- WAC 110-145-1815 Are written policies and procedures required describing a facility's discipline methods? (1) You must provide a written statement with your application and reapplication for licensure describing the discipline methods you use. This plan must be approved by your LD licensor.
- (2) You and authorized care providers have the responsibility for discipline; you may not delegate that responsibility to a child.
- (3) You must not withhold a child's need for necessary services including contact with the child's DCYF caseworker, case manager, and legal representatives. You must not withhold approved contact with a child's family, without further approval from the child's DCYF caseworker.
- (4) For additional information you may refer to DCYF's behavior management guidelines.
- (5) If your discipline methods change, you must immediately provide a new statement to your LD licensor describing your current practice.
- (6) You must use positive methods of guidance and discipline that promote self-control, self-responsibility, self-direction, self-esteem, and cooperation. Positive methods may include:
 - (a) Redirecting children;
 - (b) Giving choices when appropriate;
- (c) Time-out as a method of guidance, to allow children time to change their behavior;
 - (d) Planning in order to prevent problems; and
- (e) Using positive reinforcement and encouraging children to express their feelings and ideas.
- (7) You must use discipline that is appropriate to the child's age and level of development.
- (8) You must not use corporal punishment or verbally abusive, neglectful, humiliating, or frightening punishment.
 - (9) You must not discipline children in the following ways:
 - (a) Physical punishment;
 - (b) Cursing;
 - (c) Threats;
 - (d) Humiliation or intimidation; or
- (e) Methods that interfere with a child's basic needs, including withholding of food.

[Statutory Authority: RCW 74.15.030. WSR 22-11-091, § 110-145-1815, filed 5/18/22, effective 6/18/22. WSR 18-14-078, recodified as § 110-145-1815, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1815, filed 12/11/14, effective 1/11/15.]