# 4. Expenditures

MQIP payments for Milestone 5 will be released in June 2022, following Milestone 5 completion. The estimated payment amount is \$94 million.



# Accountable Communities of Health (ACH) **Quarterly Activity Report**

Reporting period: January 1 – March 31, 2022

Report to Joint Select Committee on Health Care Oversight



# Introduction

This report reflects statewide and regional Accountable Community of Health (ACH) activities from January 1 to March 31, 2022. This report shares what ACHs are doing at the community level within and across regions to improve community health in Washington State.

Through their unique role, ACHs connect the health care delivery system and local community organizations. In addition to their Medicaid Transformation Project (MTP) activities, ACHs coordinate and support COVID-19 response. Statewide activities summarized below reflect the most recent quarter: (January 1–March 31, 2022).

# Statewide ACH activities

# **COVID-19 response**

ACHs continue to play a vital role in many aspects of COVID-19 response and recovery. Notably, ACHs are working with community organizations and clinical and local partners. They also continue to participate in the Department of Health's (DOH) Care Connect Hub program to support community members and increase vaccination rates in their regions.

# **Care coordination**

ACHs continue to manage, participate, and invest in community-based care-coordination efforts to give support to individuals and families impacted by COVID-19, natural disasters, and health disparities. ACHs help meet community needs by coordinating and supporting local organizations and facilitating tools like community information exchange (CIE).

# **Health equity**

ACHs distribute funds to regional organizations and partners to conduct many activities, from health equity work to community-based organization support. ACHs continue to focus efforts on addressing social determinants of health and bridging the gap between health care and community organizations.

#### Behavioral health

ACHs continue to work on a variety of behavioral health activities, including installing Naloxone vending machines, implementing the Trueblood settlement, and offering training for providers and key staff in several settings, including K-12 education.

# **Individual ACH activities**

# **Better Health Together (BHT)**

Serving Adams, Ferry, Lincoln, Pend Oreille, Spokane, and Stevens counties

# **COVID-19** response

- BHT supported Stevens and Pend Oreille county partners by applying for and managing two DOH grants funded by the Centers for Disease Control and Prevention (CDC). The \$700,000 grant will help address COVID-19-related disparities in the region.
- In March 2022, BHT contributed \$6,629 in Trusted Messenger funding to support the Homeless Connect event. The event was attended by 150 people experiencing homelessness or housing instability. Around 35 vaccines and boosters were administered and offered to all attendees.



# **Health equity**

 BHT board members and new staff completed training on the Equity 101 curriculum and the Aging and Long Term Care of Eastern Washington course. Two of BHT's new staff are being trained to co-lead the Equity 101 training to grow their capacity to offer the course to more partners. In Q2 of 2022, BHT will begin scheduling contracted partners for additional training sessions.

#### Behavioral health

- The Behavioral Health Forum is a collective of approximately 39 different organizations. In 2022–23, the group will focus on building out workforce initiatives and funding opportunities with \$1.2 million in integrated managed care (IMC) incentive dollars:
  - o BHT awarded \$150,000 across 15 partners to support supervision for 64 providers of mental health and substance use disorder (SUD) services, as well as four providers who are completing training to become supervisors, and covering nearly \$5,000 in associated costs (applications, testing, licensure, etc.).
  - o BHT has contracted with Passages to provide two certified peer counselor (CPC) trainings in 2022, with dates set for April and October.
  - BHT partnered with Community Colleges of Spokane to financially support providers completing substance use disorder professional (SUDP) alternative certification. As of Q1 of 2022, there are 13 providers from seven organizations who are currently completing the certification.

# School-based telehealth

• BHT has been increasing communications to parents explaining telehealth and the opportunity to engage if kids need physical health services. Providers Community Health Association of Spokane (CHAS) and Unify continue to work internally on getting consent from parents more easily and quickly. CHAS and Unify have seen a large increase in dental referrals and extra benefits from the partnership between School District 91 and the health care providers.

# **Tribal partnerships**

• Since early 2022, BHT has worked with Tribal partners via a monthly convening, now called the Tribal Partners Collaborative. Through a participatory design process, the group has identified that they would like to be a self-governing group facilitated by a neutral party (not an ACH or a representative from a member organization). BHT allocated funding to support this position, and once filled, the group will discuss how to budget the \$1 million in funding BHT has allocated from the Community Resiliency Fund.

# **Youth Homelessness Project**

• BHT was selected to coordinate the Youth Homelessness Demonstration Program for the Spokane Continuum of Care. BHT partnered with youth and young adults who have experienced homelessness and community stakeholders to create a coordinated community plan that provides a framework for preventing and ending youth and young adult homelessness in their community.

# **Department of Commerce participatory funding**

• BHT serves as the fiscal and administrative hub for the Commerce Navigator Project and aims to support their nine partners in connecting their clients to various public benefit programs. In February 2022, a participatory budgeting and planning session was held with <a href="their partners">their partners</a> to determine how to equitably distribute the \$600,000 funding amount. Their partners communicated goals and

expectations and voiced the need for easier reporting and processes to support capacity building. BHT aims to center the needs of its partners and equitably distribute funding and resources while serving impacted populations.

# **Cascade Pacific Action Alliance (CPAA)**

Serving Cowlitz, Grays Harbor, Lewis, Mason, Pacific, Thurston, and Wahkiakum counties

# COVID-19 response

- CPAA organized 45 vaccination clinics where 961 adults and youth were vaccinated.
- CPAA continues to produce and publish weekly podcasts helping to combat misinformation by interviewing trusted messengers among their region's health care leaders. Topics for Q1 of 2022 included the Omicron variant, vaccines for children 5-11, importance of boosters, and preventative treatments for those with severe immunocompromised health issues.

#### Care coordination

- CPAA's Care Connect and CarePort community-based care connections continue to provide COVID-19 emergency response by processing 546 referrals in Q1 of 2022.
- CPAA continues to house and distribute emergency care kits and shelf-stable food boxes.
- CPAA participates in ongoing discussions about marketing Pathways beyond emergency use. This would allow Pathways to continue to provide on all aspects of a client's health through coordination of safe and stable housing, transportation, education, and other issues that create barriers to overall health and well-being.

#### **Health equity**

- CPAA conducted a virtual Health Equity Mini-Summit on January 14, 2022, in which four of the 17 CPAA-funded health equity awardees presented on their initiatives to a virtual audience of over 70 partners and stakeholders in their region.
- CPAA was awarded a second year of funding by the CDC Foundation to promote vaccine uptake for COVID-19 and influenza in Black, Indigenous, and people of color (BIPOC) communities. CPAA's strategy for year two is to seek out more partnerships with local community health workers (CHWs) in the Latine community to promote community resource events. These events will provide access to food banks, medical insurance information and registration, housing, and other social service resources needed in rural communities.
- CPAA is funding the Chehalis Tribe's Indigenous Pact Medication Assisted Treatment (MAT) clinic feasibility study for 2022.

#### Behavioral health

- CPAA continues to discuss piloting the Hope Squad program for suicide prevention in Wahkiakum County schools.
- CPAA continues to sponsor Question, Persuade, Refer (QPR) Suicide Prevention trainings monthly.

# **Elevate Health**

# Serving Pierce County

#### **Organizational changes**

• Alanna Hein joined Elevate Health as the interim executive director at the end of Q4 2021. She has been assessing and adjusting the organization, including processes, finances, staffing, and strategy.

# **COVID-19 response**

• Building on the success of the first two rounds of zero-interest bridge loans, OnePierce approved a third round of loan distributions to five service organizations delivering rental assistance. These bridge loans ensure community-based organizations have responsive funding to meet emergent community needs prior to the reimbursement allocations of state and federal pandemic dollars. In Q1 of 2022, OnePierce disbursed \$2.1 million under this program.

# **Care coordination**

- The Potentially Preventable Hospitalizations (PPH) Pilot is a Legislature-funded pilot program with the Tacoma-Pierce County Health Department and Community Health Care (CHC), a federally qualified health center, to utilize community-based care coordination to decrease emergency department utilization and hospitalizations for those with congestive heart failure. Elevate Health is working with CHC to improve processes around client/patient engagement.
- Elevate Health continued providing COVID-19-specific care-coordination support to Pierce County through the Department of Health Care Connect. In the past three months, Elevate Health has received approximately 2,700 referrals, assigned them out to partners and surge support, and provided fresh food and financial assistance to over 1,750 clients. 796 clients were enrolled in and are being served in their Pathways Community Hub program.

# **Health equity**

- OnePierce disbursed \$111,896 (56 percent of committed funds) to five Behavioral Health Equity Challenge grantees.
- OnePierce is co-designing a participatory budgeting grant round in one of Pierce County's Communities of Focus, a zip code area in which residents have an eight-year gap in life expectancy compared to residents of neighboring zip codes. The community will receive \$50,000 to award through a resident-led design and voting process. This work is being designed with support from the Tacoma Pierce County Health Department.

# Workforce development

- Elevate Health is collaborating with partners to identify opportunities to decrease barriers for mental health clinicians wanting to pursue independent licensure in the mental health field as well as support employers to retain these employees once they are licensed.
- Elevate Health has been preparing to promote the Behavioral Health Apprenticeship Program in Pierce County and to engage employers, targeting behavioral health technicians, peer counselors, and substance-use professionals. This is a statewide workforce effort that requires quarterly reporting and meets every two weeks for planning and collaboration.
- Elevate Health is chairing the Care Coordination Anchor Strategy work group, which requires monthly and quarterly meetings with the other work groups and the community. The group is conducting a gap analysis to inform future care-coordination efforts.
- OnePierce contracted Open Arms Perinatal to deliver birth doula training to BIPOC populations. The
  virtual training began in December and finished in January. OnePierce is paying for tuition, materials,
  and stipends, as well as for trained doulas to attend their first births in Pierce County. OnePierce will
  make an additional payment to Open Arms Perinatal if births attended by trained doulas demonstrate
  improved rates of pre-term births and low birth weights.

# **Greater Columbia ACH (GCACH)**

Serving Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Walla Walla, Whitman, and Yakima counties COVID-19 response

• GCACH partnered with Medical Teams International (MTI) and Benton-Franklin Health District (BFHD), to locate and coordinate pop-up COVID-19 vaccination clinics in Benton and Franklin counties. As of April 17, 2022, 41 clinics were hosted and over 1,687 vaccinations were administered at trusted sites, including housing authorities, grocery stores, free medical clinics, churches, and food banks.

# **Community Resilience Campaign**

GCACH offers information as part of the COPE, CALM, and CARE Campaign for Community Resilience.
 This campaign is also called Practice the Pause. The tools from these models can improve resiliency — the ability to bounce back from trauma — and improve the ability to feel control over emotions and lives. About 3,300 people attended a training on this campaign during Q1 of 2022.

#### CIE

• GCACH has been working with their partners to establish baseline connections for a community hub in their region. GCACH, as the neutral conveyor, has developed a strong relationship with seven Local Health Improvement Networks (LHINs) which enhances their ability to establish a community hub. Each LHIN is a formalized group of organizations who coordinate and collaborate on activities to address the health issues and disparities in their respective communities. GCACH has used Washington Information Network 2-1-1 (WA 2-1-1) to make sure all the community partners' information is correct.

#### **HealthierHere**

Serving King County

#### **Care coordination**

- HealthierHere has partnered with organizations across King County to co-create the Connect2 Community Network (C2CN), a regional CIE for King County. The C2CN will enable organizations to send, receive and follow up on electronic referrals, increase access to resources via a shared directory, and provide visibility of other organizations providing care in King County. C2CN partners will be able to share information and data even if they use different information technology systems. To connect these disparate systems, C2CN partners have co-designed the unified network infrastructure (UNI) architecture. When completed, the UNI will serve as a "network of networks" connecting C2CN participating organizations at any level of technical capacity. A request for proposals was launched in August 2021 to procure the products and services to implement and operate the technical solution for the C2CN UNI.
- HealthierHere invested in a mobile integrated health innovation with the goal to improve outcomes for some of the most marginalized residents of King County frequent 9-1-1 and emergency department utilizers and vulnerable adults. Throughout this almost three-year period, the Mobile Integrated Health team has responded to more than 2,000 calls and served more than 2,300 unique individuals, on-scene or via remote care coordination. For further information about the MIH services, please see the Seattle Times article <a href="How Health One is setting up a model for alternative 911 response in Seattle">How Health One is setting up a model for alternative 911 response in Seattle</a> from December 2021.

# **Health equity**



- HealthierHere invested \$1.5 million through partnerships with three Native-led and Native-serving organizations (Cowlitz Indian Tribe, Nakani Native Program, Unkitawa) to test innovations to improve care for American Indian/Alaska Native (AI/AN) and Tribal-affiliated Indigenous people in region to improve overall health and well-being and reduce health disparities. Each of the innovations is being implemented in partnership with Native and non-Native providers to demonstrate the value of traditional medicine in improving the overall health and well-being of AI/AN people in King County.
- HealthierHere invested \$5 million through partnering with 12 community-based organizations to improve health outcomes and reduce health disparities through community-driven innovations over the next 18 months. The innovations include a variety of community-driven strategies including:
  - Addressing workforce burnout.
  - o Addressing stigma and improving access to behavioral health services.
  - o Incorporating the services of an on-site pharmacy.
  - o Developing culturally appropriate services to address chronic health conditions within communities experiencing health disparities.

Each innovation is being implemented in partnership with physical health care providers, behavioral healthcare providers or other community-based providers.

#### Workforce

• HealthierHere has partnered with lead agency, Public Health — Seattle & King County, on a CDC-funded initiative, "Community Health Worker COVID-19 Approach to Recovery and Evaluation" (CHW-CARE). Other partners on the CHW-CARE initiative include Center for Multicultural Health, Global to Local, Healthy King County Coalition, International Community Health Services, and Seattle Children's Hospital. This project will focus on expanding CHW capacity by resourcing partners to have additional positions and create a broader learning collaborative that will offer training and workforce development opportunities to a cohort of up to 75 CHWs. Trainings will build on the existing DOH core competency training for CHWs. As part of a sustainability strategy, HealthierHere and other partnering organization plan to engage with clinical and community partners, managed care organizations (MCOs), community members, and consumers to build support for the CHW model. Together they will champion its value related to improving access to health and social services for populations at highest risk for poor health outcomes.

# **North Central ACH (NCACH)**

Serving Chelan, Douglas, Grant, and Okanogan counties

# **Community engagement**

• In January 2022, NCACH initiated a new monthly, two-hour Partner Convening session designed to help leaders throughout North Central Washington connect and discuss how they can improve their approaches to health and well-being for their region's residents. So far, NCACH has hosted local and national speakers who have offered explorations into distributed action, the use of the "Thriving Together" framework as a springboard toward creating vital conditions, such as renewal and belonging, philosophies into growing healthy communities that are used by the Well Being Trust, and an overview from Visible Network Labs on building networks of community partners as a way to increase collaboration.

#### Care coordination

• NCACH continues to invest in community-based workforce and community-based care-coordination efforts across their region. In February 2022, NCACH hosted a meeting with regional entities working



- on various aspects of care coordination and CIE in their region (e.g., Health Home, Help Me Grow, and WA 2-1-1, among others).
- In February 2022, NCACH staff met with local and state partners involved in Washington State's Help Me Grow efforts (specific to early childhood and early learning supports) to support quality improvement efforts specific to needs across their region. As an outcome of this meeting, an NCACH local partner is now participating in a cohort of rural communities working to develop open-sourced resource-directory solutions. In March 2022, NCACH also cohosted a training with the community resource specialist from Action Health Partners (who serves as a WA 2-1-1 representative for Chelan and Douglas counties). About a dozen recovery coaches participated in this hands-on workshop, which included a look into the web-based WA 2-1-1 resources, and how this tool can be used to advocate for community needs.

# Behavioral health

• In February, NCACH launched a behavioral health workgroup designed to improve relationships, communication, shared problem solving, and evolve the North Central Washington behavioral health system with effective coordination, sustainable strategies, and accountability among agencies. The third installment of the "Evolving the Behavioral Health System" series marked the first in-person event NCACH has hosted with regional partners in two years. More than 40 people attended the day-long session held on March 2, 2022, that delved into areas, such as shared problem solving, sustainable strategies, communication approaches, and strengthening mutual connections. The 10-session series will run until June 14, 2022.

# **Recovery Coach Network**

- During Q1 of 2022, NCACH built on the efforts initiated last quarter to deliver recovery supports to people before and after their release from jail. NCACH is working with partners to bring recovery coaching services inside emergency departments. NCACH funding will support this partnership between recovery coaches from a local community-based organization and emergency department staff. The goal is to initiate and support recovery for patients who receive care for an overdose or who present with an illness or injury due to alcohol and/or substance use.
- The third Narcan vending machine in North Central Washington arrived on March 30, 2022, at the Advance Recovery Navigation Program located in Omak. Through a partnership involving NCACH, Beacon Health Options, and the Central Washington Recovery Coalition, the vending machine provides free packages of Narcan naloxone nasal spray. Last fall, the region's first two machines were installed at sites in Wenatchee and Moses Lake.
- NCACH led a "Professionalism for Recovery Coaches" training for the four-county region with 20 participants in attendance.
- NCACH is now supporting a full-time recovery coach with HopeSource that will be serving Chelan and Douglas Counties. The region currently has 135 trained recovery coaches, with 30 employed full-time.

#### North Sound ACH

Serving Island, San Juan, Skagit, Snohomish, and Whatcom counties

# **COVID-19** response

• North Sound ACH continues its support for COVID-19 care coordination across the five counties — leveraging their community hub model — to supply COVID-19 positive individuals with support, including care and food kits, personal protective equipment (PPE), rapid test kits, rent and mortgage



- assistance, and utility support. To date, the North Sound Community Hub has supported close to 2,000 individuals impacted by COVID-19.
- North Sound ACH partnered with organizations who are trusted messengers, CHWs, and promotors, acting as interpreters, navigators, and advocates for community members to access vaccine and testing sites.

# **Community engagement**

- In 2022, North Sound ACH launched a Collaborative Action Network for all regional partners, which includes a monthly learning and advocacy series called Advancing a Just and Inclusive Culture. Five cohorts have emerged, each committed to specific action around their chosen topic: equity (all network partners participate), vital conditions for well-being, emerging focus areas, practice transformation, and care coordination.
- North Sound ACH continues to support People of Color (POC) Gatherings, monthly meetings where individuals from partner organizations and the surrounding community can maintain safe and supportive dialogues and capacity building.
- North Sound ACH, in partnership with Whatcom Community College, provided scholarships for students to complete a medical interpretation class. Scholarships covered the full course cost for 12 participants (bilingual in English and Spanish) and provided opportunities to intern with North Sound ACH partners across the region after class completion. This will increase career opportunities for students and provide much-needed interpretation services in the region.
- The Second Annual North Sound Race and Health Equity Conference was held on March 12, 2022, a partnership between North Sound ACH, Family Care Network, PeaceHealth, Chuckanut Health Foundation, Northwest Washington Medical Society, and Skagit Regional Health. The conference drew more than 100 clinical providers, with presentations on work from Tribal partners, medical residents, and diversity, equity, and inclusion (DEI) leaders. During the conference, funds were raised to support the North Sound Health Equity Scholarship, aimed at supporting students of color who want to do advanced study as they prepare to enter health professions.

#### **Emergency community response**

- North Sound ACH was able to leverage their community hub team to support community response to residents impacted by unprecedented flooding that hit the region in November 2021. North Sound ACH
  - Contracted with Whatcom County's Emergency Operations Center (EOC) to provide case management services and team support.
  - o Participated in weekly meetings regarding flood response.
  - Coordinated and paid for emergency hotel stays, food, and cash gift cards for families who had lost their housing due to the floods.
  - Hosted and facilitated meetings between community-based organizations, emergency response agencies, nonprofits, and cities to coordinate efforts to aid flood-impacted families and individuals.
- Initiated and facilitated discussion with Skagit County-based partners on building a community response network to have an infrastructure ready for future disaster-related needs.
- Contracted with HCA to expand Washington Listens in response to the federal disaster, which included staffing a support hotline for flood-impacted residents.

#### **Technical assistance**

• The North Sound Community Hub team continued to support Care Coordination Agencies (CCAs), train CHWs on software, and provide support for billing and other technical assistance.



• Other areas of technical assistance included support for Tribal-alignment work, requests for data, resources for working with LGBTQ+ individuals, and information on quality improvement, value-based payments, maintaining staff well-being, and behavioral health integration.

# **Olympic Community of Health (OCH)**

Serving Clallam, Jefferson, and Kitsap counties

# **Community engagement**

• OCH continues to engage in community conversation about local health issues with their <u>Coffee Break Video Series</u>, featuring stories of those who have lived experience of SUD stigma.

# **Community-clinical linkages**

- In March 2022, OCH kicked off a new action group to identify regional challenges and potential solutions to advance value-based purchasing. The group consists of MCOs and health-serving partners from across the region with a variety of experiences with contracting for value. The group will present a summary of their work at the end of 2022.
- In late March 2022, OCH brought over 60 regional partners together to launch new action collaboratives in alignment with OCH's new strategic plan. The regional partners formed groups that will meet throughout the year to identify measures and a four-year action plan that will guide future collaborative work across the region. The groups will present to the OCH Board of Directors in December 2022.

#### **SWACH**

Serving Clark, Klickitat, and Skamania counties

#### **COVID-19** response

- SWACH was awarded a \$1 million Health Resources and Services Administration (HRSA) grant in July 2021 to promote community engagement and outreach amongst diverse and historically-underrepresented communities in Southwest Washington between August 1, 2021, and July 31, 2022.
  - In Q1 of 2022, CHWs under this grant conducted 15 outreach events in in Clark, Cowlitz, Skamania, and Klickitat counties. The grant cohort successfully supported community members receiving 131 vaccine doses and 76 booster doses. Additionally, SWACH provided 7,647 people in the region with vaccine information through door knocking, community events, and social media. The HRSA CHWs participated in three Learning Collaboratives, with between 15–30 participants attending each session representing all cohorts.
- SWACH continues to partner with DOH, local health jurisdictions, and multiple community and clinical partners to provide Care Connect WA (CCW) support for COVID-19-positive households. Representatives from every organization within the SWACH HealthConnect Hub convene monthly to collaborate and carry out health-promotion events.
- In Q1 of 2022, the Omicron wave greatly impacted the SWACH region. Between January and February, the HealthConnect Hub processed an average of over 40 household referrals for CCW support per day. The CCW services were able to provide 344 households with critical supports and connection to CHWs. The HealthConnect Hub paid \$398,860.44 in household assistance funds for 323 households during Q1 of 2022 and provided grocery assistance to 610 households in quarantine. SWACH successfully coordinated with CHWs to provide immediate kit deliveries and pay housing assistance on time.

# **Community-based care coordination**

- Pathways care coordination through HealthConnect Hub continues to be a cornerstone of SWACH's whole-person care approach. During Q1 of 2022, the pathways model had 48 CHWs providing services to an average of 201 clients each month.
- The Community Paramedicine program has expanded in other communities and added a falls risk specialist to the team. The program is led by Clark Cowlitz Fire and Rescue with funding and project-management support from SWACH. The additional staff member is funded by the Clark Cowlitz Fire and Rescue, in partnership with Area Agency on Aging and Disabilities of Southwest Washington. The program was able to successfully implement a referral process with both Legacy Salmon Creek and PeaceHealth hospitals in Clark and Cowlitz counties.

# **Health equity**

- SWACH is contracting with five additional agencies, to include 17 total agency representation in the
  HealthConnect Hub providing care-coordination models including Pathways. Beginning in March 2022
  and continuing in May, new CHWs will train in Pathways care-coordination model, which allows
  SWACH'S HealthConnect Hub to center a diverse cohort of more than 80 CHWs. The expansion
  continues to develop new CHWs in diverse communities.
- SWACH also held a request-for-proposal opportunity for one-year Community Impact grants to focus
  on equity-centered capacity building, organizational design and system redesign for partners focusing
  on Medicaid population needs. By the end of Q1 of 20221, SWACH received 15 proposals and a sevenperson community review committee will review and score applications in the early second quarter for
  funding.
- SWACH convened the first regional HealthConnect Advisory Council, a council comprised of 12
  individuals with diverse geographic, agency, sector, and community representation. In Q1 of 2022, the
  council convened for its first meeting to review Care Coordination Expansion RFPs and select new
  partners based on applications.

# Behavioral health

- SWACH partnered with Lifeline Connections to increase the access to, and accelerate licensure requirements of mental health professionals, and SUD professionals under the House Bill 1504 contract with HCA. This pilot project will utilize a dedicated, full-time equivalent (FTE) supervisor and develop tele-supervision processes to more efficiently supervise and train professionals seeking careers in behavioral health and those seeking to meet certification and experience requirements. This plan will be implemented across the multiple regions of Washington to address issues of instructor access and workforce issues in rural areas pursuant to ESSHB 1504.
  - In Q1 of 2022, SWACH staff supported Lifeline Connections to begin the hiring process for this role and provided opportunities for additional training.
- SWACH continued to support the Trueblood settlement in the region. During the first quarter of 2022, SWACH facilitated six Trueblood Taskforce and Trueblood Providers meetings, hosted one training event, and participated in a variety of stakeholder-engagement efforts.

# **Opioid-use response**

• SWACH continues to convene the Clark County Opioid Task Force (CCOT), comprised of diverse stakeholders with representation from hospitals, health care, peer and recovery coaches, physical health, impacted community members, and more. The CCOT convened in January, February, and March to advance its community-centered work plan including providing harm reduction and no-cost Naloxone training to more than 100 people virtually.

 With support of Beacon Health Option's COVID-19 Block Grant, SWACH is implementing five naloxonedispensing vending machines across Clark, Skamania, and Klickitat counties. This is an innovative pathway to combat rising death rates due to opioid overdose. This pilot project aims to reduce barriers to accessing lifesaving naloxone by providing it free of charge at centrally-located community organizations that also provide treatment and recovery services.