

2016

Washington State
Department of Health

Newborn Screening
Program

October 2017

Newborn Screening Program Annual Report



*Saving lives with
a simple blood spot*

PUBLIC HEALTH
ALWAYS WORKING FOR A SAFER AND
HEALTHIER COMMUNITY



acknowledgments

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contents

| | |
|-----------|--|
| 1 | Executive Summary |
| 2 | Program Overview <i>System and Screening Costs, Quality Assurance, Operations, New Conditions</i> |
| 6 | 2016 Performance Data: <i>Compliance, Quality, and Parent Notification</i> Table 1: Specimen Collection Compliance by Birth Facility Table 2: Specimen Transit Compliance by Birth Facility Table 3: Annual Compliance Measures Table 4: Unsatisfactory Specimens and Demographic Errors Report Table 5: Unsatisfactory Specimens by Submitting Facility Table 6: Demographic Error Rates by Submitting Facility Table 7: Annual Quality Measures Table 8: Timeliness of Parent Notification by Healthcare Providers Table 9: Annual Parent Notification Measures |
| 24 | Newborn Screening Disorders Detected: <i>Newborn Screening Disorders and Infants Detected</i> Table 10: Infants Detected with Newborn Screening Disorders by County of Residence Table 11: Infants Detected with Newborn Screening Disorders by Infants Reported Race |
| 28 | Newborn Screening Follow-Up: <i>Status of Infants Detected with Newborn Screening Disorders</i> Table 12: Follow-Up Status of Infants Detected with Severe Forms of Newborn Screening Disorders Table 13: Age at which Treatment Began for Infants detected with Severe Forms of Newborn Screening Disorders |
| 32 | Newborn Screening Future Activities: <i>Conditions, Operations, Education and Outreach</i> |
| 33 | Supplemental Documents: <i>Appendices and Keys</i> |

Executive Summary

This report is presented in accordance with Revised Code of Washington (RCW) [70.83.080](#) and Washington Administrative Code (WAC) [246-650-040](#), which require the Department of Health to produce an annual newborn screening report for the Board of Health and the general public. This report summarizes data for the period January 1, 2016 through December 31, 2016.

The Department of Health's Newborn Screening Program tests all infants born in Washington for 28 treatable but potentially deadly or disabling disorders that the Washington State Board of Health has specified in [Chapter 246-650](#) Washington Administrative Code (WAC).

During 2016 there were 89,908 infants born in Washington. An additional 227 were born at two military facilities¹ in our state that did not participate in the Washington screening program from January 1, 2016 to April 30, 2016. Both naval hospitals (Bremerton and Oak Harbor) joined our screening program on May 1, 2016.

Infants Identified with a Disorder

The Newborn Screening Program identified 171² infants born in 2016 with one of the 28 disorders on the screening panel. Among these infants, 93² were affected with a severe form of one of the disorders and were quickly referred to appropriate preventive care systems before they suffered irreversible damage from their conditions. The other 78 infants were identified with a condition that required treatment or close monitoring³.

An additional 1,384 infants were identified with hemoglobin abnormalities that, while not directly harmful, can have important implications for future reproductive choices for the infants and their parents. In these cases, the infants' healthcare providers were notified of the findings and their implications, and were provided a list of resources to help families understand how the findings might impact them.

Performance Data

Timely collection and submittal of newborn specimens is necessary because early detection and clinical intervention is critical to effectively treating many conditions the tests detect. State law requires that initial newborn specimens must be collected no later than 48 hours following birth. For all Washington births in 2016—including hospitals, birth centers, and home births—98.2 percent of initial specimens were collected within this timeframe, a slight improvement of 0.2 percentage points over the previous reporting period (January 1, 2015 – December 31, 2015).

State law also requires initial newborn specimens to be received at the State Public Health Laboratories within 72 hours of collection. During 2016, 89.2 percent of specimens were received within the required timeframe. This was an increase of 4.3 percentage points from the previous reporting period (January 1, 2015 – December 31, 2015).

State law requires healthcare providers to notify the Newborn Screening Program of the date they communicated the need for diagnostic testing to the parent or guardian. During 2016, 50.7 percent of the required notifications were received by the program. This was a decrease of 8.5 percentage points from the previous reporting period (January 1, 2015 – December 31, 2015).

This report also includes data regarding specimen quality measures. Detailed specimen quality statistics by hospital are included in subsequent sections of this report. All midwife, birth center, clinic and laboratory performance data are reported in aggregate.

¹ These federal facilities had a contract with a private laboratory for the screening of infants born in their hospitals.

² Excludes one infant with cystic fibrosis not detected by newborn screening. Excludes two infants with congenital hypothyroidism that were born out-of-state.

³ This number includes mild forms of the disorders on the required newborn screening panel and a small number of non-panel conditions identified through the screening process.

Program Overview

Newborn screening is a population-based, preventive public health program conducted in every state and in many countries throughout the world. It enables early identification of selected disorders that, without detection and treatment, can lead to permanent mental and physical damage or death in affected children. The goal of newborn screening is to help prevent developmental impairments (such as mental disability and neurological deficits), delayed physical growth, severe illness, and death through early detection and intervention.

Across the United States, there are variations in the disorders for which each state screens. [Appendix A](#) includes a list of the national Recommended Uniform Screening Panel (RUSP) and includes the disorders screened on the Washington State screening panel. The Washington State Board of Health adds conditions to the newborn screening panel only after careful consideration of the following criteria:

1. **Available Screening Technology:** Sensitive, specific and timely tests are available that can be adapted to mass screening⁴.
2. **Diagnostic Testing and Treatment Available:** Accurate diagnostic tests, medical expertise and effective treatment are available for evaluation and care of all infants identified with the condition.
3. **Prevention Potential and Medical Rationale:** The newborn identification of the condition allows early diagnosis and intervention. Important considerations:
 - There is sufficient time between birth and onset of irreversible harm to allow for diagnosis and intervention.
 - The benefits of detecting and treating early onset forms of the condition (within one year of life) balance the impact of detecting late onset forms of the condition.
 - Newborn screening is not appropriate for conditions only present in adulthood.
4. **Public Health Rationale:** Nature of the condition justifies population-based screening rather than risk-based screening or other approaches.
5. **Cost-Benefit/Cost-Effectiveness:** The outcomes outweigh the costs of screening. All outcomes, both positive and negative, need to be considered in the analysis. Important considerations to be included in the economic analysis include:
 - The prevalence of the condition among newborns.
 - The positive and negative predictive values of the screening and diagnostic tests.
 - Variability of clinical presentation by those who have the condition.
 - The impact of ambiguous results—for example, the emotional and economic impact on the family and medical system.
 - Adverse effects or unintended consequences of screening.

A history of the conditions added to the Washington panel is shown in [Appendix B](#). More information regarding the criteria can be found on the Board of Health's [newborn screening criteria website](#).

⁴ Sensitivity is the ability of the test to accurately find babies who are affected with a certain newborn screening disorder. Specificity is the ability of the test to accurately find babies who are not affected.

Newborn Screening System:

Successful newborn screening requires collaboration among the Washington State Newborn Screening Program, healthcare facilities (hospitals, clinics, laboratories, and birth centers), healthcare providers (pediatricians, family practice physicians, nurse practitioners, and midwives), and families of newborns. It is a coordinated system of screening services comprised of laboratory, follow-up, and support staff.

Responsibilities of the Washington State Newborn Screening Program:

- Perform rapid, efficient screening of children born in the state for the disorders required by state regulation ([WAC 246-650-020](#)).
- Verify each newborn has had access to screening and, if not, take action to assure screening is available.
- Provide appropriate follow-up and recommendations to healthcare providers for newborns with abnormal screening test results to facilitate prompt diagnostic and treatment services.
- Consult with healthcare providers regarding test implications and recommend follow-up actions.
- Perform long-term follow-up and tracking of affected children to evaluate outcomes of the program, improve effectiveness, and promote continued access to appropriate specialty healthcare.
- Collect, analyze, and disseminate data on newborn screening requirements, including cost effectiveness of the system and health outcomes.
- Provide technical assistance and education regarding all components of newborn screening to hospitals, healthcare professionals, families of affected children, and the general public.

Responsibilities of the healthcare facilities and providers:

- Collect and send specimens to the state laboratory within the required timeframes ([RCW 70.83.020](#)).
- Provide proper collection, labeling, and handling of newborn screening specimens.
- Document the screening status of each infant.
- Quickly respond to information and specimen requests from the Newborn Screening Program.
- Ensure prompt follow-up on infants requiring further testing to rule out or confirm a diagnosis.
- Provide parent education about newborn screening and refer for diagnostic and clinical care services as needed.
- When required, report to the Newborn Screening Program the date the parent/guardian was notified of the need for further diagnostic testing.

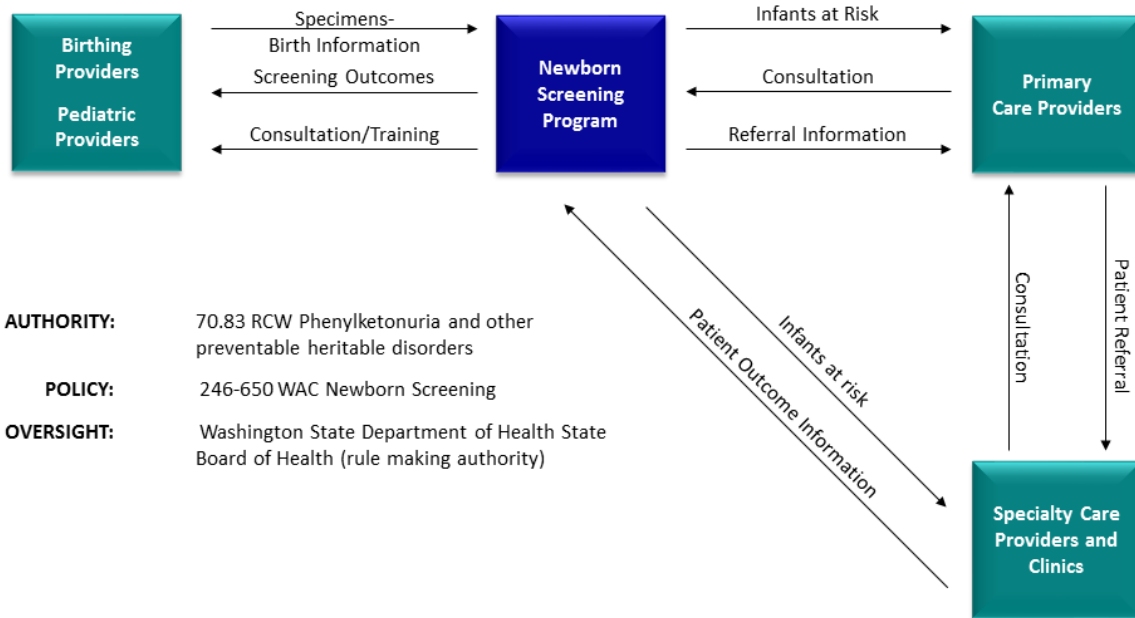
Responsibilities of the families:

- Receive education from their healthcare provider about the newborn screening tests that will be performed on their infant and ask questions if they have any.
- Report to their healthcare provider the presence of a family history of any screened or unscreened disorder.
- Respond quickly to requests from the healthcare provider or Department of Health (department) for repeat screening.
- Cooperate with healthcare providers and institutions when required for follow-up.

These interdependencies and synergies are illustrated in the following graphic.

NEWBORN SCREENING

- CORE FUNCTION:** PREVENTION of severe physical disability or death
- METHOD:** POPULATION BASED SCREENING of all newborns carefully coordinated with providers of birthing, primary, and specialty care service
- FOCUS:** PREVENTABLE DISEASE that would go undetected without this screening and result in catastrophic outcomes



- AUTHORITY:** 70.83 RCW Phenylketonuria and other preventable heritable disorders
- POLICY:** 246-650 WAC Newborn Screening
- OVERSIGHT:** Washington State Department of Health State Board of Health (rule making authority)

Screening Costs:

The department’s cost to operate the program (including laboratory testing, monitoring to assure adequate screening for all infants, follow-up of all abnormal findings, education, and evaluation) is covered through a fee charged for each infant through the facility that collected the initial specimen. From January 1 – August 31, 2016, this charge was \$69 for each child. This charge increased on September 1st to \$76.10 to cover increasing operational costs. This fee is typically covered by insurance and other third-party payers. In return, the state’s healthcare system realizes significant savings by avoiding the costs of lifetime treatment for disabling conditions.

In addition to the screening fee, a separate charge of \$8.40 per birth was collected during this period to support specialty clinic care for infants diagnosed through newborn screening. This clinic subsidy fee funds clinics with expertise to consult with parents and providers on the rare conditions detected.

Quality Assurance and Development Activities:

To augment general training for specimen collection and reporting, the Newborn Screening Program provides outreach and education to Washington State hospitals and other providers regarding their responsibility for specimen collection, specimen transit, and parent notification. The Newborn Screening Program sends quarterly reports on the performance of hospitals and healthcare providers in meeting these responsibilities, along with an itemized list of any instances where these requirements were not met. The program also ensures every baby born in the state receives newborn screening by comparing birth data with specimens received. The program investigates all instances where an infant does not appear to have a newborn screening specimen.

In January 2016 the Newborn Screening Program expanded their quarterly reporting activities to include clinics and outpatient laboratories. These quality reports, previously sent only to hospitals, detail performance of the facility at collecting good quality specimens and completing the collection cards accurately. With the implementation of these reports, there has been a significant improvement in the statewide demographic error rate (see [Table 7](#)).

Newborn Screening Operations:

In May 2016 the Newborn Screening Laboratory expanded operations on Saturdays. This increased capacity improved turnaround time for time-sensitive tests. A lead worker also reviews results on Sunday morning, which allows for follow-up of urgent conditions on Sundays.

The Washington Newborn Screening Laboratory began testing samples from babies born at two naval hospitals in Washington State on May 1, 2016. The naval hospitals in Oak Harbor and Bremerton previously sent specimens out of state for testing at a private laboratory. With the addition of these hospitals, the Washington Newborn Screening Laboratory provides testing and follow-up services to *all* of Washington's newborns.

Newborn Screening New Conditions:

In January of 2016, the Washington State Board of Health accepted the Newborn Screening Advisory Committee's recommendation to add X-linked adrenoleukodystrophy (X-ALD) to the Washington mandatory screening panel. X-ALD is a disorder affecting the body's nervous and endocrine systems that can cause death or permanent disability if not detected and treated early. The Department of Health and Board of Health are preparing for this expansion and anticipate implementing routine screening for X-ALD during or before the first quarter of 2018.

2016 Performance Data

Collection and Transport Performance:

During the 2014 Legislative Session, a revision was made to Chapter [70.83 RCW](#) to specify both collection times and transit times for initial newborn screening specimens. Previously, the law required collecting a specimen prior to discharge from the hospital with no other specific requirements for collection and submission; the Newborn Screening Program had provided guidelines only to providers. The new requirements apply to all hospitals and birthing providers throughout the state.

Under the rule revision, each hospital or healthcare provider attending a birth outside a hospital is required to collect and transport specimens to the Newborn Screening Laboratory within specified timeframes. These requirements ensure timely testing and diagnostic treatment for the protection of newborns.

Specimen Collection: Initial specimens must be collected no later than 48 hours following birth. It is recommended that initial specimens are collected between 18 and 48 hours following birth. For all Washington births in 2016—including hospitals, birth centers, and home births—98.2 percent of initial specimens were collected within this timeframe.

Transit Performance: Initial specimens must be received by the State Laboratory within 72 hours of collection (excluding days that the laboratory is closed – Sundays and Thanksgiving). For all Washington births in 2016—including hospitals, birth centers, and home births—89.2 percent of initial specimens were received within this timeframe.

The following tables indicate both aggregate and individual submitter performance in meeting these requirements. [Table 3](#) depicts the annual compliance measures by birth facility type for both specimen collection and transit compliance. Since the revision of the NBS law, there has been little change in the overall specimen collection compliance, however almost 20 percent of babies born out-of-hospital have their initial specimen collected after 48 hours of age. This delay in specimen collection is often due to the logistics of a home birth, where birth attendants leave the home shortly after birth and often do not return until day three of life – missing the optimal window for specimen collection. In 2016, hospitals improved their aggregate transit time compliance by 4.4 percentage points to reach 90.2 percent compliance. This improvement can be anecdotally attributed to the increase usage of courier services and hospitals improving their internal specimen handling procedures. The NBS program plans to collect data on specimen transport methods during 2018. In 2016 only 64.4 percent of out-of-hospital births had their initial specimens reach the laboratory within 72 hours of collection. This population relies heavily on the United States Postal Service for specimen transport as they do not have access to courier services. This is further exacerbated by geography with only 39.9 percent of out-of-hospital specimens from Eastern Washington meeting the transit time requirements (see [Appendix D](#)). This highlights a need for this community to have access to alternative methods of specimen transport. Further detail on hospital performance by birth volume and geographic location can be found in the appendices.

Table 1: [Specimen Collection Compliance by Birth Facility](#)

Table 2: [Specimen Transit Compliance by Birth Facility](#)

Table 3: [Annual Compliance Measures](#)

Appendix C: [Specimen Collection and Transit Performance \(by Hospital Birth Volume\)](#)

Appendix D: [Specimen Collection and Transit Performance \(by Hospital Geographic Location\)](#)

Appendix E: [Specimen Age at Collection and Specimen Transit Time](#)

Table 1: Specimen Collection Compliance by Birth Facility
Births January 1, 2016 - December 31, 2016

Each hospital or healthcare provider attending a birth outside of a hospital is required to collect and transport specimens to the Newborn Screening Laboratory within specified timeframes ([70.83.020 RCW](#)). These requirements ensure timely testing and diagnostic treatment for the protection of newborns. The timeframes for specimen collection and transport are:

- 1) Initial specimen collected no later than 48 hours following birth
- 2) Initial specimen received by State Lab within 72 hours of collection (excluding Sundays and Thanksgiving)

| Facility of Birth | City | Eligible Infants | 1) Collection Compliance |
|--|--------------------------|------------------|--------------------------|
| Forks Community Hospital | Forks | 71 | 100% |
| Harborview Medical Center - UW Medicine | Seattle | 3 | 100% |
| Lewis County Hospital | Morton | 2 | 100% |
| Lourdes Medical Center | Pasco | 1 | 100% |
| Newport Hospital | Newport | 65 | 100% |
| Ocean Beach Hospital | Ilwaco | 1 | 100% |
| St Clare Hospital | Lakewood | 1 | 100% |
| Summit Pacific Medical Center | Elma | 1 | 100% |
| Willapa Harbor Hospital | South Bend | 1 | 100% |
| Madigan Army Medical Center | Joint Base Lewis-McChord | 2,013 | 99.8% |
| Swedish Issaquah | Issaquah | 1,594 | 99.7% |
| Prosser Memorial Hospital | Prosser | 343 | 99.7% |
| Providence St Peter Hospital | Olympia | 2,255 | 99.7% |
| Swedish Edmonds | Edmonds | 1,247 | 99.6% |
| Northwest Hospital - UW Medicine | Seattle | 1,211 | 99.6% |
| Othello Community Hospital | Othello | 478 | 99.6% |
| Sacred Heart Medical Center - Providence | Spokane | 3,326 | 99.5% |
| Overlake Medical Center | Bellevue | 3,921 | 99.5% |
| Deaconess Hospital | Spokane | 1,445 | 99.4% |
| Swedish First Hill | Seattle | 7,852 | 99.4% |
| Swedish Ballard | Seattle | 1,166 | 99.4% |
| Legacy Salmon Creek Medical Center | Vancouver | 3,491 | 99.4% |
| Auburn Medical Center - MultiCare | Auburn | 1,202 | 99.3% |
| Kadlec Regional Medical Center | Richland | 2,815 | 99.3% |
| EvergreenHealth | Kirkland | 4,765 | 99.3% |
| Trios Health Hospital | Kennewick | 1,627 | 99.3% |
| Harrison Medical Center | Silverdale | 2,007 | 99.3% |
| Mid-Valley Hospital | Omak | 226 | 99.1% |
| Yakima Valley Memorial Hospital | Yakima | 2,748 | 99.1% |
| Valley Hospital | Spokane | 735 | 99.0% |
| Central Washington Hospital | Wenatchee | 1,344 | 99.0% |
| Holy Family Hospital - Providence | Spokane | 1,306 | 99.0% |
| Tacoma General Hospital - MultiCare | Tacoma | 3,042 | 99.0% |

Table 1: Specimen Collection Compliance by Birth Facility (cont.)

| Facility of Birth | City | Eligible Infants | 1) Collection Compliance |
|---|------------------|------------------|--------------------------|
| St Joseph Medical Center | Tacoma | 4,234 | 98.9% |
| Skagit Valley Hospital | Mount Vernon | 1,109 | 98.9% |
| Coulee Medical Center | Grand Coulee | 92 | 98.9% |
| Providence Everett Medical Center | Everett | 4,814 | 98.9% |
| Island Hospital | Anacortes | 433 | 98.8% |
| St Joseph Hospital - PeaceHealth | Bellingham | 2,038 | 98.7% |
| St Francis Hospital | Federal Way | 1,349 | 98.7% |
| Good Samaritan Hospital - MultiCare | Puyallup | 2,386 | 98.7% |
| Pullman Regional Hospital | Pullman | 426 | 98.6% |
| Valley Medical Center - UW Medicine | Renton | 3,771 | 98.5% |
| St John Medical Center - PeaceHealth | Longview | 839 | 98.3% |
| Highline Medical Center | Burien | 862 | 98.1% |
| Toppenish Community Hospital | Toppenish | 431 | 98.1% |
| Sunnyside Community Hospital | Sunnyside | 533 | 98.1% |
| Grays Harbor Community Hospital | Aberdeen | 472 | 98.1% |
| Naval Hospital - Oak Harbor | Oak Harbor | 198 | 98.0% |
| University of Washington Medical Center | Seattle | 1,900 | 97.9% |
| WhidbeyHealth Medical Center | Coupeville | 180 | 97.8% |
| Kittitas Valley Healthcare | Ellensburg | 311 | 97.7% |
| Mason General Hospital | Shelton | 301 | 97.7% |
| Cascade Valley Hospital | Arlington | 164 | 97.6% |
| Naval Hospital - Bremerton | Bremerton | 478 | 97.5% |
| PeaceHealth Southwest Medical Center | Vancouver | 2,125 | 97.4% |
| Mount Carmel Hospital - Providence | Colville | 231 | 97.4% |
| Providence Centralia Hospital | Centralia | 727 | 97.1% |
| Samaritan Healthcare | Moses Lake | 1,004 | 97.0% |
| Three Rivers Hospital | Brewster | 108 | 96.3% |
| St Elizabeth Hospital | Enumclaw | 333 | 96.1% |
| Olympic Medical Center | Port Angeles | 464 | 95.9% |
| Capital Medical Center | Olympia | 700 | 95.7% |
| St Mary Medical Center - Providence | Walla Walla | 661 | 95.5% |
| Walla Walla General Hospital | Walla Walla | 113 | 94.7% |
| North Valley Hospital | Tonasket | 84 | 92.9% |
| Whitman Hospital and Medical Center | Colfax | 39 | 92.3% |
| Lake Chelan Community Hospital | Chelan | 113 | 91.2% |
| Jefferson Healthcare | Port Townsend | 101 | 86.1% |
| All Hospital Births | Statewide | 86,429 | 98.9% |
| All Out-of-Hospital Births | Statewide | 3,372 | 80.3% |
| All Washington State Births | Statewide | 89,873 | 98.2% |

Table 2: Specimen Transit Compliance by Birth Facility
Births January 1, 2016 - December 31, 2016

Each hospital or healthcare provider attending a birth outside of a hospital is required to collect and transport specimens to the Newborn Screening Laboratory within specified timeframes ([70.83.020 RCW](#)). These requirements ensure timely testing and diagnostic treatment for the protection of newborns. The timeframes for specimen collection and transport are:

- 1) Initial specimen collected no later than 48 hours following birth
- 2) Initial specimen received by State Lab within 72 hours of collection (excluding Sundays and Thanksgiving)

| Facility of Birth | City | Eligible Infants | 2) Transit Compliance |
|--|-------------|------------------|-----------------------|
| Harborview Medical Center - UW Medicine | Seattle | 3 | 100% |
| Lourdes Medical Center | Pasco | 1 | 100% |
| Ocean Beach Hospital | Ilwaco | 1 | 100% |
| St Clare Hospital | Lakewood | 1 | 100% |
| Summit Pacific Medical Center | Elma | 1 | 100% |
| Willapa Harbor Hospital | South Bend | 1 | 100% |
| EvergreenHealth | Kirkland | 4,765 | 99.8% |
| Northwest Hospital - UW Medicine | Seattle | 1,211 | 99.7% |
| Swedish Issaquah | Issaquah | 1,594 | 99.6% |
| Swedish First Hill | Seattle | 7,852 | 99.4% |
| Island Hospital | Anacortes | 433 | 99.1% |
| University of Washington Medical Center | Seattle | 1,900 | 98.8% |
| Harrison Medical Center | Silverdale | 2,007 | 98.8% |
| Overlake Medical Center | Bellevue | 3,921 | 98.2% |
| Providence Everett Medical Center | Everett | 4,814 | 98.2% |
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| Highline Medical Center | Burien | 862 | 95.9% |
| Auburn Medical Center - MultiCare | Auburn | 1,202 | 95.8% |
| Deaconess Hospital | Spokane | 1,445 | 95.6% |
| Toppenish Community Hospital | Toppenish | 431 | 95.1% |
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| St Francis Hospital | Federal Way | 1,349 | 94.1% |
| Valley Hospital | Spokane | 735 | 93.3% |
| St Mary Medical Center - Providence | Walla Walla | 661 | 93.0% |
| Newport Hospital | Newport | 65 | 92.3% |
| PeaceHealth Southwest Medical Center | Vancouver | 2,125 | 92.1% |
| Good Samaritan Hospital - MultiCare | Puyallup | 2,386 | 92.0% |
| St Elizabeth Hospital | Enumclaw | 333 | 91.9% |
| Naval Hospital - Bremerton | Bremerton | 478 | 91.8% |

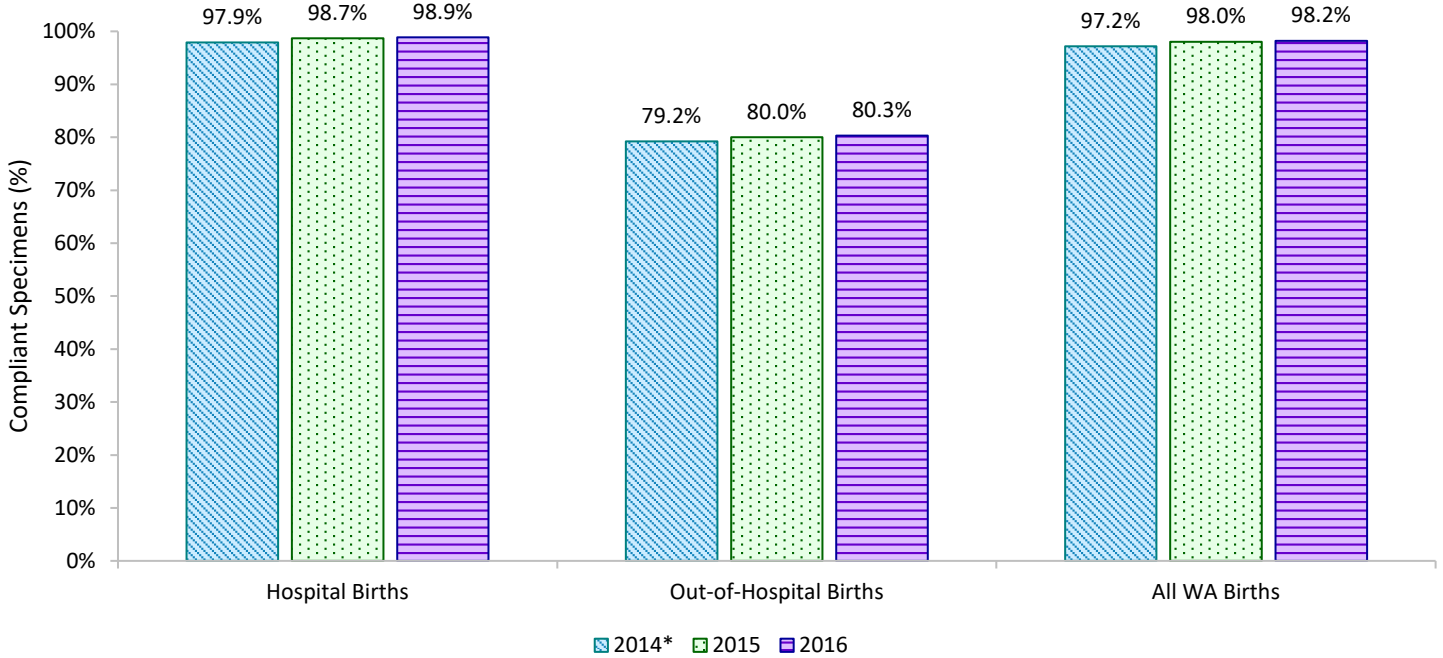
Table 2: Specimen Transit Compliance by Birth Facility (cont.)

| Facility of Birth | City | Eligible Infants | 2) Transit Compliance |
|--------------------------------------|--------------------------|------------------|-----------------------|
| Mount Carmel Hospital - Providence | Colville | 231 | 91.8% |
| Tacoma General Hospital - MultiCare | Tacoma | 3,042 | 90.7% |
| Forks Community Hospital | Forks | 71 | 90.1% |
| Trios Health Hospital | Kennewick | 1,627 | 90.0% |
| Valley Medical Center - UW Medicine | Renton | 3,771 | 88.9% |
| Holy Family Hospital - Providence | Spokane | 1,306 | 88.7% |
| Madigan Army Medical Center | Joint Base Lewis-McChord | 2,013 | 88.3% |
| Kittitas Valley Healthcare | Ellensburg | 311 | 87.5% |
| St John Medical Center - PeaceHealth | Longview | 839 | 86.4% |
| Pullman Regional Hospital | Pullman | 426 | 86.4% |
| Samaritan Healthcare | Moses Lake | 1,004 | 86.4% |
| Mason General Hospital | Shelton | 301 | 85.7% |
| Sunnyside Community Hospital | Sunnyside | 533 | 84.4% |
| Naval Hospital - Oak Harbor | Oak Harbor | 198 | 84.3% |
| WhidbeyHealth Medical Center | Coupeville | 180 | 82.2% |
| Central Washington Hospital | Wenatchee | 1,344 | 81.5% |
| St Joseph Hospital - PeaceHealth | Bellingham | 2,038 | 80.6% |
| Capital Medical Center | Olympia | 700 | 79.0% |
| North Valley Hospital | Tonasket | 84 | 77.4% |
| Mid-Valley Hospital | Omak | 226 | 77.0% |
| Skagit Valley Hospital | Mount Vernon | 1,109 | 75.8% |
| Olympic Medical Center | Port Angeles | 464 | 75.0% |
| Providence St Peter Hospital | Olympia | 2,255 | 74.6% |
| Yakima Valley Memorial Hospital | Yakima | 2,748 | 68.3% |
| Kadlec Regional Medical Center | Richland | 2,815 | 62.7% |
| Cascade Valley Hospital | Arlington | 164 | 62.2% |
| Walla Walla General Hospital | Walla Walla | 113 | 61.9% |
| Three Rivers Hospital | Brewster | 108 | 58.3% |
| Lake Chelan Community Hospital | Chelan | 113 | 53.1% |
| Othello Community Hospital | Othello | 478 | 52.1% |
| Lewis County Hospital | Morton | 2 | 50.0% |
| Providence Centralia Hospital | Centralia | 727 | 46.8% |
| Jefferson Healthcare | Port Townsend | 101 | 41.6% |
| Prosser Memorial Hospital | Prosser | 343 | 39.7% |
| Grays Harbor Community Hospital | Aberdeen | 472 | 34.1% |
| Coulee Medical Center | Grand Coulee | 92 | 32.6% |
| All Hospital Births | Statewide | 86,429 | 90.2% |
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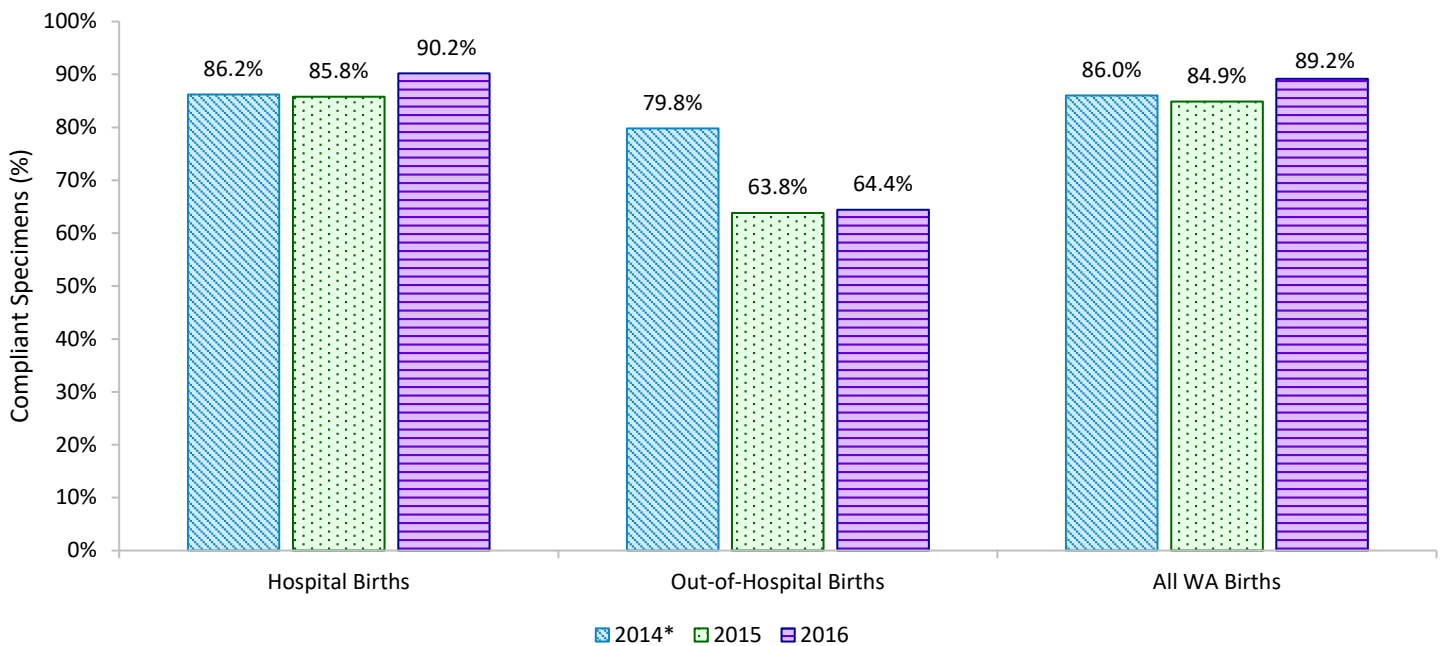
Table 3:

**Annual Compliance Measures
Born July 1, 2014 - December 31, 2016**

Annual Age at Collection (AAC) Compliance - Birth Facility Type



Annual Transit Time (TT) Compliance - Birth Facility Type



*Includes data from July 1, 2014- December 31, 2014

Specimen Quality Indicators and Performance:

The Newborn Screening Program tracks and records the quality of specimens received at the laboratory from all submitters. Each quality measure is tracked and reported quarterly to hospitals to ensure the best possible testing results. The program contacts submitters and provides guidance when errors occur, and offers onsite training for hospital staff as needed and upon request. The program is available to visit and provide hands-on training and answer questions specific to a given hospital.

Specimen quality measures include information on the number and type of unsatisfactory specimens received and the frequency of incomplete or incorrect demographic information submitted with specimens. Collecting good quality specimens and completing the demographics accurately on the specimen card are critical to the timely identification of babies with newborn screening conditions. These measures assist hospitals in identifying areas for training or improvement.

Unsatisfactory Specimens: Some specimens are considered unsatisfactory due to the quality of specimen collection or handling. In these cases, another specimen must be obtained to complete screening, which could delay diagnosis and treatment of an affected infant or cause undue hardship for the parents. Overall, 2.1 percent of specimens submitted were classified as unsatisfactory for the year. See [Key 1: Unsatisfactory Specimen Descriptions](#), at the end of this report.

Demographic Errors on Specimens Cards: Key demographic fields are necessary for interpreting newborn screening results and for identifying the infant. Specimens with invalid or missing demographic information could delay diagnosis and treatment of an affected infant. During the 12-month period, 14.7 percent of specimen cards submitted had one or more demographic errors.

The following tables provide performance statistics in aggregate ([Table 4](#)) and by submitter ([Table 5 and Table 6](#)) for the year ending December 31, 2016.

[Table 7](#) depicts the annual quality measures. There has been a slight increase in the percentage of unsatisfactory specimens submitted by midwives, this highlights an area for targeted education and outreach. The large improvement in the demographic error rate for clinics and laboratories from 2015 to 2016 can be attributed to increased education of demographic errors through the expansion of the quarterly reports. In particular explanations are the fields of Birth Weight, Birth Time, Collection Time and Birth Facility. More detailed information regarding quality measures can be found in the appendices.

Table 4: [Unsatisfactory Specimens & Demographic Errors Report](#)

Table 5: [Unsatisfactory Specimens by Submitting Facility](#)

Table 6: [Demographic Error Rates by Submitting Facility](#)

Table 7: [Annual Quality Measures](#)

Appendix F: [Unsatisfactory Specimens](#)

Appendix G: [Demographic Errors on Specimen Cards](#)

Table 4: Unsatisfactory Specimens & Demographic Errors Report
Received January 1, 2016 - December 31, 2016

Unsatisfactory Specimens

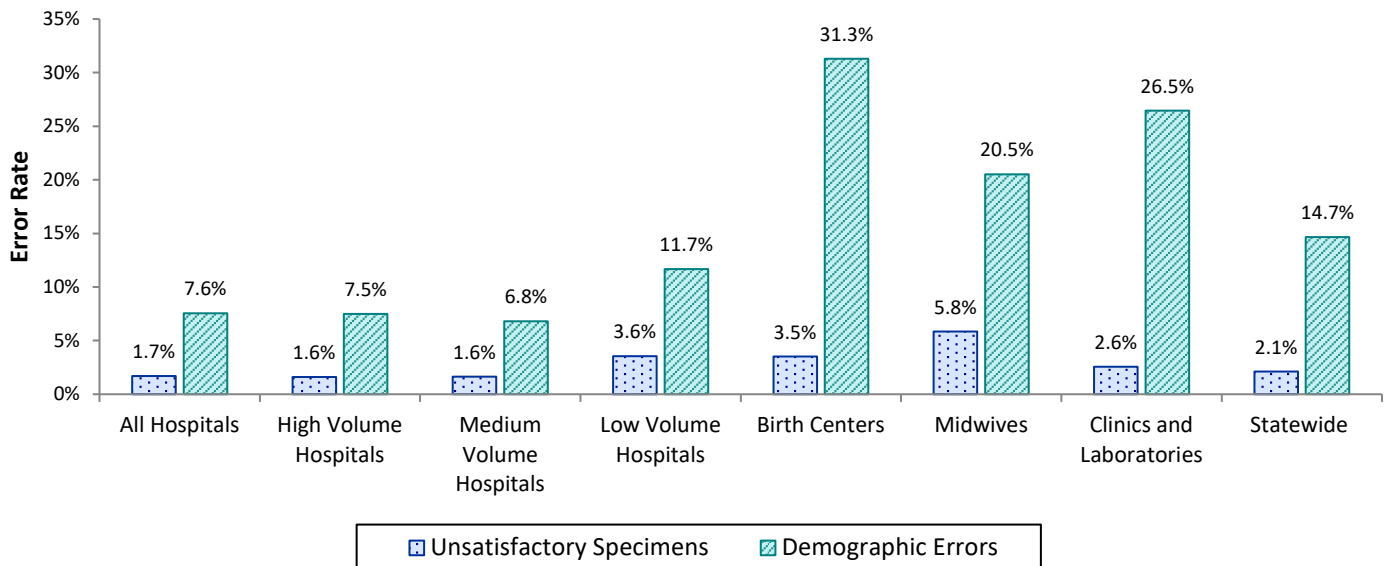
Some specimens are considered unsatisfactory due to the quality of specimen collection or handling. These specimens are tested for extreme values but another specimen must be obtained to complete screening. The need to obtain a repeat specimen could delay diagnosis and treatment of an affected infant.

Demographic Errors

Some specimens arrive with missing or invalid demographic information. Key demographic fields are necessary for interpreting newborn screening results and for identifying the infant. Missing or invalid information can delay screening results and could delay diagnosis and treatment of an affected infant.

| Submitter Group ¹ | Total Specimens | Unsatisfactory Specimens ² | | Demographic Errors | |
|--|-----------------|---------------------------------------|-------------|--------------------|--------------|
| | | Total | Error Rate | Total ³ | Error Rate |
| All Hospital Specimens | 107,251 | 1,801 | 1.7% | 8,102 | 7.6% |
| High Volume Hospitals | 89,752 | 1,449 | 1.6% | 6,729 | 7.5% |
| Medium Volume Hospitals | 13,782 | 223 | 1.6% | 939 | 6.8% |
| Low Volume Hospitals | 3,717 | 129 | 3.6% | 434 | 11.7% |
| All Birth Center Specimens | 655 | 23 | 3.5% | 205 | 31.3% |
| All Midwife Specimens | 4,912 | 284 | 5.8% | 1,008 | 20.5% |
| All Clinic and Laboratory Specimens | 61,457 | 1,554 | 2.6% | 16,254 | 26.5% |
| Statewide | 174,275 | 3,662 | 2.1% | 25,569 | 14.7% |

Error Rates by Submitter Group¹



¹ See [Key 2: Hospital Volume](#) for hospital volume category definitions

² See [Key 1: Unsatisfactory Specimen Descriptions](#) for descriptions and causes of unsatisfactory specimens

³ Includes specimen cards with one or more missing or invalid demographic fields

Table 5: Unsatisfactory Specimens by Submitting Facility
Received January 1, 2016 - December 31, 2016

Unsatisfactory Specimens

Some specimens are considered unsatisfactory due to the quality of specimen collection or handling. These specimens are tested for extreme values but another specimen must be obtained to complete screening. The need to obtain a repeat specimen could delay diagnosis and treatment of an affected infant.

| Submitting Facility | City | Total Specimens | Unsat Specimen ¹ Error Rate |
|---|--------------------------|-----------------|--|
| Columbia Basin Hospital | Ephrata | 2 | 0% |
| Ferry County Memorial Hospital | Republic | 5 | 0% |
| Group Health Cooperative | Seattle | 1 | 0% |
| Lewis County Hospital | Morton | 5 | 0% |
| Lourdes Medical Center | Pasco | 5 | 0% |
| Mary Bridge Children's Hospital - MultiCare | Tacoma | 53 | 0% |
| Odessa Memorial Healthcare Center | Odessa | 1 | 0% |
| Prosser Memorial Hospital | Prosser | 521 | 0% |
| Snoqualmie Valley Hospital | Snoqualmie | 1 | 0% |
| St Clare Hospital | Tacoma | 3 | 0% |
| St Joseph Hospital - Providence | Chewelah | 28 | 0% |
| Swedish Cherry Hill | Seattle | 4 | 0% |
| Three Rivers Hospital | Brewster | 162 | 0% |
| Willapa Harbor Hospital | South Bend | 6 | 0% |
| Yakima Regional Medical Center | Yakima | 1 | 0% |
| Naval Hospital - Bremerton | Bremerton | 976 | 0.3% |
| Harrison Medical Center | Silverdale | 2,096 | 0.5% |
| Samaritan Healthcare | Moses Lake | 1,007 | 0.5% |
| PeaceHealth Southwest Medical Center | Vancouver | 2,331 | 0.5% |
| Madigan Army Medical Center | Joint Base Lewis-McChord | 4,139 | 0.6% |
| Overlake Medical Center | Bellevue | 4,117 | 0.6% |
| St Mary Medical Center - Providence | Walla Walla | 667 | 0.7% |
| Good Samaritan Hospital - MultiCare | Puyallup | 2,475 | 0.8% |
| Capital Medical Center | Olympia | 685 | 0.9% |
| Providence Everett Medical Center | Everett | 5,392 | 0.9% |
| Sacred Heart Medical Center - Providence | Spokane | 4,995 | 0.9% |
| Valley Hospital | Spokane | 1,060 | 0.9% |
| Deaconess Hospital | Spokane | 1,970 | 1.0% |
| Auburn Medical Center - MultiCare | Auburn | 1,220 | 1.0% |
| Yakima Valley Memorial Hospital | Yakima | 5,069 | 1.0% |
| St Francis Hospital | Federal Way | 1,883 | 1.1% |
| Holy Family Hospital - Providence | Spokane | 1,566 | 1.1% |

Table 5: Unsatisfactory Specimens by Submitting Facility (cont.)

| Submitting Facility | City | Total Specimens | Unsat Specimen ¹ Error Rate |
|---|---------------|-----------------|--|
| Central Washington Hospital | Wenatchee | 1,375 | 1.1% |
| Legacy Salmon Creek Medical Center | Vancouver | 3,725 | 1.1% |
| Jefferson Healthcare | Port Townsend | 171 | 1.2% |
| EvergreenHealth | Kirkland | 5,073 | 1.2% |
| Island Hospital | Anacortes | 650 | 1.2% |
| Naval Hospital - Oak Harbor | Oak Harbor | 402 | 1.2% |
| Grays Harbor Community Hospital | Aberdeen | 478 | 1.3% |
| Olympic Medical Center | Port Angeles | 926 | 1.3% |
| Othello Community Hospital | Othello | 767 | 1.3% |
| St Joseph Hospital - PeaceHealth | Bellingham | 2,126 | 1.4% |
| Kadlec Regional Medical Center | Richland | 3,287 | 1.4% |
| St Joseph Medical Center | Tacoma | 6,209 | 1.5% |
| Skagit Valley Hospital | Mount Vernon | 1,127 | 1.5% |
| Northwest Hospital - UW Medicine | Seattle | 1,712 | 1.5% |
| St Elizabeth Hospital | Enumclaw | 446 | 1.6% |
| Newport Hospital | Newport | 126 | 1.6% |
| Toppenish Community Hospital | Toppenish | 739 | 1.6% |
| Forks Community Hospital | Forks | 123 | 1.6% |
| Seattle Children's Hospital | Seattle | 664 | 1.7% |
| Swedish Edmonds | Edmonds | 1,792 | 1.7% |
| Valley Medical Center - UW Medicine | Renton | 4,013 | 1.8% |
| EvergreenHealth - Monroe | Monroe | 54 | 1.9% |
| Coulee Medical Center | Grand Coulee | 161 | 1.9% |
| Summit Pacific Medical Center | Elma | 48 | 2.1% |
| Mid-Valley Hospital | Omak | 232 | 2.2% |
| Swedish Issaquah | Issaquah | 1,643 | 2.2% |
| Virginia Mason Hospital | Seattle | 319 | 2.2% |
| WhidbeyHealth Medical Center | Coupeville | 340 | 2.4% |
| Mason General Hospital | Shelton | 320 | 2.5% |
| St John Medical Center - PeaceHealth | Longview | 837 | 2.5% |
| Swedish Ballard | Seattle | 1,314 | 2.8% |
| Sunnyside Community Hospital | Sunnyside | 920 | 2.8% |
| Swedish First Hill | Seattle | 8,843 | 3.0% |
| Harborview Medical Center - UW Medicine | Seattle | 99 | 3.0% |
| Pullman Regional Hospital | Pullman | 436 | 3.2% |
| Trios Health Hospital | Kennewick | 1,766 | 3.2% |
| Kittitas Valley Healthcare | Ellensburg | 330 | 3.3% |
| Tacoma General Hospital - MultiCare | Tacoma | 3,866 | 3.4% |

Table 5: Unsatisfactory Specimens by Submitting Facility (cont.)

| Submitting Facility | City | Total Specimens | Unsat Specimen ¹ Error Rate |
|---|------------------|-----------------|--|
| University of Washington Medical Center | Seattle | 2,205 | 3.7% |
| Highline Medical Center | Burien | 896 | 3.9% |
| North Valley Hospital | Tonasket | 101 | 4.0% |
| Providence Centralia Hospital | Centralia | 705 | 4.1% |
| Lincoln Hospital | Davenport | 23 | 4.3% |
| Providence St Peter Hospital | Olympia | 2,423 | 4.7% |
| Walla Walla General Hospital | Walla Walla | 184 | 4.9% |
| Whitman Hospital and Medical Center | Colfax | 82 | 6.1% |
| Mount Carmel Hospital - Providence | Colville | 252 | 6.7% |
| Cascade Valley Hospital | Arlington | 263 | 8.4% |
| Lake Chelan Community Hospital | Chelan | 212 | 9.9% |
| All Hospital Specimens | Statewide | 107,251 | 1.7% |
| Non-Hospital Specimens | Statewide | 67,024 | 2.8% |
| All Birth Center Specimens | Statewide | 655 | 3.5% |
| All Midwife Specimens | Statewide | 4,912 | 5.8% |
| All Clinic and Laboratory Specimens | Statewide | 61,457 | 2.6% |
| All Washington State Births | Statewide | 174,275 | 2.1% |

¹ See [Key 1: Unsatisfactory Specimen Descriptions](#) for descriptions and causes of unsatisfactory specimens

Table 6: Demographic Error Rates by Submitting Facility
Received January 1, 2016 - December 31, 2016

Demographic Errors

Some specimens arrive with missing or invalid demographic information. Key demographic fields are necessary for interpreting newborn screening results and for identifying the infant. Missing or invalid information can delay screening results and could delay diagnosis and treatment of an affected infant.

| Submitting Facility | City | Total Specimens | Demographic Error Rate ¹ |
|---|--------------------------|-----------------|-------------------------------------|
| Columbia Basin Hospital | Ephrata | 2 | 0% |
| Group Health Cooperative | Seattle | 1 | 0% |
| Snoqualmie Valley Hospital | Snoqualmie | 1 | 0% |
| Swedish Cherry Hill | Seattle | 4 | 0% |
| Yakima Regional Medical Center | Yakima | 1 | 0% |
| Holy Family Hospital - Providence | Spokane | 1,566 | 2.4% |
| EvergreenHealth | Kirkland | 5,073 | 2.6% |
| Swedish Edmonds | Edmonds | 1,792 | 2.7% |
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| Harrison Medical Center | Silverdale | 2,096 | 5.9% |
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| Mid-Valley Hospital | Omak | 232 | 6.0% |
| Whitman Hospital and Medical Center | Colfax | 82 | 6.1% |

Table 6: Demographic Error Rates by Submitting Facility (cont.)

| Submitting Facility | City | Total Specimens | Demographic Error Rate ¹ |
|--|---------------|-----------------|-------------------------------------|
| Sacred Heart Medical Center - Providence | Spokane | 4,995 | 6.1% |
| Central Washington Hospital | Wenatchee | 1,375 | 6.4% |
| Mason General Hospital | Shelton | 320 | 6.6% |
| Tacoma General Hospital - MultiCare | Tacoma | 3,866 | 6.6% |
| Pullman Regional Hospital | Pullman | 436 | 6.7% |
| St Joseph Hospital - PeaceHealth | Bellingham | 2,126 | 6.7% |
| Three Rivers Hospital | Brewster | 162 | 6.8% |
| Coulee Medical Center | Grand Coulee | 161 | 6.8% |
| Grays Harbor Community Hospital | Aberdeen | 478 | 6.9% |
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| Legacy Salmon Creek Medical Center | Vancouver | 3,725 | 7.3% |
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| EvergreenHealth - Monroe | Monroe | 54 | 18.5% |
| Swedish First Hill | Seattle | 8,843 | 18.5% |

Table 6: Demographic Error Rates by Submitting Facility (cont.)

| Submitting Facility | City | Total Specimens | Demographic Error Rate ¹ |
|---|------------------|-----------------|-------------------------------------|
| Ferry County Memorial Hospital | Republic | 5 | 20.0% |
| Lourdes Medical Center | Pasco | 5 | 20.0% |
| Mount Carmel Hospital - Providence | Colville | 252 | 20.6% |
| Lincoln Hospital | Davenport | 23 | 21.7% |
| Summit Pacific Medical Center | Elma | 48 | 22.9% |
| Mary Bridge Children's Hospital - MultiCare | Tacoma | 53 | 37.7% |
| Harborview Medical Center - UW Medicine | Seattle | 99 | 39.4% |
| Lewis County Hospital | Morton | 5 | 40.0% |
| St Clare Hospital | Tacoma | 3 | 66.7% |
| Willapa Harbor Hospital | South Bend | 6 | 66.7% |
| Odessa Memorial Healthcare Center | Odessa | 1 | 100% |
| All Hospital Specimens | Statewide | 107,251 | 7.6% |
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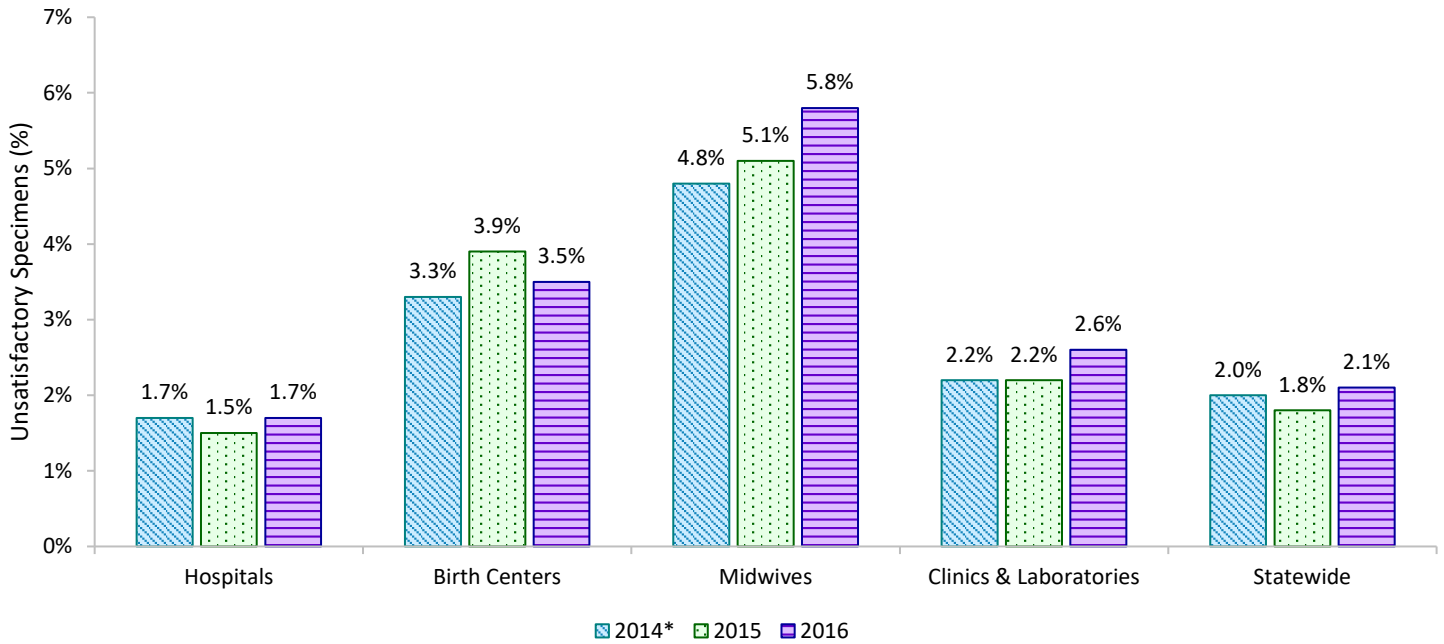
¹Includes specimen cards with one or more missing or invalid demographic fields

Table 7:

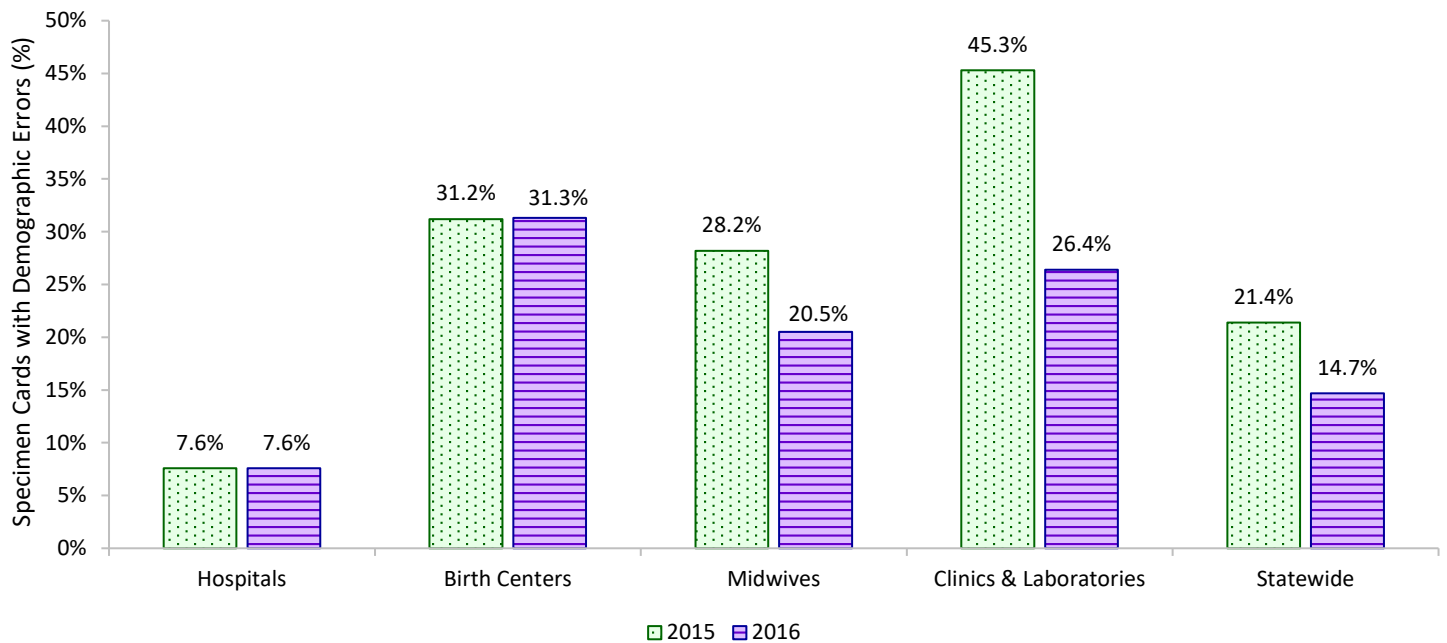
Annual Quality Measures

Received July 1, 2014 - December 31, 2016

Annual Unsatisfactory Specimen¹ Rate - Submitting Facility Type



Annual Demographic Error Rate² - Submitting Facility Type



*Includes data from July 1, 2014- December 31, 2014. Demographic error rates were calculated differently in 2014 and are not included.

¹ See [Key 1: Unsatisfactory Specimen Descriptions](#) for descriptions and causes of unsatisfactory specimens

² Includes specimen cards with one or more missing or invalid demographic fields

Parent Notification

When screening results indicate an infant requires further diagnostic testing and evaluation, the Newborn Screening Program contacts the infant's healthcare provider with disorder-specific recommendations. The provider is then responsible for informing the parents.

Referrals are classified into two types:

Standard Referrals: Due to the potential severity of the condition, clinical evaluation and diagnostic testing should be done immediately. Parents should be notified the same day as the referral. For standard referrals, 47.8 percent of the required notifications were reported to the department. Of the reported notifications, 68.5 percent reported that parents were notified the same day as the referral.

Non-urgent Referrals: Diagnostic testing and evaluation should be done as soon as possible. For non-urgent referrals, 52.2 percent of the required notifications were reported to the department. Of the reported notifications, 81.2 percent reported that parents were notified within three days of the referral.

The following [Table 8](#) details the timeliness of parent notification by their healthcare provider in 2016.

[Table 9](#) shows the annual parent notification measures, including the percent of required notifications reported to the department and the percent of on-time parent notifications. Since the implementation of the reporting requirement there has been a decrease in the percent of notifications returned and the percent of on-time parent notifications. In 2016 only 50.7 percent of the required notifications were reported to the department. Of the reported notifications, 77.2 percent of parents were notified of the need for diagnostic testing and evaluation in the recommended timeframe. This highlights the need for better education of healthcare providers regarding their responsibility to notify parents timely and then report that notification to the department. Anecdotally, very few Referral Notification Forms are returned for infants in the Neonatal Intensive Care Unit (NICU) or Special Care Nursery. For infants who are not in the hospital at the time of the referral, our plan is to be more active in obtaining this information by contacting the healthcare provider if the referral notification form is not returned.

Table 8: Timeliness of Parent Notification by Healthcare Providers
Births January 1, 2016 - December 31, 2016

When screening results indicate an infant requires diagnostic testing and evaluation, the Newborn Screening Program contacts the infant’s healthcare provider with disorder-specific recommendations. The provider is then responsible for informing the parents. Healthcare providers are required to notify the Newborn Screening Program of the date they communicated the need for diagnostic testing to the parent or guardian ([70.83.070 RCW](#)). Referrals are classified into two types:

Standard Referrals

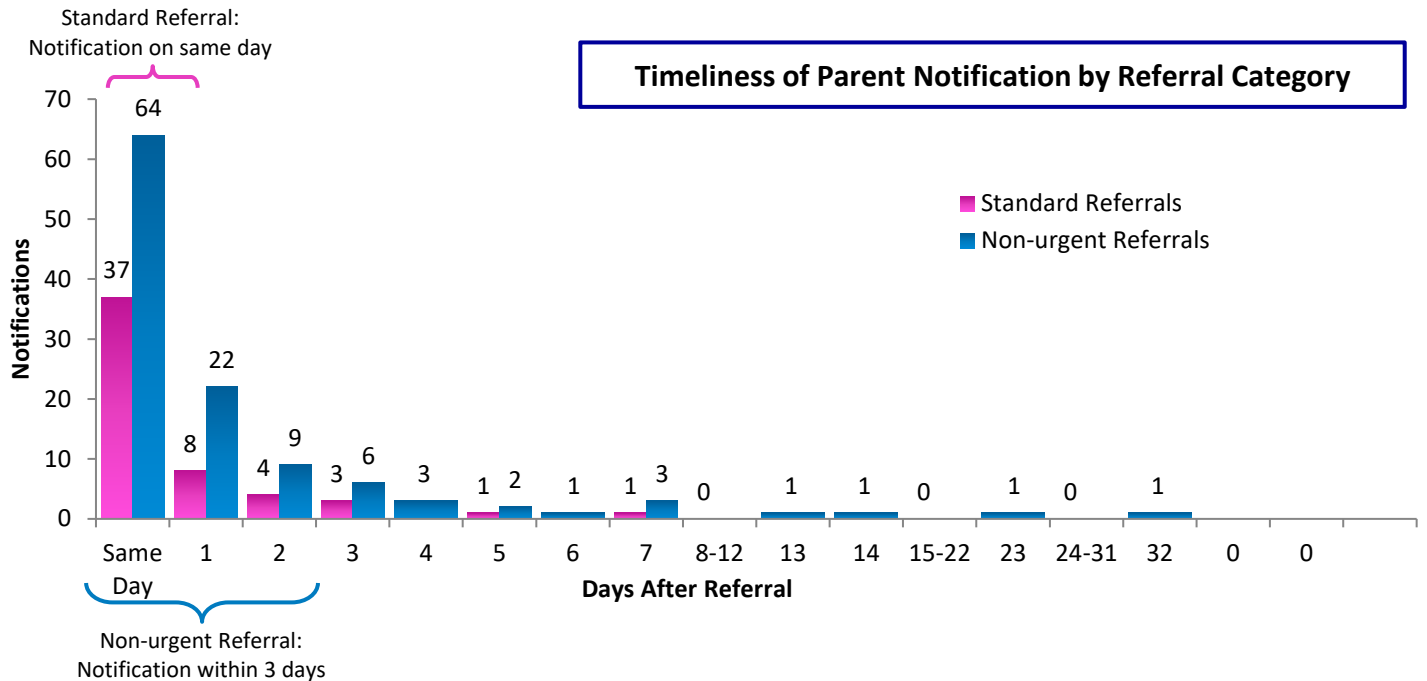
Due to the potential severity of the condition clinical evaluation and diagnostic testing should be done immediately. Parents should be notified the same day as the referral.

Non-urgent Referrals

Diagnostic testing and evaluation should be done as soon as possible. Parents should also be notified as soon as possible, ideally within three days of the referral.

| Newborn Screening Referral Category | Infants Referred for Diagnostic Testing | | Healthcare Provider Reported Date of Parent Notification | | On-time Parent Notification | |
|-------------------------------------|---|-------------|--|--------------|-----------------------------|--------------|
| | Total | Percent | Total | Percent | Total | Percent |
| Standard Referral | 113 | 33.5% | 54 | 47.8% | 37 | 68.5% |
| Non-urgent Referral | 224 | 66.5% | 117 | 52.2% | 95 | 81.2% |
| All Referrals | 337* | 100% | 171 | 50.7% | 132 | 77.2% |

*Excludes 12 instances where the healthcare provider began diagnostic testing prior to screening results based on family history, prenatal diagnosis, or clinical symptoms.



Disorders included in Standard Referrals: Argininosuccinic acidemia (ASA), Citrullinemia (CIT), Congenital adrenal hyperplasia (CAH), Congenital hypothyroidism (CH), Galactosemia (GALT), Isovaleric acidemia (IVA), Long-chain L-3-hydroxy acyl-CoA dehydrogenase (LCHAD) deficiency, Maple syrup urine disease (MSUD), Medium chain acyl-CoA dehydrogenase (MCAD) deficiency, Methylmalonic acidemias (MMA)/Propionic acidemia, Phenylketonuria (PKU), Very long-chain acyl-CoA dehydrogenase (VLCAD) deficiency

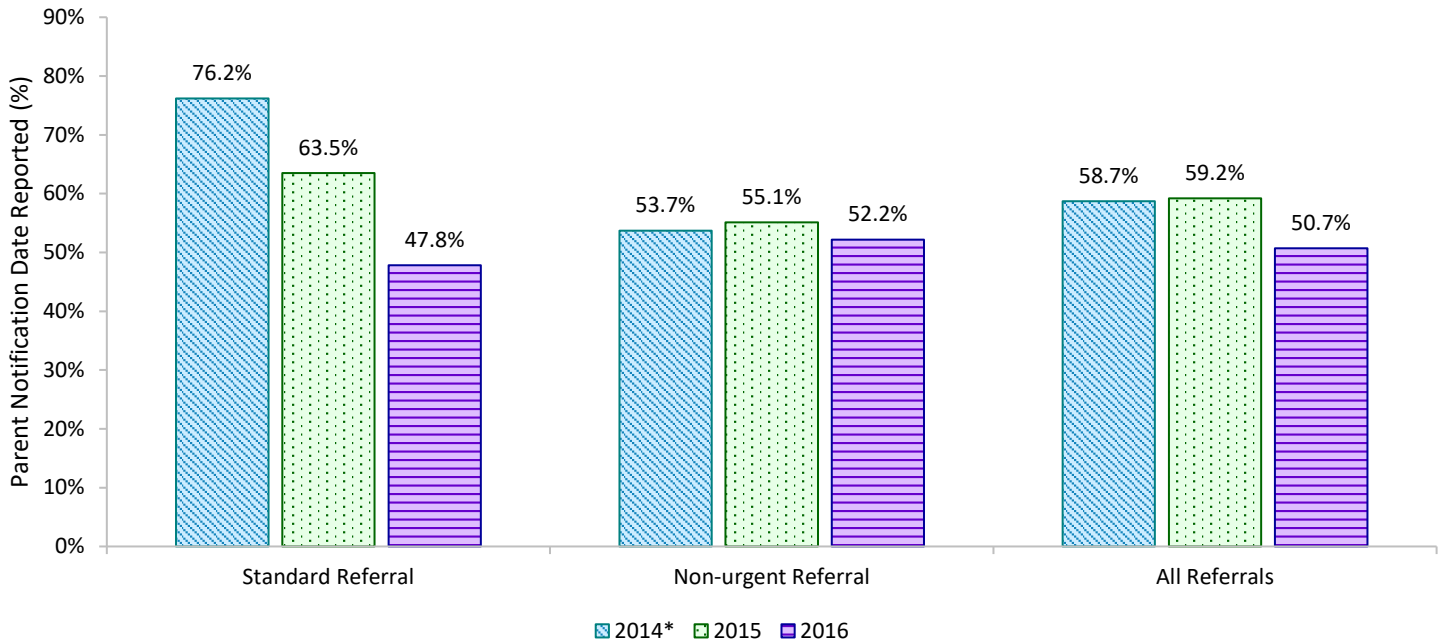
Disorders included in Non-urgent Referrals: Biotinidase deficiency (BIO), Cystic fibrosis (CF), Mild congenital hypothyroidism (CH), Carnitine uptake defect (CUD), Partial Galactosemia (GALT), Homocystinuria (HCY), Hemoglobinopathies (HB), 3-hydroxy-3-methylglutaric aciduria (HMG)/ Multiple carboxylase deficiency (MCD), Severe combined immunodeficiency (SCID)

Table 9:

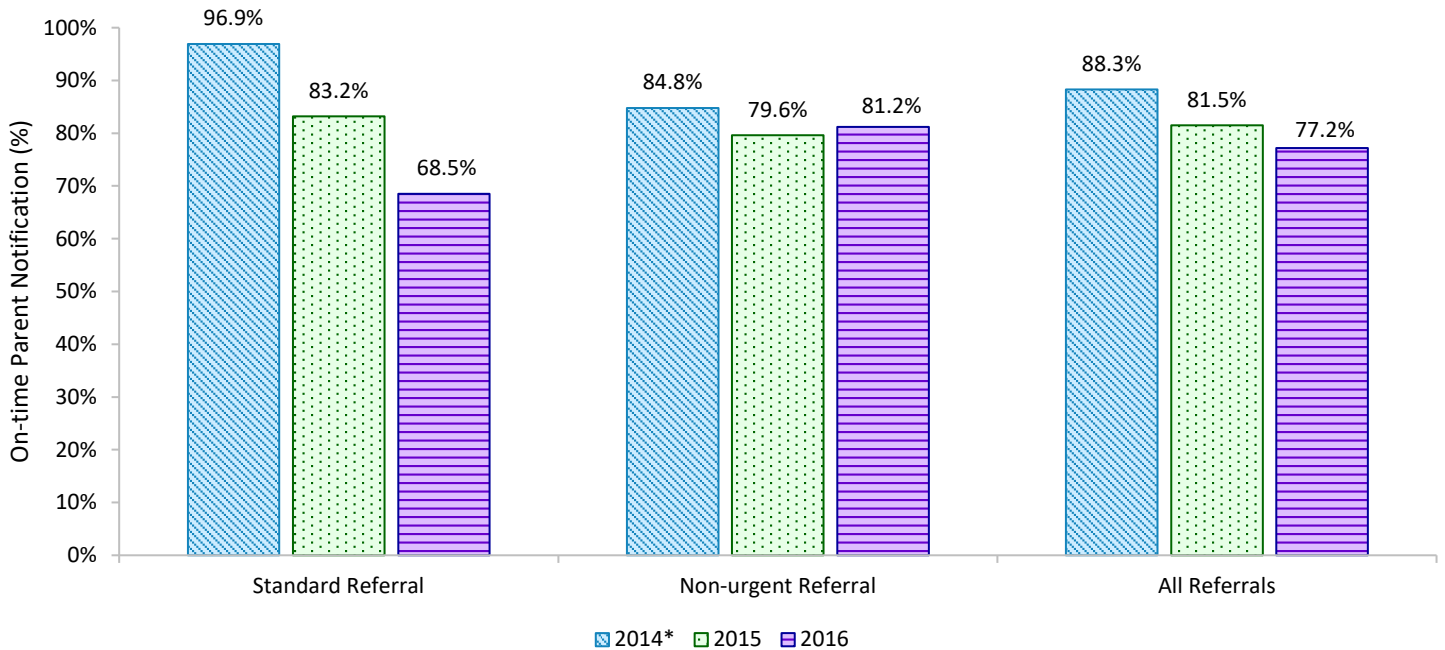
Annual Parent Notification Measures

Received July 1, 2014 - December 31, 2016

Annual Parent Notification Reported - Referral Category¹



Annual On-time Parent Notification - Referral Category¹



*Includes data from July 1, 2014- December 31, 2014.

¹ **Standard Referrals:** Due to the potential severity of the condition clinical evaluation and diagnostic testing should be done immediately. Parents should be notified the same day as the referral. **Non-urgent Referrals:** Diagnostic testing and evaluation should be done as soon as possible, ideally within three days of the referral.

Newborn Screening Disorders Detected

The following is a brief description of the disorders identified through the Newborn Screening Program and abbreviations used throughout the report. Statistics on each of the disorders are included in the tables following the descriptions of the conditions.

Amino acid disorders: disorders of metabolism characterized by the body's inability to correctly process amino acids or the inability to process the ammonia that is released during the breakdown of amino acids. The accumulation of amino acids, ammonia or other by-products may cause severe complications including intellectual disabilities, coma, seizures, and possibly death. Early detection and treatment can prevent most or all of these consequences. Disorders are:

- Argininosuccinic acidemia (ASA)
- Citrullinemia (CIT)
- Homocystinuria (HCY)
- Maple syrup urine disease (MSUD)
- Phenylketonuria (PKU)
- Tyrosinemia type I (TYR I)

Biotinidase deficiency (BIO): deficiency of the enzyme that affects normal recycling of biotin, one of the B vitamins. If untreated, a severe deficiency of biotin can result in metabolic crisis, coma and death. Treatment with biotin can prevent all symptoms.

Congenital adrenal hyperplasia (CAH): excessive production of androgenic hormones due to a defect in the pathway that converts cholesterol into the hormone cortisol. The most common defect, and the primary target of our screening, is deficiency of the enzyme 21-hydroxylase. Deficiency of this enzyme accounts for approximately 95 percent of all cases of CAH. If untreated, CAH can lead to an imbalance in the body's concentration of salts which in turn can rapidly lead to shock and death. It also causes excessive masculinization and extremely premature sexual maturation. Treatment consists of providing cortisol which normalizes hormone production. Proper treatment prevents death and stops the masculinization process. Affected females may require surgical correction of masculinized genitalia.

Congenital hypothyroidism (CH): insufficient production of the thyroid hormone thyroxine due to malformation or malfunction of the thyroid gland. If untreated, CH can result in severe neurological and developmental damage. Treatment consists of hormone replacement with synthetic thyroxine. Affected infants develop normally with proper treatment.

Cystic Fibrosis (CF): defect in the cystic fibrosis transmembrane conductance regulator (CFTR) gene which regulates the body's salt and water secretions. This results in the build-up of thick, sticky mucus in the lungs and digestive system. Treatment consists of pancreatic enzymes, vitamin supplements, chest physiotherapy and antibiotics. Early treatment improves physical growth, cognitive function, and lung function.

Fatty acid oxidation disorders: disorders of metabolism characterized by the inability to efficiently use fat to make energy. During times of extra energy need such as prolonged fasting or acute illness, affected infants can suffer dangerously low blood sugar and metabolic crises resulting in serious damage affecting the brain, liver, heart, eyes, and muscle, and possibly death. Early detection and treatment can prevent most or all of these consequences. Disorders are:

- Carnitine uptake deficiency
- Long-chain L-3-OH acyl-CoA dehydrogenase (LCHAD) deficiency
- Medium chain acyl-CoA dehydrogenase (MCAD) deficiency
- Trifunctional protein (TFP) deficiency
- Very long-chain acyl-CoA dehydrogenase (VLCAD) deficiency

Galactosemia (GALT): deficiency in one of three enzymes that help convert galactose into glucose. Screening targets the most common, classic form of the disorder. If untreated, an affected baby may develop jaundice, vomiting, lethargy, hepatosplenomegaly, cataracts, and failure to thrive. Also, the condition can lead to liver failure, sepsis, and death. A galactose-free diet with strict avoidance of lactose (milk sugar) and lactose containing foods prevents death and assists growth and development.

Hemoglobinopathies:

Sickle cell disease (SCD): a condition marked by a tendency for the blood cells to take on a sickle shape due to an abnormal structure of the hemoglobin molecule. The altered shape shortens the life span of the blood cells, impedes circulation, especially in capillaries, and results in anemia. Children with sickle cell disease are highly susceptible to bacterial infections and rapid pooling of blood in their spleens. Either can rapidly lead to death. Treatment consists of prophylactic penicillin to prevent infection and training parents to recognize splenic crisis. Preventive treatment dramatically reduces infections and death.

Other significant hemoglobinopathies (Hb): other hemoglobin abnormalities that have significant clinical consequences (for example, transfusion-dependent thalassemia). These conditions generally don't require immediate treatment, but early identification allows families to adjust to the diagnosis, anticipate the medical needs, and begin early treatment plans as necessary.

Organic acid disorders: disorders of metabolism characterized by the accumulation of non-amino organic acids and toxic intermediates. This may lead to metabolic crisis with elevation of acid and ammonia in the blood, and dangerously low blood sugar resulting in severe neurologic and physical damage and possibly death. Early detection and treatment can prevent most or all of these consequences. Disorders are:

- 3-hydroxy-3-methylglutaric aciduria (HMG)
- Beta-ketothiolase deficiency (BKT)
- Isovaleric acidemia (IVA)
- Methylmalonic acidemia (cobalamin A, B deficiency)(Cbl A, B)
- Methylmalonic acidemia (mutase deficiency) (MUT)
- Multiple carboxylase deficiency (MCD)
- Propionic acidemia (PROP)

Severe combined immunodeficiency (SCID): a group of disorders of immune system development characterized by absent or low T-cell counts. Babies with SCID are at risk for developing life-threatening infections within the first year of life. Early detection and treatment allow for curative bone-marrow transplant in the first months of life.

The following tables show the breakdown of the conditions during 2016.

Table 10: [Infants Detected with Newborn Screening Disorders by County of Residence](#)

Table 11: [Infants Detected with Newborn Screening Disorders by Infant's Reported Race](#)

Appendix H: [Infants detected with Newborn Screening Disorders 2009-2015](#)

Appendix I: [Newborn Hemoglobin Screening Infants Detected by Phenotype and Reported Race/Ethnicity](#)

**Table 10: Infants Detected with Newborn Screening Disorders
by County of Residence (births by county of occurrence)
Births January 1, 2016 - December 31, 2016**

| County | Births | Amino acid disorders | Biotinidase deficiency | Congenital adrenal hyperplasia | Congenital hypothyroidism | Cystic fibrosis | Fatty acid oxidation disorders | Galactosemia | Hemoglobinopathies | Organic acid disorders | Severe combined immunodeficiency | All Infants Detected |
|----------------------------------|---------------|----------------------|------------------------|--------------------------------|---------------------------|-----------------|--------------------------------|--------------|--------------------|------------------------|----------------------------------|----------------------|
| Adams | 480 | - | - | - | - | - | - | - | - | - | - | 0 |
| Asotin | 1 | - | - | - | - | - | - | - | - | - | - | 0 |
| Benton | 5,427 | - | - | - | 3 ^b | - | - | - | - | - | - | 3 |
| Chelan | 1,505 | - | - | - | - | - | - | - | - | - | - | 0 |
| Clallam | 587 | - | - | - | - | - | - | - | - | - | - | 0 |
| Clark | 5,750 | 1 | - | - | 1 | ^c | 1 | - | - | - | - | 3 |
| Columbia | 0 | - | - | - | - | - | - | - | - | - | - | 0 |
| Cowlitz | 862 | - | 1 | - | - | - | - | - | - | - | - | 1 |
| Douglas | 204 | - | - | - | - | - | - | - | - | - | - | 0 |
| Ferry | 3 | - | - | - | - | - | - | - | - | - | - | 0 |
| Franklin | 3 | - | - | - | 1 | - | - | - | - | - | - | 1 |
| Garfield | 0 | - | - | - | - | - | - | - | - | - | - | 0 |
| Grant | 1,028 | - | - | - | 2 | - | 1 | - | - | - | - | 3 |
| Grays Harbor | 480 | - | - | - | - | - | - | - | - | - | - | 0 |
| Island ^a | 444 | - | - | - | 1 | - | - | - | - | - | - | 1 |
| Jefferson | 125 | - | - | - | - | - | - | - | - | - | - | 0 |
| King | 30,930 | 4 | - | 1 | 48 | 4 | 2 | 3 | 13 | 1 ^d | - | 76 |
| Kitsap ^a | 2,605 | - | - | - | 1 | 2 | - | - | - | - | - | 3 |
| Kittitas | 318 | - | - | - | - | - | - | - | - | - | - | 0 |
| Klickitat | 28 | - | - | - | - | - | - | - | - | - | - | 0 |
| Lewis | 808 | - | - | - | - | - | - | - | - | - | - | 0 |
| Lincoln | 0 | - | - | - | - | - | - | - | - | - | - | 0 |
| Mason | 301 | - | - | - | - | - | - | - | - | - | - | 0 |
| Okanogan | 321 | - | - | - | - | - | - | - | - | - | - | 0 |
| Pacific | 3 | - | - | - | - | - | - | - | - | - | - | 0 |
| Pend Oreille | 65 | - | - | - | - | - | - | - | - | - | - | 0 |
| Pierce | 12,137 | - | - | 1 | 11 | 1 | 1 | - | 5 | - | - | 19 |
| San Juan | 433 | - | - | - | - | - | - | - | - | - | - | 0 |
| Skagit | 1,228 | - | - | - | 3 | - | 1 | - | - | - | - | 4 |
| Skamania | 0 | - | - | - | - | - | - | - | - | - | - | 0 |
| Snohomish | 6,624 | 1 | - | 1 | 15 | - | - | 1 | 3 | - | - | 21 |
| Spokane | 7,085 | - | - | - | 7 ^e | 1 | 1 | 1 | - | 1 | 1 | 12 |
| Stevens | 267 | - | - | - | - | - | - | - | - | - | - | 0 |
| Thurston | 3,138 | - | - | 1 | 1 | - | - | - | 3 | 1 | - | 6 |
| Wahkiakum | 0 | - | - | - | - | - | - | - | - | - | - | 0 |
| Walla Walla | 775 | - | - | - | - | - | - | - | - | - | - | 0 |
| Whatcom | 2,242 | 1 | - | 1 | 3 | 2 | - | - | - | - | - | 7 |
| Whitman | 483 | - | - | - | 2 | - | - | - | - | - | - | 2 |
| Yakima | 3,183 | 1 | - | - | 7 | - | - | - | - | 1 | - | 9 |
| All WA Births^a | 89,873 | 8 | 1 | 5 | 106 | 10 | 7 | 5 | 24 | 4 | 1 | 171 |

^aExcludes 227 infants born in two naval hospitals (41-Oak Harbor, 186-Bremerton) before May 1, 2016 that did not participate in the WA NBS Program. Also excludes 441 infants born out-of-state who received one or more newborn screens in Washington.

^bExcludes one infant from Benton county with CH that was born out-of-state.

^cExcludes one infant from Clark county with CF that was not detected through newborn screening.

^dIncludes one infant born in King county with an OA disorder who resides in Alaska.

^eExcludes one infant from Spokane county with CH that was born out-of-state.

**Table 11: Infants Detected with Newborn Screening Disorders
by Infant's Reported Race
Births January 1, 2016 - December 31, 2016**

| Infants Race | Births | Amino Acids disorders | Biotinidase deficiency | Congenital adrenal hyperplasia | Congenital hypothyroidism | Cystic fibrosis | Fatty Acid Oxidation disorders | Galactosemia | Hemoglobinopathies | Organic Acid disorders | Severe combined immunodeficiency | All Infants Detected |
|----------------------------------|---------------|-----------------------|------------------------|--------------------------------|---------------------------|-----------------|--------------------------------|--------------|--------------------|------------------------|----------------------------------|----------------------|
| White | 51,115 | 6 | 1 | 1 | 48 ^a | 9 ^c | 5 | 4 | 1 | 1 | 1 | 77 |
| Black | 3,376 | - | - | - | 4 | - | - | - | 9 | - | - | 13 |
| Asian | 5,251 | - | - | 2 | 18 | - | - | - | 8 | - | - | 28 |
| Native American | 912 | - | - | 1 | - | - | - | - | - | - | - | 1 |
| Other ^d | 16,158 | 2 | - | 1 | 24 ^b | - | 2 | 1 | 4 | 2 | - | 36 |
| Unknown ^e | 13,061 | - | - | - | 12 | 1 | - | - | 2 | 1 | - | 16 |
| All WA Births^f | 89,873 | 8 | 1 | 5 | 106 | 10 | 7 | 5 | 24 | 4 | 1 | 171 |
| Hispanic ^g | 18,202 | - | - | - | 15 | 2 | - | 1 | - | 2 | - | 17 |

^aExcludes one white infant with CH born out-of-state.

^bExcludes one other race infant with CH born out-of-state.

^cExcludes two white infants (one born out-of-state) with CF that were not detected through newborn screening.

^dReflects other races not listed above (including Pacific Islander) and multiracial (more than one race designation on the screening form).

^eRace was not reported on the screening form.

^fExcludes 227 infants born in two naval hospitals (41-Oak Harbor, 186-Bremerton) before May 1, 2016 that did not participate in the WA NBS Program. Also excludes 441 infants born out-of-state who received one or more newborn screens in Washington.

^gHispanics can be of any race and are included in the figures above.

Newborn Screening Follow-up

All specimens determined to be presumptive positive through the Newborn Screening Program are followed up immediately through direct telephone contact with the child's primary care provider. This is to ensure that diagnostic testing and treatment, if indicated, begins as quickly as possible. Specialty care clinics throughout the state are supported by a clinic subsidy fee. Funds from this fee are passed to the clinics to subsidize the consultation and care for babies diagnosed with newborn screening conditions. Following a definitive diagnosis, a long-term, disease-specific medical management program is implemented as follows:

Phenylketonuria (PKU): Children are seen monthly in Seattle and every other month in Spokane by the department-supported University of Washington Phenylketonuria Clinic. An interdisciplinary team consisting of a pediatric metabolic physician, nutritionists, social worker, and genetic counselor work closely with each family to optimize the child's dietary compliance through intensive education and support services. Periodic neuropsychological assessments are also provided for all patients to monitor cognitive and emotional development. For adults with PKU, consultative, support and nutritionist management services are provided at the University of Washington Division of Metabolism and Nutrition. Critical reproductive counseling and maternity services for women at risk of fetal damage due to Maternal PKU are also available. Other program components include a summer camp and Science Night through the private, nonprofit PKU Action Group.

Galactosemia, Biotinidase deficiency, Amino acid, Organic acid, & Fatty acid oxidation disorders: All children with these disorders are seen periodically as needed by the department-supported University of Washington or Seattle Children's Biochemical Genetics Clinics or Mary Bridge Children's Hospital in Tacoma. There are twice-yearly satellite clinics held in Spokane. Like PKU, an interdisciplinary team consisting of a pediatric metabolic physician, nurses, nutritionists, and genetic counselor work closely with each family to optimize the child's compliance with the specific treatment plan through intensive education and support services.

Congenital hypothyroidism (CH): Thyroid hormone therapy is monitored by the child's primary healthcare provider and/or pediatric endocrinologist. The department supported Congenital Hypothyroidism Developmental Evaluation Clinic located within the Center on Human Development and Disability (CHDD) at the University of Washington provides developmental, neuropsychological and occupational therapy assessments for affected children.

Congenital adrenal hyperplasia (CAH): All children are seen for a diagnostic work-up by a pediatric endocrinologist to establish appropriate steroid hormone therapy. Long-term management is monitored by the child's primary healthcare provider and/or pediatric endocrinologist. Affected females with genital abnormalities related to the disorder are referred for surgical consultation.

Cystic fibrosis (CF): All children with cystic fibrosis are seen periodically, as needed, by one of the four regional CF Foundation accredited clinics – Seattle Children's Hospital (Seattle), Mary Bridge Children's Hospital (Tacoma), Sacred Heart Medical Center (Spokane), or Oregon Health Sciences University (Portland). As with PKU, an interdisciplinary team consisting of a pediatric pulmonologist, nutritionist, social worker, and nurse work closely with each family to optimize the child's growth and minimize medical complications of the condition, particularly lung disease.

Sickle cell diseases and other clinically significant Hemoglobinopathies (Hb): Affected children receive prophylactic penicillin and folic acid when indicated. Long-term management is provided by a pediatric hematologist or an interdisciplinary team consisting of a pediatric hematologist, nurse, social worker and genetic counselor at a department-supported Comprehensive Sickle Cell Clinic – Seattle Children's Odessa Brown Children's Clinic or Mary Bridge Children's Hospital. The clinic staff works closely with each family to optimize the child's health and well-being through intensive education and support services. Periodic assessments are also provided for all patients to monitor cognitive and emotional

development. Other sickle cell disease program components include a summer camp and other educational and support activities through the department-supported Northwest Sickle Cell Collaborative.

Severe combined immunodeficiency (SCID): Affected children receive immediate clinical care by immunologists at Seattle Children’s Hospital. Caregivers take preventive measures to avoid exposing the baby to infectious agents while a bone marrow donor is identified (best if there is a sibling match). Transplants are typically performed at two to three months of age at the Fred Hutchinson Cancer Research Center in Seattle. The babies are closely followed for one to two years by immunologists following transplant to ensure that the transplant was successful in establishing a functional immune system.

Table 12: [Follow-up Status of Infants Detected with Severe Forms of Newborn Screening Disorders](#)

Table 13: [Age at which Treatment Began for Infants Detected with Severe Forms of Newborn Screening Disorders](#)

Table 12: Follow-Up Status of Infants Detected with Severe Forms of Newborn Screening Disorders
Births January 1, 2016 - December 31, 2016

Usually babies identified with a newborn screening disorder are referred to a medical subspecialist for clinical evaluation and medical management. In rare instances, a primary care provider will assume medical care with consultation from a subspecialist. This table documents where babies with severe forms of newborn screening disorders were referred for medical care.

| Follow-Up | Amino acid disorders | Biotinidase deficiency | Congenital adrenal hyperplasia | Congenital hypothyroidism | Cystic fibrosis | Fatty acid oxidation disorders | Galactosemia | Hemoglobinopathies | Organic acid disorders | Severe combined immunodeficiency | All Infants |
|---|----------------------|------------------------|--------------------------------|---------------------------|-----------------|--------------------------------|--------------|-----------------------|------------------------|----------------------------------|-------------|
| Referred to medical specialist – (i.e., pediatric endocrinologist, hematologist, or comprehensive clinic) | 4 | 1 | 4 | 51 ^a | 10 ^b | 4 | 1 | 17 | 1 | 0 | 93 |
| Followed by primary care provider, with some consultation from specialist | - | - | - | - | - | - | - | - | - | - | 0 |
| Infant died or Lost to Follow-up | - | - | - | - | - | - | - | - | - | - | 0 |
| Total | 4 | 1 | 4 | 51 | 10 | 4 | 1 | 17^c | 1 | 0 | 93 |

^aExcludes two infants born out-of-state with congenital hypothyroidism and referred to an endocrinologist.

^bExcludes two white infants (one born out-of-state) with CF that were not detected through newborn screening.

^cSee [Key 3: Newborn Hemoglobin Screening Explanations and Definitions of Phenotypes](#)

Table 13: Age at which Treatment Began for Infants Detected with Severe Forms of Newborn Screening Disorders
Births January 1, 2016 - December 31, 2016

This table documents the age at treatment for the babies diagnosed with severe newborn screening conditions. Please note that a subset of these babies were referred for diagnostic testing after the second newborn screen (following a normal first test or a pattern of abnormal results), prompting the additional testing and diagnosis.

| Disorder | Number of Infants | Age Treatment Began (days) | |
|----------------------------------|-------------------|----------------------------|----------------|
| | | Median | Range |
| Amino acid disorders | 4 | 10 | 7 - 12 |
| Biotinidase deficiency | 1 | 15 | n/a |
| Congenital adrenal hyperplasia | 3 ^a | 5 | 3 - 39 |
| Congenital hypothyroidism | 50 ^b | 8 | 3 - 51 |
| Cystic fibrosis | 10 ^c | 26 | 15 - 45 |
| Fatty acid oxidation disorders | 4 | 9 | 6 - 11 |
| Galactosemia | 1 | 7 | n/a |
| Hemoglobinopathies ^d | 13 ^e | 28 | 10 - 161 |
| Organic acid disorders | 1 | 4 | n/a |
| Severe combined immunodeficiency | 0 | - | - |
| Total | 87 | 12 | 3 - 161 |

^aExcludes one infant where treatment began on day of life 2 due to clinical symptoms.

^bExcludes two infants born out-of-state with congenital hypothyroidism and one infant where treatment began on day of life 1 due to clinical symptoms.

^cExcludes one infant not detected by WA newborn screening.

^dSee [Key 3: Newborn Hemoglobin Screening Explanations and Definitions of Phenotypes](#)

^eExcludes four infants with hemoglobin diseases that do not require immediate treatment.

Newborn Screening Future Activities

Newborn Screening Conditions

In April 2017, the Newborn Screening Technical Advisory Committee began reviewing two lysosomal storage disorders for addition to the newborn screening panel: Pompe disease⁵ and mucopolysaccharidosis type-I⁶ (MPS-I). Both conditions are on the national Recommended Uniform Screening Panel (RUSP). The advisory committee reviewed the first four screening criteria and determined that both Pompe and MPS-I met the criteria. The committee reconvened on June 28, 2017 to review the fifth criteria of cost benefit/cost effectiveness. During the August 10, 2017 State Board of Health meeting the Board voted to add both conditions to the newborn screening panel. The next steps for implementation include updating the Washington Administrative Code and securing funding from the legislature to increase the newborn screening fee. Testing for the new conditions is expected to start in the fall of 2018.

Newborn Screening Operations

The Newborn Screening Laboratory expansion project broke ground in January 2017. The expansion of the laboratory will increase lab capacity and accommodate the addition of new conditions and testing platforms. The additional laboratory space includes a room for the tandem mass spectrometers and a new DNA testing suite. Additionally, the project includes high-density storage, expanded stock room and additional office space. The project is expected to be complete in January 2018.

To better serve our customers, the Newborn Screening Program will implement in spring of 2018 an online web portal for accessing newborn screening results. Secure Remote Viewer (SRV) is a module of the current newborn screening database Neometrics. SRV will allow customers (hospitals, clinics, midwives and laboratories) to view and download newborn screening results from a secure web portal. It is anticipated that SRV will provide timely access to screening results and greatly reduce the high volume of result requests.

Education and Compliance Outreach

The Newborn Screening Program is developing online training modules to expand outreach and provide on-demand training for healthcare professionals. The first module will focus on how to complete the newborn screening cards accurately and completely. Future modules will focus on general newborn screening guidelines, specimen collection techniques, and specimen handling and shipping.

In addition to general training regarding specimen collection and reporting, the Newborn Screening Program will continue to provide outreach and education to Washington State hospitals and other providers regarding their responsibility for specimen collection, specimen transit, and parent notification. The program routinely monitors the performance of hospitals and healthcare providers in meeting these responsibilities and will work with them to ensure timely testing and specimen submission, and appropriate diagnostic actions in order to protect and improve the health of Washington's youngest citizens.

⁵ Pompe disease is a lysosomal storage disorder (LSD) characterized by progressive neurodegeneration that results in muscle weakness, cardiac and respiratory failure and often death, if not detected and treated early in life.

⁶ MPS-I is a lysosomal storage disorder (LSD) characterized by progressive skeletal and joint disease, and neurodegeneration that results in physical deformities, cognitive delays, and often death if not detected and treated early in life.

Supplemental Documents

Appendices

- Appendix A:** Recommended Uniform Screening Panel (RUSP)
- Appendix B:** Washington’s Newborn Screening Panel - History of Conditions Added
- Appendix C:** Specimen Collection and Transit Report by Hospital Birth Volume
- Appendix D:** Specimen Collection and Transit Report by Hospital Geographic Location
- Appendix E:** Specimen Age at Collection and Specimen Transit Time
- Appendix F:** Unsatisfactory Specimens
- Appendix G:** Demographic Errors on Specimen Cards
- Appendix H:** Infants Detected with Newborn Screening Disorders – Births 2009-2015
- Appendix I:** Newborn Hemoglobin Screening Infants Detected by Phenotype and Reported Race/Ethnicity

Keys

- Key 1:** Unsatisfactory Specimen Descriptions
- Key 2:** Hospital Volume Categorizations
- Key 3:** Newborn Hemoglobin Screening - Explanations and Definitions of Phenotypes

Appendix A: Recommended Uniform Screening Panel (RUSP)

Each state has autonomy to decide how to operate newborn screening, including the number of conditions on their screening panel. The Advisory Committee on Heritable Disorders in Newborns and Children is an advisory committee that makes recommendations for national newborn screening standards. The Secretary of Health and Human Services uses work from this advisory committee to make changes to the Recommended Uniform Screening Panel (RUSP). The conditions on the RUSP at the end of 2016 are in the following table.

| Code | Core Condition | Required in WA? | Notes |
|----------|--|------------------|--|
| PROP | Propionic acidemia | Yes | |
| MUT | Methylmalonic acidemia (mutase deficiency) | Yes | |
| Cbl A,B | Methylmalonic acidemia (cobalamin A, B deficiency) | Yes | |
| IVA | Isovaleric acidemia | Yes | |
| 3-MCC | 3-methylcrotonyl-CoA carboxylase deficiency | No | Often detected as a differential diagnosis for HMG or MCD ^a |
| HMG | 3-hydroxy-3-methylglutaric aciduria | Yes | |
| MCD | Holocarboxylase synthase deficiency | Yes | |
| βKT | β-ketothiolase deficiency | Yes | |
| GA1 | Glutaric acidemia, type I | Yes | |
| CUD | Carnitine uptake defect/carnitine transport defect | Yes | |
| MCAD | Medium-chain acyl-CoA dehydrogenase deficiency | Yes | |
| VLCAD | Very long-chain acyl-CoA dehydrogenase deficiency | Yes | |
| LCHAD | Long-chain L-3 hydroxy acyl-CoA dehydrogenase deficiency | Yes | |
| TFP | Trifunctional protein deficiency | Yes | |
| ASA | Argininosuccinic acidemia | Yes | |
| CIT | Citrullinemia, type I | Yes | |
| MSUD | Maple syrup urine disease | Yes | |
| HCY | Homocystinuria | Yes | |
| PKU | Classic phenylketonuria | Yes | |
| TYR I | Tyrosinemia, type I | Yes | |
| CH | Primary congenital hypothyroidism | Yes | |
| CAH | Congenital adrenal hyperplasia | Yes | |
| Hb SS | S,S disease (Sickle cell anemia) | Yes | |
| Hb S/βTh | S, β-thalassemia | Yes | |
| Hb S/C | S,C disease | Yes | |
| BIO | Biotinidase deficiency | Yes | |
| CCHD | Critical congenital heart disease | Yes | Point of Care Test |
| CF | Cystic fibrosis | Yes | |
| GALT | Classic galactosemia | Yes | |
| GSD II | Glycogen storage disease, type II (Pompe) | Yes ^b | Approved by SBOH 2017 |
| HEAR | Hearing loss | No | Point of Care Test: universally offered, but not required by law |
| SCID | Severe combined immunodeficiencies | Yes | |
| MPS I | Mucopolysaccharidosis type I | Yes ^b | Approved by SBOH 2017 |
| X-ALD | X-linked adrenoleukodystrophy | Yes ^b | Approved by SBOH 2016 |

^aThe NBS Technical Advisory Committee considered adding 3-MCC in 2008. It did not meet the Prevention Potential and Medical Rationale and Public Health Rationale criteria because the expert biochemical geneticists believe it is largely a benign condition.

^bThe Department of Health and State Board of Health (SBOH) are preparing for this expansion and anticipate starting screening for X-ALD during the first quarter of 2018, with Pompe and MPS-I anticipated for late 2018.

In 1963 phenylketonuria (PKU) screening was offered through the state's Public Health Laboratory as a voluntary service. The legislature subsequently adopted revisions to the statute in 1976 to require screening of all infants born in a hospital in Washington State unless the parents refused on religious grounds. The legislation also gave authority to the Board of Health to determine which other disorders should be included in the screening and to adopt rules to achieve the intent of the law. The table below is a timeline of statute revisions and additional disorders added to the panel:

| Year | Disorders Added |
|------|--|
| 1963 | Phenylketonuria (PKU) - test available, voluntary |
| 1978 | Congenital hypothyroidism (CH) |
| 1984 | Congenital adrenal hyperplasia (CAH) |
| 1991 | Hemoglobinopathies (Hb) |
| 2004 | Biotinidase deficiency (BIO) |
| | Galactosemia (GALT) |
| | Homocystinuria (HCY) |
| | Maple syrup urine disease (MSUD) |
| | Medium-chain acyl-CoA dehydrogenase (MCAD) deficiency |
| 2006 | Cystic fibrosis (CF) |
| 2008 | Amino acid (AA) disorders: |
| | · Arginosuccinic acidemia (ASA) |
| | · Citrullinemia (CIT) |
| | · Tyrosinemia type 1 (TYR-1) |
| | Fatty acid oxidation (FAO) disorders: |
| | · Carnitine uptake deficiency (CUD) |
| | · Long-chain L-3-hydroxy acyl-CoA dehydrogenase (LCHAD) deficiency |
| | · Trifunctional protein (TFP) deficiency |
| | · Very long-chain acyl-CoA dehydrogenase (VLCAD) deficiency |
| | Organic acid disorders (OA) |
| | · 3-hydroxy-3-methylglutaric aciduria (Hydroxymethylglutaric aciduria - HMG) |
| | · Beta-ketothiolase (BKT) deficiency |
| | · Glutaric acidemia type 1 (GA-1) |
| | · Isovaleric acidemia (IVA) |
| | · Methylmalonic acidemia - mutase (MUT) deficiency |
| | · Methylmalonic acidemia – cobalamin A, B (Cbl A,B) deficiency |
| | · Multiple carboxylase deficiency (MCD) |
| | · Propionic acidemia (PROP) |
| 2014 | Severe combined immunodeficiency (SCID) |

In November 2015, a Newborn Screening Advisory Committee convened by the Board of Health considered X-linked adrenoleukodystrophy (X-ALD) as a candidate for screening. The Board of Health accepted the Advisory Committee's recommendation to add X-ALD to the mandatory screening panel. The Department of Health and Board of Health are preparing for this expansion and anticipate starting screening for X-ALD during or before the first quarter of 2018.

Appendix C: Specimen Collection and Transit Performance Report by Hospital Birth Volume Births January 1, 2016 - December 31, 2016

Each hospital or healthcare provider attending a birth outside of a hospital is required to collect and transport specimens to the Newborn Screening Laboratory within specified timeframes ([70.83.020 RCW](#)). These requirements ensure timely testing and diagnostic treatment for the protection of newborns. The timeframes for specimen collection and transport are:

- 1) Initial specimen collected no later than 48 hours following birth
- 2) Initial specimen received by State Lab within 72 hours of collection (excluding Sundays and Thanksgiving)

| Hospital of Birth | City | Eligible Infants | 1) Collection Compliance | 2) Transit Compliance |
|---|--------------------------|------------------|--------------------------|-----------------------|
| High Volume Hospitals (> 500 births per quarter) | | 57,603 | 99.1% | 91.7% |
| EvergreenHealth | Kirkland | 4,765 | 99.3% | 99.8% |
| Good Samaritan Hospital - MultiCare | Puyallup | 2,386 | 98.7% | 92.0% |
| Harrison Medical Center | Silverdale | 2,007 | 99.3% | 98.8% |
| Kadlec Regional Medical Center | Richland | 2,815 | 99.3% | 62.7% |
| Legacy Salmon Creek Medical Center | Vancouver | 3,491 | 99.4% | 96.5% |
| Madigan Army Medical Center | Joint Base Lewis-McChord | 2,013 | 99.8% | 88.3% |
| Overlake Medical Center | Bellevue | 3,921 | 99.5% | 98.2% |
| PeaceHealth Southwest Medical Center | Vancouver | 2,125 | 97.4% | 92.1% |
| Providence Everett Medical Center | Everett | 4,814 | 98.9% | 98.2% |
| Providence St Peter Hospital | Olympia | 2,255 | 99.7% | 74.6% |
| Sacred Heart Medical Center - Providence | Spokane | 3,326 | 99.5% | 96.3% |
| St Joseph Hospital - PeaceHealth | Bellingham | 2,038 | 98.7% | 80.6% |
| St Joseph Medical Center | Tacoma | 4,234 | 98.9% | 97.3% |
| Swedish First Hill | Seattle | 7,852 | 99.4% | 99.4% |
| Tacoma General Hospital - MultiCare | Tacoma | 3,042 | 99.0% | 90.7% |
| Valley Medical Center - UW Medicine | Renton | 3,771 | 98.5% | 88.9% |
| Yakima Valley Memorial Hospital | Yakima | 2,748 | 99.1% | 68.3% |
| Medium Volume Hospitals (100-500 births per quarter) | | 25,743 | 98.6% | 88.8% |
| Auburn Medical Center - MultiCare | Auburn | 1,202 | 99.3% | 95.8% |
| Capital Medical Center | Olympia | 700 | 95.7% | 79.0% |
| Central Washington Hospital | Wenatchee | 1,344 | 99.0% | 81.5% |
| Deaconess Hospital | Spokane | 1,445 | 99.4% | 95.6% |
| Grays Harbor Community Hospital | Aberdeen | 472 | 98.1% | 34.1% |
| Highline Medical Center | Burien | 862 | 98.1% | 95.9% |
| Holy Family Hospital - Providence | Spokane | 1,306 | 99.0% | 88.7% |
| Island Hospital | Anacortes | 433 | 98.8% | 99.1% |
| Naval Hospital - Bremerton | Bremerton | 478 | 97.5% | 91.8% |
| Northwest Hospital - UW Medicine | Seattle | 1,211 | 99.6% | 99.7% |
| Olympic Medical Center | Port Angeles | 464 | 95.9% | 75.0% |
| Othello Community Hospital | Othello | 478 | 99.6% | 52.1% |
| Providence Centralia Hospital | Centralia | 727 | 97.1% | 46.8% |
| Pullman Regional Hospital | Pullman | 426 | 98.6% | 86.4% |
| Samaritan Healthcare | Moses Lake | 1,004 | 97.0% | 86.4% |

Appendix C: Specimen Collection and Transit Performance Report (cont.)

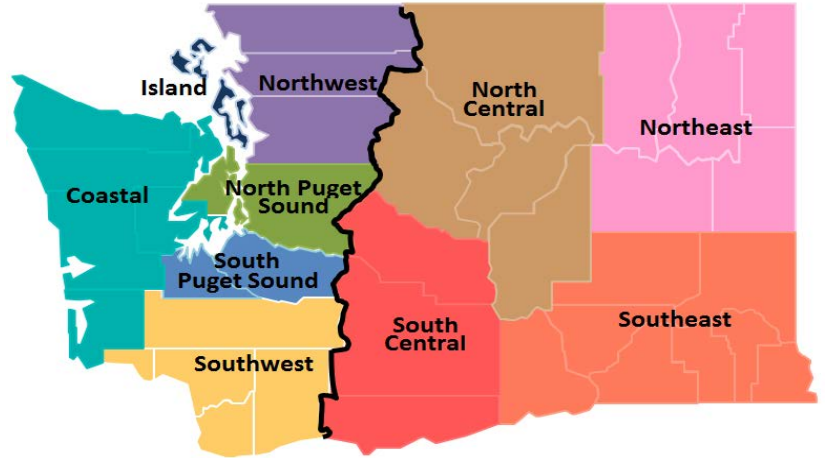
| Hospital of Birth | City | Eligible Infants | 1) Collection Compliance | 2) Transit Compliance |
|---|---------------|------------------|--------------------------|-----------------------|
| Medium Volume Hospitals (100-500 births per quarter) cont. | | 25,743 | 98.6% | 88.8% |
| Skagit Valley Hospital | Mount Vernon | 1,109 | 98.9% | 75.8% |
| St Francis Hospital | Federal Way | 1,349 | 98.7% | 94.1% |
| St John Medical Center - PeaceHealth | Longview | 839 | 98.3% | 86.4% |
| St Mary Medical Center - Providence | Walla Walla | 661 | 95.5% | 93.0% |
| Sunnyside Community Hospital | Sunnyside | 533 | 98.1% | 84.4% |
| Swedish Ballard | Seattle | 1,166 | 99.4% | 97.9% |
| Swedish Edmonds | Edmonds | 1,247 | 99.6% | 97.8% |
| Swedish Issaquah | Issaquah | 1,594 | 99.7% | 99.6% |
| Toppenish Community Hospital | Toppenish | 431 | 98.1% | 95.1% |
| Trios Health Hospital | Kennewick | 1,627 | 99.3% | 90.0% |
| University of Washington Medical Center | Seattle | 1,900 | 97.9% | 98.8% |
| Valley Hospital | Spokane | 735 | 99.0% | 93.3% |
| Low Volume Hospitals (< 100 births per quarter) | | 3,083 | 97.0% | 73.8% |
| Cascade Valley Hospital | Arlington | 164 | 97.6% | 62.2% |
| Coulee Medical Center | Grand Coulee | 92 | 98.9% | 32.6% |
| Forks Community Hospital | Forks | 71 | 100% | 90.1% |
| Harborview Medical Center - UW Medicine | Seattle | 3 | 100% | 100% |
| Jefferson Healthcare | Port Townsend | 101 | 86.1% | 41.6% |
| Kittitas Valley Healthcare | Ellensburg | 311 | 97.7% | 87.5% |
| Lake Chelan Community Hospital | Chelan | 113 | 91.2% | 53.1% |
| Lewis County Hospital | Morton | 2 | 100% | 50.0% |
| Lourdes Medical Center | Pasco | 1 | 100% | 100% |
| Mason General Hospital | Shelton | 301 | 97.7% | 85.7% |
| Mid-Valley Hospital | Omak | 226 | 99.1% | 77.0% |
| Mount Carmel Hospital - Providence | Colville | 231 | 97.4% | 91.8% |
| Naval Hospital - Oak Harbor | Oak Harbor | 198 | 98.0% | 84.3% |
| Newport Hospital | Newport | 65 | 100% | 92.3% |
| North Valley Hospital | Tonasket | 84 | 92.9% | 77.4% |
| Ocean Beach Hospital | Ilwaco | 1 | 100% | 100% |
| Prosser Memorial Hospital | Prosser | 343 | 99.7% | 39.7% |
| St Clare Hospital | Lakewood | 1 | 100% | 100% |
| St Elizabeth Hospital | Enumclaw | 333 | 96.1% | 91.9% |
| Summit Pacific Medical Center | Elma | 1 | 100% | 100% |
| Three Rivers Hospital | Brewster | 108 | 96.3% | 58.3% |
| Walla Walla General Hospital | Walla Walla | 113 | 94.7% | 61.9% |
| WhidbeyHealth Medical Center | Coupeville | 180 | 97.8% | 82.2% |
| Whitman Hospital and Medical Center | Colfax | 39 | 92.3% | 94.9% |
| Willapa Harbor Hospital | South Bend | 1 | 100% | 100% |
| All Hospital Births | | 86,429 | 98.9% | 90.2% |

Appendix D: Specimen Collection and Transit Performance Report by Hospital Geographic Location

Births January 1, 2016 - December 31, 2016

Each hospital or health care provider attending a birth outside of a hospital is required to collect and transport specimens to the Newborn Screening Laboratory within specified timeframes ([70.83.020 RCW](#)). These requirements ensure timely testing and diagnostic treatment for the protection of newborns. The timeframes for specimen collection and transport are:

- 1) Initial specimen collected no later than 48 hours following birth
- 2) Initial specimen received by State Lab within 72 hours of collection (excluding Sundays and Thanksgiving)



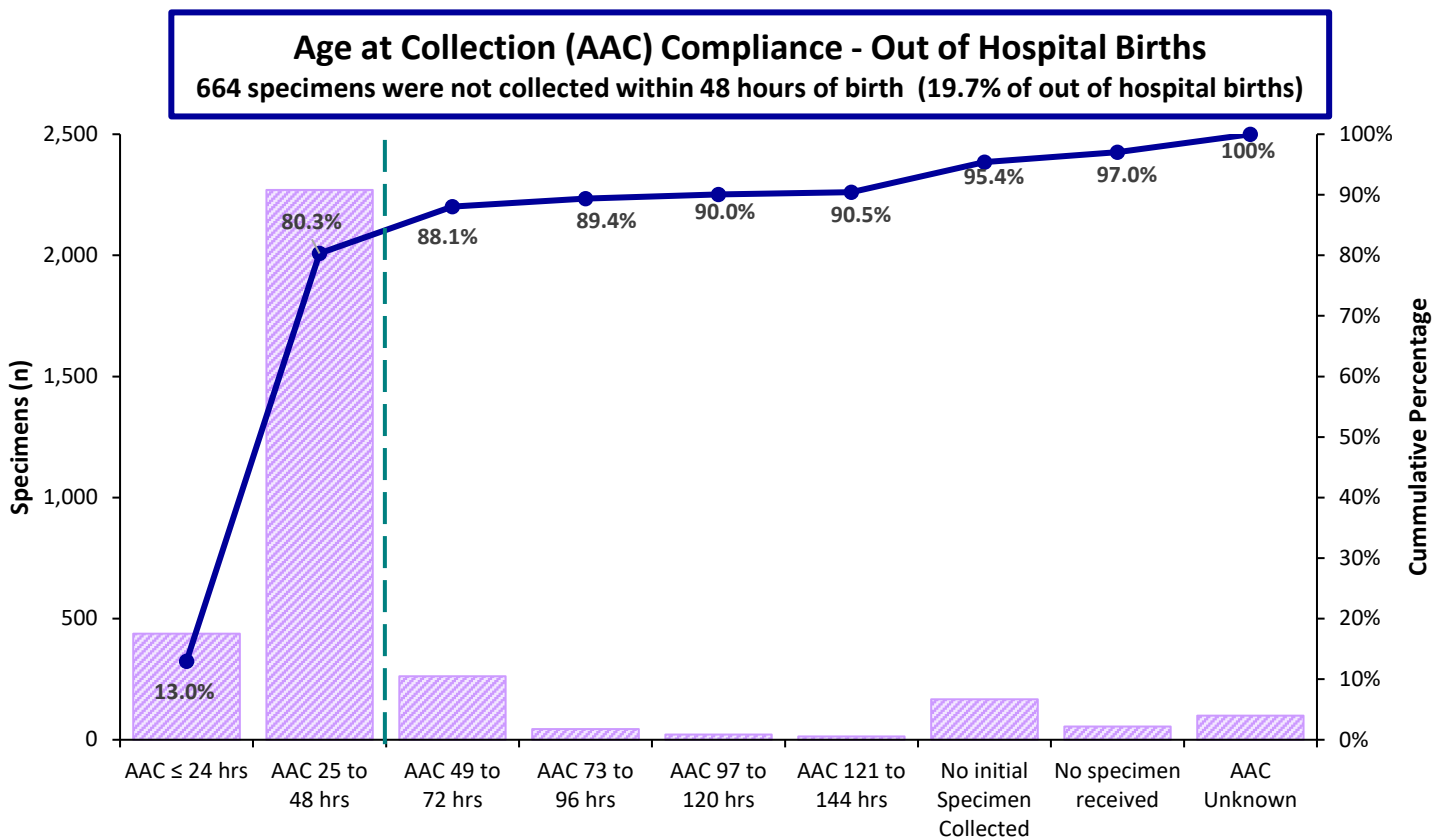
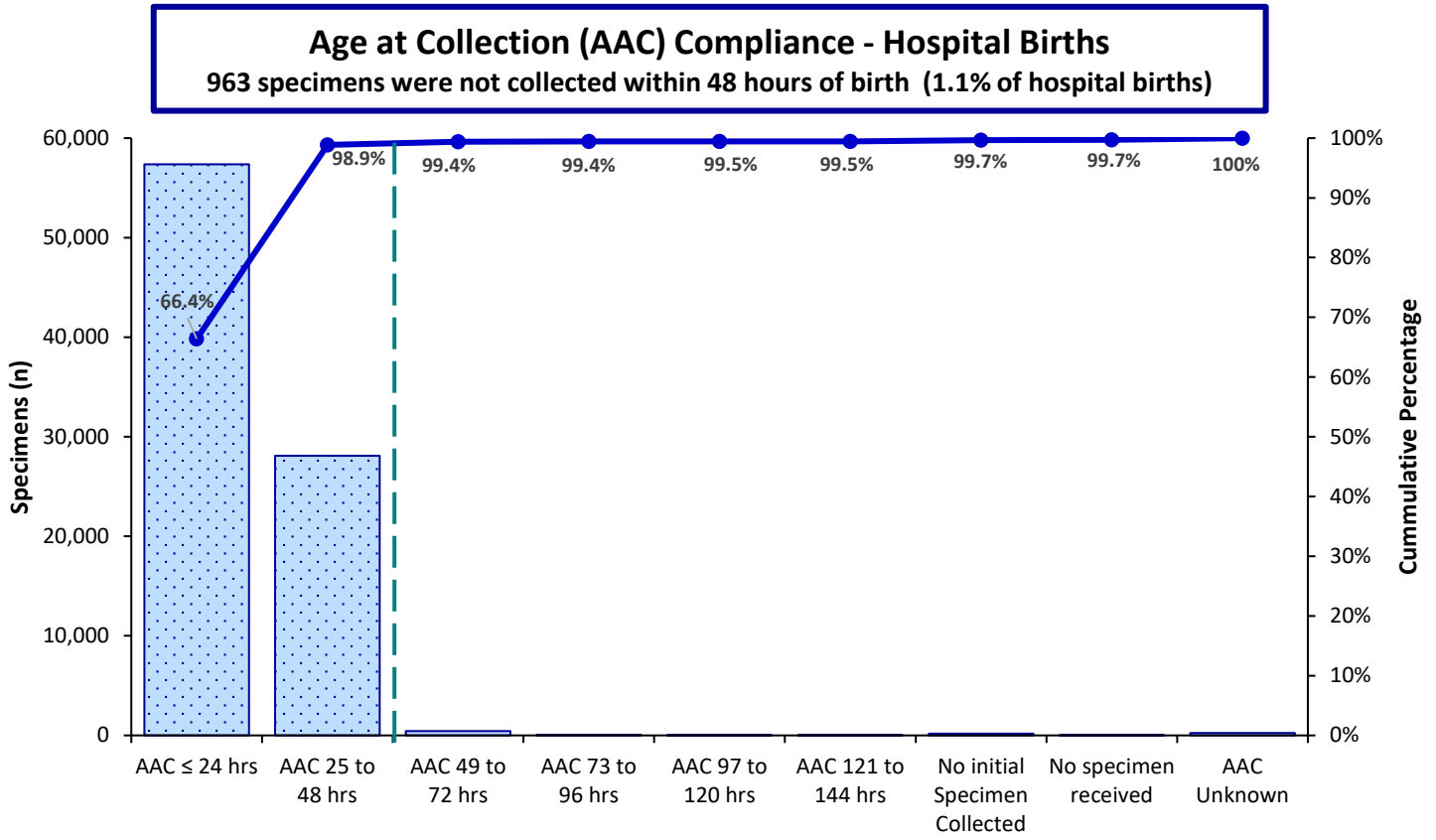
| Hospital of Birth | City | Eligible Infants | 1) Collection Compliance | 2) Transit Compliance |
|---|--------------|------------------|--------------------------|-----------------------|
| Northwest Hospitals | | 9,372 | 98.9% | 91.0% |
| Cascade Valley Hospital | Arlington | 164 | 97.6% | 62.2% |
| Providence Everett Medical Center | Everett | 4,814 | 98.9% | 98.2% |
| Skagit Valley Hospital | Mount Vernon | 1,109 | 98.9% | 75.8% |
| St Joseph Hospital - PeaceHealth | Bellingham | 2,038 | 98.7% | 80.6% |
| Swedish Hospital - Edmonds | Edmonds | 1,247 | 99.6% | 97.8% |
| North Puget Sound Hospitals | | 32,415 | 99.1% | 97.3% |
| Auburn Medical Center - MultiCare | Auburn | 1,202 | 99.3% | 95.8% |
| EvergreenHealth | Kirkland | 4,765 | 99.3% | 99.8% |
| Harborview Medical Center - UW Medicine | Seattle | 3 | 100% | 100% |
| Harrison Medical Center | Silverdale | 2,007 | 99.3% | 98.8% |
| Highline Medical Center | Burien | 862 | 98.1% | 95.9% |
| Naval Hospital - Bremerton | Bremerton | 478 | 97.5% | 91.8% |
| Northwest Hospital | Seattle | 1,211 | 99.6% | 99.7% |
| Overlake Medical Center | Bellevue | 3,921 | 99.5% | 98.2% |
| St Elizabeth Hospital | Enumclaw | 333 | 96.1% | 91.9% |
| St Francis Hospital | Federal Way | 1,349 | 98.7% | 94.1% |
| Swedish Ballard | Seattle | 1,166 | 99.4% | 97.9% |
| Swedish First Hill | Seattle | 7,852 | 99.4% | 99.4% |
| Swedish Issaquah | Issaquah | 1,594 | 99.7% | 99.6% |
| University of Washington Medical Center | Seattle | 1,900 | 97.9% | 98.8% |
| Valley Medical Center - UW Medicine | Renton | 3,771 | 98.5% | 88.9% |

Appendix D: Specimen Collection and Transit Performance Report (cont.)

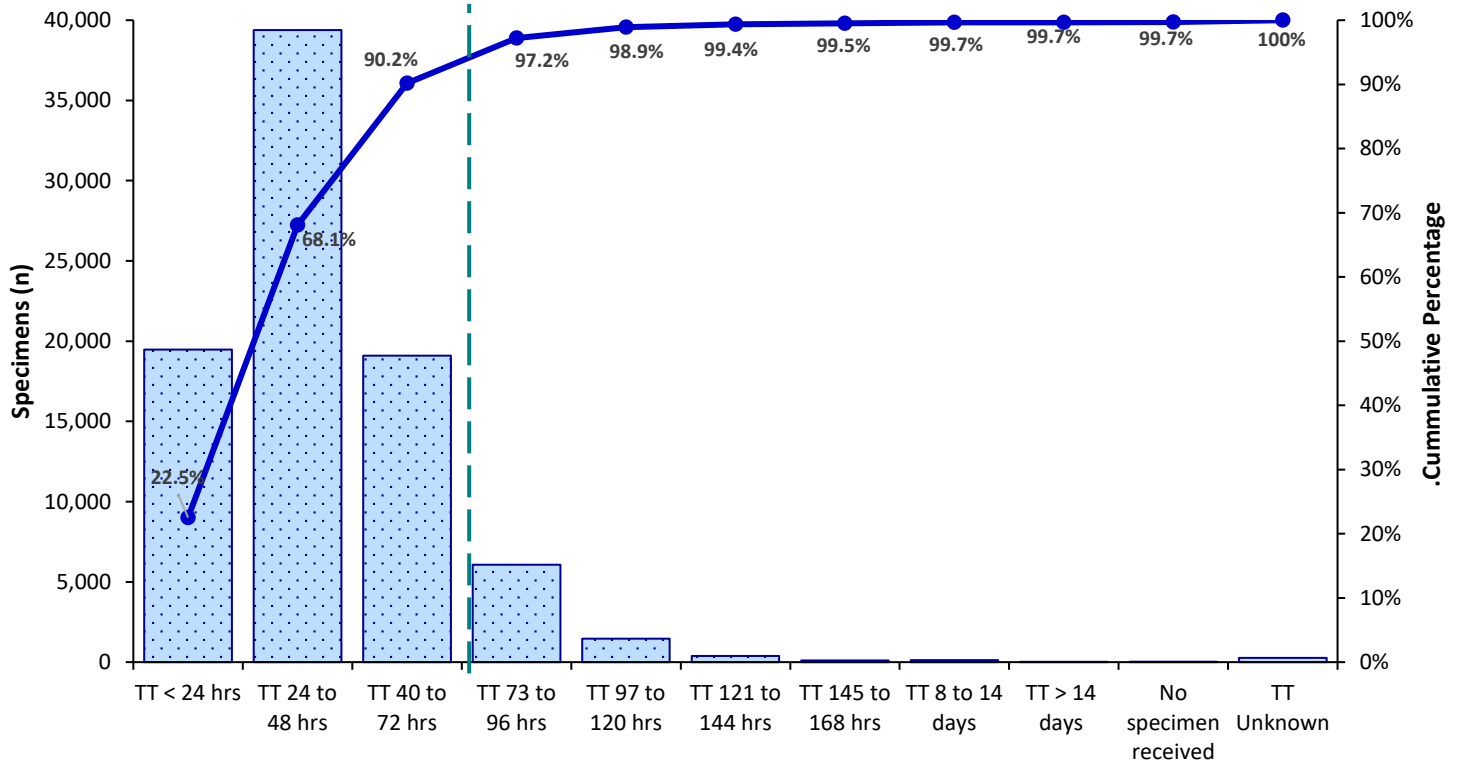
| Hospital of Birth | City | Eligible Infants | 1) Collection Compliance | 2) Transit Compliance |
|--------------------------------------|--------------------------|------------------|--------------------------|-----------------------|
| South Puget Sound Hospitals | | 14,631 | 99.0% | 89.4% |
| Capital Medical Center | Olympia | 700 | 95.7% | 79.0% |
| Good Samaritan Hospital - MultiCare | Puyallup | 2,386 | 98.7% | 92.0% |
| Madigan Army Medical Center | Joint Base Lewis-McChord | 2,013 | 99.8% | 88.3% |
| Providence St Peter Hospital | Olympia | 2,255 | 99.7% | 74.6% |
| St Clare Hospital | Lakewood | 1 | 100% | 100% |
| St Joseph Medical Center | Tacoma | 4,234 | 98.9% | 97.3% |
| Tacoma General Hospital - MultiCare | Tacoma | 3,042 | 99.0% | 90.7% |
| Southwest Hospitals | | 7,184 | 98.5% | 89.0% |
| Legacy Salmon Creek Medical Center | Vancouver | 3,491 | 99.4% | 96.5% |
| Lewis County Hospital | Morton | 2 | 100% | 50.0% |
| PeaceHealth Southwest Medical Center | Vancouver | 2,125 | 97.4% | 92.1% |
| Providence Centralia Hospital | Centralia | 727 | 97.1% | 46.8% |
| St John Medical Center - PeaceHealth | Longview | 839 | 98.3% | 86.4% |
| Coastal Region Hospitals | | 1,412 | 96.5% | 62.0% |
| Forks Community Hospital | Forks | 71 | 100% | 90.1% |
| Grays Harbor Community Hospital | Aberdeen | 472 | 98.1% | 34.1% |
| Jefferson Healthcare | Port Townsend | 101 | 86.1% | 41.6% |
| Mason General Hospital | Shelton | 301 | 97.7% | 85.7% |
| Ocean Beach Hospital | Ilwaco | 1 | 100% | 100% |
| Olympic Medical Center | Port Angeles | 464 | 95.9% | 75.0% |
| Summit Pacific Medical Center | Elma | 1 | 100% | 100% |
| Willapa Harbor Hospital | South Bend | 1 | 100% | 100% |
| Island Region Hospitals | | 810 | 98.5% | 91.9% |
| Island Hospital | Anacortes | 433 | 98.8% | 99.1% |
| Naval Hospital - Oak Harbor | Oak Harbor | 198 | 98.0% | 84.3% |
| WhidbeyHealth Medical Center | Coupeville | 180 | 97.8% | 82.2% |
| North Central Hospitals | | 2,971 | 97.8% | 79.2% |
| Central Washington Hospital | Wenatchee | 1,344 | 99.0% | 81.5% |
| Coulee Medical Center | Grand Coulee | 92 | 98.9% | 32.6% |
| Lake Chelan Community Hospital | Chelan | 113 | 91.2% | 53.1% |
| Mid-Valley Hospital | Omak | 226 | 99.1% | 77.0% |
| North Valley Hospital | Tonasket | 84 | 92.9% | 77.4% |
| Samaritan Healthcare | Moses Lake | 1,004 | 97.0% | 86.4% |
| Three Rivers Hospital | Brewster | 108 | 96.3% | 58.3% |

Appendix D: Specimen Collection and Transit Performance Report (cont.)

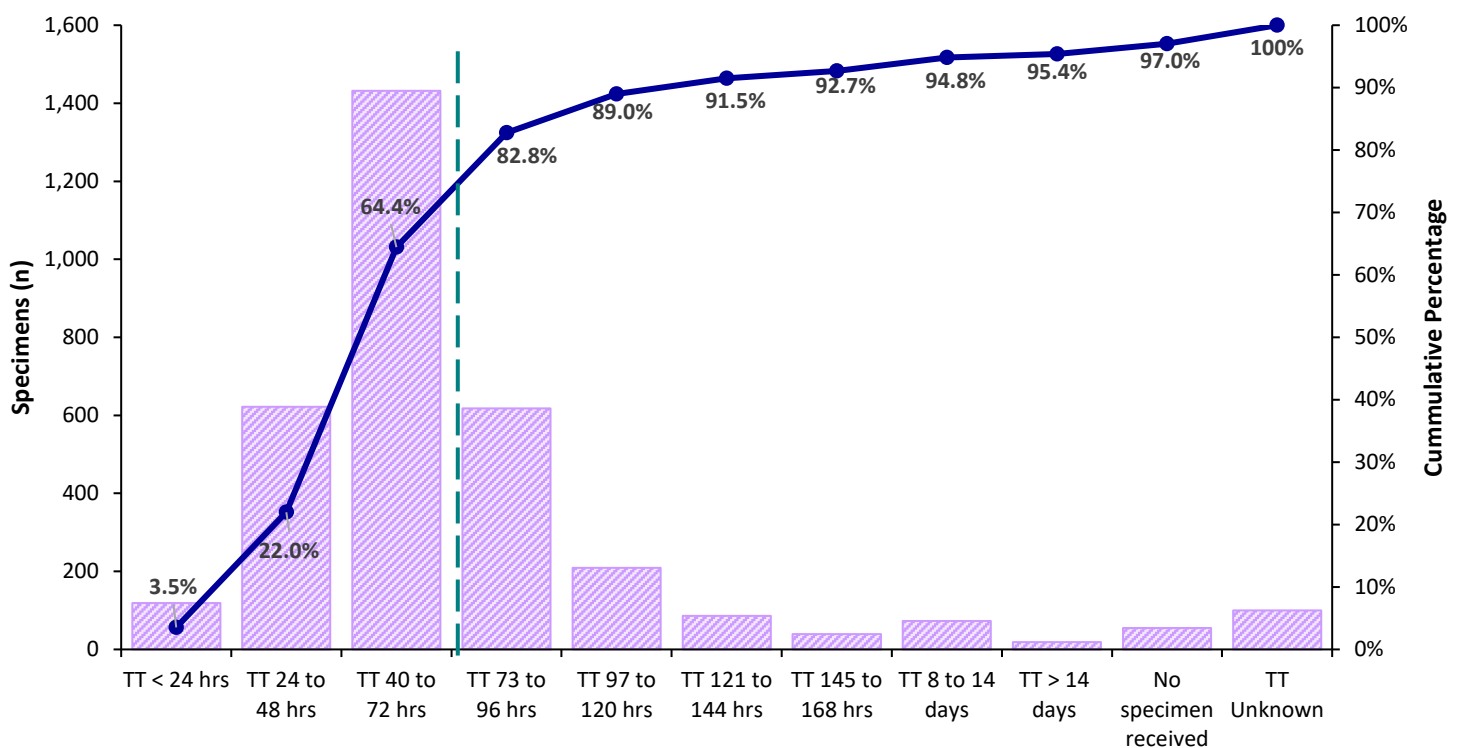
| Hospital of Birth | City | Eligible Infants | 1) Collection Compliance | 2) Transit Compliance |
|--|------------------|------------------|--------------------------|-----------------------|
| South Central Hospitals | | 3,490 | 98.9% | 73.4% |
| Kittitas Valley Healthcare | Ellensburg | 311 | 97.7% | 87.5% |
| Toppenish Community Hospital | Toppenish | 431 | 98.1% | 95.1% |
| Yakima Valley Memorial Hospital | Yakima | 2,748 | 99.1% | 68.3% |
| Southeast Hospitals | | 7,036 | 98.7% | 73.3% |
| Kadlec Regional Medical Center | Richland | 2,815 | 99.3% | 62.7% |
| Lourdes Medical Center | Pasco | 1 | 100% | 100% |
| Othello Community Hospital | Othello | 478 | 99.6% | 52.1% |
| Prosser Memorial Hospital | Prosser | 343 | 99.7% | 39.7% |
| Pullman Regional Hospital | Pullman | 426 | 98.6% | 86.4% |
| St Mary Medical Center - Providence | Walla Walla | 661 | 95.5% | 93.0% |
| Sunnyside Community Hospital | Sunnyside | 533 | 98.1% | 84.4% |
| Trios Health Hospital | Kennewick | 1,627 | 99.3% | 90.0% |
| Walla Walla General Hospital | Walla Walla | 113 | 94.7% | 61.9% |
| Whitman Hospital and Medical Center | Colfax | 39 | 92.3% | 94.9% |
| Northeast Hospitals | | 7,108 | 99.3% | 94.3% |
| Deaconess Hospital | Spokane | 1,445 | 99.4% | 95.6% |
| Holy Family Hospital - Providence | Spokane | 1,306 | 99.0% | 88.7% |
| Mount Carmel Hospital - Providence | Colville | 231 | 97.4% | 91.8% |
| Newport Hospital | Newport | 65 | 100% | 92.3% |
| Sacred Heart Medical Center - Providence | Spokane | 3,326 | 99.5% | 96.3% |
| Valley Hospital | Spokane | 735 | 99.0% | 93.3% |
| Western Washington Out-of-Hospital Births | | 2,813 | 81.8% | 69.3% |
| Eastern Washington Out-of-Hospital Births | | 559 | 72.6% | 39.9% |
| All Hospital Births | Statewide | 86,464 | 98.9% | 90.2% |
| All Out-of-Hospital Births | Statewide | 3,372 | 80.3% | 64.4% |
| All Washington State Births | Statewide | 89,908 | 98.2% | 89.2% |



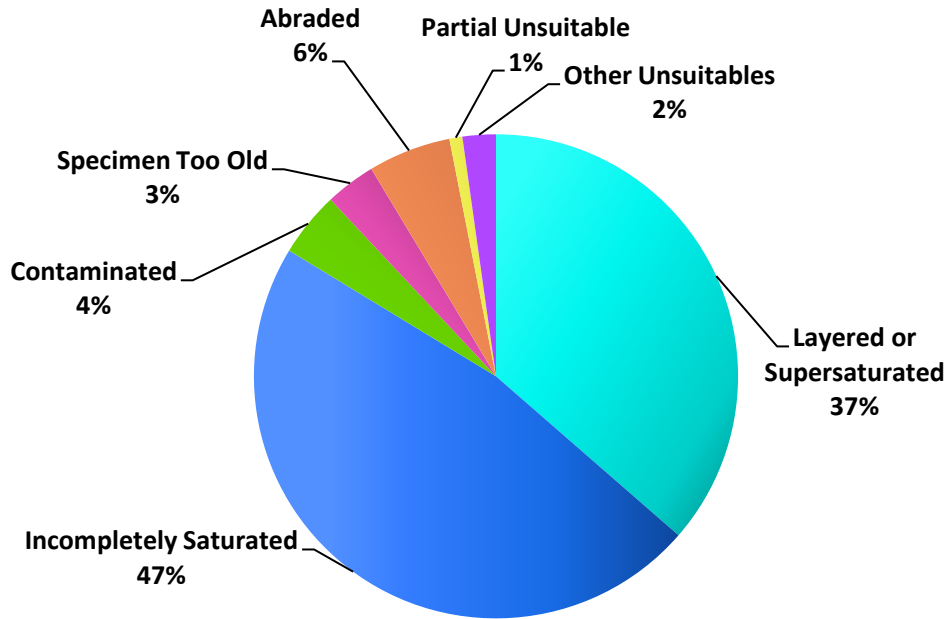
Transit Time (TT) Compliance - Hospital Births
 8,468 specimens were not collected within 48 hours of birth (9.8% of hospital births)



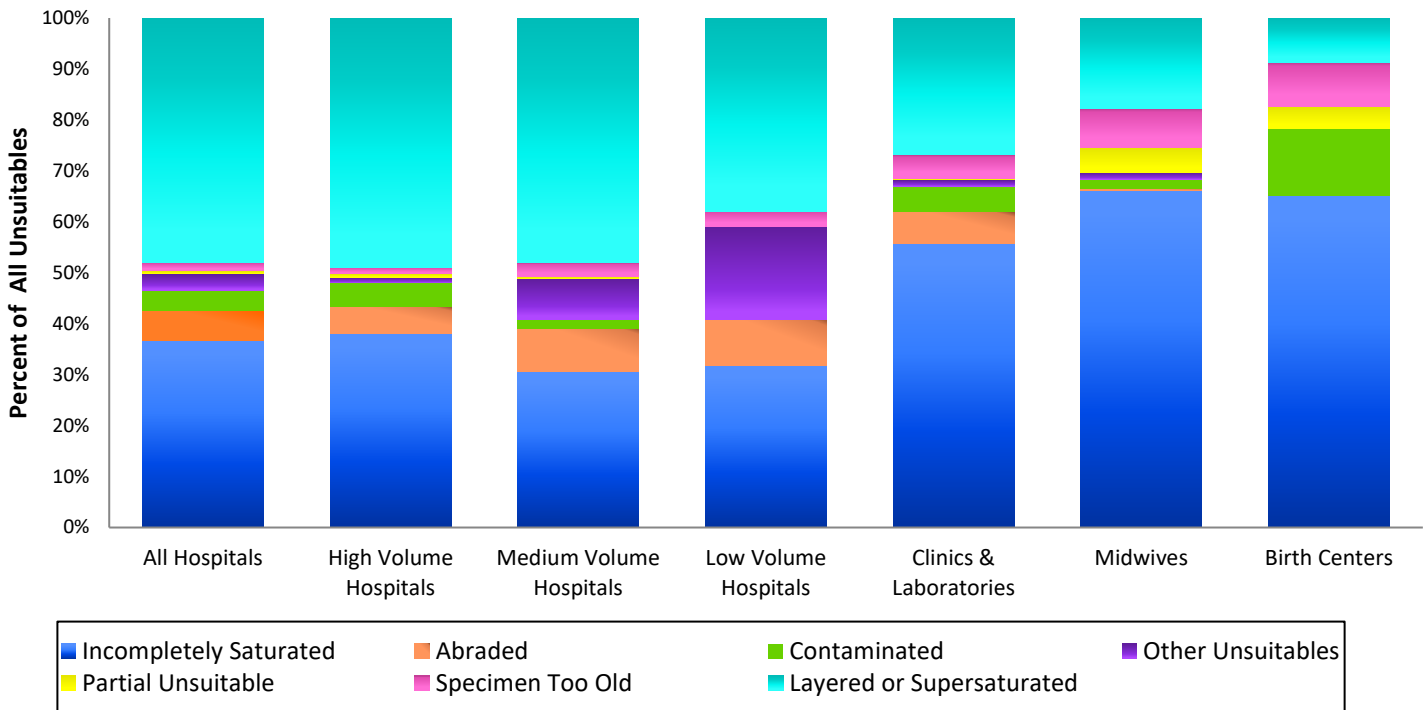
Transit Time (TT) Compliance - Out of Hospital Births
 1,199 specimens were not collected within 48 hours of birth (35.6% of out of hospital births)



Unsatisfactory Specimen Error Types¹
 Statewide: 3,662 specimens were unsatisfactory (2.1% of all specimens)



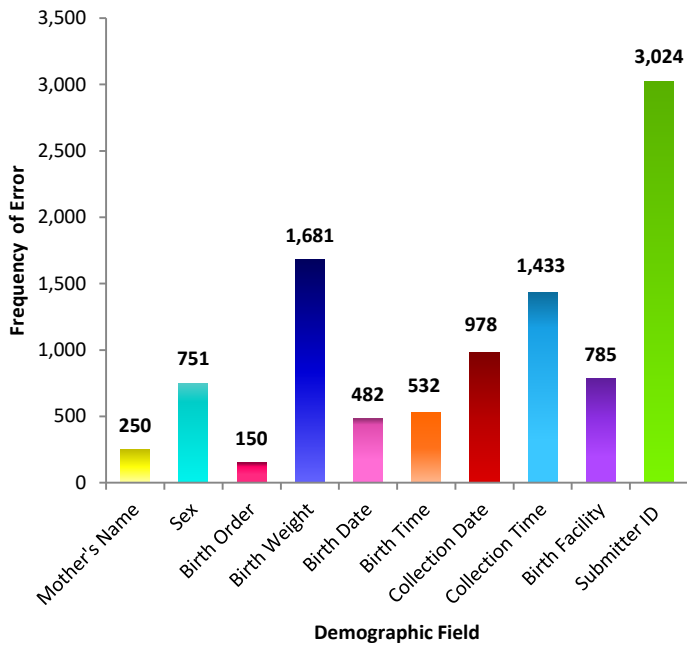
Unsatisfactory Specimen Error Type by Submitter Group²



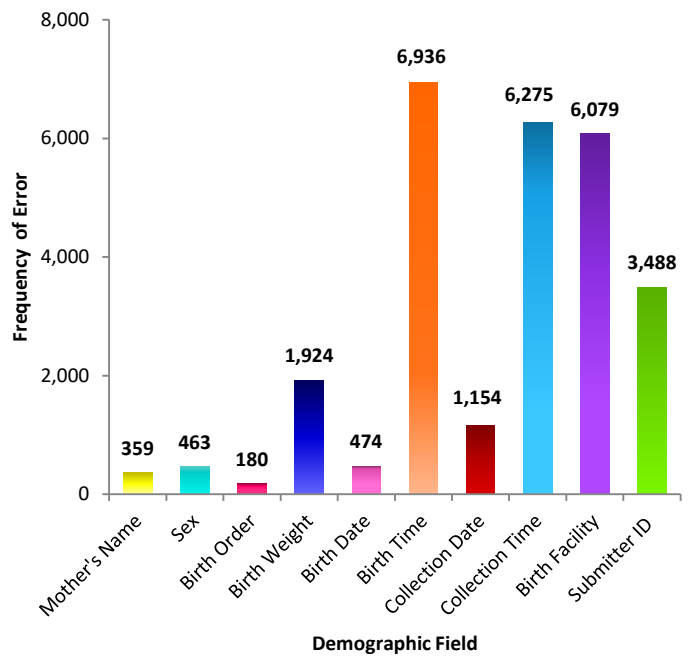
¹ See [Key 1: Unsatisfactory Specimen descriptions](#) for descriptions and causes of unsatisfactory specimens

² See [Key 2: Hospital Volume](#) for hospital volume categorizations

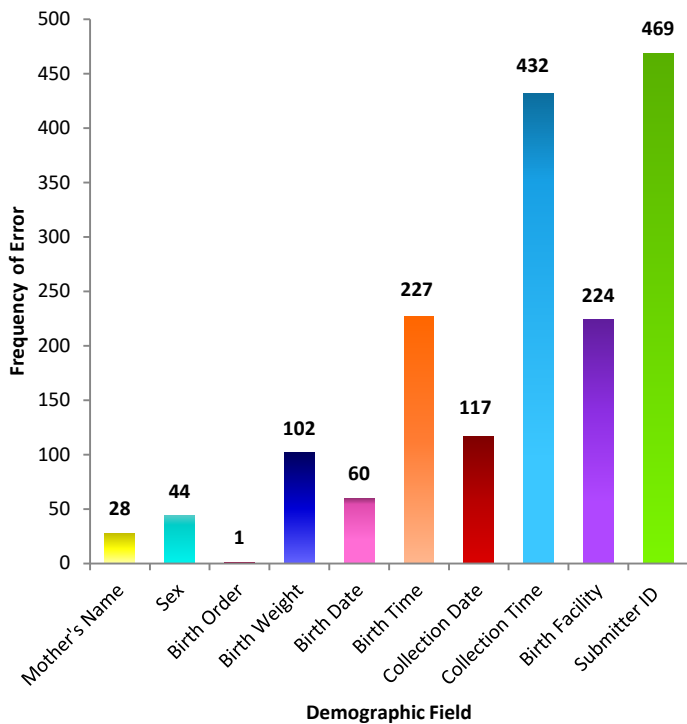
All Hospital Errors



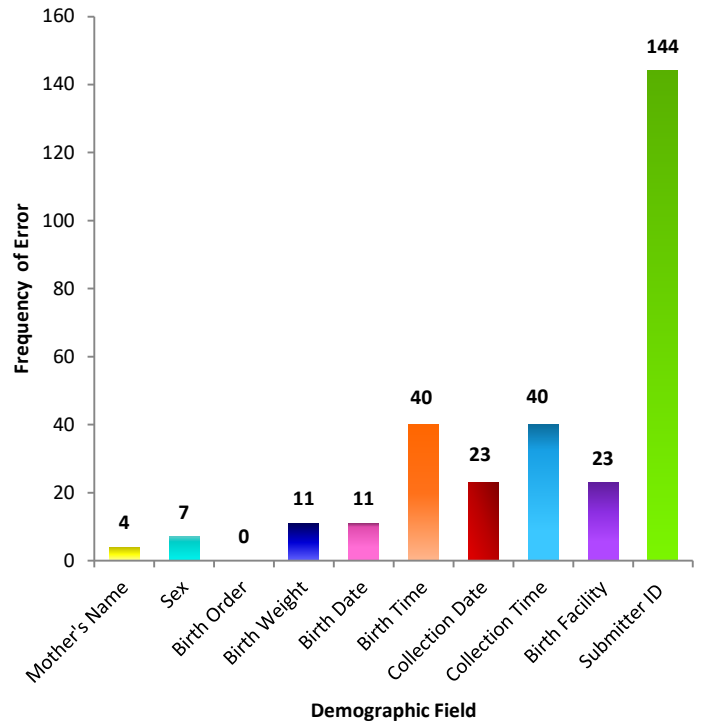
Clinic and Laboratory Errors



Midwife Errors

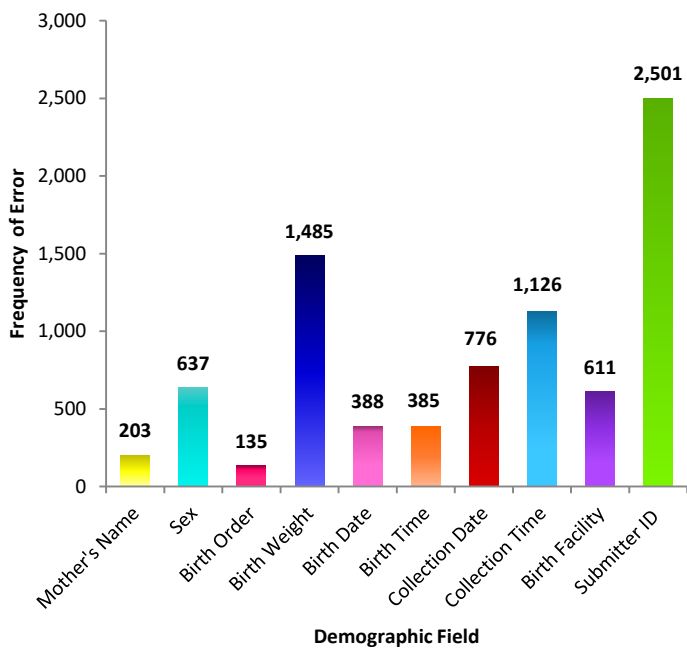


Birth Center Errors



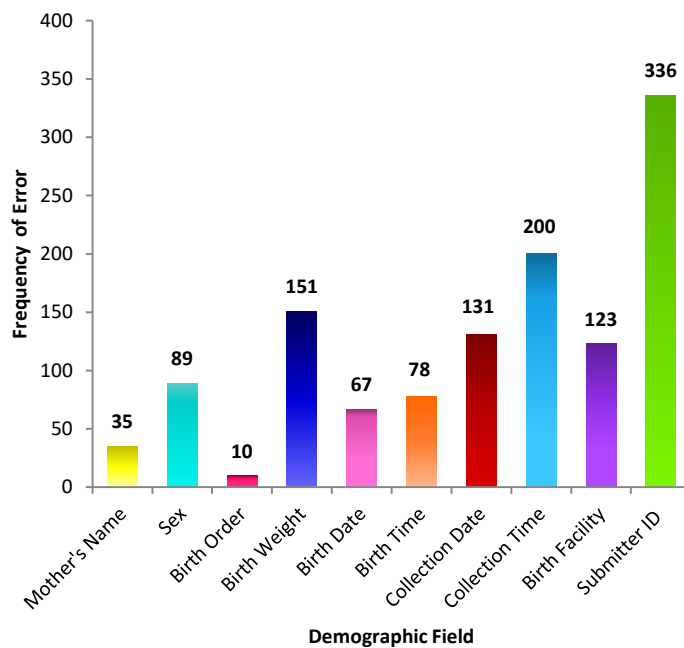
High Volume Hospital Errors¹

> 3 specimens/day



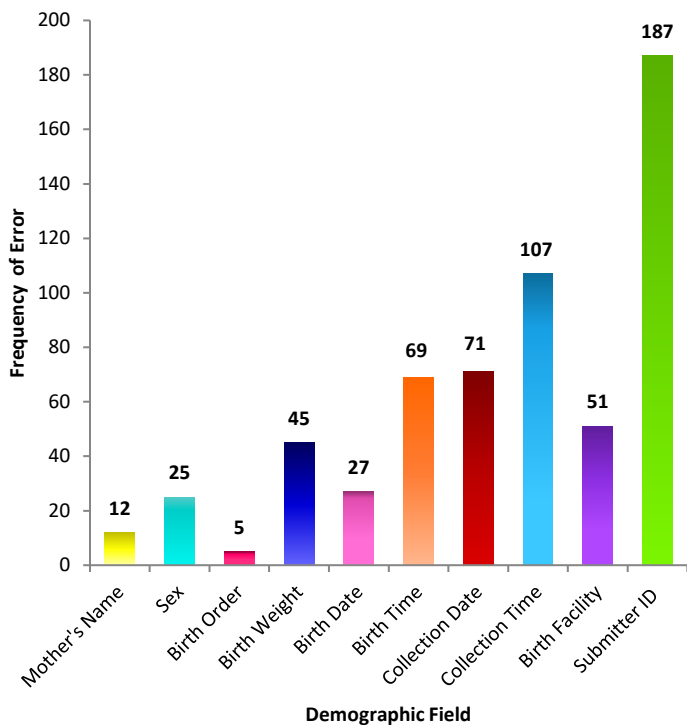
Medium Volume Hospital Errors¹

1 to 3 specimens/day

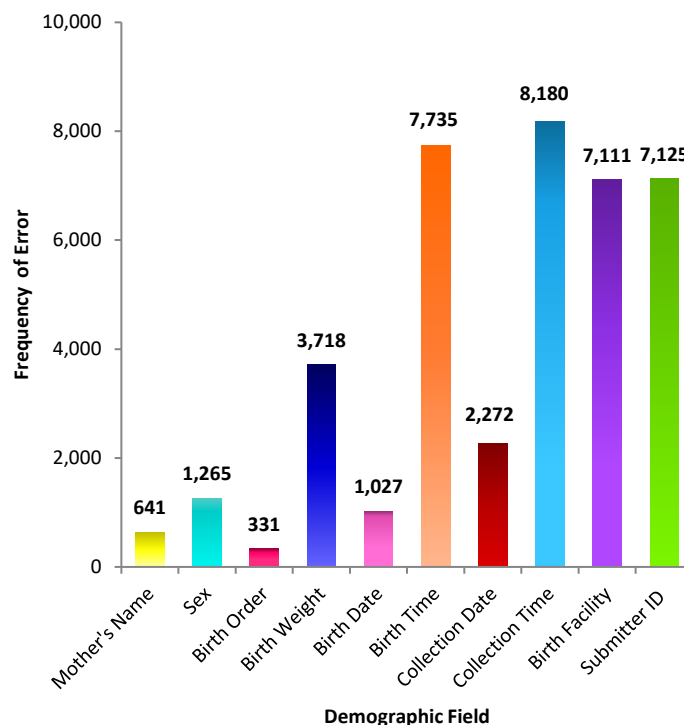


Low Volume Hospital Errors¹

< 1 specimen/day

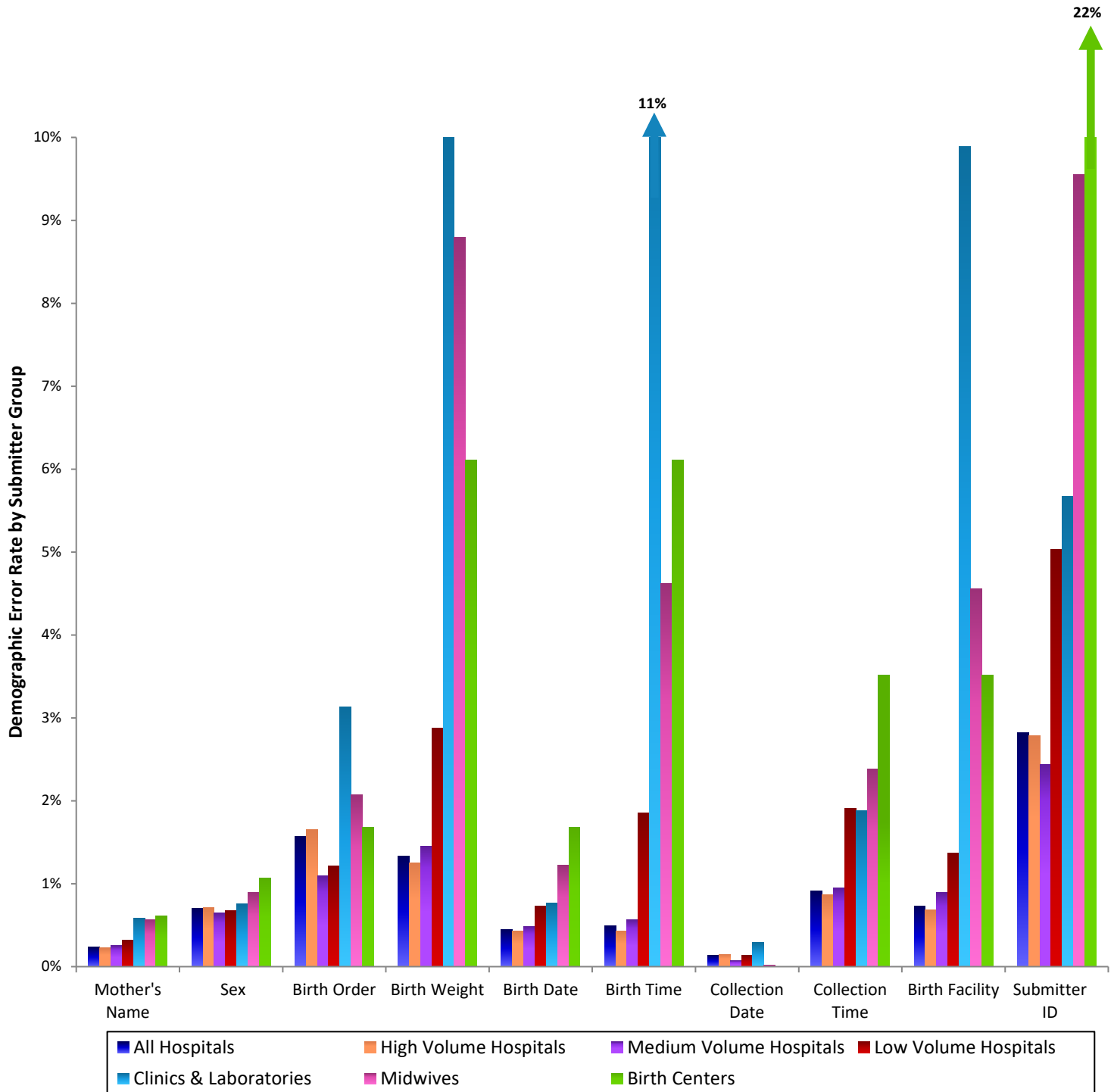


Statewide Errors



¹ See [Key 2: Hospital Volume](#) for hospital volume categorizations

Demographic Field Error Rates for All Specimens by Submitter Group²



² See [Key 2: Hospital Volume](#) for hospital volume categorizations

For example: 11% of specimens submitted by Clinics & Laboratories have an incorrect or missing time of birth

Appendix H: Infants Detected with Newborn Screening Disorders Births 2009-2015

| Disorder | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 |
|--|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Amino acid disorders | 6 | 7 | 10 | 10 | 9 | 6 | 11 |
| Arginosuccinic acidemia (ASA) | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| Citrullinemia (CIT) | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Homocystinuria (HCY) | 0 | 0 | 1 | 1 | 0 | 0 | 0 |
| Maple syrup urine disease (MSUD) | 0 | 0 | 1 | 0 | 3 | 1 | 1 |
| Phenylketonuria (PKU) | 6 | 7 | 6 | 9 | 5 | 4 | 10 |
| Tyrosinemia type 1 (TYR-1) | 0 | 0 | 1 | 0 | 1 | 0 | 0 |
| Biotinidase deficiency (BIO) | 0 | 0 | 2 | 3 | 1 | 1 | 1 |
| Congenital adrenal hyperplasia (CAH) | 4 | 3 | 11 | 10 | 6 | 5 | 6 |
| Congenital hypothyroidism (CH) | 73 | 77 | 104 | 117 | 98 | 116 | 87 |
| Cystic fibrosis (CF) | 14 | 23 | 17 | 16 | 20 | 14 | 13 |
| Fatty acid oxidation disorders | 6 | 11 | 6 | 7 | 3 | 10 | 13 |
| Carnitine uptake deficiency (CUD) | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| Medium-chain acyl-CoA dehydrogenase (MCAD) deficiency | 4 | 7 | 5 | 4 | 2 | 4 | 9 |
| Long-chain L-3-hydroxy acyl-CoA dehydrogenase (LCHAD) deficiency | 0 | 0 | 0 | 0 | 0 | 2 | 1 |
| Very long-chain acyl-CoA dehydrogenase (VLCAD) deficiency | 2 | 3 | 1 | 3 | 1 | 4 | 3 |
| Galactosemia (GALT) | 1 | 3 | 11 | 17 | 6 | 10 | 17 |
| Hemoglobinopathies (Hb) | 17 | 17 | 15 | 24 | 17 | 26 | 18 |
| Sickle cell diseases | 7 | 9 | 7 | 12 | 8 | 15 | 9 |
| Hemoglobin E-beta thalassemia | 1 | 1 | 3 | 2 | 2 | 0 | 1 |
| Hemoglobin H disease | 5 | 6 | 4 | 7 | 6 | 6 | 7 |
| Other moderate to severe hemoglobinopathies | 4 | 1 | 1 | 3 | 1 | 5 | 1 |
| Mild hemoglobin conditions & traits* | 1,158 | 1,199 | 1,130 | 1,244 | 1,330 | 1,339 | 1,370 |
| Organic acid disorders | 4 | 2 | 4 | 3 | 2 | 3 | 5 |
| Beta-ketothiolase (BKT) deficiency | 1 | 1 | 0 | 0 | 0 | 0 | 0 |
| Glutaric acidemia type 1 (GA-1) | 3 | 0 | 0 | 0 | 0 | 0 | 0 |
| Isovaleric acidemia (IVA) | 0 | 0 | 0 | 0 | 1 | 1 | 4 |
| Methylmalonic acidemias (MMA) | 0 | 1 | 2 | 2 | 1 | 2 | 1 |
| Propionic acidemia (PROP) | 0 | 0 | 2 | 1 | 0 | 0 | 0 |
| Severe combined immunodeficiency (SCID) | - | - | - | - | - | 1 | 1 |
| Non-panel Disorders | 1 | 2 | 5 | 2 | 4 | 13 | 11 |
| 2-methylbutyryl-CoA dehydrogenase (2-MBD) deficiency | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| 3-methylcrotonyl-CoA carboxylase (3-MCC) deficiency | 1 | 0 | 1 | 1 | 3 | 3 | 5 |
| 3-methylglutaconic aciduria (3-MGA) | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Carnitine palmitoyltransferase II (CPT-II) deficiency | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| Glutaric acidemia type II (GA-II) | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| Methionine adenosyltransferase (MAT-II) deficiency | 0 | 0 | 0 | 1 | 0 | 0 | 3 |
| Methylmalonic acidemia Cbl C | 0 | 1 | 3 | 0 | 1 | 0 | 0 |
| Other T-cell lymphopenias | 0 | 0 | 0 | 0 | 0 | 9 | 3 |
| Total Infants Detected* | 126 | 145 | 188 | 209 | 166 | 205 | 183 |
| Total Infants Screened* | 84,871 | 83,086 | 84,918 | 86,180 | 85,427 | 87,415 | 87,769 |
| Overall Frequency* | 1 in | 1 in | 1 in | 1 in | 1 in | 1 in | 1 in |
| | 674 | 573 | 452 | 412 | 515 | 426 | 480 |

*Excludes mild hemoglobin conditions & traits

**Appendix I: Newborn Hemoglobin Screening Infants Detected
by Phenotype and Reported Race/Ethnicity
Births January 1, 2016 - December 31, 2016**

| Phenotype ^a | Total | White | Black | Asian | Native American | Other ^b | Unknown ^c | Hispanic ^d |
|-------------------------|--------------|------------|------------|------------|-----------------|--------------------|----------------------|-----------------------|
| Severe Disease | 17 | - | 9 | 4 | 0 | 2 | 2 | - |
| FSS | 6 | - | 5 | - | - | 1 | - | - |
| FSS + Bart's | 3 | - | 2 | - | - | 1 | - | - |
| F-Only | 1 | - | - | - | - | - | 1 | - |
| F-Only + Bart's | 1 | - | - | 1 | - | - | - | - |
| FSC | 3 | - | 2 | - | - | - | 1 | - |
| FE- | 1 | - | - | 1 | - | - | - | - |
| FAE + CS + High Bart's | 2 | - | - | 2 | - | - | - | - |
| Moderate Disease | 7 | 1 | - | 4 | - | 2 | - | - |
| FAA + High Bart's | 5 | - | - | 3 | - | 2 | - | - |
| FAE + High Bart's | 1 | - | - | 1 | - | - | - | - |
| FDA | 1 | 1 | - | - | - | - | - | - |
| Mild Disease | 4 | - | - | 2 | - | 1 | 1 | 1 |
| FEE | 4 | - | - | 2 | - | 1 | 1 | 1 |
| Trait | 1,356 | 169 | 281 | 246 | 10 | 495 | 155 | 240 |
| FAA + CS + Bart's | 11 | - | - | 7 | - | 4 | - | 1 |
| FAE + CS + Bart's | 4 | - | - | 2 | - | 2 | - | 2 |
| FAS + Bart's | 5 | - | 3 | - | - | 1 | 1 | - |
| FAE + Bart's | 7 | - | - | 6 | - | 1 | - | 1 |
| FAA + Bart's | 289 | 15 | 54 | 103 | - | 98 | 19 | 24 |
| FAS | 472 | 35 | 167 | 4 | 3 | 180 | 83 | 117 |
| FAE | 226 | 11 | 3 | 104 | 3 | 98 | 7 | 17 |
| FAC | 117 | 7 | 45 | - | 1 | 58 | 6 | 14 |
| FAC + Var | 1 | - | 1 | - | - | - | - | - |
| FAD | 45 | 17 | 1 | 9 | 1 | 11 | 6 | 14 |
| FA + Var | 179 | 84 | 7 | 11 | 2 | 42 | 33 | 50 |
| Total | 1,384 | 170 | 290 | 256 | 10 | 500 | 158 | 241 |

^aSee [Key 3: Newborn Hemoglobin Screening Explanations and Definitions of Phenotypes](#)

^bIncludes other races not listed above and multi-racial (more than one race designation on the screening form)

^cUnknown race (no designation made)

^dHispanics can be of any race, they are included in the figures to the left

Key 1:

Unsatisfactory Specimen Descriptions

January 1, 2016 - December 31, 2016

Some specimens are considered unsatisfactory due to the quality of specimen collection or handling. These specimens are tested for extreme values but another specimen must be obtained to complete screening. The need to obtain a repeat specimen could delay diagnosis and treatment of an affected infant.

| Unsatisfactory Specimen Errors | | |
|----------------------------------|--|---|
| Error | Description | |
| Layered or Supersaturated | Blood was layered, clotted or supersaturated. Caused by: <ul style="list-style-type: none"> • Repeated application of blood to the same filter paper circle • Blood applied to both sides of the filter paper • Blood clotting in a capillary tube • Application of too much blood | |
| Incompletely Saturated | Blood did not completely soak through the filter paper or not enough blood on the filter paper. Caused by: <ul style="list-style-type: none"> • Filter paper circles not fully saturated or not completely filled • Application of small blood spots • Blood applied to both sides of the filter paper | |
| Contaminated | Blood was diluted, discolored, contaminated or exhibited serum rings. Caused by: <ul style="list-style-type: none"> • Alcohol not completely drying before skin puncture • Puncture site squeezed or 'milked' to expel blood • Improper drying of specimen • Exposure to high temperatures • Filter paper contact with gloved or ungloved hands, or by substances such as alcohol, feeding or antiseptic solutions, hand lotion or powder | |
| Specimen Too Old | Specimen was delayed in transit and is too old for testing due to deterioration of the dried blood spots. <ul style="list-style-type: none"> • Specimens received more than 14 days after collection are too old for hemoglobin and galactosemia testing • Specimens received more than 30 days after collection are too old for all tests | |
| Abraded | Specimen surface was scratched, dented, or abraded. Caused by: <ul style="list-style-type: none"> • Improper application of blood with capillary tube or other device | |
| Partial Unsuitable | Validation of the preliminary screening results was not possible due to the unsuitability of the residual blood. Caused by: <ul style="list-style-type: none"> • Partial abrasion, contamination, damage, or oversaturation of residual blood • Insufficient quantity of blood | |
| Other Unsuitables | Ambiguous Degradation | Hemoglobin screening results indicate degradation or chemical modification of hemoglobins present causing assay interference. |
| | Damaged Specimen | Specimen was damaged during transport and blood sample may be torn or contaminated by rain and/or other substances. |
| | Old Collection Card | Specimen was submitted on a collection card past its expiration date. Cards expire three years after their manufacture date. |
| | Received in Plastic | Specimen was received in a sealed plastic bag and may be damaged by heat exposure and moisture accumulation. |
| | No Blood | Specimen card received with no blood on filter paper nor valid refusal signature. |

Key 2:

Hospital Volume Categorizations

January 1, 2016 - December 31, 2016

Hospital Birth Volume

Average number of hospital births quarterly

High Volume: > 500 births/qtr

Medium Volume: 100 to 500 births/qtr

Low Volume: < 100 births/qtr

Hospital Specimen Volume

Average NBS specimens submitted daily

High Volume: > 3 specimens/day

Medium Volume: 1 to 3 specimens/day

Low Volume: < 1 specimen/day

| Hospital | City | Births per qtr | Birth Volume | Specimens per day | Specimen Volume |
|---|--------------------------|----------------|--------------|-------------------|-----------------|
| Auburn Medical Center - MultiCare | Auburn | 301 | Medium | 3.3 | High |
| Capital Medical Center | Olympia | 175 | Medium | 1.9 | Medium |
| Cascade Valley Hospital | Arlington | 41 | Low | 0.7 | Low |
| Central Washington Hospital | Wenatchee | 337 | Medium | 3.8 | High |
| Columbia Basin Hospital | Ephrata | - | - | < 0.1 | Low |
| Coulee Medical Center | Grand Coulee | 23 | Low | 0.4 | Low |
| Deaconess Hospital | Spokane | 362 | Medium | 5.4 | High |
| EvergreenHealth | Kirkland | 1,193 | High | 13.9 | High |
| EvergreenHealth - Monroe | Monroe | - | - | 0.1 | Low |
| Ferry County Memorial Hospital | Republic | - | - | < 0.1 | Low |
| Forks Community Hospital | Forks | 18 | Low | 0.3 | Low |
| Good Samaritan Hospital - MultiCare | Puyallup | 597 | High | 6.8 | High |
| Grays Harbor Community Hospital | Aberdeen | 118 | Medium | 1.3 | Medium |
| Group Health Cooperative | Seattle | - | - | < 0.1 | Low |
| Harborview Medical Center - UW Medicine | Seattle | < 1 | Low | 0.3 | Low |
| Harrison Medical Center | Silverdale | 502 | High | 5.7 | High |
| Highline Medical Center | Burien | 216 | Medium | 2.5 | Medium |
| Holy Family Hospital - Providence | Spokane | 327 | Medium | 4.3 | High |
| Island Hospital | Anacortes | 108 | Medium | 1.8 | Medium |
| Jefferson Healthcare | Port Townsend | 25 | Low | 0.5 | Low |
| Kadlec Regional Medical Center | Richland | 705 | High | 9.0 | High |
| Kittitas Valley Healthcare | Ellensburg | 78 | Low | 0.9 | Low |
| Lake Chelan Community Hospital | Chelan | 29 | Low | 0.6 | Low |
| Legacy Salmon Creek Medical Center | Vancouver | 874 | High | 10.2 | High |
| Lewis County Hospital | Morton | < 1 | Low | < 0.1 | Low |
| Lincoln Hospital | Davenport | - | - | 0.1 | Low |
| Lourdes Medical Center | Pasco | < 1 | Low | < 0.1 | Low |
| Madigan Army Medical Center | Joint Base Lewis-McChord | 503 | High | 11.3 | High |
| Mary Bridge Children's Hospital - MultiCare | Tacoma | - | - | 0.1 | Low |
| Mason General Hospital | Shelton | 76 | Low | 0.9 | Low |
| Mid-Valley Hospital | Omak | 57 | Low | 0.6 | Low |
| Mount Carmel Hospital - Providence | Colville | 58 | Low | 0.7 | Low |
| Naval Hospital - Bremerton | Bremerton | 120 | Medium | 2.7 | Medium |
| Naval Hospital - Oak Harbor | Oak Harbor | 50 | Low | 1.1 | Medium |
| Newport Hospital | Newport | 17 | Low | 0.3 | Low |
| North Valley Hospital | Tonasket | 21 | Low | 0.3 | Low |

Key 2:

Hospital Volume Categorizations (cont.)

| Hospital | City | Births per qtr | Birth Volume | Specimens per day | Specimen Volume |
|--|--------------|----------------|--------------|-------------------|-----------------|
| Northwest Hospital - UW Medicine | Seattle | 303 | Medium | 4.7 | High |
| Ocean Beach Hospital | Ilwaco | < 1 | Low | - | - |
| Odessa Memorial Healthcare Center | Odessa | - | - | < 0.1 | Low |
| Olympic Medical Center | Port Angeles | 116 | Medium | 2.5 | Medium |
| Othello Community Hospital | Othello | 120 | Medium | 2.1 | Medium |
| Overlake Medical Center | Bellevue | 981 | High | 11.3 | High |
| PeaceHealth Southwest Medical Center | Vancouver | 532 | High | 6.4 | High |
| Prosser Memorial Hospital | Prosser | 86 | Low | 1.4 | Medium |
| Providence Centralia Hospital | Centralia | 182 | Medium | 1.9 | Medium |
| Providence Everett Medical Center | Everett | 1,206 | High | 14.8 | High |
| Providence St Peter Hospital | Olympia | 565 | High | 6.6 | High |
| Pullman Regional Hospital | Pullman | 107 | Medium | 1.2 | Medium |
| Sacred Heart Medical Center - Providence | Spokane | 833 | High | 13.7 | High |
| Samaritan Healthcare | Moses Lake | 252 | Medium | 2.8 | Medium |
| Seattle Children's Hospital | Seattle | - | - | 1.8 | Medium |
| Skagit Valley Hospital | Mount Vernon | 278 | Medium | 3.1 | High |
| Snoqualmie Valley Hospital | Snoqualmie | - | - | < 0.1 | Low |
| St Clare Hospital | Tacoma | < 1 | Low | < 0.1 | Low |
| St Elizabeth Hospital | Enumclaw | 84 | Low | 1.2 | Medium |
| St Francis Hospital | Federal Way | 338 | Medium | 5.2 | High |
| St John Medical Center - PeaceHealth | Longview | 210 | Medium | 2.3 | Medium |
| St Joseph Hospital - PeaceHealth | Bellingham | 510 | High | 5.8 | High |
| St Joseph Hospital - Providence | Chewelah | - | - | 0.1 | Low |
| St Joseph Medical Center | Tacoma | 1,060 | High | 17.0 | High |
| St Mary Medical Center - Providence | Walla Walla | 166 | Medium | 1.8 | Medium |
| Summit Pacific Medical Center | Elma | < 1 | Low | 0.1 | Low |
| Sunnyside Community Hospital | Sunnyside | 133 | Medium | 2.5 | Medium |
| Swedish Ballard | Seattle | 292 | Medium | 3.6 | High |
| Swedish Cherry Hill | Seattle | - | - | < 0.1 | Low |
| Swedish Edmonds | Edmonds | 312 | Medium | 4.9 | High |
| Swedish First Hill | Seattle | 1,967 | High | 24.2 | High |
| Swedish Issaquah | Issaquah | 399 | Medium | 4.5 | High |
| Tacoma General Hospital - MultiCare | Tacoma | 763 | High | 10.6 | High |
| Three Rivers Hospital | Brewster | 27 | Low | 0.4 | Low |
| Toppenish Community Hospital | Toppenish | 108 | Medium | 2.0 | Medium |
| Trios Health Hospital | Kennewick | 407 | Medium | 4.8 | High |
| University of Washington Medical Center | Seattle | 483 | Medium | 6.0 | High |
| Valley Hospital | Spokane | 184 | Medium | 2.9 | Medium |
| Valley Medical Center - UW Medicine | Renton | 946 | High | 11.0 | High |
| Virginia Mason Hospital | Seattle | - | - | 0.9 | Low |
| Walla Walla General Hospital | Walla Walla | 28 | Low | 0.5 | Low |
| WhidbeyHealth Medical Center | Coupeville | 45 | Low | 0.9 | Low |
| Whitman Hospital and Medical Center | Colfax | 10 | Low | 0.2 | Low |
| Willapa Harbor Hospital | South Bend | < 1 | Low | < 0.1 | Low |
| Yakima Regional Medical Center | Yakima | - | - | < 0.1 | Low |
| Yakima Valley Memorial Hospital | Yakima | 688 | High | 13.9 | High |

Key 3:

Newborn Hemoglobin Screening Explanations and Definitions of Phenotypes January 1, 2016 - December 31, 2016

Hemoglobins are perhaps the most complex of the conditions detected by newborn screening. More than a dozen genes are involved in hemoglobin production and over 700 abnormalities have been described by researchers and clinicians. Also, a variety of combinations are possible for any individual. Many of the abnormalities are rare and most have no clinical implications. A primary objective of our program is to identify those infants with sickle cell disease because these infants will suffer far less illness and death if they are promptly entered into a comprehensive healthcare program that includes prophylactic treatment with penicillin.

| Phenotype | Most Likely Genotype/Clinical Implications |
|------------------------------------|---|
| Severe Hemoglobin Disease | |
| FSS | Homozygous for hemoglobin S. Results in sickle cell anemia, a severe form of sickle cell disease. |
| FSS + Bart's | Homozygous for hemoglobin S in combination with α -thalassemia ^b . Results in sickle cell anemia, a severe form of sickle cell disease. |
| FS- | Hemoglobin S in combination with β -thalassemia ^a major. A severe form of sickle cell disease. |
| FSC | Hemoglobin S in combination with hemoglobin C. Results in sickle C disease, a moderate to severe form of sickle cell disease. |
| F-Only | β -thalassemia ^a major. A severe hemolytic anemia requiring regular blood transfusions. |
| FE- | Hemoglobin E in combination with β -thalassemia ^a major. A moderate to severe hemolytic anemia. |
| FAA + CS + High Bart's | High level of hemoglobin Bart's indicative of multiple α -thalassemia ^b genes. Likelihood of Hemoglobin H/Constant spring disease, a moderate to severe hemolytic anemia. |
| FAE + CS + High Bart's | Hemoglobin E trait with combination with two hemoglobins (Constant Spring and Bart's) indicative of multiple α -thalassemia ^b genes. Likelihood of Hemoglobin H/Constant Spring disease, a moderate to severe hemolytic anemia (might be somewhat ameliorated by presence of hemoglobin E). |
| Moderate Hemoglobin Disease | |
| FSA | Hemoglobin S in combination with β -thalassemia ^a intermedia. A moderate to severe hemolytic anemia. |
| F-beta+ | β -thalassemia ^a intermedia. Ranges from mild to moderate hemolytic anemia and may require blood transfusions. |
| FSE | Hemoglobin S in combination with hemoglobin E. Results in sickle E disease, a moderate form of sickle cell disease. |
| FSD | Hemoglobin S in combination with hemoglobin D. Results in sickle D disease, a moderate form of sickle cell disease. |
| FSV | Hemoglobin S in combination with unknown variant hemoglobin. Depending on the unknown variant may result in a mild to moderate sickle cell disease. |
| FEA | Hemoglobin E in combination with β -thalassemia ^a intermedia. A mild to moderate hemolytic anemia. |
| FAA + High Bart's | High level of hemoglobin Bart's indicative of multiple α -thalassemia ^b genes. Likelihood of Hemoglobin H disease, a moderate to severe hemolytic anemia. |
| FAE + High Bart's | Hemoglobin E in combination with high level of hemoglobin Bart's indicative of multiple α -thalassemia ^b genes. Likelihood of Hemoglobin H disease, a moderate to severe hemolytic anemia (might be somewhat ameliorated by presence of hemoglobin E). |
| FCA | Hemoglobin C in combination with β -thalassemia ^a minor. A mild to moderate hemolytic anemia. |
| FDA | Hemoglobin D in combination with β -thalassemia ^a minor. A mild to moderate hemolytic anemia. |
| FCC | Homozygous for hemoglobin C. A mild to moderate hemolytic anemia. |
| FDD | Homozygous for hemoglobin D. A mild to moderate hemolytic anemia. |

^a Decreased production of β globin chains; benign to severe anemia. Significant interaction with other β chain variants such as hemoglobin S, E, and D.

^b Decreased production of α globin chains; benign to severe anemia depending on how many of the four α globin genes are affected.

Key 3:

Newborn Hemoglobin Screening (cont.)

| Phenotype | Most Likely Genotype/Clinical Implications |
|--------------------------------|---|
| Mild Hemoglobin Disease | |
| FEE | Homozygous for hemoglobin E. Mild anemia. |
| FEE + Bart's | Homozygous hemoglobin E in combination with α -thalassemia ^b . Mild anemia. |
| Hemoglobin Traits | |
| FA + CS + Bart's | Two hemoglobins (Constant Spring and Bart's) indicative of α -thalassemia ^b genes. Mild anemia. |
| FAE + CS + Bart's | Hemoglobin E trait in combination with two hemoglobins (Constant Spring and Bart's) indicative of α -thalassemia ^b genes. Mild anemia. |
| FAS + Bart's | Hemoglobin S trait in combination with α -thalassemia ^b . No clinical implications for S trait (see FAS, below). Benign to mild anemia. |
| FAC + Bart's | Hemoglobin C trait in combination with α -thalassemia ^b . No clinical implications for C trait (see FAC, below). Benign to mild anemia. |
| FAE + Bart's | Hemoglobin E trait in combination with α -thalassemia ^b . No clinical implications for E trait (see FAE, below). Benign to mild anemia. |
| FAA + Bart's | α -thalassemia ^b . Benign to mild anemia. |
| FA + Var + Bart's | An unidentified hemoglobin variant trait and α -thalassemia ^b . Benign to mild anemia. |
| FAS + Var | Hemoglobin S and unidentified variant trait. No clinical implications for S trait; clinical effects from variant trait unlikely. Family may be at risk for sickle cell disease. |
| FAC + Var | Hemoglobin C and unidentified variant trait. No clinical implications for C trait; clinical effects from variant trait unlikely. Family may be at risk for hemoglobin C diseases. |
| FAE + Var | Hemoglobin E and unidentified variant trait. No clinical implications for E trait; clinical effects from variant trait unlikely. |
| FAS | Hemoglobin S trait. No clinical implications for child. Family may be at risk for sickle cell disease. |
| FAE | Hemoglobin E trait. No clinical implications for child. Family may be at risk for hemoglobin E/ β -thalassemia ^a , a significant hemoglobin disease. |
| FAC | Hemoglobin C trait. No clinical implications for child. Family may be at risk for homozygous C, a mild to moderate hemolytic anemia or hemoglobin SC, a moderate to severe form of sickle cell disease. |
| FAD | Hemoglobin D trait. No clinical implications for child. Family may be at risk for hemoglobin SD, a moderate to severe form of sickle cell disease. |
| FA + Var | Unidentified variant trait. Clinical effects unlikely. |

^a Decreased production of β globin chains; benign to severe anemia. Significant interaction with other β chain variants such as hemoglobin S, E, and D.

^b Decreased production of α globin chains; benign to severe anemia depending on how many of the four α globin genes are affected.