

Report to the Legislature

2024 Death with Dignity

July 2025

Chapter 70.245 RCW



Center for Health Statistics
Disease Control
and Health Statistics



To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email doh.information@doh.wa.gov.

Publication Number

For more information or additional copies of this report:

Center for Health Statistics

Disease Control and Health Statistics

PO Box 47814

Report Authors

Center for Health Statistics

Disease Control and Health Statistics

PO Box 47814

CHS.DataRequests@DOH.WA.GOV

Dennis Worsham,
Secretary of Health

Contents

- Executive Summary..... 1
- Death with Dignity Participation..... 2
 - Figure 1: Death With Dignity Participation Over Time 2
 - Table 1: Participant Demographics: Sex and Race 2024..... 3
 - Table 2: Participant Demographics: Age and Marital Status 2024 4
 - Figure 2: Death With Dignity Participation by County..... 5
 - Table 3: Participant Demographics: Education 2024..... 6
 - Table 4: Participant Demographics: Residence 2024 7
 - Table 5 : Death with Dignity Act Participants’ Underlying Illness(es), 2024..... 7
 - Table 6 : End of life concerns of participants who died, 2024..... 8
 - Table 7: Insurance Status of participants who died, 2024..... 9
 - Table 8: Time between ingestion and loss of consciousness, 2024 9
 - Table 9: Time between ingestion and death, 2024 10
 - Table 10: Days between initial request and death, 2024 11
- Appendix A..... 13
 - Compliance with the Act..... 13
 - Immunity Protections 14
 - Figure 3: Death Certificates and After Death Reporting Forms..... 15
 - Table 11: Documentation Received for Participants, 2024 16
 - Confidentiality..... 16
 - Interpreting Data Tables in This Report: Data Suppression..... 16

Executive Summary

In 2024, six hundred and fifty-five Washington Residents participated in the Death With Dignity program.

Washington State's Death with Dignity Act allows adult residents in the state with a terminal disease and six months or less to live to request lethal doses of medication from a medical provider. RCW 70.245.150 requires the Washington State Department of Health (department) to produce an annual statistical report regarding participation in the Death with Dignity program. This report provides available information about people who participated in the program between January 1, 2024 and December 31, 2024. This report includes data contained in documentation received by the department as of July 22, 2025. In this report, a participant is defined as someone to whom medication was dispensed under the terms of the law. (Please see Appendix A).

A total of 655 people participated in Washington's Death With Dignity Program in 2024.

- 264 different medical providers prescribed the medication¹.
- 64 different pharmacists dispensed the medication².

The department received death certificates for 641 participants and After Death Reporting Forms for 590 participants.

- 641 participants are known to have died.
 - 491 died after ingesting the medication.
 - 57 died without having ingested the medication.
 - Ingestion status is unknown for the remaining participants.

Out of the 491 that died after ingesting the medication:

- 90% were enrolled in hospice care when they ingested the medication.
- 90% had some form of health insurance.
- 86.7% died at home/in a private residence.

Demographics of participants (as indicated in death certificates, 641 participants):

- The average age of participants was 76 years.
- 94% of participants were white, and 3% were Asian.
- 89% of participants lived west of the Cascade Mountains³.

¹ Based on Attending Medical Provider's Compliance Form. This number is approximate, and may not take into account variations in how names are spelled.

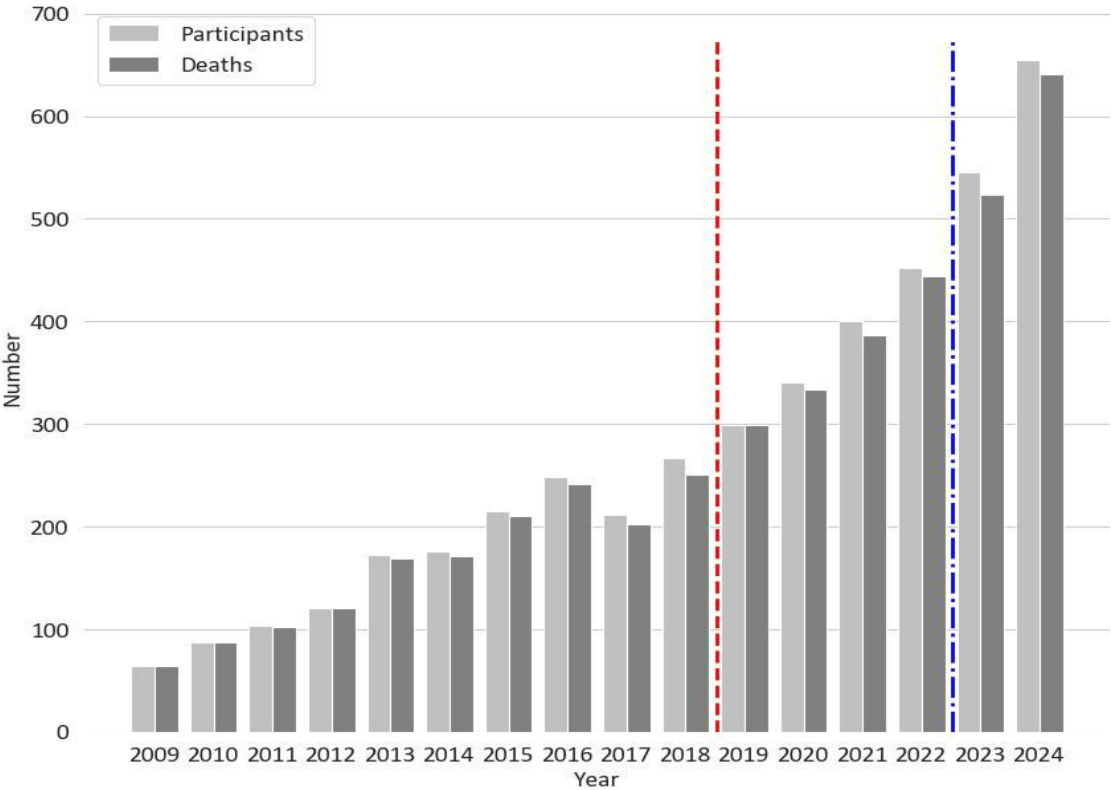
² Based on Pharmacy Dispensing form. This number is approximate, and may not take into account variations in how names are spelled.

³ Based on death certificate information. Counties west of the Cascades: Clallam, Clark, Cowlitz, Grays Harbor, Island, Jefferson, King, Kitsap, Lewis, Mason, Pacific, Pierce, San Juan, Skagit, Skamania, Snohomish, Thurston, Wahkiakum, and Whatcom.

Death with Dignity Participation

Figure 1 shows the known number of participants and the number of deaths as of July 22, 2025, for 2009 through 2024 at the time of each year’s annual report. The status of the remaining participants for 2024 remains unknown. These participants may have died, but no documentation of the death has been received.

Figure 1: Death With Dignity Participation Over Time⁴



⁴ The red dashed line represents a change in inclusion criteria. Participants prior to 2019 were counted based on receipt of the pharmacy dispensing form. Please see Appendix A for details of current criteria. The blue dot dash line represents a change in legislation that went into effect in July 2023, allowing more providers to participate.

Table 1: Participant Demographics: Sex and Race 2024⁵

	Participant Sex and Race	Number	Percent
Sex	Female	325	51%
	Male	316	49%
	Total	641	100.0%
Race	Asian	20	3%
	Other	18	3%
	White	603	94%
	Total	641	100.0%

⁵ Based on death certificate information.

Table 2: Participant Demographics: Age and Marital Status 2024⁶

	Participant Age and Marital Status	Number	Percent
Age	18-54	28	4.4%
	55-64	60	9.4%
	65-74	190	29.6%
	75-84	211	32.9%
	85+	152	23.7%
	Total	641	100.0%
Marital Status	Divorced	170	26.5%
	Married	267	41.7%
	Never married	37	5.8%
	Other/unknown	12	1.9%
	Widowed	155	24.2%
	Total	641	100.0%

⁶ Based on death certificate information.

Table 3: Participant Demographics: Education 2024⁸

	Participant Education	Number	Percent
Education	Less than a high school diploma	14	2.2%
	High school graduate or GED completed	125	19.5%
	Associate degree	55	8.6%
	Some college credit but no degree	102	15.9%
	Bachelors degree	183	28.5%
	Masters degree	102	15.9%
	Doctorate or professional degree	56	8.7%
	Missing/Unknown	4	0.6%
	Total	641	100.0%

⁸ Based on death certificate information.

Table 4: Participant Demographics: Residence 2024⁹

	Participant Residence	Number	Percent
Residence	East of Cascades	66	10%
	Unknown	2	0%
	West of Cascades	573	89%
	Total	641	100.0%

Table 5: Death with Dignity Act Participants' Underlying Illness(es), 2024¹⁰

	Illness	Number	Percent
Illness	Cancer	398	68%
	Respiratory	46	8%
	Neurodegenerative	67	11%
	Cardiovascular	57	10%
	Other	57	10%

⁹ Based on death certificate information.

¹⁰ Data are collected from the After Death Reporting Form. Please note that a patient may have multiple diagnoses, so illnesses are not mutually exclusive. "Other illness only" indicates that a diagnosis was reported without an obvious diagnosis of a cancer, respiratory disease, cardiac disease, or neurodegenerative condition.

Table 6: End of life concerns of participants who died, 2024¹¹

	Concerns	Number	Percent
Concerns	Financial implications of treatment	35	6%
	Burden on family, friends/caregivers	252	43%
	Loss of autonomy	492	83%
	Less able to engage in activities making life enjoyable	490	83%
	Loss of control of bodily functions	264	45%
	Inadequate pain control	228	39%
	Loss of dignity	291	49%

¹¹ Data are collected from the After Death Reporting form. Participants may report more than one concern. Total concerns therefore can exceed the total number of participants.

Table 7: Insurance Status of participants who died, 2024¹²

	Insurance Status	Number	Percent
Insurance Status	Insured	529	90%
	Uninsured/Unknown	61	10%
	Total	590	100.0%

Table 8: Time between ingestion and loss of consciousness, 2024¹³

	Loss of Consciousness	Number	Percent
Loss of Consciousness	0 to 5 minutes	211	36%
	6 to 10 minutes	143	24%
	10 to 20 minutes	38	6%
	More than 20 minutes	**	**%
	Unknown	**	**%
	Total		590

¹² Data are collected from After Death Reporting form.

¹³ Data are collected from After Death Reporting form.

Table 9: Time between ingestion and death, 2024¹⁴

	Minutes to Death	Number	Percent
Death	0 to 30 minutes	141	24%
	31 to 60 minutes	108	18%
	61 to 120 minutes	86	15%
	More than 120 minutes	89	15%
	Unknown	166	28%
	Total	590	100.0%

¹⁴ Data are collected from After Death Reporting form.

Table 10: Days between initial request and death, 2024¹⁵

	Days	Number	Percent
Days	0-14 days	178	31%
	15-30 days	113	19%
	31-60 days	120	21%
	61-90 days	50	9%
	91-120 days	27	5%
	More than 120 days	88	15%
	Unknown	5	1%
	Total	581	100.0%

¹⁵ Data are collected from Attending Medical Provider form and Death Certificate.

Appendix A

The Washington State Death with Dignity Act, chapter 70.245 RCW, was passed by voter initiative on November 4, 2008, and became law on March 5, 2009. The law allows terminally ill adults seeking to end their lives in a humane and dignified manner to request lethal doses of medication from physicians, physician assistants, and advanced registered nurse practitioners, as defined in the law. These terminally ill patients must be Washington residents who have an estimated six months (180 days) or less to live. More information on the Death with Dignity Act is available on the Department of Health website ([Death with Dignity Data | Washington State Department of Health](#)). In April 2023, the Death with Dignity Act was updated to allow a broader range of providers to participate (e.g., Physician Assistants) and to allow electronic reporting to the Department of Health.

The number of participants who participated in the program is primarily determined by the number of people for whom the Department of Health receives a valid dispensing date for lethal medication. In addition to the number of individuals with a valid dispensing date on the pharmacy dispensing form (the criterion used prior to 2019), individuals with a valid dispensing date on either the Attending Medical Provider Compliance Form or the After Death Reporting Form are also included. Additionally, a person for whom the After Death Reporting Form indicates ingestion of lethal medication, and for whom a death certificate exists, is counted as a program participant.

Compliance with the Act

To comply with the act, attending qualified medical providers and pharmacists must file documentation with the department. Patient eligibility for participation in the act must be confirmed by two independent medical providers (an attending medical provider and a consulting medical provider). Within 30 days of writing a prescription for medication under this act, the attending medical provider must file the following forms with the department:

- Written Request for Medication to End Life Form (completed by the patient)
- Attending Medical Provider Compliance Form (completed by the attending medical provider)
- Consulting Medical Provider Compliance Form (completed by the consulting medical provider)

A psychiatric or psychological evaluation is not required under the terms of the law. However, if the attending or consulting medical provider requests an evaluation, the psychiatrist or psychologist must complete a Psychiatric/Psychological Consultant Compliance Form, and the attending medical provider must file this form within 30 days of writing the prescription.

If the attending or consulting medical provider (or mental health provider, if a referral is made) determines that a patient does not meet the qualifications to receive a prescription for medication under chapter 70.245 RCW, no forms are submitted to the department.

Within 30 days of dispensing medication, the dispensing pharmacist must file a Pharmacy Dispensing Record Form.

Within 30 days of a qualified patient's death from ingestion of a lethal dose of medication obtained under the act, or death from any cause, the attending medical provider must file an Attending Medical Provider After Death Reporting Form.

Immunity Protections

To receive the immunity protection provided by chapter 70.245 RCW, qualified medical providers and pharmacists must make a good-faith effort to file required documentation in a complete and timely manner. In 2022 and prior years, providers were required to submit forms by mail. In April 2023, legislation was passed that allows providers to submit data electronically.

Figure 3: Death Certificates and After Death Reporting Forms.

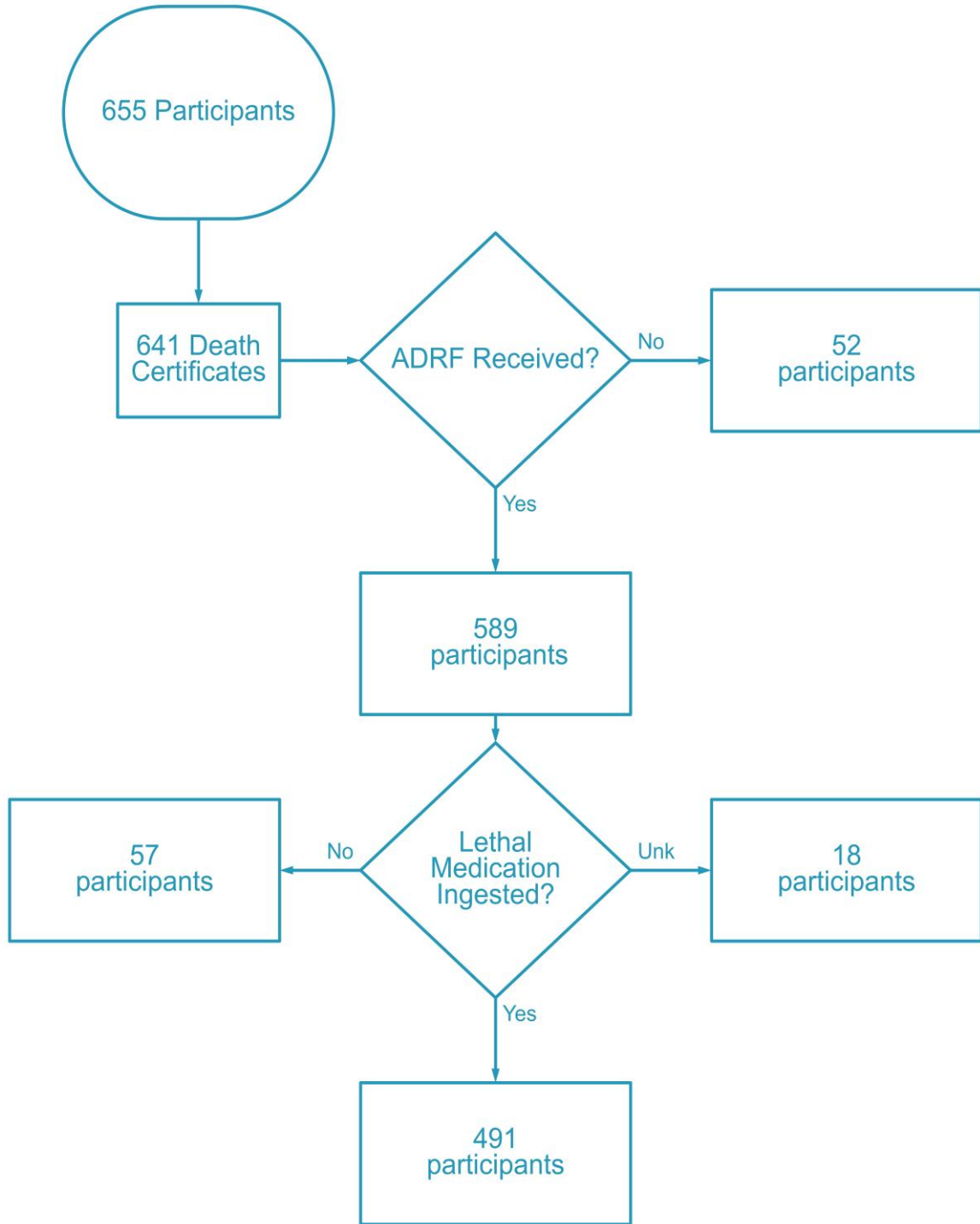


Table 11: Documentation Received for Participants, 2024

Form	Number
Written Request to End Life Form	580
Attending Medical Provider Compliance Form	592
Consulting Medical Provider Compliance Form	579
Psychiatric Evaluation Form	**
Pharmacy Dispensing Form	641
After Death Reporting Form	590
Death Certificate	641
Total Participants	655

Confidentiality

RCW 70.245.150 states that, except as otherwise required by law, information collected is not a public record. That means it is not subject to public disclosure. To comply with that statutory mandate, the department will not disclose any information that identifies patients, medical providers, pharmacists, witnesses, or other participants in activities covered by the Death with Dignity Act.

Interpreting Data Tables in This Report: Data Suppression

The information presented in this report is subject to the Department of Health Agency Standards for Reporting Data with Small Numbers. Some fields have therefore been suppressed

due to their small numbers. For more information, the guidelines can be accessed here: <https://www.doh.wa.gov/Portals/1/Documents/1500/SmallNumbers.pdf>

To abide by these guidelines, we have replaced (or “suppressed”) numbers with the “**” symbol anywhere those numbers represent fewer than ten participants. Additionally, in cases where suppressing only one count would make it easy to calculate the missing number, we have suppressed an additional field. Please see the tables below for examples.

Scenario 1: more than one count smaller than ten

Pets	Original Count (number)	Becomes
Dogs	50	50
Cats	33	33
Birds	9	**
Fish	7	**
Total	100	100

In this example, two of the categories have fewer than ten counts, both of which will be suppressed by replacement with the “**” symbol. Because there are two such categories, it is not possible to determine the exact count each “**” represents.

Scenario 2: only one count smaller than ten

Pets	Original Count (number)	Primary suppression	Final Suppression
Dogs	50	50	50
Cats	33	33	33
Birds	11	11	**
Fish	7	** --It is easy to work out that this is a 7 by subtracting 50+33+11 from the total 100.	**
Total	100	100	100

In this scenario we must suppress a number greater than ten in order to prevent calculation of the number represented by “**”. If there is an “unknown” category, that category will be suppressed in secondary suppression; otherwise the next smallest category will be.

